Registration for Fall 2020 Classes is offered on a rolling basis. When classes become available, notices will be posted at www.crpd.org & on CRPD’s social media.

“IT CAN’T CHANGE THE DIRECTION OF THE WIND, BUT I CAN ADJUST MY SAILS TO ALWAYS REACH MY DESTINATION.”

—Jimmy Dean

To help keep kids of all ages (!) happy, healthy, and safe, we will continue to adjust our sails to meet the needs of the community.
I am also very proud of our staff and appreciate the hard work, extra time, and creativity they’ve used to keep CRPD relevant in these challenging times. If we all strive to remain patient, adaptable, and compassionate, we will persevere.
School's out - we are in!

QuaranTEAM
is here for you!

Let us help you arrange your QuaranTEAM:
Small pods (groups) kept together for the entire month

4 Locations:
Dos Vientos Center
Borchard Community Center

Conejo Community Center
Thousand Oaks Center

*Please choose the community center closest to your child's school.

- Held at your local Community Center
- Enrollment on a monthly basis
- Students in static groups for the month
- Each group to be overseen by consistent Recreation Staff
- Recreational activities planned for each day
- CDC Recommendations for COVID-19 prevention will be followed

Half-Day Options: AM or PM!
M-F, M/W/F, or T/Th

Registration is OPEN NOW!
Don't wait - register today!
crpd.org/register — keyword: QuaranTEAM
FALL 2020
PRESCHOOL/PREKINDERGARTEN

A $50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning. Payment plans available.

Preschool children must be three by 9/1/20; Prekindergarten children must be four by 9/1/20. Children must be potty trained (no Pull-Ups).

Information: 805-381-2791

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. $35 lab fee collected at time of registration.


PRESCHOOL NON-REFUNDABLE REGISTRATION FEE
5020.2201 M/W/F 9:00-11:30am $50 9/2-12/11 39 days (+ $925 program fee)

PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/prek for program details. $25 lab fee collected at time of registration.

No class 11/24, 11/26.

PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE
5023.2201 T/Th 12noon-2:30pm $50 9/3-12/10 27 days (+ $625 program fee)

TOD AND YOUTH PROGRAMS

MY TIME CLUB WITH MISS TIA Age 2.5-4 Instructor: Miss Tia. Pack a lunch. No class 9/7.

For class details, go to www.crpd.org/register

SELF-DEFENSE

KARATE, Shotokan Karate is a traditional Japanese martial art emphasizing self-defense, self-control, and respect for others. Instructors: Mike Szydlowski & Brenda Yoshinaga. No class 9/7.

KARATE YELLOW/ORANGE BELTS, Age 6+
5103.4201 T/Th 2:30-3:30pm $163 9/1-11/5 10 wks

KARATE GREEN/BLUE/JUNIOR PURPLE BELTS, Age 6+
5104.4202 T/Th 3:30-4:30pm $163 9/1-11/5 10 wks

KARATE PURPLE/BROWN/BLACK BELTS, Age 8+
5105.4202 T/Th 4:30-5:30pm $163 9/1-11/5 10 wks

ADULT KARATE, Age 13+ T/Th All Levels. Instructors: Mike Szydlowski & Brenda Yoshinaga. No class 9/7.

5107.4201 T/Th 5:30-6:30pm $163 9/1-11/5 10 wks

WOMEN ONLY SHOTOKAN KARATE, Age 13+
5018.4201 M/W 6:30-7:30pm $135  8/31-11/4 10 wks

MEDITATION AND FITNESS

TAI CHI QIGONG (Beginning/Intermediate) Age 18+
Instructor: Mabel Chow
5140.4201 T  6:00-7:15pm $60  9/8-10/13  6 wks

TAI CHI (Basic/Beginning) Age 18+ Instructor: Mabel Chow.
5141.4201 T  7:10-8:10pm $48  9/8-10/13  6 wks
SKATEPARK SCHEDULE
Conejo Valley’s beloved skate park. Open to the public every day with a rich local skate scene. Closed for recreational programming such as skateboard lessons, holiday camps, and after-school programming.

For any scheduling changes please Google search Borchard Skatepark, call the Borchard Center Office (805) 381-2791, or visit us online at http://www.crpd.org/skate.

ALL CRPD RECREATIONAL PROGRAMMING SUCH AS SKATEBOARD LESSONS AND CAMPS ARE INSTRUCTED BY DISTRICT STAFF AND THE PARK IS CLOSED TO THE PUBLIC.

THE USE OF FULL PROTECTIVE GEAR CONSISTING OF HELMET, ELBOW PADS AND KNEE PADS IS ENFORCED.

OPEN SKATE: There is no supervision during OPEN SKATE. All posted park rules apply.

FALL 2020

Sunday  Open Skate  Sunrise-Sunset
Monday  Open Skate  Sunrise-Sunset
Tuesday  Open Skate  Sunrise-Sunset
Wednesday  Open Skate  Sunrise-Sunset
Thursday  Open Skate  Sunrise-Sunset
Friday  Open Skate  Sunrise-Sunset
Saturday  Open Skate  Sunrise:8:15am
          CRPD Skate Lessons  8:30am-12noon
          Open Skate  12noon-2:00pm
          Birthday Party Rental (If Reserved)  2:00-4:00pm
          Open Skate  4:00pm-Sunset

Geared towards skateboarders of all levels. A full-size skateboard and safety gear (helmet, elbow and knee pads) are required. Safety gear is offered free of charge during classes.
Instructor: Recreation Specialist Weston Montgomery
All skateboarding lessons are inclusive.

Level 1 – RABBITS, Age 4-6
5150.4201  Sa  9:45-10:45am  $72  9/12-10/17  6 wks

Level 2 – HAWKS, Age 7-10
5151.4201  Sa  8:30-9:30am  $72  9/12-10/17  6 wks

Level 3 – COYOTES, Age 7-14 Intermediate skill level.
5152.4201  Sa  11:00am-12noon  $72  9/12-10/17  6 wks

For class details, go to www.crpd.org/register
FALL 2020 PRESCHOOL/ PREKINDERGARTEN

A $50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning. Payment plans available.

Preschool children must be three by 9/1/20; Prekindergarten children must be four by 9/1/20. Children must be potty trained (no Pull-Ups).

Information: 805-495-2163

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. $35 lab fee due at time of registration.

PRESCHOOL NON-REFUNDABLE REGISTRATION FEE
6415.2201 M/W/F 9:00-11:30am $50 9/9-12/18 40 days (+$950 program fee)

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details.

PRESCHOOL NON-REFUNDABLE REGISTRATION FEE
6416.2201 T/Th 9:00-11:30am $50 9/8-12/17 28 days (+$650 program fee)

PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/PreK for program details.

PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE
6417.2201 M/W/F 9:00-11:30am $50 9/9-12/18 40 days (+$950 program fee)

PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/PreK for program details.

PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE
6418.2201 T/Th 9:00-11:30am $50 9/8-12/17 28 days (+$650 program fee)

TOT AND YOUTH PROGRAMS

SPECIALTY CLASSES

ZOOM: ART WITH DONNA, Age 7-14 Instructor: Donna Mason Adams.
6100.4201 W 3:30-4:30pm $65 9/9-10/21 7 wks

KIDS FITNESS

HIKING FITNESS: NATURE EXPLORERS, Age 3-6
6115.4201 M 11:30am-12:15pm $59 9/7-10/19 7 wks
6115.4202 T 11:30am-12:15pm $59 9/8-10/20 7 wks
6115.4203 W 11:30am-12:15pm $59 9/9-10/21 7 wks
6115.4204 Th 11:30am-12:15pm $59 9/10-10/22 7 wks
6115.4205 F 11:30am-12:15pm $59 9/11-10/23 7 wks

FENCING CLUB, Age 18+ Instructor: Phil Hareff.
6606.4201 Sa 11:45am-4:30pm $97 9/5-10/17 7 wks

TAI CHI, Age 18+ Instructor: Allan Levine, NTCCA; class held outside.
6607.4201 Sa 10:00-11:00am $49 9/5-10/17 7 wks

BEGINNING ARCHERY, Age 7-12 Safety emphasized; equipment provided.
6122.4201 Th 4:00-5:00pm $59 9/10-10/22 7 wks

INTRODUCTION TO FENCING, Age 12-18+ Instructor: Phil Hareff.
6124.4201 Sa 10:30-1:30pm $85 9/5-10/17 7 wks

BEGINNING FENCING, Age 12-18+ Instructor: Phil Hareff.
6125.4201 Sa 11:30am-12:30pm $85 9/5-10/17 7 wks

ADULT FITNESS CLASSES

SALSA & BACHATA WORKSHOP, Age 18+ Instructor: Janet Snyder, Dance Ten. Bring partner from same household.
6628.4201 Sat 6:00-7:30pm $25/person 9/12 1 eve

EAST COAST SWING WORKSHOP, Age 18+ Instructor: Janet Snyder, Dance Ten. Bring partner from same household.
6638.4201 Sat 6:00-7:30pm $25/person 9/26 1 eve

PICK YOUR OWN BALLROOM, LATIN, SWING DANCE WORKSHOP Age 18+ Instructor: Janet Snyder, Dance Ten.
6639.4201 Sat 6:00-7:30pm $25/person 10/10 1 eve

LINE DANCE, Age 18+ Instructor: Kathy Bailey.
6604.4201 T 7:15-8:30pm $52 9/15-10/27 7 wks
OUTDOOR PROGRAMS

OUTDOOR ADVENTURE CLUB, Age 6-12
Location: Wildwood Regional Park.
4100.4201 Sa 10:00am-3:00pm $29 9/12 1 day

ARCHERY IN WILDWOOD, Age 8-14
Location: Wildwood Regional Park.
4101.4201 Sa 10:30am-2:30pm $24 10/3 1 day

ORIENTEERING ADVENTURE, Age 8+
Location: Conejo Center.
4105.4201 Sa 10:00am-12noon $6 10/17 1 day

OUTDOOR ADVISORY COUNCIL, Age 18+
Location: Conejo Center.
* T 6:00-7:00pm NONE 10/13 1 eve

SPECIALTY HIKES

NEW! TAILS AND TRAILS, Age 18+ Instructor: Russ Avison, Canine Logic. Hike with your dog. Bring water and leash.
6632.4201 Sa 8:00-9:00am $72 9/19-10/10 4 wks

WILDWOOD NIGHT AWARENESS HIKE, Age 5+
Location: Wildwood Regional Park.
4110.4201 F 6:30-8:30pm $6 10/9 1 day

BONKERS FOR BUGS! Age 3+
Location: Oak Creek Canyon Loop Trail. Must be with an adult. Only register child.
4111.4201 Su 9:00-10:30am $6 9/20 1 day

NATURE AFTER DARK, Age 3+
Location: Oak Creek Canyon Loop.
4112.4201 Sa 6:30-8:00pm $6 9/12 1 eve

FULL MOON HIKE, Age 6+
Location: Wildwood Regional Park.
4115.4201 Sa 7:00-9:00pm $6 9/12 1 eve

PARADISE FALLS HIKE, Age 6+
Location: Wildwood Regional Park.
4125.4201 Su 1:00-3:00pm $6 10/18 1 day

ALL ABOUT OWLS, Age 8+
Location: Wildwood Regional Park.
4126.4201 F 7:00-9:00pm $6 9/25 1 eve

NEW! STORIES AND STARS, Age 5+
Location: Wildwood Regional Park.
4119.4201 Sa 7:00-9:00pm $6 10/3 1 eve

WILDWOOD – ARROYO CANYON AND LYNNMERE,
Age 14+
Location: Wildwood Regional Park.
Add $5 to the fee.

K = Easy Hike, ok for young children and hiking strollers
KK = Moderately Easy, ok for children, not stroller accessible
KKK = Moderate Hike, long distances with some elevation changes
KKKK = Strenuous Hike, longer distances and large elevation changes

INFORMATION FOR HIKES

° Fees for hikes are per person.
° Bring sun protection, bug spray, & water.
° Wear clothing appropriate for the weather.
° Sturdy closed-toed shoes are required (no sandals).
° Children under 16 years must be accompanied by an adult.
° No smoking.
° No pets except where specifically stated.
° Only the Oak Creek Canyon Loop / Whole Access Interpretive Trail is suitable for strollers and wheelchairs.
° = Easy Hike, ok for young children and hiking strollers
° ° = Moderately Easy, ok for children, not stroller accessible
° °° = Moderate Hike, long distances with some elevation changes
° °°° = Strenuous Hike, longer distances and large elevation changes

Join the McCrea Ranch email list to receive information about our activities and events. Send an email to: ccc@crpd.org.
FALL 2020

PRESCHOOL/PREKINDERGARTEN

A $50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning.

Preschool children must be three by 9/1/20 (may be 2.5 for DVC program); Prekindergarten children must be four by 9/1/20. Children must be potty trained (no Pull-Ups).

Information: 805-375-1003

PRESCHOOL, Age 2.5-4: Go to www.crpd.org/preschool for program details. $25 cash lab fee. Payment plans available. No class 9/7, 9/28, 10/12, 11/11, 11/23-11/27.

PREKINDERGARTEN, Age 4-6: Go to www.crpd.org/preK for program details. $25 or $35 cash lab fee. Payment plans available. No class 9/7, 9/28, 10/12, 11/11, 11/23-11/27.

TOT & YOUTH & TEEN PROGRAMS

CAMS

FALL ADVENTURE CAMP, Age 5-12
8411.4201 T-F 1:00-4:00pm $103 9/8-9/11 4 days
8412.4201 M-F 1:00-4:00pm $128 9/14-9/18 5 days
8413.4201 M-F 1:00-4:00pm $128 9/21-9/25 5 days
8414.4201 T-F 1:00-4:00pm $103 9/28-10/2 4 days
8415.4201 M-F 1:00-4:00pm $128 10/5-10/9 5 days
8416.4201 M-F 1:00-4:00pm $128 10/12-10/16 5 days
8417.4201 M-F 1:00-4:00pm $128 10/19-10/23 5 days

ARCHERY CAMP, Age 7-11
8452.4201 M-F 4:00-5:00pm $150 9/14-9/18 1 wk
8452.4202 M-F 4:00-5:00pm $150 10/5-10/9 1 wk

SPECIALTY CAMPS

ZOOM! GUITAR WORKSHOP BEGINNER, Age 10+ $22 cash lab fee due first class. Instructor: James Swing, UCLA Ethno-Music Grad.
8320.4201 W 5:30-6:15pm $77 9/9-10/21 7 wks

ZOOM! GUITAR WORKSHOP Intermediate, Age 14+ $22 cash lab fee due first class. Instructor: James Swing, UCLA Ethno-Music Grad.
8350.4201 W 6:15-7:00pm $80 9/9-10/21 7 wks

HEALTH & FITNESS

CORE & STRETCH, Age 15+ Instructor: Elaine Lawrence.
8346.4201 T 10:30-11:20am $59 9/10-10/22 7 wks
8346.4202 Th 10:30-11:20am $59 9/10-10/22 7 wks
RANCHO POTRERO PROGRAMS
4790 West Lynn Road, Thousand Oaks

INTRO TO HORSEMANSHIP, Age 8+
8150.4201 Sa 9:00-10:00am $135 9/12-9/26 3 wks
8150.4202 Sa 9:00-10:00am $135 10/10-10/24 3 wks

INTRO TO HORSEBACK RIDING, Age 8+
Weight limit 185 lbs.
Age 8-13
8150.4201 Sa 12noon-1:00pm $200 9/12-9/26 3 wks
8150.4202 Sa 12noon-1:00pm $200 10/10-10/24 3 wks
Age 14+
8152.4201 Sa 10:30-11:30am $200 9/12-9/26 3 wks
8152.4202 Sa 10:30-11:30am $200 10/10-10/24 3 wks

SUNSET/FULL MOON RIDE, Age 16+
Weight limit 185 lbs.
8153.4201 Sa 7:00-9:00pm $90 10/1 1 day

SUNRISE RIDE, Age 16+
Weight limit 185 lbs.
8154.3201 Su 5:00-7:00am $90 9/27 1 day
**PARENT/CHILD CLASSES**
All classes in this section are parent/child participation only. Please do no bring siblings to class.

**ZOOM! KINDERMUSIK FOUNDATIONS, Age 3-14 mos** $20 home materials fee for CDs and Kindermusik Online access due first class. Instructor: Teacher Angie. 7003.4201 Th 11:30am-12:15pm $105 9/10-10/22 7 wks

**ZOOM! KINDERMUSIK LEVEL 1, Age 12-24 mos.** $20 home materials fee for CDs and Kindermusik Online access due first class. Instructor: Teacher Angie. 7005.4201 Th 10:30-11:15am $105 9/10-10/22 7 wks

**FALL 2020 PRESCHOOL/PREKINDERGARTEN**
A $50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning. Payment plans available.

Preschool children must be three by 9/1/20; Prekindergarten children must be four by 9/1/20.

Children must be potty trained (no Pull-Ups).

Information: 805-381-2793

**PRESCHOOL, Age 3-5** Go to www.crpd.org/preschool for program details. $25 cash lab fee collected with Preschool registration/deposit. No class 11/12.

**PREKINDERGARTEN, Age 4-5** Go to www.crpd.org/prek for program details. $35 cash lab fee collected with Preschool registration/deposit. No class 11/11, 11/27.

**TOT & YOUTH PROGRAMS**
**KARATE**
Karate outdoor classes. Social distancing guidelines will be followed.


**BEGINNING KARATE (White Belt), Age 6-13**
7251.4201 M/W 4:00-5:00pm $111 9/9-10/28 7 wks

**INTERMEDIATE YELLOW/ORANGE BELT KARATE, Age 6-13**
7252.4201 M/W 5:00-6:00pm $196 9/9-12/9 12 wks
Haunted Trail, Age 2-99

EVENT IS PENDING HEALTH AND COUNTY GUIDELINES

Haunted Trail as we know and love will not be possible this year, however the event will be modified to meet social distancing standards to help keep everyone safe this Halloween.

Be sure to check our social media accounts and website for event updates!
### SPORTS/HEALTH AND WELLNESS

**NEW! ZUMBA® KIDS, Ages 4-12** Designed based on the age ranges of the kids who register, inspires kids to improve their overall wellbeing through active movement and play. Kids love it because the music and moves are innovative and fun and parents love it because of the effects and benefits it has on their kids including increased focus and self-confidence, boosting metabolism and enhancing coordination. Sponsored by Fit 4 The Cause. Instructor: Amanda Welti.

**4623.4201** T 4:00-5:00pm $34 9/12-10/24 7 wks

### SCHOOL CAMPS

**PRESCHOOL CAMP, Age 3-5 (INCLUSIVE)**

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Start Date</th>
<th>End Date</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>4609.4201</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/8-9/10</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>4609.4202</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/15-9/17</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>4609.4203</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/22-9/24</td>
<td>2 days</td>
<td></td>
</tr>
</tbody>
</table>

### SCHOOL CAMPS

**PRESCHOOL CAMP, Age 3-5 (INCLUSIVE)**

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Start Date</th>
<th>End Date</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>4609.4201</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/8-9/10</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>4609.4202</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/15-9/17</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>4609.4203</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/22-9/24</td>
<td>2 days</td>
<td></td>
</tr>
</tbody>
</table>

### SPORTS/HEALTH AND WELLNESS

**NEW! ZUMBA® KIDS, Ages 4-12** Designed based on the age ranges of the kids who register, inspires kids to improve their overall wellbeing through active movement and play. Kids love it because the music and moves are innovative and fun and parents love it because of the effects and benefits it has on their kids including increased focus and self-confidence, boosting metabolism and enhancing coordination. Sponsored by Fit 4 The Cause. Instructor: Amanda Welti.

**4623.4201** T 4:00-5:00pm $34 9/12-10/24 7 wks

### SCHOOL CAMPS

**PRESCHOOL CAMP, Age 3-5 (INCLUSIVE)**

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Start Date</th>
<th>End Date</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>4609.4201</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/8-9/10</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>4609.4202</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/15-9/17</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>4609.4203</td>
<td>T/Th</td>
<td>9:15-11:15am</td>
<td>$45</td>
<td>9/22-9/24</td>
<td>2 days</td>
<td></td>
</tr>
</tbody>
</table>

### VIRTUAL PROGRAMMING

**ZOOM! BEGINNER YOGA, Age 8+**

**4590.4201** M 5:00-6:00pm $55 9/11-10/16 6 wks

**ZOOM! VINAYASA YOGA Age 18+**

**4597.4201** Th 9:00-10:00am $55 9/10-10/15 6 wks

**ZOOM! GENTLE YOGA Age 18+**

**4613.4201** W 9:00-10:00am $55 9/8-10/14 6 wks

For class details, go to www.crpd.org/register

### NOBODY LIKES A CANCELLED CLASS!!

Register EARLY for Classes & Programs!

Classes that don’t meet the minimum enrollment 5 days prior to the start date may be cancelled.
MONDAYS SEPTEMBER 14 - NOVEMBER 2 (8 WEEKS)

6-8-YEAR-OLD COURSE SCHEDULE OPTIONS

9:00-9:50am ........Nerf Fitness ..................................7613.4201
                Creative Writing ..................................7634.4201

10:00-10:50am ....Hand Sewing ....................................7622.4201
                Mathmagicians ..................................7627.4201

11:00-11:50am ....Chess  ................................................7633.4201
                Kitchen Chemistry .............................7632.4201

12:10-1:00pm ......Around the World ..............................7601.4201
                Stem @ Home ....................................7631.4201

1:10-2:00pm ........Kids Bootcamp ..................................7630.4201
                Art Masters with Miss Debbie  .............7606.4201
                Ukulele .............................................7621.4201

9-12-YEAR-OLD COURSE SCHEDULE OPTIONS

9:00-9:50am ........Nerf Fitness ..................................7613.4201
                Creative Writing ..................................7634.4201

10:00-10:50am ....Hand Sewing ....................................7622.4201
                Kitchen Chemistry .............................7632.4201

11:00-11:50am ....Number Ninjas ..................................7628.4201
                Chess ................................................7633.4201
                Art Masters with Miss Debbie  .............7606.4201

12:10-1:00pm ......Around the World ..............................7601.4201
                Stem @ Home ....................................7631.4201

1:10-2:00pm ........Kids Bootcamp ..................................7630.4201
                Art Masters with Miss Debbie  .............7606.4201
                Ukulele .............................................7621.4201

COURSE DESCRIPTIONS:

CHESS, Learn to play this classic game in a fun way with your classmates. Develop planning and strategy skills, improve concentration and spatial thinking, and build self-confidence. Great for beginners to intermediate players. Instructor: Nicholas Garcia. Enrollment: Max 10

STEM @ HOME, Learn how we use STEM basics in our everyday lives, from the comfort of your own home! Using items that you have around the house, discover all of the ways we incorporate science, technology, engineering, and math into everything we do. Create chemical reactions, learn how a microwave works, and more. Instructor: TBD. Enrollment: Max 10

CREATIVE WRITING, Students will have the chance to create original forms and express themselves through the use of descriptive writing in a variety of styles. Develop creativity, story-telling skills, and vocabulary as you create poetry, short stories, plays, drama, fiction, and much more! Instructor: TBD Enrollment: Max 10

AROUND THE WORLD, Join us as we virtually travel around the world! Find out about the history and geography of different places while exploring new cultures; learn what makes each country so unique! Write your name in hieroglyphics, examine ancient ruins, discover new art in famous museums, and much more. Instructor: Jackie Soliz. Enrollment: Max 10

MATHMAGICIANS Age 6-8, Learn the magic of math by playing games and taking part in activities encouraging observation and discovery of patterns. Solve problems, explore the number system, and counting! Instructor: Jackie Soliz.

Enrollment: Max 10

NUMBER NINJAS Age 9-12, Become a Number Ninja master! Learn the purpose of math, how to manage money, calculate gas mileage, find out how fast rockets fly, and more. Play math games involving everyday situations and problem solving. Instructor: Jackie Soliz.

Enrollment: Max 10

NERF FITNESS, So much fun you won’t even realize you’re exercising! Learn games and sports you can play at home to keep you moving and fit. Instructor: Momentum Academy.

Enrollment: Max 10

HAND SEWING, Design and create facemasks and other fun projects from home. $10 lab fee includes sewing templates, materials list for projects; needle pick up location and time TBA.
Instructor: Sara Sinclair. Enrollment: Max 6

KITCHEN CHEMISTRY, Explore the science of food and learn what makes things taste different! Learn about chemistry, biology, physics, and earth science using everyday items found in your kitchen or the grocery store! Instructor: TBD.

Enrollment: Max 10

UKULELE, This popular instrument from Hawaii is easy and fun to play. Learn chords, strums, and how to sing along with your favorite songs! Ukulele available for rent, $10 for the session.
Instructor: Tom Kuznikowski. Enrollment: Max 10

KIDS BOOTCAMP, Get fit in this high intensity workout class! Learn fun new ways to exercise your body and develop hand-eye coordination while working up a sweat! This class will incorporate exercises from a variety of different disciplines to keep you on your toes.
Instructor: TBD. Enrollment: Max 10

ART MASTERS WITH MISS DEBBIE, Learn about the styles and techniques used by famous and well known master artists throughout history. A different artist will be discussed each week and we will create an original masterpiece in their style each class! Instructor: Debbie Brodel.
Enrollment: Max 10
ART, DRAMA, MUSIC

ZOOM! INTRODUCTION TO UKULELE, Age 18+  Instructor: David Steinhart.
0805.4201 W 4:45-5:45pm $57 9/9-10/14 6 wks
ZOOM! LEVEL 2 UKULELE, Age 18+ Prerequisite: Introduction to Ukulele class. Instructor: David Steinhardt.
0814.4201 Th 5:00-6:00pm $60 9/10-10/15 6 wks
ZOOM! + CARDS, CRAFTING, AND MORE, Age 18+ $10 cash materials due first class. Instructor: Jamie Albanese.
NEW! FALL COLORS
0804.4201 W 6:30-8:30pm $45 9/9-9/23 3 wks
NEW! HALLOWEEN
0804.4202 W 6:30-8:30pm $45 10/7-10/21 3 wks
ZOOM! + ART FOR ALL, Age 50+ Instructor: Donna Mason-Adams.
0810.4201 T 12:30-2:00pm $66 9/8-10/20 7 wks

SPORTS, FITNESS, & SELF DEFENSE

NEW! ZOOM! PRANIC HEALING FOR PAIN AND STRESS RELIEF, Age 18+ Instructor: Ellen Morano.
0829.4201 Th 1:00-2:00pm $20 9/17 1 day
ZOOM! PILATES FOR BUFF BONES, Age 18+ Instructor: Barbara West.
0831.4201 T 6:00-7:15pm $67 9/8-10/20 7 wks
ZOOM! YOGA: HATHA YOGA, Age 18+ Instructor: Phyllis Paul RYT.
0852.4201 M 7:30-8:30pm $69 9/14-10/26 7 wks
ZOOM! YOGA, Age 18+ Instructor: Jenny Klossner.
0854.4201 W 7:30-8:30pm $67 9/9-10/21 7 wks
ZOOM! ZUMBA GOLD®, Age 18+ Instructor: Del Herrera, NASM CPT, AFAA GFI.
0855.4201 M 4:30-5:30pm $59 9/9-10/26 7 wks
0855.4202 W 4:30-5:30pm $59 9/16-10/23 7 wks
ZOOM! CHAIR-BASED STRENGTH AND BALANCE, Age 50+ Instructor: Cathya Haas.
0857.4201 M 12:45-1:45pm $73 9/9-10/16 7 wks
ZOOM! ADVANCED CHAIR-BASED STRENGTH AND BALANCE, Age 50+ Instructor: Cathya Haas.
0835.4201 M 11:30am-12:30pm $73 9/9-10/16 7 wks
ZOOM! INTRODUCTION TO TAI CHI, Age 50+ Instructor: Jean Stoutenborough.
0858.4201 T 8:30-9:30am $51 9/8-10/20 7 wks
ZOOM! BEGINNING/INTERMEDIATE TAI CHI, Age 50+
Prerequisite: Introduction to Tai Chi. Instructor: Jean Stoutenborough.
0859.4201 Th 8:30-9:30am $51 9/10-10/22 7 wks
ZOOM! CHAIR BAND WORKOUT, Age 50+
Instructor: Jolie Ker.
0860.4201 F 1:00-2:00pm $66 9/11-10/23 7 wks
ZOOM! CHAIR YOGA, Age 18+
Instructor: Phyllis Paul RYT.
0861.4201 T 10:30-11:30am $70 9/8-10/20 7 wks
0861.4202 Th 10:30-11:30am $70 9/10-10/22 7 wks
ZOOM! + ART FOR ALL, Age 50+
Instructor: Donna Mason-Adams.
0810.4201 T 12:30-2:00pm $66 9/8-10/20 7 wks
ZOOM! PRANIC HEALING FOR PAIN AND STRESS RELIEF, Age 18+ Instructor: Ellen Morano.
0829.4201 Thw 1:00-2:00pm $20 9/17 1 day
0829.4202 Th 1:00-2:00pm $20 10/1 1 day
0829.4203 Th 1:00-2:00pm $20 10/15 1 day
ZOOM! PILATES FOR BUFF BONES, Age 18+ Instructor: Barbara West.
0831.4201 T 6:00-7:15pm $67 9/8-10/20 7 wks
ZOOM! YOGA: HATHA YOGA, Age 18+ Instructor: Phyllis Paul RYT.
0852.4201 M 7:30-8:30pm $69 9/14-10/26 7 wks
ZOOM! YOGA, Age 18+ Instructor: Jenny Klossner.
0854.4201 W 7:30-8:30pm $67 9/9-10/21 7 wks
ZOOM! ZUMBA GOLD®, Age 18+ Instructor: Del Herrera, NASM CPT, AFAA GFI.
0855.4201 M 4:30-5:30pm $59 9/9-10/26 7 wks
0855.4202 W 4:30-5:30pm $59 9/16-10/23 7 wks
ZOOM! CHAIR-BASED STRENGTH AND BALANCE, Age 50+ Instructor: Cathya Haas.
0857.4201 M 12:45-1:45pm $73 9/9-10/16 7 wks
ZOOM! ADVANCED CHAIR-BASED STRENGTH AND BALANCE, Age 50+ Instructor: Cathya Haas.
0835.4201 M 11:30am-12:30pm $73 9/9-10/16 7 wks
ZOOM! INTRODUCTION TO TAI CHI, Age 50+ Instructor: Jean Stoutenborough.
0858.4201 T 8:30-9:30am $51 9/8-10/20 7 wks
ZOOM! BEGINNING/INTERMEDIATE TAI CHI, Age 50+
Prerequisite: Introduction to Tai Chi. Instructor: Jean Stoutenborough.
0859.4201 Th 8:30-9:30am $51 9/10-10/22 7 wks
ZOOM! CHAIR BAND WORKOUT, Age 50+
Instructor: Jolie Ker.
0860.4201 F 1:00-2:00pm $66 9/11-10/23 7 wks
ZOOM! CHAIR YOGA, Age 18+
Instructor: Phyllis Paul RYT.
0861.4201 T 10:30-11:30am $70 9/8-10/20 7 wks
0861.4202 Th 10:30-11:30am $70 9/10-10/22 7 wks
SPECIALTY CLASSES

ZOOM! BEGINNING TAROT CARD READING CLASS, Age 18+ Instructor: Theresa Smythe.
0896.4201 M 6:45-8:45pm $150 9/14-10/19 6 wks
ZOOM! ADVANCED TAROT CARD READING CLASS, Age 18+ Instructor: Theresa Smythe.
0897.4201 M 4:45-6:45pm $150 9/14-10/19 6 wks
ZOOM!+ INTRODUCTION TO CANASTA, Age 50+ Instructor: Lorraine Urist.
0879.4201 Th 10:00am-12noon $40 9/10-10/22 7 wks
ZOOM!+ MAH-JONGG FOR BEGINNERS, Age 50+ Instructor: Lorraine Urist.
0880.4201 M 12noon-3:00pm $40 9/14-10/26 7 wks
ZOOM! A MINDFULL PERSPECTIVE OF 2020 WORKSHOP, Age 40+
Instructor: Lindsay Leimbach.
0884.4201 T 10:00am-12noon $20 10/27 1 day
ZOOM! SPANISH: INTERMEDIATE SPANISH, Age 18+
Instructor: Anna Colilles.
0886.4201 Th 7:10-8:10pm $59 9/10-10/22 7 wks
ZOOM! SPANISH: BEGINNING SPANISH, Age 18+
Instructor: Anna Colilles.
0887.4201 Th 6:05-7:05pm $59 9/10-10/22 7 wks
ZOOM! ESL CLASS, Age 18+
Instructor: Anna Colilles.
0888.4201 Th 5:00-6:00pm $59 9/10-10/22 7 wks
ZOOM!+ INTRODUCTION TO FILM NOIR, Age 18+
Instructor: Joe Longo.
0937.4201 Th 2:00-4:30pm $42 9/10-10/1 4 wks
COMPUTERS, TECHNOLOGY, & WRITING

ZOOM! iPhone/iPad WORKSHOP, Age 18+
Instructor: Tracie Karasik.
0891.4201 T 10:00am-12noon $25 9/22 1 day
For class details, go to www.crdp.org/register
## Acting for Kids

### Acting to Camera Camp, Age 8-14
Instructor: Olivia Simone, Actor/Screenwriter [www.offthebeatentrack.biz](http://www.offthebeatentrack.biz)

- **M-F 9:00-12noon** $195 10/5-10/9 1 wk

### Let’s Make a Short Film Camp, Age 8-14
Instructor: Olivia Simone, Actor/Screenwriter [www.offthebeatentrack.biz](http://www.offthebeatentrack.biz)

- **M-F 5:00-6:30pm** $50 10/5-10/9 1 wk

## Dance for Kids

### Zoom! Pre-Ballet, Age 5-8
Instructor: Odile Yerevanian.

- **F 3:30-4:00pm** $54 9/11-10/16 6 wks

### Zoom! Ballet Stretch, Age 7-16
Instructor: Odile Yerevanian.

- **F 4:15-4:45pm** $54 9/11-10/16 6 wks

### Zoom! Parent and Me Ballet, Age 3-5
Instructor: Odile Yerevanian.

- **F 5:00-5:30pm** $54 9/11-10/16 6 wks

## Self-Improvement

### Zoom! Home Organization and Decluttering!
**Age 18+**
Instructor: Raleigh West, Professional Organizer, [theorganizingshift.com](http://theorganizingshift.com/events).

- **T 10:00-11:30am** $89 9/8-9/22 3 wks
- **T 10:00-11:30am** $89 10/6-10/20 3 wks

## Writing and Creativity

### Zoom! How to Finish Your Book! Age 15+
Instructor: Margery (Mia) Walshaw, editor, book packager.

- **Th 10:00-11:00am** $20 9/10 1 day

### Whipped Into Shape Jump Rope Class
**Age 18+**
Instructor: Rosalinda Haddock.

- **Th 10:00-11:00am** $20 9/11-10/30 8 wks

## Tai Chi

### Beginning Tai Chi, Age 18+
Instructor: Stella Shizuka Matsuda.

- **W 9:00-10:00am** $48 9/9-10/28 8 wks

---

**OFFICE HOURS:** Monday-Friday 9:00am-5:00pm  •  The Center is open most evenings and weekends when activities are scheduled

Cultural Programs Supervisor: Scott Buchanan  •  Cultural Programs Coordinator: Megan McDonough

Center Closed 9/7  •  Website: [www.HillcrestArts.com](http://www.HillcrestArts.com)
AQUATICS
AQUATICS/COMMUNITY POOL AT CALIFORNIA LUTHERAN UNIVERSITY, 100 Overton Court, Thousand Oaks, CA 91360 Phone: 805-241-0894
E-mail: aquatics@crpd.org • POOL CONDITION (RAIN) INFORMATION: 805-381-1237
Office Hours: Monday-Friday 9:00am-5:00pm
Aquatics Supervisor: Dee Pearson • Aquatics Pool Operator/Manager: Xavier Volgenau

REMINDER FOR PARENTS

Participants for classes that do not meet minimum enrollment (75% full) will be contacted with options to convert class into a semi-private instruction, private instruction, or move to another time slot.

For children less than age five who are just learning to swim, a minimum of two sessions of repeated lessons is recommended.

Please alert the instructor before the first class if there are any special needs or other situations that may help us enhance your child’s learning experience.

Classes are taught by American Red Cross certified and trained instructors.

Due to high demand and adjustment to class there are no make-ups allowed unless noted or cancelled by CRPD.

**NOTE: Session dates, times, and prices are available at www.crpd.org/reg

PARENT AND CHILD, Age 6 mos.-3 yrs. Work with child through song and play, making parent and child comfortable in and possibly under water. Swim on front and back, change positions, and submerge in an up-and-down pattern.

PARENT/CHILD TINY TOT SEALS, Age 2.5-3.5 Recommend at least one session of Parent/Child. Work on movement along the wall, blowing bubbles, breath-holding, kicking, floating, arm strokes, and underwater exploration. Participants must be proficient in the following skills to take this class: enter and exit the pool using the stairs, hold their breath underwater, floating on the back, and swim on front and back.

PARENT/CHILD POLLIWOGS, Age 3.5-5 Builds on skills from Tiny Tots, moving into deeper water. Improves arm/leg movements, gliding, floating. Introduces swimming without assistance. Emphasis on underwater exploration. For younger participants with limited experience. Participants must be able to hang on the wall without letting go and be proficient in the following skills unassisted: enter and exit the water, shuffle along the wall without letting go, follow verbal directions, and submerge fully underwater and blow bubbles.

PARENT/CHILD SEALS, Age 4-7 Builds on Polliwogs skills; continuing work on simultaneous leg/arm movements, improving floating, and gliding on front/back. For older participants with limited experience. Participants must be able to hang on the wall without letting go and be proficient in the following skills unassisted: submerge head underwater 3 times, back glide to the instructor, front glide to the instructor, front float for 3 seconds, and back float for 3 seconds.

DOLPHINS, Age 4-8 Participants should be able to make forward progress without assistance. Focuses on freestyle arm/leg movements with rhythmic breathing (lifting head to breathe); elementary backstroke and survival swimming.

PARENT/CHILD POLLIWOGS, Age 3.5-5 Builds on skills from Tiny Tots, moving into deeper water. Improves arm/leg movements, gliding, floating. Introduces swimming without assistance. Emphasis on underwater exploration. For younger participants with limited experience. Participants must be able to hang on the wall without letting go and be proficient in the following skills unassisted: enter and exit the water, shuffle along the wall without letting go, follow verbal directions, and submerge fully underwater and blow bubbles.

OTTERS, Age 5-10 Emphasizes strength, endurance, and coordination of freestyle. Introduces backstroke, breaststroke, and treading water. Participants should be comfortable swimming at the surface of the water with rhythmic breathing.

STINGRAYS, Age 5-12 Participants should be comfortable swimming 25 yards of freestyle and backstroke. Introduces the butterfly kick and surface dives; extended instruction in freestyle, backstroke, breaststroke, and treading water.

BARRACUDAS, Age 6-12 Focuses on swim endurance, stroke development, starts and finishes. Introduces full butterfly stroke, flip turns, and circle swimming. Participants in this level will be prepared to join the swim team.

PRIVATE INSTRUCTION, All ages One-on-one program designed specifically to your level of swimming ability.

SEMI-PRIVATE INSTRUCTION, All ages Two-on-one program designed for more personalized instruction for every swim level. Semi-private instructions offered for every group. See website for offerings.

CRPD SWIM TEAM, Age 8-16 A novice swim team geared towards preparing swimmers for a competitive environment. Swim competitions are available and are optional. Recommend participants successfully complete Barracuda/Sharks (Barracudas) before enrolling.

WATER POLO CONDITIONING, Age 8-13 Offers an introductory lesson into the sport of water polo. Participants should be able to swim 25 yards of freestyle, backstroke, and breaststroke. Basic treading water skills recommended. No previous water polo experience necessary.
ADULT BEGINNER, Age 16+ - Introduction to simultaneous leg and arm movements, floating, and gliding on front and back. Designed for adults with limited to no experience.

SPECIALTY CLASSES

HOMESCHOOL SWIM TEAM, Age 10-18 - Learn and improve correct technique of each stroke. Build strength and endurance while learning starts, turns, finishes. *Must be able to swim 25 yards freestyle.

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Dates</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C803.4201</td>
<td>M/W</td>
<td>9:00-9:55am</td>
<td>$125</td>
<td>9/14-11/16</td>
<td>10</td>
</tr>
<tr>
<td>C803.4202</td>
<td>W/M</td>
<td>10:00-10:55am</td>
<td>$125</td>
<td>9/16-11/18</td>
<td>10</td>
</tr>
</tbody>
</table>

WATER WALKERS WORKOUT, Age 18+ - Feel the power of water. Learn how great it feels to work out really hard and not be in a lot of pain when you're done. Water shoes recommended not required. Instructor: Sharlene Caldwell.

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Dates</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C804.4201</td>
<td>F</td>
<td>9:00-10:00am</td>
<td>$53</td>
<td>9/4-9/25</td>
<td>4</td>
</tr>
<tr>
<td>C804.4202</td>
<td>F</td>
<td>9:00-10:00am</td>
<td>$53</td>
<td>10/2-10/23</td>
<td>4</td>
</tr>
</tbody>
</table>

ADULT SWIM TECHNIQUE TRAINING AND WORKOUT, Age 18+ - Not ready for Masters Swim Team, start here! Improve swim technique, endurance, fitness in small group. Learn strokes and how to swim faster with less effort.

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Dates</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C805.4201</td>
<td>M/W</td>
<td>9:00-9:55am</td>
<td>$99</td>
<td>9/9-10/5</td>
<td>4</td>
</tr>
<tr>
<td>C805.4202</td>
<td>M/W</td>
<td>10:00-10:55am</td>
<td>$99</td>
<td>10/7-11/2</td>
<td>4</td>
</tr>
</tbody>
</table>

CRPD SWIM TEAM, Age 8-16 - Instruction in competitive swimming techniques. Provides a positive and beneficial atmosphere focusing on the improvement of competitive swim strokes. Must have completed Stingrays level or its equivalent. Competition optional, schedule TBA. Bring goggles.

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
<th>Dates</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>C800.4201</td>
<td>M/W</td>
<td>4:00-5:00pm</td>
<td>$249</td>
<td>9/14-11/18</td>
<td>10</td>
</tr>
<tr>
<td>C800.4202</td>
<td>M/W</td>
<td>5:00-6:00pm</td>
<td>$249</td>
<td>9/14-11/18</td>
<td>10</td>
</tr>
<tr>
<td>C800.4203</td>
<td>T/TH</td>
<td>9:00-10:00am</td>
<td>$249</td>
<td>9/15-11/19</td>
<td>10</td>
</tr>
<tr>
<td>C800.4204</td>
<td>T/TH</td>
<td>4:00-5:00pm</td>
<td>$249</td>
<td>9/15-11/19</td>
<td>10</td>
</tr>
<tr>
<td>C800.4205</td>
<td>T/TH</td>
<td>5:00-6:00pm</td>
<td>$249</td>
<td>9/15-11/19</td>
<td>10</td>
</tr>
</tbody>
</table>
SPORTS - LEAGUES / CLASSES / TENNIS
Hillcrest Center, 403 West Hillcrest Drive, Thousand Oaks, CA • 91360 • Phone 805-495-4674 • Fax 805-381-2726
E-mail: sports@crpd.org • FIELD CONDITION/RAIN LINE: 805-381-1236

Monday-Friday: 9:00am-5:00pm
Recreation Supervisor: Dana Miller • Recreation Coordinator: Paul McCarter

SPECIAL EVENTS

HIKER’S BOOTCAMP, Age 18+
Instructor: Tamara Walker.
Location: Various Parks in Conejo Valley.
2999.4201 M 9:00-10:15am $40 9/21-10/12 4 wks
2999.4202 M 9:00-10:15am $40 10/19-11/9 4 wks

YOGA: IN THE PARK, Age 16+
Instructor: Tamara Walker.
Location: Conejo Community Center. No class 9/16.
2906.4201 W 9:00-10:00am $50 9/9-10/7 4 wks
2906.4202 W 9:00-10:00am $50 10/14-11/4 4 wks

ZUMBA, Age 12+
Instructor: Amanda Welti.
Location: Conejo Creek North
2998.4201 T 8:30-9:30am $63 9/8-10/27 8 wks
2998.4202 Th 8:30-9:30am $63 9/10-10/29 8 wks

ABOUT OUR COACHES

TOTAL TENNIS ACADEMY (TTA) has been teaching popular tennis classes locally for years. Highly trained certified coaches following a structured schedule. Students develop proper techniques and competitive skills while enjoying this lifetime sport.

TTA HEAD PROS
Michael Gennette-TTA Director, U.S. Olympic Committee and 2016 USTA Player Development Coach of the Year, USPTA Certified Elite Pro.
Garry Coleman-TTA Area Coordinator, USPTA Certified Pro 1, former ranked player with 20+ years of teaching experience. For private lessons call 805-495-0111.

RISING STARS TENNIS ACADEMY (RSTA)
Introduces children (and their families) to the solid fundamentals of tennis.

RSTA HEAD PROS
Mila Horak, Director of RSTA, PTR, MTM, award-winning USPTA P1 Coach.
Lucile Bosche, USTA, MTM, Certified.
For private lessons call 805-495-2220.

SPECIAL EVENTS
THE TEEN CENTER IS THE PLACE TO BE IF YOU'RE IN 7TH - 12TH GRADE!

Our programs include a variety of recreational classes, educational workshops, seasonal camps, leagues, trips, dances, concerts, and great special events, as well as FREE drop-in recreation.

Check out our facility’s awesome features: gymnasium, soundproof music room, a 1,700 sq. ft. game room complete with pool and ping pong tables, black light air hockey, foosball, free arcade games, vending machines, and multiple high-def big screen TV’s with all the latest gaming systems. A computer lab with high speed internet is open and staffed during designated hours. We also have classrooms, a catering kitchen, and a social lobby with couches and a 65” TV.

Feel free to stop by and visit our facility, meet the staff, and check out our programs!

HIGH SCHOOL ONLY

ZOOM! TEEN LEADERSHIP CLUB, Age 15-17
* T 7:00-8:30pm NONE 9/1, 10/6, 11/3

ELITE DRIVER’S EDUCATION, Age 15-17 Instructor: Mike Burgett.
9001.4201 Sa 11:00am-4:00pm $100 9/12-10/10 5 wks

FITNESS

MOUNTAIN BIKING, Age 12-17
9414.4201 W 5:15-7:00pm $82 9/9-10/21 7 wks

NEW! NO TOUCH TAG – THE GAME, Age 12-17 Play many variations of this classic game using the outside of the building.
9424.4201 Sa 12:30-1:45pm $58 9/26-10/31 6 wks

NEW! OUTDOOR FITNESS FUN, Age 12-17 Circuit Training that targets strength building and muscular endurance. Will take place in and around the Teen Center and adjoining parks.
9407.4201 W 3:00-4:00pm $54 9/26-10/31 7 wks
9407.4202 Th 5:00-6:00pm $54 9/27-10/29 7 wks

JUST FOR GIRLS

SELF-DEFENSE WORKSHOP, Age 12-17 Instruction provided by Newbury Park Martial Arts Academy.
9013.4201 Sa 12noon-1:00pm $15 10/10 1 day

NEW! GIRLS ON THE RUN, Age 12-17 Develop a walk, jog, run program. Learn warm up techniques, endurance tricks, breathing, and setting goals.
9502.4201 T 4:00-5:00pm $54 9/15-10/27 7 wks
9502.4202 Th 5:00-6:00pm $54 9/17-10/29 7 wks

SCIENCE AND TECHNOLOGY

ZOOM! COVID-19: AN INTRODUCTION, Age 12-17 Instructor: Dr. Steve Yoshinaga, Ph.D.
Single Student
9062.4201 T 7:00-8:30pm $85 9/15-10/13 5 wks

Family
9062.4202 T 7:00-8:30pm $120 9/15-10/13 5 wks

ZOOM! NANO-SCIENCE! Age 12-17 Instructor: Dr. Steve Yoshinaga, Ph.D.
9455.4201 W 4:00-5:30pm $140 9/9-10/21 7 wks

CAMPS

NEW! GAMING CAMP, Age 12-17 Play the latest games on all platforms (XBOX 1, PS4, SWITCH). Tournaments will be conducted using the GIANT 25’ Big Screen and Premium Sound!
9332.4201 M/W/F 4:00-5:00pm $46 9/14-9/25 2 wks
9332.4202 T/TH/F 4:00-5:00pm $46 9/29-10/9 2 wks
9332.4203 T/W/F 4:00-5:00pm $46 10/13-10/23 2 wks

NEW! LIFE TOOL BOX CAMP, Taught by the Youth Outreach Workers, we will cover topics that will teach teens personal management and self-care skills, including: isolation, decision making, time management, job skills, dealing with emotions, and remote learning.
Age 12-14
9201.4201 M/W/F 9:00-10:00am $24 9/14-9/18 3 days
9201.4202 M/W/F 5:30-6:30pm $24 10/5-10/9 3 days
Age 15-18
9201.4203 M/W/F 9:00-10:00am $24 9/21-9/25 3 days
9201.4203 M/W/F 5:30-6:30pm $24 10/19-10/23 3 days

YOUTH OUTREACH

This multipurpose community social service program is jointly sponsored by the Conejo Recreation and Park District and the Conejo Valley Unified School District. By design, outreach workers seek out and address the needs of non-involved and hard-to-reach youths. Duties include truancy prevention programs, community referral service, recreational programming, and job skills training. Outreach staff may be contacted at the Thousand Oaks Teen Center at 805-494-5156.

Pete Martinez – pete@crpd.org
Elizabeth Sorensen – esorensen@crpd.org
Dan Nalbandian – dnalbandian@crpd.org

The Thousand Oaks Teen Center is putting together a Student Support Study Sessions to assist students with their remote school. Please let us know if you are interested in registering for the program or if you would be interested in being a tutor. More information will be posted at www.thousandoaksteencenter.com
THERAPEUTIC RECREATION PROGRAMS ARE DESIGNED FOR INDIVIDUALS WITH SPECIAL NEEDS
NOTE: Unless otherwise specified, all programs are conducted at Old Meadows Center.

FITNESS

SWIM TEAM, Age 8+
4510.4201 W As scheduled $56 9/9-10/21 7 wks

LET'S DANCE! Age 15+
4583.4201 W 5:15-6:15pm $60 9/9-10/21 7 wks

NEW! ZUMBA® FOR SPECIAL NEEDS POPULATIONS, All ages
family members are welcome to register for this class as it is uniquely designed by the Instructor so as to bring out the very best version of each participant. The choreography is modified to suit the needs of those who are attending on any given day. These activities are all interactive and includes performing dances in various formations including, Circles, Conga lines, dance battles and partner dancing. Instructor: Amanda Welti. Sponsored by Fit 4 The Cause.
4624.4201 Th 4:00-5:00pm $34 9/10-10/22 7 wks

TOTAL BODY WORKOUT, Age 13+
4515.4201 Sa 9:00-10:30am $64 9/10-10/22 7 wks

SCHOOL CAMPS

PRESCHOOL CAMP, Age 3-5 (INCLUSIVE)
4609.4201 T/Th 9:15-11:15am $45 9/8-9/10 2 days
4609.4202 T/Th 9:15-11:15am $45 9/15-9/17 2 days
4609.4203 T/Th 9:15-11:15am $45 9/22-9/24 2 days

TR YOUTH SCHOOL CAMP, Age 5-13
4625.4201 T-F 9:00-2:00pm $140 9/8-9/11 4 days
4626.4201 W/F 9:00-2:00pm $70 9/9-9/11 2 days
4625.4202 M-F 9:00-2:00pm $175 9/14-9/18 5 days
4626.4202 M/W/F 9:00-2:00pm $105 9/14-9/18 3 days
4625.4203 F 9:00-2:00pm $175 9/21-9/25 5 days
4626.4203 M/W/F 9:00-2:00pm $105 9/21-9/25 3 days

TR TEEN SCHOOL CAMP, Age 14-22 Location: Crowley House
4614.4201 T-F 9:00-2:00pm $140 9/8-9/11 4 days
4615.4201 W/F 9:00-2:00pm $70 9/9-9/11 2 days
4614.4202 M-F 9:00-2:00pm $175 9/14-9/18 5 days
4615.4202 M/W/F 9:00-2:00pm $105 9/14-9/18 3 days
4614.4203 F 9:00-2:00pm $175 9/21-9/25 5 days
4615.4203 M/W/F 9:00-2:00pm $105 9/21-9/25 3 days

ADULT PROGRAMS

OLD MEADOWS DAY PROGRAM, Age 22+
Independent living skills, cooking, and learning new hobbies.
4606.4201 T-F 9:00-2:00pm $120 9/8-9/11 4 days
4608.4201 W/F 9:00-2:00pm $60 9/9-9/11 2 days
4606.4202 M-F 9:00-2:00pm $150 9/14-9/18 5 days
4608.4202 M/W/F 9:00-2:00pm $90 9/14-9/18 3 days
4606.4203 M 9:00-2:00pm $150 9/21-9/25 5 days
4608.4203 M/W/F 9:00-2:00pm $90 9/21-9/25 3 days

SOCIAL CLUBS

Outside only and social distancing.

TEEN SOCIAL CLUB, Age 14-17
4627.4201 W/F 3:00-4:00pm $20 9/9-9/11 2 days
4627.4202 M/W/F 3:00-4:00pm $30 9/15-9/17 3 days
4627.4203 M/W/F 3:00-4:00pm $30 9/22-9/24 3 days

ADULT SOCIAL CLUB, Age 18+
4628.4201 W/F 4:00-5:00pm $20 9/9-9/11 2 days
4628.4202 M/W/F 4:00-5:00pm $30 9/15-9/17 3 days
4628.4203 M/W/F 4:00-5:00pm $30 9/22-9/24 3 days

VIRTUAL PROGRAMMING

ZOOM! BEGINNER YOGA, Age 8+
4590.4201 M 5:00-6:00pm $55 9/11-10/16 6 wks

For class details, go to www.crpd.org/register
**SPECIAL NEEDS RECREATION RESOURCES DIRECTORY**

Community-based recreation-related programs providing services expressly designed for individuals with disabilities may ask to be added to this list by calling 805-381-2739 or email claufenberg@crpd.org

<table>
<thead>
<tr>
<th>Organization/Region</th>
<th>Phone</th>
<th>Email/Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Actors for Autism (Westlake, Camarillo)</td>
<td>818-612-2001</td>
<td><a href="http://www.actorsforautism.org">www.actorsforautism.org</a></td>
</tr>
<tr>
<td>Alwayzon Stage</td>
<td>805-341-9188</td>
<td><a href="http://www.alwayzonstage.com">www.alwayzonstage.com</a></td>
</tr>
<tr>
<td>AYSO VIP Soccer</td>
<td>Thousand Oaks</td>
<td><a href="mailto:vip@aysos9.org">vip@aysos9.org</a></td>
</tr>
<tr>
<td>California Condors Ice Hockey (Simi)</td>
<td>805-520-7465</td>
<td><a href="http://www.calspecialshockey.com">www.calspecialshockey.com</a></td>
</tr>
<tr>
<td>Center 4 Special Needs</td>
<td>805-379-1681</td>
<td><a href="http://www.center4specialneeds.org">www.center4specialneeds.org</a></td>
</tr>
<tr>
<td>Challenger Little League Baseball</td>
<td>805-405-8510</td>
<td><a href="mailto:Tom@starrouteLLC.com">Tom@starrouteLLC.com</a></td>
</tr>
<tr>
<td>Best Day Foundation</td>
<td>713-569-3125</td>
<td><a href="http://www.bestdayfoundation.org">www.bestdayfoundation.org</a></td>
</tr>
<tr>
<td>Big Fun Gymnastics</td>
<td>310-837-7949</td>
<td><a href="mailto:info@bigfunyoga.com">info@bigfunyoga.com</a>/wwwww.bigfunyoga.com</td>
</tr>
<tr>
<td>B-Fun Fitness</td>
<td>805-341-9188</td>
<td><a href="mailto:coachjerry@mac.com">coachjerry@mac.com</a>/wwwww.bfunfitness.com</td>
</tr>
<tr>
<td>Brandon’s Buddies</td>
<td>818-322-0118</td>
<td><a href="mailto:brandonsbuddies@ispydell.net">brandonsbuddies@ispydell.net</a></td>
</tr>
<tr>
<td>Buddy Break (Nathaniel’s Hope)</td>
<td>818-865-2233</td>
<td><a href="http://www.nathanielshope.org">www.nathanielshope.org</a></td>
</tr>
<tr>
<td>The Friendship Circle</td>
<td>310-798-9933</td>
<td><a href="mailto:barbara@goldenheartranch.org">barbara@goldenheartranch.org</a>/wwwww.goldenheartranch.org</td>
</tr>
<tr>
<td>Golden Heart Ranch (Agoura Hills)</td>
<td>310-825-5554</td>
<td><a href="http://www.senet.edu/hadc">www.senet.edu/hadc</a></td>
</tr>
<tr>
<td>National Arts and Disability Ctr</td>
<td>805-967-2041</td>
<td><a href="http://www.newdirectionstravel.org">www.newdirectionstravel.org</a></td>
</tr>
<tr>
<td>Next Chapter Book Club</td>
<td>805-449-2660 ext. 7318</td>
<td></td>
</tr>
<tr>
<td>Oak Park Rec &amp; Park-Special Needs Prog</td>
<td>818-865-9304</td>
<td><a href="http://www.sosscrpd.org">www.sosscrpd.org</a></td>
</tr>
<tr>
<td>Pleasant Valley RPD Adaptive Rec Programs</td>
<td>805-482-1996</td>
<td><a href="http://www.pvcrpd.org">www.pvcrpd.org</a></td>
</tr>
<tr>
<td>Rainbow Connection</td>
<td>805-345-9643</td>
<td><a href="mailto:Rainbow@tricounties.org">Rainbow@tricounties.org</a></td>
</tr>
<tr>
<td>Rancho Simi RPD - Alternative Recreation</td>
<td>805-584-5400</td>
<td><a href="http://www.soscrpd.org">www.soscrpd.org</a></td>
</tr>
<tr>
<td>Red’s Gift/Kindling Studios (Newbury Park/Camarillo)</td>
<td>818-813-0794</td>
<td><a href="mailto:arts@redsgift.org">arts@redsgift.org</a>/wwwww.kindlingstudios.org</td>
</tr>
<tr>
<td>Ride-On Therapeutic Horsemanship</td>
<td>805-375-9078</td>
<td><a href="mailto:Sara@rideon.org">Sara@rideon.org</a>/wwwww.rideon.org</td>
</tr>
<tr>
<td>Special Olympics Ventura County</td>
<td>805-650-7717</td>
<td><a href="http://www.soscrpd.org">www.soscrpd.org</a></td>
</tr>
<tr>
<td>Surfer’s Heating</td>
<td>877-966-5089</td>
<td><a href="http://www.surfershealing.org">www.surfershealing.org</a></td>
</tr>
<tr>
<td>Train4Autism (Newbury Park)</td>
<td>805-341-9188</td>
<td><a href="mailto:BrianThompson@Train4Autism.org">BrianThompson@Train4Autism.org</a></td>
</tr>
<tr>
<td>U.S. Adaptive Recreation Center</td>
<td>909-584-0269</td>
<td><a href="mailto:mail@usar.org">mail@usar.org</a>/wwwww.usar.org</td>
</tr>
</tbody>
</table>

**AMERICAN DISABILITY ACT (ADA) COMPLIANCE: MISSION STATEMENT**

Conejo Recreation and Park District (CRPD) strives to enrich quality of life through the provision of quality recreation programs. We welcome people with disabilities in all recreation opportunities provided by CRPD, both through specialized options (Therapeutic Recreation) and inclusion alternatives.

Please contact Devon Herbert at 805-495-6471 or Inclusion@crpd.org for further information on program choices, for help with making a selection, or to request a program modification. In order to evaluate and seek to reasonably accommodate your individual needs, we ask that you let us know of any requested modifications at the time of your registration.

**ADA GRIEVANCE PROCEDURE**

CRPD has developed an internal grievance procedure for prompt and equitable resolution of complaints alleging any action prohibited by the United States Department of Justice regulations implementing Title II of the Americans with Disabilities Act (ADA).

Complaints should be addressed in writing to ADA Compliance Officer, Conejo Recreation and Park District, 403 W. Hillcrest Drive, Thousand Oaks, CA 91360 or by email at ADA@crpd.org

- A complaint should contain the name and address of the person filing it, and briefly describe the alleged violation of the regulations.
- Complaint should be filed within 30 days of the alleged violation.
- CRPD will conduct an investigation and notify the complainant of its findings within 30 days from receiving the written complaint.

Use of this grievance procedure is not a prerequisite to the pursuit of other remedies. CRPD strives to have all participants enjoy their experience in our programs and works to handle all concerns in a timely and fair manner.
A Sense of Place is the most significantly cherished component of the current property. The Center and Park complex is an extension of the residents’ homes and an integral part of the neighborhood.

The Topography and Natural Features will be preserved and remain intact, while further highlighting the natural value provided to the site. The development will be minimized to alter existing conditions, though major built features will complement the property to balance the developed site and natural terrain.

The Renovated Center Building will be expanded while keeping its character and scale that complements the neighborhood. The building will be brought up to today’s construction standards and will be given improvements.

Programming abilities will be expanded with the additional interior and exterior spaces for current and future opportunities. Enhancements will be made for year-round programs and events.
**ACTIVITY REFUND POLICY**

Transfers and Refunds cannot be done online. Refunds are returned to the customer in the same manner that the original registration was paid. For example, if you paid via credit card then the refund will be credited directly to your card; if you paid cash, your refund will be returned by mail within 2-4 weeks of request. **NO REFUNDS WILL BE GRANTED AFTER TWO WEEKS OF THE PROGRAM START DATE.** This policy applies to all District-sponsored activities and special instruction classes.

**A. CANCELLATIONS BY THE PARTICIPANT:**

1. A full refund will be granted if the District is notified at least two business days (Monday-Friday) prior to the start of the program activity. If you cancel within two business days of the class starting, you will be charged for the first class.
2. A refund will be granted on a pro-rata basis if the District is notified prior to the date of the second meeting of the activity.
3. **REFUNDS WILL NOT BE GRANTED AFTER THE SECOND MEETING.**
4. Refunds for medical reasons will be granted on a pro-rata basis subject to written certification of such reasons by a physician.
5. **Sports Leagues and Tournament Teams** — Refund (less cancellation fee) will be granted prior to the final confirmation of team schedule. No refund after the final schedule is posted.
6. **Aquatics or Teen Center Excursions** — A $5 cancellation fee per person, per activity will be assessed for each class/program or excursion.
7. **The Aquatics Refund Policy** (www.crpd.org/aquaticrefunds) has additional refund considerations.
8. **Day Camps** — Refunds (less non-refundable registration fee) will be granted if two weeks’ notice is given prior to each weekly session. If less than two weeks, no refund is granted.
9. **Preschool and Pre-Kindergarten** — A refund (less non-refundable registration fee) will be granted if District is notified at least two business days (Monday-Friday) prior to the start of program date. A refund will be granted on a prorated basis (less non-refundable registration fee) if the District is notified within two weeks after the program has started. No refunds will be granted after two weeks of the program start date.

**B. CANCELLATIONS BY THE DISTRICT:**

1. A full refund will be made in the event an activity is cancelled by the District prior to the starting date.
2. A partial refund will be made on a pro-rata basis if the activity is cancelled prior to the conclusion of the program.

**INCLUSION PROCESS**

The Conejo Recreation and Park District Inclusion Program can be utilized by children with special needs and/or challenging behaviors. To find out more, please check the box during the online registration process, on the registration form, or email inclusion@crpd.org.

---

### AREA ATHLETIC ORGANIZATIONS

<table>
<thead>
<tr>
<th>ORGANIZATION</th>
<th>PHONE</th>
<th>WEBSITE</th>
<th>SPORT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amateur Baseball Dev. Group</td>
<td></td>
<td><a href="http://www.ABDs.org">www.ABDs.org</a></td>
<td>Baseball/Youth</td>
</tr>
<tr>
<td>AYSO #4 Agoura/Westlake</td>
<td>818-707-8557</td>
<td><a href="http://www.ayso4cr.org">www.ayso4cr.org</a></td>
<td>Soccer/Youth</td>
</tr>
<tr>
<td>AYSO #9 Thousand Oaks</td>
<td></td>
<td><a href="http://www.ayso9.org">www.ayso9.org</a></td>
<td>Soccer/Youth</td>
</tr>
<tr>
<td>AYSO #42 Newbury Park</td>
<td></td>
<td><a href="http://www.ayso42.org">www.ayso42.org</a></td>
<td>Soccer/Youth</td>
</tr>
<tr>
<td>Borchard Mixed Doubles</td>
<td>805-498-8235</td>
<td></td>
<td>Tennis/Adult</td>
</tr>
<tr>
<td>Conejo Valley Bulldogs</td>
<td>805-495-2163</td>
<td><a href="http://www.bulldogsoftball.com">www.bulldogsoftball.com</a></td>
<td>Field Hockey/Youth/Adult</td>
</tr>
<tr>
<td>Conejo Fencers</td>
<td>805-624-0559</td>
<td><a href="http://www.casawim.com">www.casawim.com</a></td>
<td>Aquatics</td>
</tr>
<tr>
<td>Conejo Soccer Club 76</td>
<td>805-427-5852</td>
<td><a href="http://www.ti-soccer.com">www.ti-soccer.com</a></td>
<td>Soccer/Adult</td>
</tr>
<tr>
<td>Conejo Valley Cyclists</td>
<td></td>
<td><a href="http://www.cyclist.org">www.cyclist.org</a></td>
<td>Cycling/Mtn. Biking</td>
</tr>
<tr>
<td>Conejo Valley Little League</td>
<td></td>
<td><a href="http://www.csll.net">www.csll.net</a></td>
<td>Baseball/Boys</td>
</tr>
<tr>
<td>Conejo Valley Multisport Master</td>
<td>818-469-9972</td>
<td><a href="http://www.conejovalleymultisportmasters.com">www.conejovalleymultisportmasters.com</a></td>
<td>Swim Mstrs/Triathlons</td>
</tr>
<tr>
<td>Conejo Valley Youth Tennis League</td>
<td>805-495-0111</td>
<td><a href="http://www.totaltennisacademy.org">www.totaltennisacademy.org</a></td>
<td>Tennis</td>
</tr>
<tr>
<td>Conejo Youth Basketball</td>
<td></td>
<td><a href="http://www.cyb.org">www.cyb.org</a></td>
<td>Basketball/Youth</td>
</tr>
<tr>
<td>Conejo Youth Flag Football Assoc</td>
<td></td>
<td><a href="http://www.cyffl.com">www.cyffl.com</a></td>
<td>Flag Football/Youth</td>
</tr>
<tr>
<td>Field Hockey Federation</td>
<td></td>
<td><a href="http://www.socalfieldhockey.com">www.socalfieldhockey.com</a></td>
<td>Field Hockey/All Ages</td>
</tr>
<tr>
<td>LA Galaxy Conejo Valley</td>
<td></td>
<td><a href="http://www.lagalyriconejovalley.com">www.lagalyriconejovalley.com</a></td>
<td>Soccer/Youth</td>
</tr>
<tr>
<td>Newbury Park Basketball Assoc</td>
<td></td>
<td><a href="http://www.npbasketball.org">www.npbasketball.org</a></td>
<td>Basketball/Youth</td>
</tr>
<tr>
<td>Newbury Park Boys Pony Baseball</td>
<td></td>
<td><a href="http://www.npb.org">www.npb.org</a></td>
<td>Baseball/Boys</td>
</tr>
<tr>
<td>Newbury Park Girls Softball</td>
<td></td>
<td><a href="http://www.newburyparkgirlssoftball.org">www.newburyparkgirlssoftball.org</a></td>
<td>Softball/Girls</td>
</tr>
<tr>
<td>Newbury Park Prowlers Lacrosse</td>
<td></td>
<td><a href="http://www.nplax.com">www.nplax.com</a></td>
<td>Lacrosse/H5</td>
</tr>
<tr>
<td>Newbury Park Soccer Club</td>
<td></td>
<td><a href="http://www.newburyparksoccerclub.com">www.newburyparksoccerclub.com</a></td>
<td>Soccer/Youth</td>
</tr>
<tr>
<td>Newbury Park Stealers Football</td>
<td></td>
<td><a href="http://www.newburyparkstealers.com">www.newburyparkstealers.com</a></td>
<td>Football/Contact</td>
</tr>
<tr>
<td>Old Kranks Bicycle Club</td>
<td>805-573-1154</td>
<td><a href="http://www.oldkranks.com">www.oldkranks.com</a></td>
<td>Biking/Seniors 50+</td>
</tr>
<tr>
<td>Orca Youth Rugby</td>
<td>818-377-4993</td>
<td><a href="http://www.orcayouthrugby.com">www.orcayouthrugby.com</a></td>
<td>Rugby/Youth</td>
</tr>
<tr>
<td>Pacific Coast Predators Softball</td>
<td>818-601-6419</td>
<td><a href="mailto:predatorssoftball@aol.com">predatorssoftball@aol.com</a></td>
<td>Softball/Youth</td>
</tr>
<tr>
<td>Real So Cal Soccer</td>
<td>818-321-3229</td>
<td><a href="http://www.reallocalsoccer.com">www.reallocalsoccer.com</a></td>
<td>Soccer/Youth</td>
</tr>
<tr>
<td>Silverfin Lacrosse</td>
<td></td>
<td><a href="http://www.silverfinlacrosse.com">www.silverfinlacrosse.com</a></td>
<td>Lacsrosse/Youth/HS</td>
</tr>
<tr>
<td>Southern California Lacrosse</td>
<td>805-279-5315</td>
<td><a href="http://www.scla-online.com">www.scla-online.com</a></td>
<td>Lacsrosse/Youth/HS</td>
</tr>
<tr>
<td>So Cal Pumas</td>
<td>805-368-5435</td>
<td><a href="http://www.socalpumas.com">www.socalpumas.com</a></td>
<td>Softball/Girls</td>
</tr>
<tr>
<td>South Coast Aquatics</td>
<td>805-660-2082</td>
<td><a href="http://www.southcoastaquatics.com">www.southcoastaquatics.com</a></td>
<td>Youth Swim/Mstrs/Diving</td>
</tr>
<tr>
<td>South Coast Water Polo</td>
<td>805-660-2082</td>
<td><a href="http://www.southcoastaquatics.com">www.southcoastaquatics.com</a></td>
<td>Water Polo</td>
</tr>
<tr>
<td>Thousand Oaks Badminton Club</td>
<td></td>
<td><a href="http://www.tobadminton.org">www.tobadminton.org</a></td>
<td>Badminton</td>
</tr>
<tr>
<td>Thousand Oaks Flyers Track Club</td>
<td></td>
<td><a href="http://www.toflyers.org">www.toflyers.org</a></td>
<td>Track/Youth</td>
</tr>
<tr>
<td>Thousand Oaks Little League</td>
<td></td>
<td><a href="http://www.tollittleleaguel.com">www.tollittleleaguel.com</a></td>
<td>Baseball/Boys</td>
</tr>
<tr>
<td>Thousand Oaks Senior Softball</td>
<td>805-381-2744</td>
<td><a href="mailto:gacc@crpd.org">gacc@crpd.org</a></td>
<td>Softball/Seniors 50+</td>
</tr>
<tr>
<td>Thousand Oaks Titans</td>
<td></td>
<td><a href="http://www.totitans.com">www.totitans.com</a></td>
<td>Football/Contact</td>
</tr>
<tr>
<td>United States Youth Volleyball</td>
<td>888-988-7985</td>
<td><a href="http://www.usyvl.com">www.usyvl.com</a></td>
<td>Volleyball/Youth</td>
</tr>
<tr>
<td>Westlake Baseball Assoc</td>
<td></td>
<td><a href="http://www.westlakebaseball.org">www.westlakebaseball.org</a></td>
<td>Baseball/Boys</td>
</tr>
<tr>
<td>Wildflower Adult Tennis</td>
<td>805-493-5854</td>
<td></td>
<td>Tennis/Adults</td>
</tr>
<tr>
<td>Ventura County Rugby Club</td>
<td></td>
<td><a href="http://www.venturacountyrugbyclub.com">www.venturacountyrugbyclub.com</a></td>
<td>Rugby</td>
</tr>
</tbody>
</table>
RECREATION PROGRAM ACTIVITY LOCATIONS

1. Thousand Oaks Community Center, 2525 N. Moorpark Road, Thousand Oaks, 805-381-2793
2. Conejo Community Center / Conejo Valley Botanic Gardens, 1175 Hendrix Avenue, Thousand Oaks, 805-495-2163
3. Borchard Community Center, 190 Reino Road, 805-381-2791
4. Goebel Adult Community Center, 1385 E. Janss Road, Thousand Oaks, 805-381-2744
5. Old Meadows Center, 1600 Marview Drive, Thousand Oaks, 805-381-2739
6. Alex Fiore Thousand Oaks Teen Center, 1375 E. Janss Road, Thousand Oaks, 805-494-5156
7. Triunfo Park, 980 Aramarro Avenue, Westlake Village
8. Wildwood Regional Park, 650 W. Avenida de Los Arboles, Thousand Oaks
9. Hillcrest Center, 403 W. Hillcrest Drive, Thousand Oaks
   - Administration, Reservation, Registration Offices, 805-495-6471
   - Hillcrest Center for the Arts, 805-381-2747
   - Sports Unit, 805-495-4674
10. Waverly Park, 1300 Avenida de Las Flores, Thousand Oaks,
    - Dog Park
11. YMCA Pool, 4031 N. Moorpark Road, Thousand Oaks,
13. Pepper Tree Playfield, 3720 Old Conejo Road, Newbury Park
14. Stagecoach Inn Museum, 51 S. Ventu Park Road, Newbury Park
15. Wildflower Playfield, 635 Avenida de Los Arboles, Thousand Oaks
16. Conejo Creek South Playfield, 1300 Janss Road, Thousand Oaks
18. Rancho Conejo Playfield, 950 Ventu Park Road, Newbury Park
19. Conejo Creek North Park, 1379 E. Janss Road, Thousand Oaks
20. North Ranch Playfield, 952 Rockfield Street, Thousand Oaks
21. Dos Vientos Community Center, 4801 Borchard Road, Newbury Park, 805-375-1003
23. Community Pool at California Lutheran University, 100 Overton Court, Thousand Oaks, 805-241-0894
24. Cameron Center, 288 Greenmeadow Drive, Thousand Oaks; Class Info: 805-381-2793
25. Los Robles Golf Course, 299 S. Moorpark Road, Thousand Oaks; Class Info: 805-495-4674
26. White Oak Elementary School, 31761 Village School Road, Westlake Village; Class Info: 805-375-1003
27. Del Prado Playfield, 402 Calle Del Prado, Newbury Park
29. Westlake Golf Course, 4812 Lakeview Canyon Road, Westlake Village; Class Info: 805-495-4674
30. Sapwi Trails Community Park / Sapwi Neighborhood Park
District Residents: To keep our customers and staff as safe as possible, CRPD will be opening Fall 2020 classes for registration on a rolling basis (as staffing and health precautions are taken). Notices will be posted on www.crpd.org and our social media (@ConejoRPD) on FRIDAY AFTERNOONS for classes opening for registration the following Monday.

Out-Of-District Residents: Out-of-District registration is not available due to COVID-19 and State/County Public Health Guidelines. Notices will be posted on CRPD’s website and social media when Out-of-District Registration resumes.

REGISTRATION DATES

1. REGISTER ONLINE AT WWW.CRPD.ORG/REG with your Visa, MC, AmEx, Disc or Visa/MC debit card
2. BY FAX AT 805-777-7391 with your Visa, MC, AmEx, Disc or Visa/MC debit card
3. REGISTER BY MAIL with your check/credit card; Registration Services, 403 W. Hillcrest Dr., Thousand Oaks, CA 91360

QUESTIONS

Registration Help/Internet Issues: 805-381-2735
Class Content & Ages/Instructor Info/etc: Call the center presenting the class directly

Phone numbers are listed at the top of the catalog page where the class is shown

WAITLIST

Waitlists are established for activities that reach maximum enrollment. We encourage waitlist registration when classes are full – staff will contact those on waitlists to form additional classes or fill cancellations. Also, waitlists let us know that additional classes of this type are desired!

OUR MISSION

“To enrich the quality of life for our community by preserving and enhancing recreational opportunities, parks and open space.”

OUR PARTNERS

Arts Council of the Conejo Valley
403 W. Hillcrest Drive
Thousand Oaks, CA 91360
805-381-2747
www.conejoarts.org

Chumash Indian Museum
3290 Lang Ranch Parkway
Thousand Oaks, CA 91362
805-492-8076
www.chumashmuseum.org

Conejo Off-Leash Areas Friends (COLA)
P.O. Box 19045
Newbury Park, CA 91319
www.conejooffleash.org

Conejo Valley Botanic Garden
400 W. Gainsborough Road
Thousand Oaks, CA 91360
805-494-7630
www.conejogarden.org

Equestrian Trails, Inc. Corral #37
1112 Waverly Heights Drive
Thousand Oaks, CA 91360
www.et37.org

Las Flores Community Garden
1300 Avenida de Las Flores
Thousand Oaks, CA 91360
805-358-2835
www.lasfloresgarden.com

Ride-On Therapeutic Horsemanship
401 Ronel Court
Thousand Oaks, CA 91360
805-375-9078
www.rideon.org

Stagecoach Inn Museum
51 South Ventu Park Road
Newbury Park, CA 91320
805-498-9441
www.stagecoachmuseum.org
AGREEMENT, WAIVER, AND RELEASE

In consideration for being permitted by the Conejo Recreation & Park District ("CRPD"), City of Thousand Oaks ("CTO"), Conejo Open Space Conservation Agency ("COSCA"), Conejo Valley Unified School District ("CVUSD"), and City of Westlake Village ("WLV") to participate in the above activities, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activities. This release is intended to discharge in advance the CRPD, CTO, COSCA, CVUSD, and WLV (collectively "entities") (including their officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activities, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this waiver, release, and assumption of risk is to be binding on my heirs, administrators, executors, and assigns, and that I shall indemnify and hold the persons and entities mentioned above (including their officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or is connected in any way with my participation in said activities. Additionally, I fully understand that my participation in the above-referenced activities exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

VIRTUAL CLASS RELEASE: I hereby warrant and agree, that the conditions of my environment are safe, free from obstructions, and are suitable for participation in the above-referenced activity. I further understand and agree that any material downloaded, viewed or otherwise obtained through my participation in said activity is done at my own risk and the District is not responsible for any loss, alteration, corruption or other damage to my personal property, including computers, networks and other property used as part of my participation.

PHOTOGRAPHIC RELEASE: I understand that photographs may be taken during these activities and hereby grant the District permission to use any such photo(s) for advertising or in promotional materials.

PARENTAL/GUARDIAN CONSENT (to be completed/signed by parent/guardian if participant is under 18 years of age): I hereby consent that those listed above participate in the above activities, and I hereby execute the above Agreement, Waiver, and Release on his/her/their behalf. I state that said minors are physically able to participate in said activities. I hereby agree to indemnify and hold the persons and entities mentioned above (including their officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or is connected in any way with said minor's participation in said activity.

I UNDERSTAND THAT IMPORTANT INFORMATION is available regarding 1) concussions that may occur during physical activities, and 2) information regarding the use of opioids, and acknowledge receipt of the information via www.crpd.org/concussion & www.crpd.org/opioid.

CONSENT FOR EMERGENCY MEDICAL TREATMENT: As the participant or the parent, legal guardian, or appointed conservator of the participant of this program, I hereby give consent to CRPD to obtain all medical or dental care for myself or my dependent as prescribed by a duly licensed medical professional. This care may be given for whatever conditions are necessary to preserve the life, limb, and well-being of myself or my dependent.

I UNDERSTAND THAT CRPD HAS A CODE OF CONDUCT (www.crpd.org/conduct) and agree to abide by its conditions.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE ORGANIZATIONS AND I SIGN IT OF MY FREE WILL.

Signature

I am requesting information regarding the Inclusion Process.

Date
Celebrating Decades of Youth and Teen Theatrical, Musical, and Artistic Endeavors!

Visit YAEONLINE.COM to see what we’re planning for the year!
Haunted Trail 
& Halloween Happenings!

— Pending Health & County Guidelines —

Saturday, October 24

Special Activities To Be Announced

THOUSAND OAKS COMMUNITY CENTER
2525 N. Moorpark Rd. (next to TOHS)

INFORMATION: 805-381-2793

FOR MATURE AUDIENCES

REIGN OF TERROR

OPENING LATE SEPTEMBER!

1 four-floor BONE-
CHILLING ROOMS

TICKET PRICES
Regular Scheduled Admission: $25
Front-of-Line Immediate Access: $30
Tickets Available ONLINE ONLY!
Open Fridays/Saturdays 7-11pm
Sundays/Weekdays 7-10pm

WWW.ROTHAUNTEDHOUSE.COM

Events/activities are subject to change, pending COVID-19 California/Ventura County Public Health Guidelines.