

Volunteer Voice



#### **Director's Message**

Happy Spring and Happy National Volunteer Month!

National Volunteer Month is an annual observance dedicated to recognizing and celebrating the efforts of volunteers across the nation. April serves as a reminder of the power of volunteerism to bring about positive change and strengthen communities. The dedication, generosity, and tireless efforts of CSVP volunteers make a Page 5 profound impact daily on our community. Your commitment to service embodies the true spirit of volunteerism, and serves as an inspiration to all. Throughout the years, numerous organizations, including nonprofits, charities, and community groups, have embraced National Volunteer Month as a way to honor volunteers and promote volunteer opportunities. These organizations often host events, organize service projects, and engage in outreach activities to raise awareness about the importance of volunteering and to express gratitude to those who dedicate their time and energy to helping others.

As a way to recognize CSVP volunteers, we are hosting our Annual Volunteer Appreciation in the Park. Hopefully you have received your invitation in the mail. If not, see page 5 for event information. The Appreciation takes place on April 18th from 1:00-3:00pm at Conejo Creek North Park (extra parking available at Goebel Center with a walk over the bridge to the park). Lunch is provided for CSVP volunteers. Join us for some fun with friends, along with live music, a delicious dessert, and fantastic raffle prizes. Make sure to RSVP by April 5th. We look forward to seeing and celebrating YOU!

We have some great volunteer opportunities available on pages 2, 3, and 4 of this newsletter. CSVP works closely with our partner agencies to help fill specific needs within our community. Whether it be working with our older adult population, tutoring children, becoming a docent, working in the garden, or volunteering at a one time event, there is something here for everyone. If you are looking for something new or for another opportunity to add to your already busy schedule, please do not hesitate to come on over to the CSVP Office where we can find a good fit for you!

Thank you CSVP Volunteers for your dedication in making our community a better place. Your kindness and generosity make a world of difference. We are so incredibly fortunate to have you as part of our team. We look forward to celebrating you on April 18th. Issue: April - June 2024

volunteerism

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#### Why Turn in Timesheets?

CSVP volunteers donate more than 180,000 hours annually! We document these hours to report to CRPD. By submitting your timesheet, you are considered an "active" volunteer and may qualify for excess insurance. You will receive quarterly newsletters, birthday calls, and an invitation to our annual recognition luncheon. These hours MUST be submitted on a monthly or quarterly basis, with the next quarter ending June 30. Please feel free to also email hours to jspivack@crpd.org.

We cannot take timesheets past the previous quarter.



Click above images to follow us on the CSVP Website & Facebook

Or go to crpd.org/csvp and facebook.com/conejosenior volunteerprogram,

xoxoxo Julie

CSVP is sponsored by:



Conejo Recreation & Park District Board of Directors

> George M. Lange, Chair Doug Nickles, Vice Chair Chuck Huffer, Director Nellie Cusworth, Director Marissa Buss, Director

#### General Manager

Jim Friedl

General Manager Emeritus Tex Ward

#### **CSVP Advisory Council**

Leean Nemeroff, Chair Pat Grant, Vice Chair Karen Wolfe, Secretary Dave Harkins, Treasurer Linda Archie Fran Brough Henry Chan Laura Conway Judy Friedman Susan Keene Ronna Kois Sarah Mailes Lena Nesheiwat Jackie Pizitz **Robin Schledorn** Bernice Willson

The CSVP Boutique is always accepting donations of brand new items. We also accept small antique items and all types of jewelry. Please call 805-381-2742 or email jspivack@crpd.org for more information.

#### **HOMEWORK HELPERS**

This program takes place at the Thousand Oaks and Newbury Park Libraries and assists students in grades K-8 with their school assignments.

• Knowledge of K-8 subjects & concepts including Common Core is highly desirable

- · Ability to explain concepts in an easy and understandable way
- Ability to multitask and to lead a small group
- Ability to be patient, understanding, respectful, friendly, and helpful
- Dependability and commitment
- Good organizational skills
- Creativity in explaining difficult concepts
- The ability to work well with others, good people skills
- Click on link to find out more information, <u>https://www.cervistech.com/</u>

#### **GARDENS OF THE WORLD**

Do you enjoy being outside in a beautiful location while meeting new people? Volunteers at Gardens of the World conduct cultural tours and assist garden visitors. Volunteer shifts are Tuesday, Wednesday, Thursday, Friday, or Saturday from 10:00am-1:00pm or 1:00-4:00pm with a once per week commitment. Ongoing training is provided.

#### CONEJO VALLEY VILLAGE (CVV) Volunteer Treasurer

CVV is an all volunteer organization of local, active seniors who are building strong and supportive relationships through member and volunteer-led programs, activities, and services. Their mission is to provide their members access to activities and programs that help them remain in their homes, stay active, engaged, and enjoy our local community. CVV is growing. Their current treasurer is taking on different responsibilities and they are in need of a treasurer to join their leadership team. They will train the right person to oversee the general financial management related to finances and budget. This opportunity is remote, working from your home about 10-20 hours per month.

#### CANCER SUPPORT COMMUNITY Front Desk Volunteer

Cancer Support Community in Westlake Village is looking for a front desk volunteer on Wednesday afternoons from 3:00-5:00pm. Volunteer would need to know computer basics, answer phone calls, direct callers to appropriate staff, and help check-in guests arriving for a group event.



Please contact CSVP, 805-381-2742 or jspivack@crpd.org for more information.

**Volunteer Voice** 

# **Current Volunteer Opportunities**

## JOIN A CSVP GROUP TODAY!

#### **BUSY BEES WORKSHOP**

#### Mondays, 9:30am-12:00pm

Sew, knit, or crochet for children, service members, older adults & CSVP programming.

### TEDDY BEARS WORKSHOP

**Mondays**, **1:30-3:00pm** Make stuffed bears for children.

**CRAFTERS WORKSHOP** 

Wednesdays, 9:00-11:30am

Sew, knit, or crochet for children, service members, older adults & CSVP programming.

NIFTY LADIES WORKSHOP

#### Wednesdays, 12:30-3:00pm

Sew special projects for patients, children, service members, and older adults.

We gratefully accept donations of unused materials. CSVP Workshops are in need of: Yarn, Stuffing, Batting, Elastic, and Cotton/Flannel/Fleece fabric.

#### NATURE MADE GREAT RACE Volunteers needed April 10, 11, 12 and Race Day, April 13

This major event, celebrating 39 years of supporting Agoura Hills and Oak Park Schools, is the perfect opportunity to get involved in a fun, community wide activity. Volunteers will help with a variety of tasks and duties such as: Goodie Bag Stuffing, Trail Course Monitor, Water Station

Volunteer, Race Day Registration/Packet Pick-Up, Bag Check, Lead Mountain Biker, Adult Bike Leader, Food Server, and more. Sign up to volunteer today, <u>https://greatrace.run/volunteer</u>.

#### CITY OF THOUSAND OAKS ARBOR EARTH DAY CELEBRATION Saturday, April 20, 8:00am-Noon or 11:00am-3:00pm

Volunteers will help with a variety of tasks and duties such as: setting up tables, chairs, and canopies, helping with vendor setup, assisting with children's arts & crafts, assisting with games & activities, breakdown and cleanup at the end of the event, and more. For more information or to signup to volunteer, visit <u>https://www.toaks.org/departments/public-works/sustainability/arbor-earth-day</u>.

#### AUT2RUN - SUNDAY, APRIL 28 - AUTISM SOCIETY VENTURA COUNTY

Volunteer with the Autism Society on **Sunday**, **April 28** at their 12th Annual Aut2Run Fundraiser at CSUCI. Opportunities include: Goodie Bag Stuffing, Aid Stations, Course Monitors, Kid Zone Crew, Course Crews, and more. Register to volunteer at <u>https://www.aut2run.org/Race/Volunteer/CA/</u> <u>Camarillo/Aut2Run</u>

#### **SENIOR CONCERNS LOVE RUN - SUNDAY, JUNE 2**

The Love Run raises vital funds for Senior Concerns Meals On Wheels/Home Delivered Meals program. Senior Concerns has been operating a Meals On Wheels Program in the community since 1975. They need more than 200 volunteers in various roles for their 30th Annual Love Run. If interested in volunteering, email Charla Bates at <u>cbates@seniorconerns.org</u>.

#### HOPE WALK - SATURDAY, JUNE 8 - CANCER SUPPORT COMMUNITY

Their mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. All programs are provided at no cost to participants, thanks to the generosity of corporations, foundations, and individuals who believe in their mission. Join the Cancer Support Community by volunteering at their 6th Annual Hope Walk at Cal Lutheran University. Opportunities include: Hope Walk Registration, Greeters, Route Volunteers, Kids Zone, Food & Beverage help, and more. Please reach out to Katey Sanchez at <u>ksanchez@cancersupportvvsb.org</u>.

Please contact CSVP, 805-381-2742 or jspivack@crpd.org for more information.

#### **BOYS & GIRLS CLUBS OF GREATER CONEJO VALLEY**

The Boys & Girls Clubs and their volunteers enhance the lives of young people and their families by providing a positive environment that cultivates academic success, healthy lifestyles, and good character. They have some great ways for volunteers to get involved!

• POWER HOUR volunteers help young people develop academic, behavioral, and social skills through homework completion, high yield learning activities and tutoring.

• STEM volunteers offer help covering various topics such as energy, electricity, science, and more.

• MONEY MATTERS volunteers engage youth in financial decision making through interactive tools and games.

• NATIONAL ARTS volunteers help inspire creativity and skill development in visual, digital, and performing arts.

• FRONT DESK volunteers help answer phones, check the children in and out of programs, light admin work, and more.

• ORGANIZED SPORTS volunteers help promote active and positive lifestyles while working with children in baseball, basketball, flag football, soccer, and volleyball.

#### **CONEJO FREE CLINIC**

Looking to make a difference in the lives of our community members? The Conejo Free Clinic's mission is to serve Ventura County, N. Los Angeles County, and surrounding communities as a quality resource in promoting and providing access to medical care, dental care, and legal and advocacy services to individuals

who would not otherwise receive such care. They are looking for a few great volunteers! • Dental Receptionist on Tuesdays, Thursdays, or some Fridays from 8:30am-12:30pm or 1:00-4:00pm.

Job duties include answering phones and scheduling appointments.

• Medical Receptionist from either 8:30am-12:30pm or 1:30-5:00pm. Duties include answering phones,

making appointments, greeting patients, updating information, and more.

• Dental Assistants and Dental Hygienists who are currently licensed.

Check out their site for more information on volunteering. <u>https://www.conejofreeclinic.org/volunteers</u>

#### HARBOR HOUSE THOUSAND OAKS Seniors Helping Seniors

Harbor House is working hard to connect local low-income seniors with community resources. They are looking for some caring volunteers to join them in performing outreach to these vulnerable seniors in our local community. Harbor House hopes to contribute to the building of a just community where all people are included. They see all human beings as worthy of their time and efforts. They offer referrals, resources, case management, and a hand up for those who are struggling. It is their goal to help all people in our community find hope, gainful employment, affordable housing, and a sense of personal well-being. Contact CSVP today to help advocate for our Conejo Valley senior population.

#### HELP SMALL BUSINESS PROSPER | DONATE YOUR KNOWLEDGE AND TIME | VOLUNTEER | NETWORK

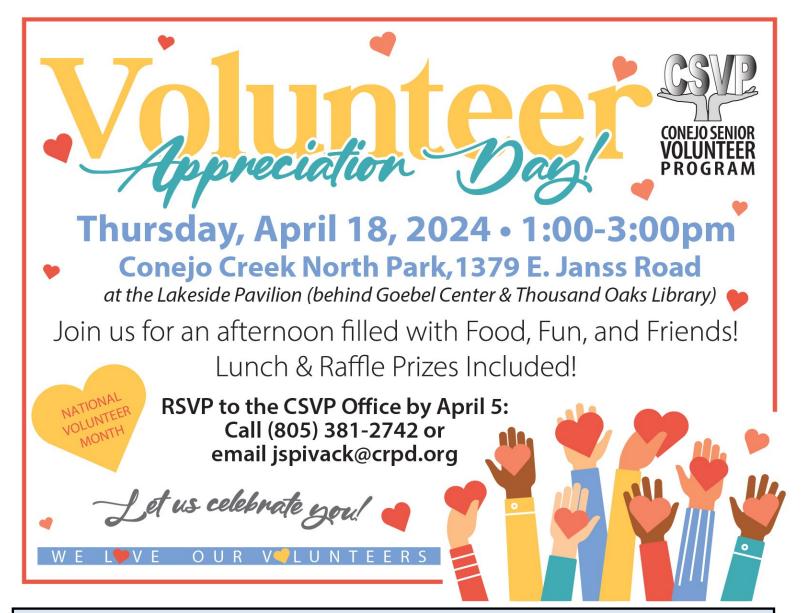
Join **SCORE**, a national, nonprofit organization helping small businesses start and grow, with 300 local chapters including Ventura. They have volunteer opportunities in mentoring, workshop presentations, special events, and administration. Learn more about SCORE today. Explore how you can help business owners in your areas of expertise and interest. Sign up online <u>https://www.score.org/page/volunteer-score</u> or contact them at 805- 204-6022 today to become a recognized leader, to network, and to learn new skills!

#### AMERICAN RED CROSS

Ever wonder what it's like to be a Red Cross volunteer? Are you interested in learning more about this organization and the various volunteer opportunities they have in your area? Become a Blood Donor Ambassador, a Preparedness Presenter, or a Front Desk Volunteer. For more information, contact Micaela Duarte, <u>micaela.duarte@redcross.org</u>.

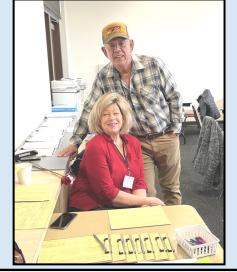
Please contact CSVP, 805-381-2742 or jspivack@crpd.org for more information.

**Volunteer Voice** 



Thank You to CSVP Free Income Tax Preparation Volunteers Our dedicated team works Monday-Friday, 8:30am-4:00pm from January-April. They complete more than 2,000 free tax returns each year, helping to bring over a million dollars back to our community. Thank you!







**Volunteer Voice** 



## **Conejo Senior Volunteer Program**

1385 E. Janss Road, Thousand Oaks, CA 91362 Phone: 805-381-2742 csvp@crpd.org

Please submit timesheet at the end of each quarter: March, June, September, December Also, feel free to email your hours to jspivack@crpd.org

**\*\*\* We cannot accept timesheets past the previous Quarter.** 

Volunt	Volunteer Name:		
Date	Agency Name	Hours Served	

1

# Thank You 2024 Wellness Fest Volunteers

40+ volunteers help with CSVP's fabulous fundraising event. CSVP has the most incredible team.

This event could not take place without each and every one of YOU!





1385 E. Janss Road Thousand Oaks, CA 91362

Julie Spivack, Program Director Myra Byrne, Volunteer Coordinator Toosdey Roberts, Volunteer Coordinator Victor Melchor, Goebel Chef

Phone: 805-381-2742 Fax: 805-495-5430 Email: csvp@crpd.org Website: www.crpd.org/csvp **Office Hours: Monday-Friday** 9:00am- 4:00pm

# **IRS Certified Volunteers Provide**

# FREE TAX RETURN PREPARATION

In conjunction with the Internal Revenue Service, trained and certified CSVP volunteers will provide FREE income tax preparation for persons in either of these categories:

- Seniors 60 years of age or older (any income level) OR
- Persons with an income of \$60,000 or less, regardless of age

**Conejo Creek South Community Building** 1350 E. Janss Rd., Thousand Oaks, 91362 Mondays, Tuesdays, Wednesdays, Thursdays, and Fridays February 1 - April 12, 2024 8:30am - 4:00pm SPANISH TRANSLATION AVAILABLE MONDAYS, 12noon - 4:00pm & Wednesdays, 8:30am-4:00pm MANDARIN TRANSLATION AVAILABLE FRIDAYS, 8:30am - 4:00pm

**Newbury Park Library** 2331 Borchard Rd., Thousand Oaks, 91320 WEDNESDAYS ONLY Wednesday, February 7 -Wednesday, April 10, 2024 10:00am - 4:00pm

> MANDARIN TRANSLATION AVAILABLE 10:00am-4:00pm

No appointments taken - First-come, first-served basis. Please read all information.



