

## MEETING MINUTES

Thursday, November 12, 2020, 10:00am  
Meeting Held via Zoom Video Conference

### Public Access for Zoom Video Conference:

Meeting Link: <https://us02web.zoom.us/j/89341100845?pwd=K29uQjBWdklKM24wa0s1a1NXOTRiQT09>

Meeting Passcode: 897700

### 1. CALL TO ORDER

The meeting was called to order at 10:04am by Chair Holt.

### 2. ROLL CALL & INTRODUCTIONS

#### Present

Susan Holt, Board Member, Conejo Recreation & Park District  
Claudia Bill-de la Peña, Mayor, City of Thousand Oaks  
Cindy Goldberg, Board Member, Conejo Valley Unified School District

Rochelle Callis, Administrator, Conejo Recreation & Park District  
Francine Sprigel, Community Services Coordinator, Thousand Oaks Library  
Rebecca Cook, Counselor, Conejo Valley Unified School District  
Robin Britt, Executive Director, Community Conscience

Lisa Safaeinili, Executive Director, Westminster Clinic  
Lohanna Almanza, Associate Director, 211 Ventura County

### 3. PUBLIC COMMENTS

### 4. ITEMS FOR DISCUSSION

#### A. Update from 211 Ventura County

Almanza provided an overview of 2-1-1 Ventura County, an information and referral program of Interface Children & Family Services. The service connects people with services in the areas of housing, healthcare, financial assistance, education, food, transportation, and legal assistance. The program is confidential and available 24/7 via phone (in more than 150 languages) or text message (in English or Spanish only). The staff at 2-1-1 make follow-up phone calls to ensure that those in crisis have had their needs met. An interactive website is also available at [www.211ventura.org](http://www.211ventura.org).

The volume of calls received by 2-1-1 has increase substantially this year, with approximately 28,000 calls to date compared to just 16,000 calls in 2019. Typically, the greatest need in Thousand Oaks is housing by a wide margin. Beginning in March of 2020, virtually all calls were related to the COVID-19 pandemic in terms of health concerns, loss of employment, and rent assistance. Now, nine months later, the number of calls related to COVID-19 has decreased to roughly 20% of all calls.

## B. Update from Westminster Clinic

Safaeinili provided an update on the Westminster Free Clinic's activity throughout the COVID-19 pandemic. The clinic primarily serves Thousand Oaks residents, but also sees visitors from Simi Valley, Moorpark, and other nearby communities. The top health services offered by the clinic are primary health care, diagnostic testing, mental health counseling, case management, and emergency dental care. The COVID-19 pandemic has led to increases in other services including food distribution, seasonal flu shots, and rent assistance.

Since March, more than 100 individuals have been health services each week. Mental health counseling has increased from a typical 10 patients per week to more than 60 patients per week. Food, face masks, and school supplies have been distributed in a drive-thru to more than 400 families per week, a 490% increase over the typical distribution amount. Roughly \$50,000 in gift cards have been distributed for basic needs like groceries, diapers, soap, and shampoo. Over 500 people have been tested for COVID-19 antibodies.

Westminster Free Clinic also has an intern program for high school students. A majority of these interns are first generation Americans, and often end up being the first person in their family to attend college. There is a fairly even divide between English and Spanish speakers among the interns. Safaeinili shared the success stories of several interns who went on to programs in medicine, nursing, public health, and social work. Interns are often provided with computers for schoolwork thanks to the clinic's generous donors.

## 5. CONSENT CALENDAR

### A. Approval of October 14, 2020 Meeting Minutes

It was moved by Goldberg, seconded by Bill-de la Peña, and carried 3-0 to approve the minutes as presented.

## 6. AGENCY REPORTS & ANNOUNCEMENTS

Britt posed the question of whether any organization in the community would be providing meals to those in need on the day of Thanksgiving. Services are providing "brown-bag" meals the week of, but most are to be distributed in advance, as the organization is closed on Thanksgiving. The day before Thanksgiving, Kiwanis will be distributing meals in the morning and Harbor House will be providing meals in the evening. Lutheran Social Services is providing gift cards to families in advance of the holiday as well.

As Ventura County once again approaches the "Purple Tier" (Widespread) for COVID-19 transmission, Bill de-la Peña stressed the importance of encouraging community members to wear masks and face coverings in an effort to prevent transmission. Social media can be used to spread this message.

## 7. ITEMS FOR SUBSEQUENT AGENDAS

Sprigel expressed interest in having Women of Substance & Men of Honor (WOSMOH) present at a future meeting. Callis will reach out to the organization's Executive Director. It was suggested that BRITE Youth be paired up with Women of Substance & Men of Honor for the January meeting.

Interest was also expressed in having Raising Hope and Adelante Comunidad Conejo present at a future meeting.

## 8. NEXT MEETING DATE

The next meeting will be held on Wednesday, January 13, 2021 at 10:30am via Zoom.

## 9. ADJOURN

It was moved by Bill-de la Peña, seconded by Goldberg, and carried 3-0 to adjourn the meeting at 11:26am.