



## 2021 PROGRAMS

### Health Screenings & Wellness Procedures

The Conejo Recreation & Park District is committed to providing a safe environment for patrons to participate in scheduled programs and events, following current State and County guidance. CRPD staff and independent contractors will be instituting procedures for the health and safety of our participants.

#### HEALTH CHECKS AND SCREENING PROTOCOLS

**1. Staff may ask the participant/parent of the participant if they are experiencing any COVID-19 related symptoms, including:**

Fever	Headache
Chills	New loss of taste or smell
Cough	Sore Throat
Shortness of breath or difficulty breathing	Congestion or runny nose
Fatigue	Nausea, vomiting, or diarrhea
Muscle or body aches	

*If they answer "yes" to any of the above, the participant will be sent home and not allowed to return to the program until they have been free of fever (defined as 100.4°F or higher) for at least 24 hours without the use of fever-reducing medicines, any other signs of other COVID-19 related symptoms have significantly improved in the last 24 hours, at least 10 days have passed since any COVID-19 symptoms first appeared, and they have complied with all directives from their health care provider. Participants may return after seven days, if a negative COVID-19 test result is provided (test must occur on day five or later, after symptoms first became present).*

**2. Staff may make a visual inspection of the participant for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness.**

**3. Staff may conduct temperature screening using a no-contact infrared temporal thermometer (depending on current public health recommendations and availability of product).**

*Participants displaying a temperature of 100.3°F degrees or less will be admitted into the program and directed to a hand hygiene station (either soap and water or hand sanitizer with at least 60% alcohol).*

*If a participant has a temperature of 100.4°F or higher there will be an allowable grace period (up to 10 minutes) where the participant can wait with their parent/guardian in a vehicle or a reasonable distance away from the facility. If after a second test, the participant displays a temperature of 100.4°F degrees or higher they will not be admitted into the program.*

*Participants not admitted into a program due to symptoms of illness will not be allowed into the program until they have been free of fever (defined as 100.4°F or higher) for at least 24 hours without the use of fever-reducing medicines, any other signs of other COVID-19 related symptoms have significantly improved in the last 24 hours, at least 10 days have passed since any COVID-19 symptoms first appeared, and they have complied with all directives from their health care provider. Participants may return sooner if they have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus).*

- 4. Employees performing health screenings of program participants will wear gloves and face coverings.**
- 5. For programs that present a lower risk of the potential to spread COVID-19 (small numbers of participants, natural physical distancing, no contact, outdoors, etc.), CRPD may choose not to perform temperature checks on participants.**  
*In such cases, employees or independent contractors will perform a health screening by asking participants if they are experiencing any of the symptoms listed above and conducting a visual inspection for signs of illness.*

## **CHECK-IN PROCEDURES**

The following program participant check-in procedures are designed to maintain physical distancing during the initial health screening process:

1. A check-in/registration table or kiosk will be designated and made obvious to the public with visible signage. If indoors, a plexiglass barrier between employees and patrons may be utilized.
2. Physical distancing measures will be taken by keeping the patrons on the other side of the table/kiosk, six feet away from staff members.
3. Floor markers or other visual cues designating six foot spacing may be placed for parents/patrons to stand if waiting in line to check in.
4. Program participants must bring face coverings to be worn when indoors and anytime six feet of physical distance cannot be maintained outdoors. Face coverings should be kept in their possession even when not being worn. Programs taught by independent contractors may have additional guidelines. For more information regarding further mask wearing policies, please contact the center hosting the class or activity.
5. Staff may ask for participants' names and mark them on an attendance sheet. Parents/guardians will not be asked to sign in for themselves or their child to prevent touching of pens. If signatures are required and pens must be touched by the public, several

pens will be available. After each use, the used pen will be put in a container to be disinfected prior to being used again.

6. At outdoor programs such as camps, a drive-thru drop-off and pick-up system may be utilized. In this scenario, parents dropping off would not exit the vehicle. All other protocols listed above would be followed.

## **IN CASE OF ILLNESS**

1. If a patron begins feeling ill during a CRPD program or if staff observes a participant with a cough or shortness of breath/difficulty breathing, staff will isolate the individual away from the rest of the participants to a designated area.
2. If the participant is an adult, they will be sent home. If the participant is a child, parents will be called and asked to pick up the child as soon as possible.
3. Children will remain isolated in their designated area and observed by staff, until picked up by parents. They may not rejoin the group.
4. Once the participant has been picked up, staff will thoroughly disinfect the designated isolation area and all surfaces/equipment that the participant may have touched while attending the program.
5. Participants sent home due to illness will not be allowed back in the program until they have been free of fever (defined as 100.4°F or higher) for at least 24 hours without the use of fever-reducing medicines, any other signs of other COVID-19 related symptoms have significantly improved in the last 24 hours, at least 10 days have passed since any COVID-19 symptoms first appeared, and they have complied with all directives from their health care provider. *Participants may return sooner if they have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus).*
6. If a participant has been in close contact with an individual who has either tested positive for COVID-19 or has reason to suspect they have COVID-19, they may return after 14 days from exposure to the individual. Individuals who have had COVID-19 within the past three months or who are fully vaccinated are excluded from having to quarantine in this scenario.