



SPRING AQUATICS CLASSES

SPRING REGISTRATION BEGINS MONDAY, MARCH 6, 9:00AM

COMMUNITY POOL AT CLU

100 OVERTON COURT, THOUSAND OAKS, CA



CLU

Saturdays - 5 Lessons Session One (2231): April 15 - May 20 No Class 5/13

CLASS ID	LEVEL	TIME	FEE
C811	SEMI-PRIVATE INSTRUCTION OTTERS	9:00-9:25am	\$80
C812	SEMI-PRIVATE INSTRUCTION DOLPHINS	9:00-9:25am	\$80
C813	SEALS	9:00-9:25am	\$53
C814	PRIVATE INSTRUCTION	9:00-9:25am	\$136
C815	PRIVATE INSTRUCTION	9:30-9:55am	\$136
C816	TINY TOT SEALS	9:30-9:55am	\$80
C817	DOLPHINS	9:30-9:55am	\$53
C818	SEMI-PRIVATE INSTRUCTION STINGRAYS	9:30-9:55am	\$80
C819	POLLIWOGS	10:00-10:25am	\$80
C820	PRIVATE INSTRUCTION	10:00-10:25am	\$136
C821	SEMI-PRIVATE INSTRUCTION OTTERS	10:00-10:25am	\$80
C822	BARRACUDA/SHARKS	10:00-10:25am	\$53
C823	SEALS	10:00-10:25am	\$53
C824	TINY TOT SEALS	10:30-10:55am	\$80
C825	PRIVATE INSTRUCTION	10:30-10:55am	\$136
C826	PARENT AND CHILD	10:30-10:55am	\$53
C827	STINGRAYS	10:30-10:55am	\$53
C828	DOLPHINS	10:30-10:55am	\$53
C829	PARENT AND CHILD	11:00-11:25am	\$53
C830	PRIVATE INSTRUCTION	11:00-11:25am	\$136
C831	OTTERS	11:00-11:25am	\$53
C832	POLLIWOGS	11:00-11:25am	\$80
C833	SEMI-PRIVATE INSTRUCTION DOLPHINS	11:00-11:25am	\$80
C834	SEALS	11:30-11:55am	\$53
C835	PRIVATE INSTRUCTION	11:30-11:55am	\$136
C836	TINY TOT SEALS	11:30-11:55am	\$80
C837	SEMI-PRIVATE INSTRUCTION STINGRAYS	11:30-11:55am	\$80
C838	SEMI-PRIVATE INSTRUCTION BARRACUDAS	11:30-11:55am	\$80

CLU

Sundays - 6 Lessons Session One (2231): April 16 - May 21

CLASS ID	LEVEL	TIME	FEE
C850	SEMI-PRIVATE INSTRUCTION OTTERS	9:00-9:25am	\$96
C851	SEMI-PRIVATE INSTRUCTION DOLPHINS	9:00-9:25am	\$96
C852	SEALS	9:00-9:25am	\$63
C853	PRIVATE INSTRUCTION	9:00-9:25am	\$163
C854	PRIVATE INSTRUCTION	9:30-9:55am	\$163
C855	TINY TOT SEALS	9:30-9:55am	\$96

CLASS ID

LEVEL

TIME

FEE

C856	DOLPHINS	9:30-9:55am	\$63
C857	SEMI-PRIVATE INSTRUCTION STINGRAYS	9:30-9:55am	\$96
C858	POLLIWOGS	10:00-10:25am	\$96
C859	PRIVATE INSTRUCTION	10:00-10:25am	\$163
C860	SEMI-PRIVATE INSTRUCTION OTTERS	10:00-10:25am	\$96
C861	BARRACUDA/SHARKS	10:00-10:25am	\$63
C862	SEALS	10:00-10:25am	\$63
C863	TINY TOT SEALS	10:30-10:55am	\$96
C864	PRIVATE INSTRUCTION	10:30-10:55am	\$163
C865	PARENT AND CHILD	10:30-10:55am	\$63
C866	STINGRAYS	10:30-10:55am	\$63
C867	DOLPHINS	10:30-10:55am	\$63
C868	PARENT AND CHILD	11:00-11:25am	\$63
C869	PRIVATE INSTRUCTION	11:00-11:25am	\$163
C870	OTTERS	11:00-11:25am	\$63
C871	POLLIWOGS	11:00-11:25am	\$96
C872	SEMI-PRIVATE INSTRUCTION DOLPHINS	11:00-11:25am	\$96
C873	SEALS	11:30-11:55am	\$63
C874	PRIVATE INSTRUCTION	11:30-11:55am	\$163
C875	TINY TOT SEALS	11:30-11:55am	\$96
C876	SEMI-PRIVATE INSTRUCTION STINGRAYS	11:30-11:55am	\$96
C877	SEMI-PRIVATE INSTRUCTION BARRACUDAS	11:30-11:55am	\$96

CLU

Mondays / Wednesdays - 6 Lessons Session One (2231): April 17 - May 3

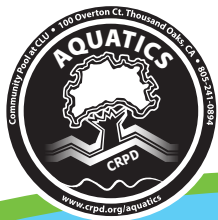
CLASS ID	LEVEL	TIME	FEE
C400	PRIVATE INSTRUCTION	9:00-9:25am	\$163
C401	PRIVATE INSTRUCTION	9:30-9:55am	\$163
C402	POLLIWOGS	10:00-10:25am	\$96
C403	PRIVATE INSTRUCTION	10:00-10:25am	\$163
C404	TINY TOT SEALS	10:30-10:55am	\$96
C405	PRIVATE INSTRUCTION	10:30-10:55am	\$163
C406	SEMI-PRIVATE INSTRUCTION OTTERS	11:00-11:25am	\$96
C407	PRIVATE INSTRUCTION	11:00-11:25am	\$163
C408	SEMI-PRIVATE INSTRUCTION SEALS	11:30-11:55am	\$96
C409	PRIVATE INSTRUCTION	11:30-11:55am	\$163
C420	TINY TOT SEALS	3:00-3:25pm	\$96
C421	PRIVATE INSTRUCTION	3:00-3:25pm	\$163
C422	SEALS	3:00-3:25pm	\$63
C423	PRIVATE INSTRUCTION	3:30-3:55pm	\$163
C424	DOLPHINS	3:30-3:55pm	\$63

Classes are subject to change or be canceled due to demand.

The most accurate list of classes can be viewed online through the registration system.

1

QUESTIONS? COMMUNITY POOL AT CLU • 100 OVERTON COURT, THOUSAND OAKS • 805-241-0894 • AQUATICS@CRPD.ORG



SPRING AQUATICS CLASSES

SPRING REGISTRATION BEGINS MONDAY, MARCH 6, 9:00AM

COMMUNITY POOL AT CLU

100 OVERTON COURT, THOUSAND OAKS, CA



CLU Mondays / Wednesdays - 6 Lessons (cont.) Session One (2231): April 17 - May 3

CLASS ID	LEVEL	TIME	FEE
C425	POLLIWOGS	3:30-3:55pm	\$96
C426	SEMI-PRIVATE INSTRUCTION OTTERS	4:00-4:25pm	\$96
C427	TINY TOT SEALS	4:00-4:25pm	\$96
C428	SEALS	4:00-4:25pm	\$63
C429	DOLPHINS	4:30-4:55pm	\$63
C430	POLLIWOGS	4:30-4:55pm	\$96
C431	SEMI-PRIVATE INSTRUCTION STINGRAYS	4:30-4:55pm	\$96
C432	SEALS	5:00-5:25pm	\$63
C433	OTTERS	5:00-5:25pm	\$63
C434	PRIVATE INSTRUCTION	5:00-5:25pm	\$163
C435	BARRACUDAS	5:00-5:25pm	\$63
C436	DOLPHINS	5:30-5:55pm	\$63
C437	STINGRAYS	5:30-5:55pm	\$63
C438	POLLIWOGS	5:30-5:55pm	\$96
C439	PRIVATE INSTRUCTION	5:30-5:55pm	\$163

CLU Mondays / Wednesdays - 6 Lessons Session Two (2232): May 8 - May 24

CLASS ID	LEVEL	TIME	FEE
C400	PRIVATE INSTRUCTION	9:00-9:25am	\$163
C401	PRIVATE INSTRUCTION	9:30-9:55am	\$163
C402	POLLIWOGS	10:00-10:25am	\$96
C403	PRIVATE INSTRUCTION	10:00-10:25am	\$163
C404	TINY TOT SEALS	10:30-10:55am	\$96
C405	PRIVATE INSTRUCTION	10:30-10:55am	\$163
C406	SEMI-PRIVATE INSTRUCTION OTTERS	11:00-11:25am	\$96
C407	PRIVATE INSTRUCTION	11:00-11:25am	\$163
C408	SEALS	11:30-11:55am	\$96
C409	PRIVATE INSTRUCTION	11:30-11:55am	\$163
C420	TINY TOT SEALS	3:00-3:25pm	\$96
C421	PRIVATE INSTRUCTION	3:00-3:25pm	\$163
C422	SEALS	3:00-3:25pm	\$63
C423	PRIVATE INSTRUCTION	3:30-3:55pm	\$163
C424	DOLPHINS	3:30-3:55pm	\$63
C425	POLLIWOGS	3:30-3:55pm	\$96
C426	SEMI-PRIVATE INSTRUCTION OTTERS	4:00-4:25pm	\$96
C427	TINY TOT SEALS	4:00-4:25pm	\$96
C428	SEALS	4:00-4:25pm	\$63
C429	DOLPHINS	4:30-4:55pm	\$63
C430	POLLIWOGS	4:30-4:55pm	\$96
C431	SEMI-PRIVATE INSTRUCTION STINGRAYS	4:30-4:55pm	\$96
C432	SEALS	5:00-5:25pm	\$63
C433	OTTERS	5:00-5:25pm	\$63

CLASS ID	LEVEL	TIME	FEE
C434	PRIVATE INSTRUCTION	5:00-5:25pm	\$163
C435	BARRACUDAS	5:00-5:25pm	\$63
C436	DOLPHINS	5:30-5:55pm	\$63
C437	STINGRAYS	5:30-5:55pm	\$63
C438	POLLIWOGS	5:30-5:55pm	\$96
C439	PRIVATE INSTRUCTION	5:30-5:55pm	\$163

CLU Mondays / Wednesdays - 5 Lessons Session Three (2233): May 31 - June 14

CLASS ID	LEVEL	TIME	FEE
C400	PRIVATE INSTRUCTION	9:00-9:25am	\$136
C401	PRIVATE INSTRUCTION	9:30-9:55am	\$136
C402	POLLIWOGS	10:00-10:25am	\$80
C403	PRIVATE INSTRUCTION	10:00-10:25am	\$136
C404	TINY TOT SEALS	10:30-10:55am	\$80
C405	PRIVATE INSTRUCTION	10:30-10:55am	\$136
C406	SEMI-PRIVATE INSTRUCTION OTTERS	11:00-11:25am	\$96
C407	PRIVATE INSTRUCTION	11:00-11:25am	\$136
C408	SEALS	11:30-11:55am	\$53
C409	PRIVATE INSTRUCTION	11:30-11:55am	\$136
C420	TINY TOT SEALS	3:00-3:25pm	\$80
C421	PRIVATE INSTRUCTION	3:00-3:25pm	\$136
C422	SEALS	3:00-3:25pm	\$53
C423	PRIVATE INSTRUCTION	3:30-3:55pm	\$136
C424	DOLPHINS	3:30-3:55pm	\$53
C425	POLLIWOGS	3:30-3:55pm	\$80
C426	SEMI-PRIVATE INSTRUCTION OTTERS	4:00-4:25pm	\$80
C427	TINY TOT SEALS	4:00-4:25pm	\$80
C428	SEALS	4:00-4:25pm	\$53
C429	DOLPHINS	4:30-4:55pm	\$53
C430	POLLIWOGS	4:30-4:55pm	\$80
C431	SEMI-PRIVATE INSTRUCTION STINGRAYS	4:30-4:55pm	\$80
C432	SEALS	5:00-5:25pm	\$53
C433	OTTERS	5:00-5:25pm	\$53
C434	PRIVATE INSTRUCTION	5:00-5:25pm	\$136
C435	BARRACUDAS	5:00-5:25pm	\$53
C436	DOLPHINS	5:30-5:55pm	\$53
C437	STINGRAYS	5:30-5:55pm	\$53
C438	POLLIWOGS	5:30-5:55pm	\$80
C439	PRIVATE INSTRUCTION	5:30-5:55pm	\$136



SPRING AQUATICS CLASSES

SPRING REGISTRATION BEGINS MONDAY, MARCH 6, 9:00AM

COMMUNITY POOL AT CLU

100 OVERTON COURT, THOUSAND OAKS, CA



CLU

Tuesdays / Thursdays - 6 Lessons Session One (2231): April 18 - May 4

CLASS ID	LEVEL	TIME	FEE
C500	PRIVATE INSTRUCTION	9:00-9:25am	\$163
C501	PRIVATE INSTRUCTION	9:30-9:55am	\$163
C502	POLLIWOGS	10:00-10:25am	\$96
C503	PRIVATE INSTRUCTION	10:00-10:25am	\$163
C504	TINY TOT SEALS	10:30-10:55am	\$96
C505	PRIVATE INSTRUCTION	10:30-10:55am	\$163
C506	PARENT AND CHILD	11:00-11:25am	\$63
C507	PRIVATE INSTRUCTION	11:00-11:25am	\$163
C508	SEMI-PRIVATE INSTRUCTION DOLPHINS	11:30-11:55am	\$96
C509	PRIVATE INSTRUCTION	11:30-11:55am	\$163
C520	POLLIWOGS	3:00-3:25pm	\$96
C521	DOLPHINS	3:00-3:25pm	\$63
C522	PRIVATE INSTRUCTION	3:00-3:25pm	\$163
C523	SEALS	3:30-3:55pm	\$63
C524	TINY TOT SEALS	3:30-3:55pm	\$96
C525	PRIVATE INSTRUCTION	3:30-3:55pm	\$163
C526	SEMI-PRIVATE INSTRUCTION STINGRAYS	4:00-4:25pm	\$96
C527	POLLIWOGS	4:00-4:25pm	\$96
C528	DOLPHINS	4:00-4:25pm	\$63
C529	TINY TOT SEALS	4:30-4:55pm	\$96
C530	SEALS	4:30-4:55pm	\$63
C531	SEMI-PRIVATE INSTRUCTION OTTERS	4:30-4:55pm	\$96
C532	DOLPHINS	5:00-5:25pm	\$63
C533	POLLIWOGS	5:00-5:25pm	\$96
C534	STINGRAYS	5:00-5:25pm	\$63
C535	PRIVATE INSTRUCTION	5:00-5:25pm	\$163
C536	BARRACUDAS	5:30-5:55pm	\$63
C537	OTTERS	5:30-5:55pm	\$63
C538	SEALS	5:30-5:55pm	\$63
C539	PRIVATE INSTRUCTION	5:30-5:55pm	\$163

CLU

Tuesdays / Thursdays - 6 Lessons Session Two (2232): May 9 - May 25

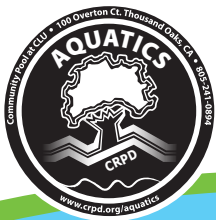
CLASS ID	LEVEL	TIME	FEE
C500	PRIVATE INSTRUCTION	9:00-9:25am	\$163
C501	PRIVATE INSTRUCTION	9:30-9:55am	\$163
C502	POLLIWOGS	10:00-10:25am	\$96
C503	PRIVATE INSTRUCTION	10:00-10:25am	\$163
C504	TINY TOT SEALS	10:30-10:55am	\$96
C505	PRIVATE INSTRUCTION	10:30-10:55am	\$163
C506	PARENT AND CHILD	11:00-11:25am	\$63
C507	PRIVATE INSTRUCTION	11:00-11:25am	\$163

CLASS ID	LEVEL	TIME	FEE
C508	SEMI-PRIVATE INSTRUCTION DOLPHINS	11:30-11:55am	\$96
C509	PRIVATE INSTRUCTION	11:30-11:55am	\$163
C520	POLLIWOGS	3:00-3:25pm	\$96
C521	DOLPHINS	3:00-3:25pm	\$63
C522	PRIVATE INSTRUCTION	3:00-3:25pm	\$163
C523	SEALS	3:30-3:55pm	\$63
C524	TINY TOT SEALS	3:30-3:55pm	\$96
C525	PRIVATE INSTRUCTION	3:30-3:55pm	\$163
C526	SEMI-PRIVATE INSTRUCTION STINGRAYS	4:00-4:25pm	\$96
C527	POLLIWOGS	4:00-4:25pm	\$96
C528	DOLPHINS	4:00-4:25pm	\$63
C529	TINY TOT SEALS	4:30-4:55pm	\$96
C530	SEALS	4:30-4:55pm	\$63
C531	SEMI-PRIVATE INSTRUCTION OTTERS	4:30-4:55pm	\$96
C532	DOLPHINS	5:00-5:25pm	\$63
C533	POLLIWOGS	5:00-5:25pm	\$96
C534	STINGRAYS	5:00-5:25pm	\$63
C535	PRIVATE INSTRUCTION	5:00-5:25pm	\$163
C536	BARRACUDAS	5:30-5:55pm	\$63
C537	OTTERS	5:30-5:55pm	\$63
C538	SEALS	5:30-5:55pm	\$63
C539	PRIVATE INSTRUCTION	5:30-5:55pm	\$163

CLU

Tuesdays / Thursdays - 6 Lessons Session Three (2233): May 30 - June 15

CLASS ID	LEVEL	TIME	FEE
C500	PRIVATE INSTRUCTION	9:00-9:25am	\$163
C501	PRIVATE INSTRUCTION	9:30-9:55am	\$163
C502	POLLIWOGS	10:00-10:25am	\$96
C503	PRIVATE INSTRUCTION	10:00-10:25am	\$163
C504	TINY TOT SEALS	10:30-10:55am	\$96
C505	PRIVATE INSTRUCTION	10:30-10:55am	\$163
C506	PARENT AND CHILD	11:00-11:25am	\$63
C507	PRIVATE INSTRUCTION	11:00-11:25am	\$163
C508	SEMI-PRIVATE INSTRUCTION DOLPHINS	11:30-11:55am	\$96
C509	PRIVATE INSTRUCTION	11:30-11:55am	\$163
C520	POLLIWOGS	3:00-3:25pm	\$96
C521	DOLPHINS	3:00-3:25pm	\$63
C522	PRIVATE INSTRUCTION	3:00-3:25pm	\$163
C523	SEALS	3:30-3:55pm	\$63
C524	TINY TOT SEALS	3:30-3:55pm	\$96
C525	PRIVATE INSTRUCTION	3:30-3:55pm	\$163
C526	SEMI-PRIVATE INSTRUCTION STINGRAYS	4:00-4:25pm	\$96
C527	POLLIWOGS	4:00-4:25pm	\$96
C528	DOLPHINS	4:00-4:25pm	\$63



SPRING AQUATICS CLASSES

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100 OVERTON COURT, THOUSAND OAKS, CA



CLU

Tuesdays / Thursdays - 6 Lessons Session Three (2233): May 30 - June 15

CLASS ID	LEVEL	TIME	FEE
C529	TINY TOT SEALS	4:30-4:55pm	\$96
C530	SEALS	4:30-4:55pm	\$63
C531	SEMI-PRIVATE INSTRUCTION OTTERS	4:30-4:55pm	\$96
C532	DOLPHINS	5:00-5:25pm	\$63
C533	POLLIWOGS	5:00-5:25pm	\$96

CLASS ID	LEVEL	TIME	FEE
C534	STINGRAYS	5:00-5:25pm	\$63
C535	PRIVATE INSTRUCTION	5:00-5:25pm	\$163
C536	BARRACUDAS	5:30-5:55pm	\$63
C537	OTTERS	5:30-5:55pm	\$63
C538	SEALS	5:30-5:55pm	\$63
C539	PRIVATE INSTRUCTION	5:30-5:55pm	\$163

SPECIALTY AQUATICS PROGRAMS

CRPD SWIM TEAM NO WORKOUT 5/13 & 5/29

CLASS ID	DATE	DAY	TIME	FEE
C800.2231	4/15-5/20	Sa	9:00-9:55am	\$71
C800.2232	4/16-5/21	Su	9:00-9:55am	\$86
C800.2233	4/17-6/14	M/W	4:00-4:55pm	\$257
C800.2234	4/18-6/15	T/Th	4:00-4:55pm	\$257

HOMESCHOOL SWIM TEAM NO WORKOUT 5/29

CLASS ID	DATE	DAY	TIME	FEE
C803.2231	4/17-6/12	M	10:00-10:55am	\$114
C803.2232	4/19-6/14	W	10:00-10:55am	\$128

STROKE TECHNIQUE TRAINING & WORKOUT

CLASS ID	DATE	DAY	TIME	FEE
C805.2231	4/17-5/3	M/W	9:00-9:55am	\$86
C805.2232	5/8-5/24	M/W	9:00-9:55am	\$86
C805.2233	5/31-6/14	M/W	9:00-9:55am	\$71

WATER AEROBIC WORKOUT - DEEP WATER

CLASS ID	DATE	DAY	TIME	FEE
C802.2231	4/3-4/24	M	10:00-10:55am	\$57
C802.2233	5/1-5/22	M	10:00-10:55am	\$57

NOODLE AEROBICS - SHALLOW WATER

CLASS ID	DATE	DAY	TIME	FEE
C802.2232	4/3-4/24	M	11:00-11:55am	\$57
C802.2234	5/1-5/22	M	11:00-11:55am	\$57

WATER AEROBIC WORKOUT - SHALLOW WATER

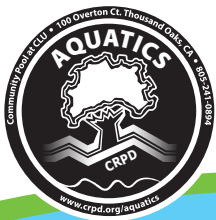
CLASS ID	DATE	DAY	TIME	FEE
C804.2231	4/5-4/26	W	10:00-10:55am	\$57
C804.2233	5/3-5/31	W	10:00-10:55am	\$71

WATER WALKERS WORKOUT - SHALLOW WATER

CLASS ID	DATE	DAY	TIME	FEE
C804.2232	4/7-4/28	F	10:00-10:55am	\$57
C804.2234	5/5-5/26	F	10:00-10:55am	\$57

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COMMUNITY POOL AT CLU

100 OVERTON COURT, THOUSAND OAKS, CA



AMERICAN RED CROSS CLASSES

LIFEGUARD TRAINING

CLASS ID	DATE	DAY	TIME	FEE
C806.1232	3/18-19	Sa/Su	9:00am-7:00pm	\$225
C806.2231	4/15-16	Sa/Su	9:00am-7:00pm	\$225
C806.2232	4/29-30	Sa/Su	9:00am-7:00pm	\$225
C806.2233	5/27-28	Sa/Su	9:00am-7:00pm	\$225

CPR/FIRST AID/AED

CLASS ID	DATE	DAY	TIME	FEE
C808.2231	4/15	Sa	10:00am-12noon	\$90
C808.2232	5/13	Sa	10:00am-12noon	\$90

LIFEGUARD REVIEW

CLASS ID	DATE	DAY	TIME	FEE
C807.2231	4/22	Sa/Su	9:00am-7:00pm	\$120
C807.2232	5/20	Sa/Su	9:00am-7:00pm	\$120

To check CLASS AVAILABILITY and REGISTER, follow these steps:

1. Visit crpd.org/register
2. Type the GROUP LEVEL in the keyword section of the page (*when searching for Private Instruction, use quotations*).
3. Uncheck the box that says Show Full and Canceled Classes.
4. Click Search.

Participants in group classes that do not meet minimum enrollment (75% full) will be contacted with options to convert the class into a semi-private, an individual private, or to move to another time slot.