# **Conejo Recreation & Park District**



# **RECREATION PROGRAM GUIDE**

Registration for Fall 2020 Classes is offered on a rolling basis. When classes become available, notices will be posted at www.crpd.org & on CRPD's social media.

### **BOARD OF DIRECTORS**

George M. Lange	Chair
Doug Nickles	Vice-Chair
Susan L. Holt	Director
Chuck Huffer	Director
Nellie Cusworth	Director

The Board of Directors generally meets at 6:00pm two Thursdays per month at the Hillcrest Center, 403 West Hillcrest Drive, Thousand Oaks. Check www.crpd.org for specific dates.

### STAFF

Jim Friedl	General Manager
Tex Ward	General Manager Emeritus

### RECREATION & COMMUNITY SERVICES DIVISION • recreation@crpd.org

Rochelle Callis • Administrator, Recreation & Community Services Melissa Ruwhiu • Recreation Services Manager

Tim Duerr • Recreation Services Manager

### PARKS & PLANNING DIVISION • parks@crpd.org

Tom Hare • Administrator, Parks & Planning Matt Kouba • Park Superintendent

### MANAGEMENT SERVICES DIVISION

Melissa Smith • Administrator

### **FACILITY RESERVATIONS**

Andy Morales • Reservations Coordinator • 805-495-6471

### MARKETING & COMMUNICATIONS • info@crpd.org

Kathie Harrison • Marketing & Communications Supervisor • 805-381-2735

"I will say that CRPD is a great model of what to do and how to run a camp responsibly and according to the guidelines."

- Parent F. L.

### BROCHURE DIRECTORY

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# In accordance with California and Ventura County Health & Safety Guidelines, the following procedures will be observed:

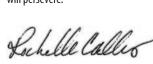
- Staff will conduct health checks with all participants, which may include symptom
  questions, visual inspections for signs of illness, and temperature screening using a
  no-contact infrared thermometer.
- 2. Frequent handwashing with soap/water or hand sanitizer with at least 60% alcohol.
- 3. Check-in and check-out procedures with limited contact and physical distancing.
- Face coverings required for all programs, to be worn indoors and any time six feet of physical distance cannot be maintained. Face coverings should be kept in participants' possession even when not being worn.
- 5. Floor markers or other visual cues will be used to assist in physical distancing.
- 6. Facilities, equipment, and program materials will be sanitized multiple times daily.

Adminstrative Office - 805-495-6471 • www.crpd.org

As I sit at my desk thinking about what positive things to write about for the Fall session, I am left with mixed emotions and thoughts about what is going on in our community. First, I would like to say "Thank You!" to all the families and participants of CRPD programs. These last few months have been trying for us all and everyone has been so patient, kind, and supportive. As you know, our biggest focus is the safety of our community and staff. We are glad we have been able to offer some programs to meet the needs of our community while adhering to state and county guidelines. The youth who have participated in our Summer programs have learned and put into practice rules regarding face coverings, washing hands, and using airplane arms to keep distance between them and their friends, all while having fun. What I have truly enjoyed is watching them be kids — embracing the change — and being so happy to be outside and with their friends. As we prepare to move into our Fall session, I ask that you continue to encourage these behaviors and remember that every little thing we do can have a big impact on the community.

Our staff continue to work hard providing a safe, enriching environment for those participating in upcoming programs, visiting our parks, and the future opening of our community centers. We know the future will look different but be assured we are still putting our community first and doing our best to meet the needs of this ever-changing environment.

I am also very proud of our staff and appreciate the hard work, extra time, and creativity they've used to keep CRPD relevant in these challenging times. If we all strive to remain patient, adaptable, and compassionate, we will persevere.



Administrator, Recreation & Community Services



# School's out - we are in!

# QuaranTEAM is here for you!

Let us help you arrange your QuaranTEAM: Small pods (groups) kept together for the entire month

# 4 Locations:

Dos Vientos Center Borchard Community Center **Conejo Community Center Thousand Oaks Center** 

\*Please choose the community center closest to your child's school.



Conejo

Recreation & Park District

- Held at your local Community Center
- Enrollment on a monthly basis
- Students in static groups for the month
- Each group to be overseen by consistent Recreation Staff
- Recreational activities planned for each day
- CDC Recommendations for COVID-19 prevention will be followed

Half-Day Options: AM or PM! M-F, M/W/F, or T/Th

Registration is OPEN NOW!

Don't wait - register today!

crpd.org/register — keyword: QuaranTEAM

# **BORCHARD COMMUNITY CENTER/SKATEPARK**

190 Reino Road, Newbury Park, CA 91320 Phone: 805-381-2791 • Fax: 805-498-1055 • E-mail: boc@crpd.org

Center Hours: Monday-Friday 9:00am-10:00pm • Saturday-Sunday 12noon-6:00pm Recreation Supervisor: Kurt Gunning • Recreation Coordinator: Patti Ricketts • www.crpd.org/boc







### FALL 2020 PRESCHOOL/PREKINDERGARTEN

A \$50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning. Payment plans available.

Preschool children must be three by 9/1/20; Prekindergarten children must be four by 9/1/20. Children must be potty trained (no Pull-Ups).

Information: 805-381-2791

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. \$35 lab fee collected at time of registration. No class: 10/12, 11/11, 11/23, 11/25, 11/27.

### PRESCHOOL NON-REFUNDABLE REGISTRATION FEE

5020.2201 M/W/F 9:00-11:30am \$50 9/2-12/11 39 days (+ \$925 program fee)

**PRESCHOOL, Age 3-5** Go to www.crpd.org/preschool for program details. \$25 lab fee collected at time of registration. No class 11/24, 11/26.

### PRESCHOOL NON-REFUNDABLE REGISTRATION FEE

5021.2201 T/Th 9:00-11:30am \$50 9/3-12/10 27 days (+ \$625 program fee)

**PREKINDERGARTEN, Age 4-6** Go to www.crpd.org/prek for program details. \$25 lab fee collected at time of registration. 10/12, 11/11, 11/23, 11/25.

### PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE

5022.2201 M/W 12noon-2:30pm \$50 9/2-12/9 25 day (+ \$575 program fee)

PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/prek for program details. \$25 lab fee collected at time of registration. No class 11/24, 11/26.

### PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE

5023.2201 T/Th 12noon-2:30pm \$50 9/3-12/10 27 days (+ \$625 program fee)

### TOT AND YOUTH PROGRAMS

# MY TIME CLUB WITH MISS TIA Age 2.5-4 Instructor: Miss Tia.

Pack a lunch. No class 9//.						
5042.4201	M-F	9:00am-1:00pm	\$144	8/31-9/4	5 days	
5042.4202	M-F	9:00am-1:00pm	\$115	9/8-9/11	4 days	
5042.4203	M-F	9:00am-1:00pm	\$144	9/14-9/18	5 days	
5043.4204	M-F	9:00am-1:00pm	\$144	9/21-9/25	5 days	
5044.4205	M-F	9:00am-1:00pm	\$144	9/28-10/2	5 days	
5044.4206	M-F	9:00am-1:00pm	\$144	10/5-10/9	5 days	
5045.4207	M-F	9:00am-1:00pm	\$144	10/12-10/16	5days	
5045.4208	M-F	9:00am-1:00pm	\$144	10/19-10/23	5 days	
5045.4209	M-F	9:00am-1:00pm	\$144	10/26-10/30	5 days	
5045.4200	M-F	9:00am-1:00pm	\$144	11/2-11/6	5 days	

### JUST TEACHER AND ME CLUB WITH MISS SUZANNE Age 2.5-4

Instructor: Miss Suzanne. Pack a lunch. No class 9/7, 9/28. 5042.4201 M-F 9:00am-1:00pm \$144 8/31-9/4 5042.4202 M-F 9:00am-1:00pm 9/8-9/11 \$115 4 days 5042.4203 9:00am-1:00pm 9/14-9/18 M-F \$144 5 days 5043.4204 9:00am-1:00pm 9/21-9/25 M-F 5 days 9:00am-1:00pm 5044.4205 M-F \$115 9/29-10/2 4 days 5044.4206 M-F 9:00am-1:00pm 10/5-10/9 \$144 5 days 5045.4207 9:00am-1:00pm 10/12-10/16 M-F \$144 5 days 5045.4208 M-F 9:00am-1:00pm \$144 10/19-10/23 5 days 10/26-10/30 5045.4209 M-F 9:00am-1:00pm \$144 5 days 9:00am-1:00pm 5045.4200 M-F \$144 11/2-11/6 5 days

### **SELF-DEFENSE**

KARATE, Shotokan Karate is a traditional Japanese martial art emphasizing self-defense, self-control, and respect for others. Instructors: Mike Szydlowski & Brenda Yoshinaga. No class 9/7.

### KARATE YELLOW/ORANGE BELTS, Age 6+

5103.4201 T/Th 2:30-3:30pm \$163 9/1-11/5 10 wks

KARATE GREEN/BLUE/JUNIOR PURPLE BELTS, Age 6+

5104.4202 T/Th 3:30-4:30pm \$163 9/1-11/5 10 wks

KARATE PURPLE/BROWN/BLACK BELTS, Age 8+

5105.4202 T/Th 4:30-5:30pm \$163 9/1-11/5 10 wks

ADULT KARATE, Age 13+ T/Th All Levels. Instructors: Mike

Szydlowski & Brenda Yoshinaga. No class 9/7. 5107.4201 T/Th 5:30-6:30pm \$163 9/1-11/5 10 wks

WOMEN ONLY SHOTOKAN KARATE, Age 13+ Instructor:

Brenda Yoshinaga. 5018.4201 M/W 6:30-7:30pm \$135 8/31-11/4 10 wks

### **ADULT CLASSES**

### DANCE

**ONLINE SALSA SOLO FOOTWORK WORKSHOP:** No partner needed. Zoom info provided once registered.

5123.4201 T 8:00-9:30pm \$16/person 10/6 1 eve

### **MEDITATION AND FITNESS**

TAI CHI QIGONG (Beginning/Intermediate) Age 18+ Instructor: Mabel Chow

5140.4201 T 6:00-7:15pm \$60 9/8-10/13 6 wk

TAI CHI (Basic/Beginning) Age 18+ Instructor: Mabel Chow. 5141.4201 T 7:10-8:10pm \$48 9/8-10/13 6 wks

For class details, go to www.crpd.org/register





# **BORCHARD COMMUNITY CENTER**

190 Reino Road, Newbury Park, CA 91320 Phone: 805-381-2791 • Fax: 805-498-1055 • E-mail: boc@crpd.org



Geared towards skateboarders of all levels.
A full-size skateboard and safety gear (helmet, elbow and knee pads) are required. Safety gear is offered free of charge during classes.
Instructor: Recreation Specialist
Weston Montgomery

All skateboarding lessons are inclusive.

Level 1 – RABBITS, Age 4-6

5150.4201 Sa 9:45-10:45am \$72 9/12-10/17 6 wks

Level 2 – HAWKS, Age 7-10

5151.4201 Sa 8:30-9:30am \$72 9/12-10/17 6 wks

**Level 3 – COYOTES, Age 7-14** Intermediate skill level. 5152.4201 Sa 11:00am-12noon \$72 9/12-10/17 6 wks

For class details, go to www.crpd.org/register

### SAPWI TRAILS PUMP TRACK THURSDAY PROGRAMMING

2100 Scenic Park Street, Thousand Oaks

# INTRODUCTION TO PUMP TRACK SKATE/SCOOTER, Age 4-7

5157.4201 Th 4:00-4:45pm \$72 9/10-10/15 6 wks

**PUMP TRACK SKATE! Age 6-12** Must be able to ride transition.

5158.4201 Th 4:45-5:30pm \$72 9/10-10/15 6 wks



### SKATEPARK SCHEDULE

Conejo Valley's beloved skate park. Open to the public every day with a rich local skate scene. Closed for recreational programming such as skateboard lessons, holiday camps, and after-school programming.

For any scheduling changes please Google search Borchard Skatepark, call the Borchard Center Office (805) 381-2791, or visit us online at http://www.crpd.org/skate.

ALL CRPD RECREATIONAL PROGRAMMING SUCH AS SKATE-BOARD LESSONS AND CAMPS ARE INSTRUCTED BY DISTRICT STAFF AND THE PARK IS CLOSED TO THE PUBLIC.

THE USE OF FULL PROTECTIVE GEAR CONSISTING OF HELMET, ELBOW PADS AND KNEE PADS IS ENFORCED.

OPEN SKATE: There is no supervision during OPEN SKATE. All posted park rules apply.

### **FALL 2020**

Sunday	Open Skate	Sunrise-Sunset
Monday	Open Skate	Sunrise-Sunset
Tuesday	Open Skate	Sunrise-Sunset
Wednesday	Open Skate	Sunrise-Sunset
Thursday	Open Skate	Sunrise-Sunset
Friday	Open Skate	Sunrise-Sunset
Saturday	Open Skate CRPD Skate Lessons	Sunrise-8:15am 8:30am-12noon
	Open Skate	12noon-2:00pm

Birthday Party Rental (If Reserved) 2:00-4:00pm

Open Skate 4:00pm-Sunset





Like us on Facebook

@ CRPDSkate







# CONEJO COMMUNITY CENTER/OUTDOOR UNIT

1175 Hendrix Avenue, Thousand Oaks, CA 91360 Phone: 805-495-2163 • Fax: 805-381-2738 • E-mail: ccc@crpd.org

Center Hours: Monday-Friday 9:00am-7:00pm • Saturday-Sunday 12noon-6:00pm **Recreation Supervisor: Sommer Barwick** Recreation Coordinator: Avery Akers • www.crpd.org/ccc







@ConejoRPD @CCCenterOutdoor @ConejoCenterOutdoor

### FALL 2020 PRESCHOOL/ **PREKINDERGARTEN**

A \$50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning. Payment plans available.

Preschool children must be three by 9/1/20; Prekindergarten children must be four by 9/1/20. Children must be potty trained (no Pull-Ups).

### Information: 805-495-2163

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. \$35 lab fee due at time of registration. No class 11/11, 11/23-11/27.

PRESCHOOL NON-REFUNDABLE REGISTRATION FEE

6415.2201 M/W/F 9:00-11:30am \$50 9/9-12/18 40 days (+\$950 program fee)

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. \$30 lab fee due at time of registration. No class 11/23-11/27.

PRESCHOOL NON-REFUNDABLE REGISTRATION FEE

6416,2201 T/Th 9:00-11:30am \$50 9/8-12/17 28 days (+\$650 program fee)

PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/PreK for program details. \$35 lab fee due at time of registration. No class 11/11, 11/23-11/27.

PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE

6417.2201 M/W/F 9:00-11:30am \$50 9/9-12/18 (+\$950 program fee)

PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/PreK for program details. \$30 lab fee due at time of registration. No class 11/23-11/27.

PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE

6418.2201 T/Th 9:00-11:30am \$50 9/8-12/17 (+\$650 program fee)

### TOT AND YOUTH PROGRAMS

### SPECIALTY CLASSES

ZOOM: ART WITH DONNA, Age 7-14 Instructor: Donna Mason Adams.

6100.4201 3:30-4:30pm 9/9-10/21 7 wks

### KIDS FITNESS

### ► ► HIKING FITNESS: NATURE EXPLORERS, Age 3-6

6115.4201	M	11:30am-12:15pm	\$59	9/7-10/19	7 wks
6115.4202	T	11:30am-12:15pm	\$59	9/8-10/20	7 wks
6115.4203	W	11:30am-12:15pm	\$59	9/9-10/21	7 wks
6115.4204	Th	11:30am-12:15pm	\$59	9/10-10/22	7 wks
6115.4205	F	11:30am-12:15pm	\$59	9/11-10/23	7 wks

### ► FUN FITNESS AND GAMES, Age 3-6

6121.4201	M	11:30am-12:15pm	\$59	9/7-10/19	7 wks	
6121.4202	T	11:30am-12:15pm	\$59	9/8-10/20	7 wks	
6121.4203	W	11:30am-12:15pm	\$59	9/9-10/21	7 wks	
6121.4204	Th	11:30am-12:15pm	\$59	9/10-10/22	7 wks	
6121.4205	F	11:30am-12:15pm	\$59	9/11-10/23	7 wks	
6119.4201	T	5:30-6:15pm	\$44	9/8-10/20	7 wks	
6119.4202	Th	5:30-6:15pm	\$44	9/10-10/22	7 wks	

BEGINNING ARCHERY, Age 7-12 Safety emphasized; equipment provided.

6122.4201 Th 4:00-5:00pm 9/10-10/22 7 wks \$59

INTRODUCTION TO FENCING, Age 12-18+ Instructor: Phil Hareff.

6124.4201 10:30-11:30am \$85 9/5-10/17

BEGINNING FENCING, Age 12-18+ Instructor: Phil Hareff. 11:30am-12:30pm \$85 6125.4201 Sa 9/5-10/17

### **ADULT FITNESS CLASSES**

SALSA & BACHATA WORKSHOP, Age 18+ Instructor: Janet Snyder, Dance Ten. Bring partner from same household.

6628.4201 Sat 6:00-7:30pm \$25/person 9/12

EAST COAST SWING WORKSHOP, Age 18+ Instructor: Janet Snyder, Dance Ten. Bring partner from same household.

6638.4201 Sat 6:00-7:30pm \$25/person 9/26

PICK YOUR OWN BALLROOM, LATIN, SWING DANCE

**WORKSHOP Age 18+** Instructor: Janet Snyder, Dance Ten. 6639.4201 Sat 6:00-7:30pm \$25/person 10/10

LINE DANCE, Age 18+ Instructor: Kathy Bailey.

6604.4201 T 7:15-8:30pm 9/15-10/27 7 wks FENCING CLUB, Age 18+ Instructor: Phil Hareff.

6606.4201 Sa 11:45am-4:30pm \$97 9/5-10/17

TAI CHI, Age 18+ Instructor: Allan Levine, NTCCA; class held outside.

6607.4201 10:00-11:00am \$49 9/5-10/17





# **CONEJO COMMUNITY CENTER/OUTDOOR UNIT**

1175 Hendrix Avenue, Thousand Oaks, CA 91360 Phone: 805-495-2163 • Fax: 805-381-2738 • E-mail: ccc@crpd.org

### **PROGRAM / HIKE LOCATIONS**

Dos Vientos - Potrero Ridge: Trail head is on the west side of Wendy Drive between Peppermint and Felton Street.

Hill Canyon – Hawk Canyon: From Moorpark Rd., drive west on Santa Rosa Rd. 3.7 miles. Left (south) on Hill Canyon Rd. for about .5 miles. Park on left.

Oak Creek Canyon – Exit the 101 freeway at Moorpark Rd. and drive south. Turn right on Greenmeadow. Follow the road down the hill past the roundabout and up the hill to the parking lot.

Sapwi Park – From the 23 exit Avenida de Los Arboles and head east for 1.4 miles. Turn right on Westlake Blvd. then right into Sapwi parking lot and right again to the lower parking area.

Santa Rosa Trail to the ridge overlooking Wildwood Park and the Conejo and Santa Rosa Valleys - Loop around Lower Butte Trail, and back to Santa Rosa Trail for return. Drive to west end of Avenida de Los Arboles. Park in lot at Arboles & Big Sky

Wildwood Regional Park – 928 W. Avenida de Los Arboles in Thousand Oaks. Exit the 101 Freeway at Lynn Rd., drive north to Avenida de Los Arboles and turn left. Drive to the end of the street and turn left into the gravel parking lot.

### **INFORMATION FOR HIKES**

- Fees for hikes are per person.
- Bring sun protection, bug spray, & water.
- Wear clothing appropriate for the weather.
- Sturdy closed-toed shoes are required (no sandals).
- Children under 16 years must be accompanied by an adult.
- No smoking.
- No pets except where specifically stated.
- Only the Oak Creek Canyon Loop / Whole Access Interpretive Trail is suitable for strollers and wheelchairs.

WILDWOOD NIGHT AWARENESS HIKE, Age 5+ Location:

Canyon Loop Trail. Must be with an adult. Only register child.

NATURE AFTER DARK, Age 3+ Location: Oak Creek Canyon

6:30-8:30pm

BONKERS FOR BUGS! Age 3+ Location: Oak Creek

9:00-10:30am

6:30-8:00pm

- Comparison of the compariso
- Moderately Easy, ok for children, not stroller accessible
- Moderate Hike, long distances with some elevation changes
- **QQQ** = Strenuous Hike, longer distances and large elevation changes

### OUTDOOR PROGRAMS

### **OUTDOOR ADVENTURE CLUB, Age 6-12**

Location: Wildwood Regional Park.

10:00am-3:00pm 4100.4201 Sa 9/12 1 day

### ARCHERY IN WILDWOOD, Age 8-14

Location: Wildwood Regional Park.

4101.4201 Sa 10:30am-2:30pm 10/3 1 day

### ORIENTEERING ADVENTURE, Age 8+

Location: Conejo Center.

4105.4201 Sa 10:00am-12noon 10/17 1 day

### OUTDOOR ADVISORY COUNCIL, Age 18+

Location: Conejo Center

6:00-7:00pm NONE 10/13 1 eve

### Loop. 4112.4201 Sa

Wildwood Regional Park.

4110.4201 F

4111.4201 Su

1 day

9/20

1 day

# FULL MOON HIKE, Age 6+ Location: Wildwood

Regional Park.

4115.4201 Sa 7:00-9:00pm 9/12 1 eve 4115.4202 T 7:00-9:00pm 1 eve

### PARADISE FALLS HIKE, Age 6+ Enjoy one of our beautiful waterfalls on this short hike. Location: Wildwood Regional Park. 4125.4201 Su 1:00-3:00pm 10/18

ALL ABOUT OWLS, Age 8+ Location: Wildwood Regional Park.

4126.4201 F 7:00-9:00pm 1 eve

NEW! STORIES AND STARS, Age 5+ Location: Wildwood

Regional Park.

4119.4201 Sa 7:00-9:00pm 1 eve

### WILDWOOD - ARROYO CANYON AND LYNNMERE,

Age 14+ Moderately strenuous 7-mile loop. Elevation gain/ loss about 1500 ft.

8:30-11:00am NONE 10/10 1 day

> For class details, go to www.crpd.org/register

### **SPECIALTY HIKES**

NEW! TAILS AND TRAILS, Age 18+ Instructor: Russ Avison, Canine Logic. Hike with your dog. Bring water and leash.

6632.4201 Sa 8:00-9:00am \$72 9/19-10/10 4 wks

# MCCREA RANCH



Join the McCrea Ranch email list to receive information about our activities and events. Send an email to: ccc@crpd.org.

# **DOS VIENTOS COMMUNITY CENTER**

4801 Borchard Road, Newbury Park, CA 91320 • Phone: 805-375-1003 • E-mail: dvc@crpd.org

Center Hours: Monday-Friday 9:00am-10:00pm • Saturday-Sunday 12noon-6:00pm Recreation Supervisor: Rick Tanaka • Recreation Coordinator: Tamara Tornero • www.crpd.org/dvc







### FALL 2020 PRESCHOOL/PREKINDERGARTEN

A \$50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning.

Preschool children must be three by 9/1/20 (may be 2.5 for DVC program); Prekindergarten children must be four by 9/1/20. Children must be potty trained (no Pull-Ups).

Information: 805-375-1003

**PRESCHOOL, Age 2.5-4:** Go to www.crpd.org/preschool for program details. \$35 cash lab fee. Payment plans available. No class 9/7, 9/28, 10/12, 11/11, 11/23-11/27.

PRESCHOOL NON-REFUNDABLE REGISTRATION FEE

8000.2201 M/W/F 9:00-11:30am \$50 8/19-12/18 46 days (+ \$1,100 program fee)

**PREKINDERGARTEN, Age 4-6:** Go to www.crpd.org/preK for program details. \$25 or \$35 cash lab fee. Payment plans available. No class 9/7, 9/28, 10/12, 11/11, 11/23-11/27.

### PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE

8001.2201	M/W/F	12noon-3:00pm	\$50	8/19-12/18	46 days
			(+ \$1,	330 program fo	ee)
8002.2201	T/Th	9:00-11:30am	\$50	8/20-12/17	33 days
			(+ \$77	75 program fee	)
8003.2201	T/Th	12noon-2:30pm	\$50	8/20-12/17	33 days
			(+ \$77	75 program fee	)

# TOT & YOUTH & TEEN PROGRAMS

### **CAMPS**

### **FALL ADVENTURE CAMP, Age 5-12**

8411.4201	T-F	1:00-4:00pm	\$103	9/8-9/11	4 days
8412.4201	M-F	1:00-4:00pm	\$128	9/14-9/18	5 days
8413.4201	M-F	1:00-4:00pm	\$128	9/21-9/25	5 days
8414.4201	T-F	1:00-4:00pm	\$103	9/28-10/2	4 days
8415.4201	M-F	1:00-4:00pm	\$128	10/5-10/9	5 days
8416.4201	M-F	1:00-4:00pm	\$128	10/12-10/16	5 days
8417.4201	M-F	1:00-4:00pm	\$128	10/19-10/23	5 days

### **ARCHERY CAMP, Age 7-11**

8452.4201	M-F	4:00-5:00pm	\$150	9/14-9/18	1 wk
8452.4202	M-F	4:00-5:00pm	\$150	10/5-10/9	1 wk

### **SPECIALTY CAMPS**

**ZOOM! GUITAR WORKSHIP BEGINNER, Age 10+** \$22 cash lab fee due first class. Instructor: James Swing, UCLA Ethno-Music Grad.

8320.4201 W 5:30-6:15pm \$77 9/9-10/21 7 wks

**ZOOM! GUITAR WORKSHIP Intermediate, Age 14+** \$22 cash lab fee due first class. Instructor: James Swing, UCLA Ethno-Music Grad.

8350.4201 W 6:15-7:00pm \$80 9/9-10/21 7 wks

### **HEALTH & FITNESS**

**CORE & STRETCH, Age 15+** Instructor: Elaine Lawrence.

8346.4201 T 10:30-11:20am \$59 9/8-10/20 7 wks 8346.4202 Th 10:30-11:20am \$59 9/10-10/22 7 wks





# **DOS VIENTOS COMMUNITY CENTER**

4801 Borchard Road, Newbury Park, CA 91320 • Phone: 805-375-1003 • Fax: 805-375-1675 • E-mail: dvc@crpd.org

# Financial Assistance Available!

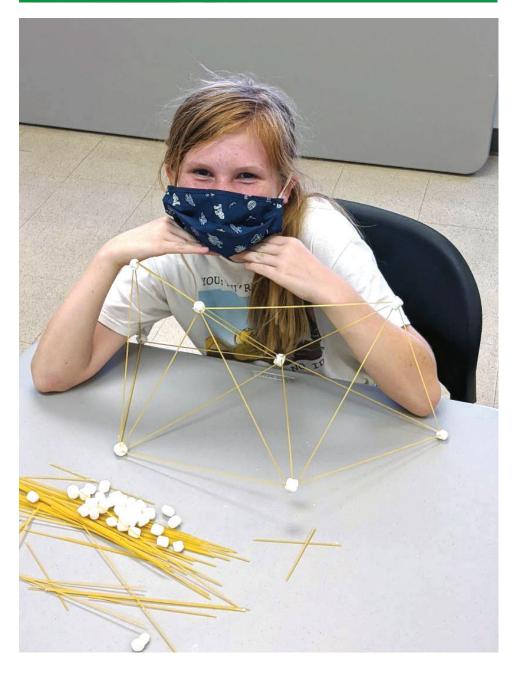


Application Forms available at www.crpd.org/FinancialAid or stop by your local community center and check with staff.

> Supporting youth & families throughout the Conejo Valley!



www.PlayConejo.org



### **RANCHO POTRERO PROGRAMS**

4790 West Lynn Road, Thousand Oaks

### INTRO TO HORSEMANSHIP, Age 8+

8150.4201 Sa 9:00-10:00am \$135 9/12-9/26 3 wks 8150.4202 Sa 9:00-10:00am \$135 10/10-10/24 3 wks

### INTRO TO HORSEBACK RIDING, Age 8+ Weight limit 185 lbs.

### Age 8-13

8151.4201 Sa 12noon-1:00pm \$200 9/12-9/26 3 wks 8151.4202 Sa 12noon-1:00pm \$200 10/10-10/24 3 wks Age 14+

 8152.4201
 Sa
 10:30-11:30am
 \$200
 9/12-9/26
 3 wks

 8152.4202
 Sa
 10:30-11:30am
 \$200
 10/10-10/24
 3 wks

**SUNSET/FULL MOON RIDE, Age 16+** Weight limit 185 lbs. 8153.4201 Sa 7:00-9:00pm \$90 10/1 1 day

SUNRISE RIDE, Age 16+ Weight limit 185 lbs.

8154.3201 Su 5:00-7:00am \$90 9/27 1 day



# THOUSAND OAKS COMMUNITY CENTER

2525 North Moorpark Road, Thousand Oaks, CA 91360 Phone: 805-381-2793 • E-mail: toc@crpd.org

Center Hours: Monday-Friday 7:00am-10:00pm • Saturday-Sunday 8:00am-5:00pm

@ConejoRPD @TOCenter @thousandoaksctr Recreation Supervisor: America Nava • Recreation Coordinator: Tim Smith • www.crpd.org/toc

### PARENT/CHILD CLASSES

All classes in this section are parent/child participation only. Please do no bring siblings to class.

**ZOOM!** KINDERMUSIK FOUNDATIONS, Age 3-14 mos \$20

home materials fee for CDs and Kindermusik Online access due first class. Instructor: Teacher Angie. 7003.4201 \$105 11:30am-12:15pm 9/10-10/22

**ZOOM! KINDERMUSIK LEVEL 1, Age 12-24 mos.** \$20 home materials fee for CDs and Kindermusik Online access due first class. Instructor: Teacher Angie.

7005.4201 Th 10:30-11:15am 9/10-10/22 7 wks

ZOOM! KINDERMUSIK LEVEL 2, Age 18 mos.-3 yrs. \$20 home materials fee for CDs and Kindermusik Online access due first class. Instructor: Teacher Angie.

7008.4201 Th 9:30-10:15am 9/10-10/22 7 wks

### FALL 2020 PRESCHOOL/ PREKINDERGARTEN

A \$50 Non-Refundable Registration Fee is due at registration to reserve a spot, with the balance due in two payments prior to the program beginning. Payment plans available.

Preschool children must be three by 9/1/20; Prekindergarten children must be four by 9/1/20.

Children must be potty trained (no Pull-Ups).

Information: 805-381-2793

PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. \$25 cash lab fee collected with Preschool registration/deposit. No class 11/26.

PRESCHOOL NON-REFUNDABLE REGISTRATION FEE

7011.2201 T/Th 9:00-11:30am \$50 9/8-12/10 27 days (+ \$675 program fee)

PREKINDERGARTEN, Age 4.5-6 Go to www.crpd.org/prek for program details. \$35 cash lab fee collected with Preschool registration/deposit. No class 11/11, 11/27.

PREKINDERGARTEN NON-REFUNDABLE REGISTRATION FEE

7012.2201 M/W/F 9:00am-12noon \$50 9/9-12/11 39 days

(+ \$1,170 program fee)

### **TOT & YOUTH PROGRAMS**

### KARATE

Karate outdoor classes. Social distancing quidlines will be followed.

KARATE CLASSES Instructor: Gil Goldberg. No class 9/19, 9/28, 11/25, 11/28.

BEGINNING KARATE (White Belt), Age 6-13

7251.4201 M/W 4:00-5:00pm \$111 9/9-10/28 7 wks **INTERMEDIATE YELLOW/ORANGE BELT KARATE, Age 6-13** 7252.4201 M/W 5:00-6:00pm \$196 9/9-12/9 12 wks

### **BLUE BELT KARATE AND HIGHER, Age 6-13**

\$280 7253.4201 M/W 6:00-7:00pm 9/9-12/9 12 wks & Sa 10:00-11:00am ADULT KARATE ALL LEVELS, Age 14+ 7254.4201 M/W 7:00-8:00pm \$280 9/9-12/9 12 wks

### **SPORTS & FITNESS**

& Sa 11:00am-12noon

### ► ► ALL SORTS OF FITNESS AND GAMES, Age 3-5

7301.4201 M 12:15-1:00pm 9/14-10/26 7 wks 7301.4202 T 11:45am-12:30pm \$67 9/15-10/27 7 wks

### SPECIALTY PROGRAMS

### ▶ ◀ NATURE EXPLORERS, Age 4-6

7420.4201 F 12:15-1:00pm 9/18-10/30 7 wks

### ► < LITTLE MATHLETE FITNESS, Age 4-6

9/16-10/28 7402.4201 W 12:15-1:00pm 7 wks 7402.4202 Th 11:45am-12:30pm \$57 9/17-10/29 7 wks

**ZOOM! HAND SEWING, Instructor: Sara Sinclair, Pins and** Needles.

### Age 6-9

/403.4201 W	3:13-4:13piii	ŞDD	9/9-9/30	4 W KS
7403.4202 W	3:15-4:15pm	\$55	10/7-10/28	4 wks
Age 9-11				
7404.4201 W	4:15-5:15pm	\$55	9/9-9/30	4 wks
7404.4202 W	4:15-5:15pm	\$55	10/7-10/28	4 wks

For class details, go to www.crpd.org/register

### **ADULT CLASSES**

### THE ARTS & DANCE

**ZOOM! WEDDING DANCE WORKSHOP, Age 18+ Instructor:** Janet Snyder, Dance Ten.

7504.4201 Sa 3:30-5:00pm 9/12 1 eve **ZOOM! COUNTRY TWO-STEP WORKSHOP, Age 18+ Instructor:** Janet Snyder, Dance Ten.

7513.4201 Sa 3:30-5:00pm \$20 9/26 1 eve

### ZOOM! SAMBA SOLO FOOTWORK WORKSHOP, Age 18+

Instructor: Janet Snyder, Dance Ten.

7509.4201 Sa 3:30-5:00pm 10/10

### **BEGINNER CLOGGING, Age 13+** Instructors: Evy and Kay.

Location: Old Meadows Center.

7960.4201 Th 6:30-7:15pm \$38 10/1-10/29

### **CLOGGING, Age 13+** Instructors: Evy and Kay. Location:

Old Meadows Center.

7961.4202	Th	7:15-9:30pm	\$43	10/1-10/29	5 wk
7962.4202	Th	7:15-9:30pm	\$35	10/1-10/29	4 wk
7963.4202	Th	7:15-9:30pm	\$27	10/1-10/29	3 wk
7964.4202	Th	7:15-9:30pm	\$19	10/1-10/29	2 wk
7965.4202	Th	7:15-9:30pm	\$11	10/1-10/29	1 wk

### SPORTS & FITNESS

### ZOOM! YOGA WITH SHANTHI FOR HEALTH, Age 18+

Instructor: Shanthi Iyer, E-RYT 500.

7510.4201 T 10:30-11:30am 9/8-10/20 7 wks

### SPECIALTY CLASSES

### **AKC TRICK DOG & HUMAN FITNESS, Age 18+ Instructor:**

Monica Nolan.

7526.4201 T 9/8-10/20 5:00-6:00pm \$79



# THOUSAND OAKS COMMUNITY CENTER

2525 North Moorpark Road, Thousand Oaks, CA 91360 Phone: 805-381-2793 • Fax: 805-493-2391 • E-mail: toc@crpd.org

# **Haunted Trail, Age 2-99**

# **EVENT IS PENDING HEALTH AND COUNTY GUIDELINES**

Haunted Trail as we know and love will not be possible this year, however the event will be modified to meet social distancing standards to help keep everyone safe this Halloween.



Be sure to check our social media accounts and website for event updates!





# **OLD MEADOWS COMMUNITY CENTER**

1600 Marview Drive, Thousand Oaks, CA 91362 • Phone: 805-381-2739 • Fax: 805-381-2874

### **SPORTS/HEALTH AND WELLNESS**

**NEW! ZUMBA® KIDS, Ages 4-12** Designed based on the age ranges of the kids who register. inspires kids to improve their overall wellbeing through active movement and play. Kids love it because the music and moves are innovative and fun and parents love it because of the effects and benefits it has on their kids including increased focus and self-confidence, boosting metabolism and enhancing coordination. Sponsored by Fit 4 The Cause. Instructor: Amanda Welti.

4623.4201 T 4:00-5:00pm \$34 9/12-10/24 7 wks

### **SCHOOL CAMPS**

### PRESCHOOL CAMP, Age 3-5 (INCLUSIVE)

4609.4201	T/Th	9:15-11:15am	\$45	9/8-9/10	2 days
4609.4202	T/Th	9:15-11:15am	\$45	9/15-9/17	2 days
4609.4203	T/Th	9:15-11:15am	\$45	9/22-9/24	2 days



### **VIRTUAL PROGRAMMING**

ZOOM! BEGINNER YOGA, Age 8+ 4590.4201 M 5:00-6:00pm \$55 9/11-10/16 6 wks ZOOM! VINYASA YOGA Age 18+ 4597.4201 Th 9:00-10:00am \$55 9/10-10/15 6 wks

ZOOM! GENTLE YOGA Age 18+

4613.4201 W 9:00-10:00am \$55 9/8-10/14 6 wks

For class details, go to www.crpd.org/register

# **WESTLAKE AREA PROGRAMS**

### TRIUNFO PARK

980 Aranmoor Avenue, Westlake Village Information: 805-495-2163

**SUPER SOCCER STARS**, Instructor: Super Soccer Stars. Pending State/County Guidelines.

Age 2-3

6701.4201	Su	11:30am-12:10pm	\$176	9/6-10/18	7 wks
Age 3-4 6703.4201	Su	12:15-1:00pm	\$176	9/6-10/18	7 wks
Age 4-5 6705.4201 Age 5-7	Su	9:30-10:20am	\$176	9/6-10/18	7 wks
6707.4201	Su	10:25-11:25am	\$176	9/6-10/18	7 wks





# VIRTUAL HOMESCHOOL CLASSES

### 

See course descriptions for additional material fees. **Information 805-381-2793** 

### **MONDAYS SEPTEMBER 14 - NOVEMBER 2 (8 WEEKS)**

### **6-8-YEAR-OLD COURSE SCHEDULE OPTIONS**

9:00-9:50am	.Nerf Fitness	
	Creative Writing	./634.4201
10:00-10:50am	.Mathmagicians	
	Kitchen Chemistry	.7632.4201
11:00-11:50am	.Hand Sewing	.7614.4201
	Chess	
	Art Masters with Miss Debbie	.7606.4201
12:10-1:00pm	.Around the World	.7601.4201
	Stem @ Home	.7631.4201
1:10-2:00pm	.Kids Bootcamp	
	Ukulele	.7621.4201

### 9-12-YEAR-OLD COURSE SCHEDULE OPTIONS

9:00-9:50am	.Nerf Fitness	7613.4201
	Creative Writing	7634.4201
10:00-10:50am	.Hand Sewing	7622.4201
	Kitchen Chemistry	7632.4201
11:00-11:50am	.Number Ninjas	7628. 4201
	Chess	7633. 4201
	Art Masters with Miss Debbie	7606.4201
12:10-1:00pm	Around the World	7601.4201
•	Stem @ Home	
1:10-2:00pm	.Kids Bootcamp	7630.4201



### **COURSE DESCRIPTIONS:**

CHESS, Learn to play this classic game in a fun way with your classmates. Develop planning and strategy skills, improve concentration and spatial thinking, and build self-confidence. Great for beginners to intermediate players. Instructor: Nicholas Garcia. Enrollment: Max 10

**STEM @ HOME**, Learn how we use STEM basics in our everyday lives, from the comfort of your own home! Using items that you have around the house, discover all of the ways we incorporate science, technology, engineering, and math into everything we do. Create chemical reactions, learn how a microwave works, and more. Instructor: TBD. *Enrollment: Max 10* 

**CREATIVE WRITING**, Students will have the chance to create original forms and express themselves through the use of descriptive writing in a variety of styles. Develop creativity, story-telling skills, and vocabulary as you create poetry, short stories, plays, drama, fiction, and much more! Instructor: TBD *Enrollment: Max 10* 

**AROUND THE WORLD,** Join us as we virtually travel around the world! Find out about the history and geography of different places while exploring new cultures; learn what makes each country so unique! Write your name in hieroglyphics, examine ancient ruins, discover new art in famous museums, and much more. Instructor: Jackie Soliz. *Enrollment: Max 10* 

MATHMAGICIANS Age 6-8, Learn the magic of math by playing games and taking part in activities encouraging observation and discovery of patterns. Solve problems, explore the number system. and counting! Instructor: Jackie Soliz.

Enrollment: Max 10

**NUMBER NINJAS Age 9-12**, Become a Number Ninja master! Learn the purpose of math, how to manage money, calculate gas mileage, find out how fast rockets fly, and more. Play math games involving everyday situations and problem solving. Instructor: Jackie Soliz.

Enrollment: Max 10

NERF FITNESS, So much fun you won't even realize you're exercising! Learn games and sports you can play at home to keep you moving and fit. Instructor: Momentum Academy.

Enrollment: Max 10

HAND SEWING, Design and create facemasks and other fun projects from home. \$10 lab fee includes sewing templates, materials list for projects; needle pick up location and time TBA. Instructor: Sara Sinclair. Enrollment: Max 6

**KITCHEN CHEMISTRY**, Explore the science of food and learn what makes things taste different! Learn about chemistry, biology, physics, and earth science using everyday items found in your kitchen or the grocery store! Instructor:TBD.

Enrollment: Max 10

**UKULELE**, This popular instrument from Hawaii is easy and fun to play. Learn chords, strums, and how to sing along with your favorite songs! Ukulele available for rent, \$10 for the session. Instructor: Tom Kuznkowski. *Enrollment: Max 10* 

**KIDS BOOTCAMP**, Get fit in this high intensity workout class! Learn fun new ways to exercise your body and develop hand-eye coordination while working up a sweat! This class will incorporate exercises from a variety of different disciplines to keep you on your toes. Instructor: TBD. **Enrollment: Max 10** 

ART MASTERS WITH MISS DEBBIE, Learn about the styles and techniques used by famous and well known master artists throughout history. A different artist will be discussed each week and we will create an original masterpiece in their style each class! Instructor: Debbie Brodel Enrollment: Max 10

# **GOEBEL ADULT COMMUNITY CENTER**

1385 East Janss Road, Thousand Oaks, CA 91362 • Phone: 805-381-2744 • Fax: 805-495-5430 • E-mail: gacc@crpd.org Center Hours: Monday-Thursday 8:30am-9:00pm • Friday 8:30am-5:00pm • Saturday 12noon-4:00pm • Sunday Closed

Recreation Supervisor: Patty Hamm • Recreation Coordinator: Mike McAdam Conejo Senior Volunteer Program Director: Julie Spivack • 805-381-2742 • csvp@crpd.org







@GoebelAdult @GoebelCenter1 @Goebel\_Center

### ART, DRAMA, MUSIC

**ZOOM! INTRODUCTION TO UKULELE, Age 18+** Instructor: David Steinhart.

0805.4201 W 4:45-5:45pm \$57 9/9-10/14 6 wks

**ZOOM! LEVEL 2 UKULELE, Age 18**+ Prerequisite: Introduction to Ukulele class. Instructor: David Steinhart.

0814.4201 Th 5:00-6:00pm \$60 9/10-10/15 6 wks

**ZOOM!** + CARDS, CRAFTING, AND MORE, Age 18+ \$10 cash materials fee due first class. Instructor: Jamie Albanese.

NEW! FALL COLORS

0804.4201 W 6:30-8:30pm \$45 9/9-9/23 3 wks NEW! HALLOWEEN

0804.4202 W 6:30-8:30pm \$45 10/7-10/21 3 wks

**ZOOM!** + **ART FOR ALL, Age 50**+ Instructor: Donna Mason-Adams.

0810.4201 T 12:30-2:00pm \$66 9/8-10/20 7 wks

### SPORTS. FITNESS. & SELF DEFENSE

NEW! ZOOM! PRANIC HEALING FOR PAIN AND STRESS RELIEF, Age 18+ Instructor: Ellen Morano.

0829.4201 Thww 1:00-2:00pm \$20 9/17 1 day 0829.4202 Th 1:00-2:00pm \$20 10/1 1 day 0829.4203 Th 1:00-2:00pm \$20 10/15 1 day

**ZOOM! PILATES FOR BUFF BONES, Age 18+** Instructor: Barbara West.

0851.4201 T 6:00-7:15pm \$67 9/8-10/20 7 wks

**ZOOM! YOGA: HATHA YOGA, Age 18**+ Instructor: Phyllis Paul RYT.

0852.4201 M 7:30-8:30pm \$69 9/14-10/26 7 wks

**ZOOM! YOGA, Age 18**+ Instructor: Jenny Klossner.

0854.4201 W 7:30-8:30pm \$67 9/9-10/21 7 wks

**ZOOM! ZUMBA GOLD®, Age 18+** Instructor: Del Herrera, NASM CPT, AFAA GFI.

0855.4201 M 4:30-5:30pm \$59 9/14-10/26 7 wks 0855.4202 W 4:30-5:30pm \$59 9/16-10/28 7 wks

**ZOOM! CHAIR-BASED STRENGTH AND BALANCE, Age 50+** Instructor: Cathya Haas.

0857.4201 M 12:45-1:45pm \$73 9/14-10/26 7 wks

ZOOM! ADVANCED CHAIR-BASED STRENGTH AND

**BALANCE, Age 50+** Instructor: Cathya Haas. 0835.4201 M 11:30am-12:30pm \$73 9/14-10/26 7 wks

ZOOM! INTRODUCTION TO TAI CHI, Age 50+ Instructor: Jean Stoutenborough.

0858.4201 T 8:30-9:30am S51 9/8-10/20 7 wks

ZOOM! BEGINNING/INTERMEDIATE TAI CHI, Age 50+

Prerequisite: Introduction to Tai Chi. Instructor: Jean Stoutenborough.

0859.4201 Th 8:30-9:30am \$51 9/10-10/22 7 wks

ZOOM! CHAIR BAND WORKOUT, Age 50+

Instructor: Jolie Ker.

0860.4201 F 1:00-2:00pm \$66 9/11-10/23 7 wks

**Z00M! CHAIR YOGA, Age 18+** Instructor: Phyllis Paul RYT. 0861.4201 T 10:30-11:30am \$70 9/8-10/20 7 wks 0861.4202 Th 10:30-11:30am \$70 9/10-10/22 7 wks

### **SPECIALTY CLASSES**

**ZOOM! BEGINNING TAROT CARD READING CLASS, Age 18+** Instructor: Theresa Smythe.

0896.4201 M 6:45-8:45pm \$150 9/14-10/19 6 wk

**ZOOM! ADVANCED TAROT CARD READING CLASS, Age 18+** Instructor: Theresa Smythe.

0897.4201 M 4:45-6:45pm \$150 9/14-10/19 6 wks

**ZOOM!**+ **INTRODUCTION TO CANASTA**, **Age 50**+ Instructor: Lorraine Urist.

0879.4201 Th 10:00am-12noon \$40 9/10-10/22 7 wks

**ZOOM!**+ MAH-JONGG FOR BEGINNERS, Age 50+ Instructor: Lorraine Urist.

0880.4201 M 12noon-3:00pm \$40 9/14-10/26 7 wks

**ZOOM!** A MINDFULL PERSPECTIVE OF 2020 WORKSHOP, Age 40+ Instructor: Lindsay Leimbach.

0884.4201 T 10:00am-12noon \$20 10/27 1 day

**ZOOM! SPANISH: INTERMEDIATE SPANISH, Age 18**+ Instructor: Anna Colilles.

0886.4201 Th 7:10-8:10pm \$59 9/10-10/22 7 wk

**ZOOM! SPANISH: BEGINNING SPANISH, Age 18+** Instructor: Anna Colilles.

0887.4201 Th 6:05-7:05pm \$59 9/10-10/22 7 wks

**ZOOM! ESL CLASS, Age 18**+ Instructor: Anna Colilles. 0888.4201 Th 5:00-6:00pm \$59 9/10-10/22 7 wks

ZOOM! INTRODUCTION TO FILM NOIR, Age 18+

Instructor: Joe Longo.

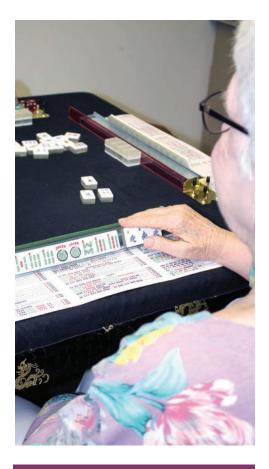
0937.4201 Th 2:00-4:30pm \$42 9/10-10/1 4 wks

# COMPUTERS, TECHNOLOGY, & WRITING

**ZOOM! iPHONE/iPAD WORKSHOP, Age 18+** Instructor: Tracie Karasik.

0891.4201 T 10:00am-12noon \$25 9/22 1 day

For class details, go to www.crpd.org/register



# **Adult Services**

Conejo Senior Volunteer Program805-381-2742Senior Concerns Advocates805-495-6250HICAP (by appointment)805-381-2742Grey Law (by appointment)805-658-2266Wills Preparation (by appointment)805-658-2266Senior Dial-A-Ride805-375-5467Tax Counseling (by appointment)805-381-2742Veterans Services805-477-5155

# HILLCREST CENTER FOR THE ARTS

403 West Hillcrest Drive, Thousand Oaks, CA 91360 · Phone 805-381-2747 · Ticket Charge-Line 805-381-1246 · E-Mail: cultural@crpd.org

Office Hours: Monday-Friday 9:00am-5:00pm • The Center is open most evenings and weekends when activities are scheduled

Cultural Programs Supervisor: Scott Buchanan • Cultural Programs Coordinator: Megan McDonough Center Closed 9/7 • Website: www.HillcrestArts.com

The Hillcrest Center for the Arts – Conejo Valley's Community-Based Arts Center A place where you can be actively part of the ARTS!



Overlooking the Oaks Mall Performing & Fine Arts Classes Art Exhibits in the Galleria Exciting Theatre Performances
The Award-Winning Nationally Recognized Young Artists Ensemble Youth Theatre Company

### **ACTING FOR KIDS**

ACTING TO CAMERA CAMP, Age 8-14 Instructor: Olivia Simone, Actor/Screenwriter www.offthebeatentrack.biz 3676.4201 M-F 9:00-12noon \$195 10/5-10/9 1 wh

### LET'S MAKE A SHORT FILM CAMP, Age 8-14

Instructor: Olivia Simone, Actor/Screenwriter www.offthebeatentrack.biz

3677.4201 M-F 1:00-4:00pm \$195 10/5-10/9 1 wk

### DANCE FOR KIDS

**ZOOM! PRE-BALLET, Age 5-8** Instructor: Odile Yerevanian. 3561.4201 F 3:30-4:00pm \$54 9/11-10/16 6 wks

**ZOOM! BALLET STRETCH, Age 7-16** Instructor: Odile Yerevanian.

3562.4201 F 4:15-4:45pm \$54 9/11-10/16 6 wks

**ZOOM! PARENT AND ME BALLET, Age 3-5** Instructor:

Odile Yerevanian.

3560.4201 F 5:00-5:30pm \$54 9/11-10/16 6 wk

### **SELF-IMPROVEMENT**

### **ZOOM! HOME ORGANIZATION AND DECLUTTERING!**

**Age 18+** Instructor: Raleigh West, Professional Organizer, theorgani

ingshift.com/events.

3838.4201 T 10:00-11:30am \$89 9/8-9/22 3 wks 3838.4202 T 10:00-11:30am \$89 10/6-10/20 3 wks

### WRITING AND CREATIVITY

### ZOOM! HOW TO FINISH YOUR BOOK! Age 15+

Instructor: Margery (Mia) Walshaw, editor, book packager.

3800.4202 Th 12:30-1:30pm \$99 9/10-10/15 6 wks

**ZOOM! WRITING AT HOME: A GUIDE FOR STAYING ON TRACK, Age 15+** (Mia) Walshaw, editor, book packager.

3803.4202 M 5:00-6:30pm \$50 9/14 1 day

### **ZOOM! SELF-PUBLISHING HELP 1-DAY WORKSHOP,**

**Age 15+** Instructor: Margery (Mia) Walshaw, editor, book packager.

3801.4202 M 5:00-6:30pm \$50 9/21 1 day

### ZOOM! SOCIAL MEDIA MARKETING FOR AUTHORS

**1-DAY WORKSHOP, Age 15+** Instructor: Margery (Mia) Walshaw, editor, book packager.

3802.4202 M 5:00-6:30pm \$50 10/5 1 day

### **ZOOM! BOOK MARKETING Q&A 1-DAY WORKSHOP,**

**Age 15+** Instructor: Margery (Mia) Walshaw, editor, book packager.

3804.4202 M 5:00-6:30pm \$50 10/12 1 day

### ZOOM! YOGA FOR CREATIVITY 1-DAY WORKSHOP.

**Age 15+** Instructor: Margery (Mia) Walshaw, certified yoga instructor and book publisher.

3826.4202 M 5:00-7:00pm \$60 10/19 1 day

### **DANCE AND FITNESS**

**ZOOM! TAP WITH JESS, Age 15+** Instructor: Jess Coffman, professional dancer/choreographer.

3882.4202 Th 5:00pm-6:30pm \$120 9/10-10/15 6 w

### **ZOOM! BROADWAY FITNESS WORKOUTS WITH JESS,**

**Age 15+** Instructor: Jess Coffman, professional dancer/choreographer.

Chorus Line Ready Core

3886.4201 Th 10:00-11:00am \$20 9/10 1 day Whipped Into Shape Jump Rope Class 3886.4202 Th 10:00-11:00am \$20 9/17 1 day

### ZOOM! ZUMBA GOLD®, Age 18+

Instructor: RosaLinda Haddock.
3961.4202 F 10:00-11:00am \$88 9/11-10/30 8 wks

### TAI CHI

BEGINNING TAI CHI, Age 18+ Instructor: Stella Shizuka Matsuda. Location: Conejo Creek North 3903.4201 W 9:00-10:00am 548 9/9-10/28 8 wks **TAI CHI II, Age 18+** Instructor: Stella Shizuka Matsuda.

Location: Conejo Creek North

3901.4201 M 9:00-10:00am \$48 9/14-11/2 8 wks

### TAI CHI: OIGONG AND TAI CHI 24 SUPPLEMENTAL,

**Age 18+** Instructor: Harrie Ng (Can speak Chinese). Location: Coneio Creek North

3910.4201 F 8:55-9:55am \$64 9/11-10/30 8 wks

### YOGA AND MEDITATION

**ZOOM! MEDITATION WITH JESS, Age 15+** Instructor: Jess

Coffman, Evergreen Meditations.

3845.4202 Th 9:00-9:30am \$48 9/10-10/15 6 wks

### ZOOM! YOGA WITH MAGGIE MELLOR, Age 18+

Instructor: Maggie Mellor.

3930.4201 M 5:45-7:00pm \$104 9/14-11/2 8 wks

### ZOOM! INTERMEDIATE YOGA WITH MIA, Age 15+

Instructor: Mia Walshaw, Certified Yoga Instructor.

3935.4201 Th 11:15am-12:15pm \$60 9/10-10/15 6 wks

# Arts Council

Join some of the ACCV Member Organizations for these on-going Cultural Activities, held at the Hillcrest Center for the Arts

**CONEJO VALLEY FOLK DANCERS, Age 18+** International line and circle dancing; Wednesdays, 7:30-9:30pm. No partners needed. Info: Jill Lundgren, 805-497-1957.

**CONEJO GEM & MINERAL CLUB, All Ages** Promoting the knowledge of minerals, geology, fossils, lapidary arts, and more; general meetings, 2nd Thursday, 7:30pm. Info: Robert Sankovich, 805-494-7734, www.cgamc.org.

**PEOPLE SKETCHERS, Age 18+** This drop-in group of artists draws the human figure from life; Thursdays, 10:00am-1:00pm, \$20/session, Info: Helene Freeman. 818-571-3556.

# **AQUATICS**

AQUATICS/COMMUNITY POOL AT CALIFORNIA LUTHERAN UNIVERSITY, 100 Overton Court, Thousand Oaks, CA 91360 Phone: 805-241-0894 E-mail: aquatics@crpd.org • POOL CONDITION (RAIN) INFORMATION: 805-381-1237

Office Hours: Monday-Friday 9:00am-5:00pm Aguatics Supervisor: Dee Pearson • Aguatics Pool Operator/Manager: Xavier Volgenau



### REMINDER FOR PARENTS

Participants for classes that do not meet minimum enrollment (75% full) will be contacted with options to convert class into a semi-private instruction, private instruction, or move to another time slot.

For children less than age five who are just learning to swim, a minimum of two sessions of repeated lessons is recommended. Please alert the instructor before the first class if there are any special needs or other situations that may help us enhance your child's learning experience.

Classes are taught by American Red Cross certified and trained instructors.

Due to high demand and adjustment to class there are no make- ups allowed unless noted or cancelled by CRPD.

\*\*NOTE: Session dates, times, and prices are available at www.crpd.org/reg

COMPLETION OF CLASS DOES NOT GUARANTEE ADVANCEMENT TO THE NEXT LEVEL.

PARENT AND CHILD, Age 6 mos.-3 yrs. Work with child through song and play, making parent and child comfortable in and possibly under water. Swim on front and back, change positions, and submerge in an up-and-down pattern.

PARENT/CHILD TINY TOT SEALS, Age 2.5-3.5 Recommend at least one session of Parent/Child. Work on movement along the wall, blowing bubbles, breath-holding, kicking, floating, arm strokes, and under water exploration. Participants must be proficient in the following assisted skills to take this class: enter and exit the pool using the stairs, hold their breath under water, floating on the back, and swim on front and back.

PARENT/CHILD POLLIWOGS, Age 3.5-5 Builds on skills from Tiny Tots, moving into deeper water. Improves arm/leg movements, gliding, floating. Introduces swimming without assistance. Emphasis on underwater exploration. For younger participants with limited experience. Participants must be able to hang on the wall without letting go and be proficient in the following skills unassisted: enter and exit the water, shuffle along the wall without letting go, follow verbal directions, and submerge fully underwater and blow bubbles.

PARENT/CHILD SEALS, Age 4-7 Builds on Polliwogs skills; continuing work on simultaneous leg/arm movements, improving floating, and gliding on front/back. For older participants with limited experience. Participants must be able to hang on the wall without letting go and be proficient in the following skills unassisted: submerge head under water 3 times, back glide to the instructor, front glide to the instructor, front float for 3 seconds, and back float for 3 seconds.

**DOLPHINS, Age 4-8** Participants should be able to make forward progress without assistance. Focuses on freestyle arm/ leg movements with rhythmic breathing (lifting head to breathe); elementary backstroke and survival swimming.

OTTERS, Age 5-10 Emphasizes strength, endurance, and coordination of freestyle. Introduces backstroke, breaststroke, and treading water. Participants should be comfortable swimming at the surface of the water with rhythmic breathing.

STINGRAYS, Age 5-12 Participants should be comfortable swimming 25 yards of freestyle and backstroke. Introduces the butterfly kick and surface dives; extended instruction in freestyle, backstroke, breaststroke, and treading water.

BARRACUDAS, Age 6-12 Focuses on swim endurance, stroke development, starts and finishes. Introduces full butterfly stroke, flip turns, and circle swimming. Participants in this level will be prepared to join the swim team.

PRIVATE INSTRUCTION, All ages One-on-one program designed specifically to your level of swimming ability.

SEMI-PRIVATE INSTRUCTION, All ages Two-on-one program designed for more personalized instruction for every swim level. Semi-private instructions offered for every group. See website for offerings.

CRPD SWIM TEAM, Age 8-16 A novice swim team geared towards preparing swimmers for a competitive environment. Swim competitions are available and are optional. Recommend participants successfully complete Barracuda/Sharks (Barracudas) before enrolling.

WATER POLO CONDITIONING, Age 8-13 Offers an introductory lesson into the sport of water polo. Participants should be able to swim 25 yards of freestyle, backstroke, and breaststroke. Basic treading water skills recommended. No previous water polo experience necessary.



# **AQUATICS**

AQUATICS/COMMUNITY POOL AT CALIFORNIA LUTHERAN UNIVERSITY, 100 Overton Court, Thousand Oaks, CA 91360 Phone: 805-241-0894

E-mail: aquatics@crpd.org • POOL CONDITION (RAIN) INFORMATION: 805-381-1237

**ADULT BEGINNER, Age 16+** Introduction to simultaneous leg and arm movements, floating, and gliding on front and back. Designed for adults with limited to no experience

### **SPECIALTY CLASSES**

**HOMESCHOOL SWIM TEAM, Age 10-18** Learn and improve correct technique of each stroke. Build strength and endurance while learning starts, turns, finishes. \*Must be able to swim 25 yards freestyle.

C803.4201 M 10:00-10:55am \$125 9/14-11/16 10 wks C803.4202 W 10:00-10:55am \$125 9/16-11/18 10 wks

**WATER WALKERS WORKOUT, Age 18**+ Feel the power of water. Learn how great it feels to work out really hard and not be in a lot of pain when you're done. Water shoes recommended not required. Instructor: Sharlene Caldwell.

C804.4201 F 9:00-10:00am \$53 9/4-9/25 4 wks C804.4202 F 9:00-10:00am \$53 10/2-10/23 4 wks

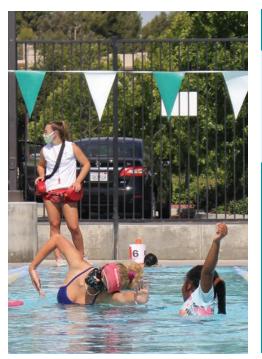
### ADULT SWIM TECHNIQUE TRAINING AND WORKOUT,

**Age 18+** Not ready for Masters Swim Team, start here! Improve swim technique, endurance, fitness in small group. Learn strokes and how to swim faster with less effort.

C805.4201 M/W 9:00-9:55am \$99 9/9-10/5 4 wks C805.4202 M/W 9:00-9:55am \$99 10/7-11/2 4 wks

**CRPD SWIM TEAM, Age 8-16** Instruction in competitive swimming techniques. Provides a positive and beneficial atmosphere focusing on the improvement of competitive swim strokes. Must have completed Stingrays level or its equivalent. Competition optional, schedule TBA. Bring goggles.

C800.4201	M/W	4:00-5:00pm	\$249	9/14-11/18	10 wks
C800.4202	M/W	5:00-6:00pm	\$249	9/14-11/18	10 wks
C800.4203	T/TH	9:00-10:00am	\$249	9/15-11/19	10 wks
C800.4204	T/TH	4:00-5:00pm	\$249	9/15-11/19	10 wks
C800.4205	T/TH	5:00-6:00pm	\$249	9/15-11/19	10 wks



# POOL

### COMMUNITY POOL AT CALIFORNIA LUTHERAN UNIVERSITY (CLU)

100 Overton Court, Thousand Oaks, CA 91360 (corner of Mountclef Boulevard and Olsen Road) • **805-241-0894** 

# LAP LANE HOURS & RESERVATIONS

Visit www.crpd.org/aquatics for more information.

**ADMISSION FEES** Ages 2-61 - \$4 Ages 62+ - \$3



# **SPORTS - LEAGUES / CLASSES / TENNIS**

Hillcrest Center, 403 West Hillcrest Drive, Thousand Oaks, CA • 91360 • Phone 805-495-4674 • Fax 805-381-2726 E-mail: sports@crpd.org • FIELD CONDITION/RAIN LINE: 805-381-1236

Monday-Friday: 9:00am-5:00pm

Recreation Supervisor: Dana Miller • Recreation Coordinator: Paul McCarter

### **SPECIAL EVENTS**

HIKER'S BOOTCAMP, Age 18+ Instructor: Tamara Walker.

Location: Various Parks in Conejo Valley.

2999.4201 M 9:00-10:15am \$40 9/21-10/12 4 wks 2999.4202 M 9:00-10:15am \$40 10/19-11/9 4 wks

YOGA: IN THE PARK, Age 16+ Instructor: Tamara Walker.

Location: Conejo Community Center. No class 9/16.

2906.4201 W 9:00-10:00am \$50 9/9-10/7 4 wks 2906.4202 W 9:00-10:00am \$50 10/14-11/4 4 wks

ZUMBA, Age 12+ Instructor: Amanda Welti.

Location: Conejo Creek North

2998.4201 T 8:30-9:30am \$63 9/8-10/27 8 wks 2998.4202 Th 8:30-9:30am \$63 9/10-10/29 8 wks



### **ABOUT OUR COACHES**

**TOTAL TENNIS ACADEMY (TTA)** has been teaching popular tennis classes locally for years. Highly trained certified coaches following a structured schedule. Students develop proper techniques and competitive skills while enjoying this lifetime sport.

### **TTA HEAD PROS**

Michael Gennette-TTA Director, U.S. Olympic Committee and 2016 USTA Player Development Coach of the Year, USPTA Certified Elite Pro.

Garry Coleman-TTA Area Coordinator, USPTA Certified Pro 1, former ranked player with 20+ years of teaching experience. **For private lessons call 805-495-0111.** 



### RISING STARS TENNIS ACADEMY(RSTA)

Introduces children (and their families) to the solid Fun-damentals of tennis.

### **RSTA HEAD PROS**

**Mila Horak**, Director of RSTA, PTR, MTM, award-winning USPTA P1 Coach.

**Lucile Bosche**, USTA, MTM, Certified. **For private lessons call 805-495-2220.** 



Basketball Soccer Softball Tennis Volleyball Cornhole Pickleball

Registration accepted for teams • Info: www.crpd.org/sports • 805-495-4674

Don't have a team? Contact the Sports O c e & we will assist you in ÿnding one!

# **ALEX FIORE THOUSAND OAKS TEEN CENTER**





1375 East Janss Road, Thousand Oaks, CA 91362 • Facility: 805-494-5156

Center E-Mail Address: Teencenterprograms@crpd.org • www.thousandoaksteencenter.com or www.crpd.org/tnc

Monday-Thursday 2:00pm-9:00pm • Friday 2:00pm -10:00pm • Saturday 11:00am-10:00pm • Sunday 1:00-5:00pm Teen Services Director: Sarah Daub, sdaub@crpd.org







Teen Services Coordinator: Jay Dodwell, jdodwell@crpd.org

# THE TEEN CENTER **IS THE PLACE** TO BE IF YOU'RE IN 7TH - 12TH GRADE

Our programs include a variety of recreational classes, educational workshops, seasonal camps, leagues, trips, dances, concerts, and great special events, as well as FREE drop-in recreation.

Check out our facility's awesome features: gymnasium, soundproof music room, a 1,700 sq. ft. game room complete with pool and ping pong tables, black light air hockey, foosball, free arcade games, vending machines, and multiple high-def big screen TV's with all the latest gaming systems. A computer lab with high speed internet is open and staffed during designated hours. We also have classrooms, a catering kitchen, and a social lobby with couches and a 65" TV.

Feel free to stop by and visit our facility, meet the staff, and check out our program offerings!



### **HIGH SCHOOL ONLY**

**ZOOM! TEEN LEADERSHIP CLUB, Age 15-17** 7:00-8:30pm NONE 9/1, 10/6, 11/3

**ELITE DRIVER'S EDUCATION, Age 15-17** Instructor: Mike Burgett.

9001.4201 Sa 11:00am-4:00pm\$100 9/12-10/10 5 wks

### **FITNESS**

**MOUNTAIN BIKING, Age 12-17** 

5:15-7:00pm \$82 9414.4201 W 9/9-10/21

NEW! NO TOUCH TAG - THE GAME, Age 12-17 Play many variations of this classic game using the outside of the building.

9424.4201 Sa 12:30-1:45pm \$58 9/26-10/31 6 wks

NEW! OUTDOOR FITNESS FUN, Age 12-17 Circuit Training that targets strength building and muscular endurance. Will take place in and around the Teen Center and adjoining narks.

9407.4201 W 3:00-4:00pm 9/16-10/28 7 wks 9407.4202 Th 5:00-6:00pm \$54 9/17-10/29 7 wks

### **JUST FOR GIRLS**

SELF-DEFENSE WORKSHOP, Age 12-17 Instruction provided by Newbury Park Martial Arts Academy. 9013.4201 Sa 12noon-1:00pm \$15

NEW! GIRLS ON THE RUN, Age 12-17 Develop a walk, jog, run program. Learn warm up techniques, endurance tricks, breathing, and setting goals.

9502.4201 T 4:00-5:00pm 9/15-10/27 7 wks

### SCIENCE AND TECHNOLOGY

ZOOM! COVID-19: AN INTRODUCTION, Age 12-17 Instructor: Dr. Steve Yoshinaga, Ph.D.

Single Student

9062.4201 T 7:00-8:30pm 9/15-10/13 5 wks Family

9062.4202 T 7:00-8:30pm 9/15-10/13 5 wks

ZOOM! NANO-SCIENCE! Age 12-17 Instructor:

Dr. Steve Yoshinaga, Ph.D.

9455.4201 W 4:00-5:30pm 9/9-10/21 7 wks

### **CAMPS**

NEW! GAMING CAMP, Age 12-17 Play the latest games on all platforms (XBOX 1, PS4, SWITCH). Tournaments will be conducted using the GIANT 25' Big Screen and Premium Sound!

9332.4201	M/W/F	4:00-5:00pm	\$46	9/14-9/25	2 wks
9332.4202	T/TH/F	4:00-5:00pm	\$46	9/29-10/9	2 wks
9332.4203	T/W/F	4:00-5:00pm	\$46	10/13-10/23	2 wks

# OUTREACH

This multipurpose community social service program is jointly sponsored by the Conejo Recreation and Park District and the Conejo Valley Unified School District. By design, outreach workers seek out and address the needs of noninvolved and hard-to-reach youths. Duties include truancy prevention programs, community referral service, recreational programming, and job skills training. Outreach staff may be contacted at the Thousand Oaks Teen Center at 805-494-5156.



Pete Martinez - pete@crpd.org Elizabeth Sorensen – esorensen@crpd.org Dan Nalbandian – dnalbandian@crpd.org

**NEW! LIFE TOOL BOX CAMP, Taught by the Youth Outreach** Workers, we will cover topics that will teach teens personal management and self-care skills, including: isolation, decision making, time management, job skills, dealing with emotions, and remote learning.

Age 12-14

9201.4201 M/W/F 9:00-10:00am 9201.4202 M/W/F 5:30-6:30pm 10/5-10/9 3 days Age 15-18 9201.4203 M/W/F 9:00-10:00am 9/21-9/25 3 days 9201.4203 M/W/F 5:30-6:30pm 10/19-10/23 3 days

> The Thousand Oaks Teen Center is putting together a

### **Student Support Study Sessions**

to assist students with their remote school. Please let us know if you are interested in registering for the program or if you would be interested in being a tutor. More information will be posted at

www.thousandoaksteencenter.com

# THERAPEUTIC RECREATION

1600 Marview Drive, Thousand Oaks, CA 91362 • Phone: 805-381-2739 • Fax: 805-381-2874 E-mail: therapeutics@crpd.org • Web site: www.crpd.org/therapeuticrecreation • Office Closed: 5/25

@CRPDTherapeuticRecreation

Recreation Supervisor: Devon Herbert, RTC, MA; Therapeutic Recreation/Inclusion Recreation Coordinator: Sheryl Jue, CTRS, RTC

THERAPEUTIC RECREATION PROGRAMS ARE DESIGNED FOR INDIVIDUALS WITH SPECIAL NEEDS

NOTE: Unless otherwise specified, all programs are conducted at Old Meadows Center.

### **VOLUNTEERS**

Volunteers work with Therapeutic Recreation staff to enhance the success and enjoyment of each program participant. Anyone 15 years and older or under 15 with parental supervision is encouraged to participate.

### **FITNESS**

4583.4201 W

### SWIM TEAM, Age 8+

4510.4201	W	As scheduled	\$56	9/9-10/21	7 wks
LET'S DAN	CE! Age	15+			

### **NEW!** ZUMBA® FOR SPECIAL NEEDS POPULATIONS, All ages

family members are welcome to register for this class as it is uniquely designed by the Instructor so as to bring out the very best version of each participant. The choreography is modified to suit the needs of those who are attending on any given day. These activities are all interactive and includes performing dances in various formations including, Circles, Conga lines, dance battles and partner dancing. Instructor: Amanda Welti. Sponsored by Fit 4 The Cause.

1024.4201 III 4.00 3.00piii 434 3/10 10/22 7 Wils	4624.4201	Th	4:00-5:00pm	\$34	9/10-10/22	7 wks
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### TOTAL BODY WORKOUT, Age 13+

4515.4201 Sa 9:00-10:30am \$64 9/5-10/24 8 wks

### **SCHOOL CAMPS**

### PRESCHOOL CAMP, Age 3-5 (INCLUSIVE)

4609.4201	T/Th	9:15-11:15am	\$45	9/8-9/10	2 days
4609.4202	T/Th	9:15-11:15am	\$45	9/15-9/17	2 days
4609.4203	T/Th	9:15-11:15am	\$45	9/22-9/24	2 days

### TR YOUTH SCHOOL CAMP, Age 5-13

T-F	9:00-2:00pm	\$140	9/8-9/11	4 days
W/F	9:00-2:00pm	\$70	9/9-9/11	2 days
M-F	9:00-2:00pm	\$175	9/14-9/18	5 days
M/W/F	9:00-2:00pm	\$105	9/14-9/18	3 days
M-F	9:00-2:00pm	\$175	9/21-9/25	5 days
M/W/F	9:00-2:00pm	\$105	9/21-9/25	3 days
	W/F M-F M/W/F M-F	W/F 9:00-2:00pm M-F 9:00-2:00pm M/W/F 9:00-2:00pm M-F 9:00-2:00pm	W/F 9:00-2:00pm \$70 M-F 9:00-2:00pm \$175 M/W/F 9:00-2:00pm \$105 M-F 9:00-2:00pm \$175	W/F 9:00-2:00pm 570 9/9-9/11 M-F 9:00-2:00pm 5175 9/14-9/18 M/W/F 9:00-2:00pm 5105 9/14-9/18 M-F 9:00-2:00pm 5175 9/21-9/25

### TR TEEN SCHOOL CAMP, Age 14-22 Location: Crowley House

4614.4201	T-F	9:00-2:00pm	\$140	9/8-9/11	4 days
4615.4201	W/F	9:00-2:00pm	\$70	9/9-9/11	2 day
4614.4202	M-F	9:00-2:00pm	\$175	9/14-9/18	5 days
4615.4202	M/W/F	9:00-2:00pm	\$105	9/14-9/18	3 days
4614.4203	M-F	9:00-2:00pm	\$175	9/21-9/25	5 days
4615.4203	M/W/F	9:00-2:00pm	\$105	9/21-9/25	3 days

### **ADULT PROGRAMS**

skills, cooking, and learning new hobbies.

### **OLD MEADOWS DAY PROGRAM, Age 22+** Independent living

4606.4201	T-F	9:00-2:00pm	\$120	9/8-9/11	4 days
4608.4201	W/F	9:00-2:00pm	\$60	9/9-9/11	2 days
4606.4202	M-F	9:00-2:00pm	\$150	9/14-9/18	5 days
4608.4202	M/W/F	9:00-2:00pm	\$90	9/14-9/18	3 days
4606.4203	M-F	9:00-2:00pm	\$150	9/21-9/25	5 days
4608.4203	M/W/F	9:00-2:00pm	\$90	9/21-9/25	3 days

### **SOCIAL CLUBS**

Outside only and social distancing.

### **TEEN SOCIAL CLUB, Age 14-17**

4627.4201	W/F	3:00-4:00pm	\$20	9/9-9/11	2 days
4627.4202	M/W/F	3:00-4:00pm	\$30	9/15-9/17	3 days
4627.4203	M/W/F	3:00-4:00pm	\$30	9/22-9/24	3 days

### ADULT SOCIAL CLUB, Age 18+

4628.4201	W/F	4:00-5:00pm	\$20	9/9-9/11	2 day
4628.4202	M/W/F	4:00-5:00pm	\$30	9/15-9/17	3 day
4628.4203	M/W/F	4:00-5:00pm	\$30	9/22-9/24	3 day

### **VIRTUAL PROGRAMMING**

### ZOOM! BEGINNER YOGA, Age 8+

4590.4201	M	5:00-6:00pm	\$55	9/11-10/16	6 wks

### **ZOOM! VIRTUAL THURSDAYS**

ZUUM: VIKTUAL ITTUKSDATS						
	4658.4201	Th	3:30-4:30	\$32	9/3-9/24	4 wk

For class details, go to www.crpd.org/register





# THERAPEUTIC RECREATION

1600 Marview Drive, Thousand Oaks, CA 91362 • Phone: 805-381-2739 • Fax: 805-381-2874 E-mail: therapeutics@crpd.org • Web site: www.crpd.org/therapeuticrecreation



### **SPECIAL NEEDS RECREATION RESOURCES DIRECTORY**

Community-based recreation-related programs providing services expressly designed for individuals with disabilities may ask to be added to this list by calling 805-381-2739 or email claufenberg@crpd.org

Organization/Region	Phone	Email/Website
Actors for Autism (Westlake, Camarillo)		www.actorsforautism.org
Allwayz on Stage	818-612-2001	www.allwayzonstage.com
AYSO VIP Soccer	Thousand Oaks	vip@ayso9.org
	Camarillo	805-482-4005
	Simi Valley	vip@aysosimi.org
California Condors Ice Hockey (Simi)	805-520-7465	www.calspecialhockey.com
Center 4 Special Needs	805-379-1681	www.center4specialneeds.org
Challenger Little League Baseball	805-405-8510	Tom.Jankowski@StarRouteLLC.com
Best Day Foundation	713-569-3125	www.bestdayfoundation.org
Big Fun Gymnastics	310-837-7849	info@bigfungymnastics.com/www.bigfungymnastics.com
B-Mod Fitness	805-341-9188	coachjerry@mac.com/www.bmodfit.com
Brandon's Buddies	818-222-8118	brandonsbuddies@pacbell.net
Buddy Break (Nathaniel's Hope)		www.NathanielsHope.org
The Friendship Circle	818-865-2233	www.friendshipcircleca.org
Golden Heart Ranch (Agoura Hills)	310-798-9933	barbara@goldenheartranch.org www.goldenheartranch.org
National Arts and Disability Ctr	310-825-5054	www.semel.ucla.edu/nadc
New Directions Travel	805-967-2841	www.newdirectionstravel.org
Next Chapter Book Club	805-449-2660 ext. 7318	
Oak Park Rec & Park-Special Needs Prog	818-865-9304	www.rsrpd.org
Pleasant Valley RPD Adaptive Rec Programs	805-482-1996	www.pvrpd.org
Rainbow Connection		
Rancho Simi RPD- Alternative Recreation	805-584-4400	www.rsrpd.org
Reid's Gift/Kindling Studios (Newbury Park/Camarillo) .	310-853-0794	art@reidsgift.org/ www.kindlingstudios.org
Ride-ON Therapeutic Horsemanship	805-375-9078	Sara@rideon.org/www.rideon.org
Special Olympics Ventura County	805-650-7717	www.vcso.org
Surfer's Healing	877-966-SURF	www.surfershealing.org
Train4Autism (Newbury Park)		BrianThompson@Train4Autism.org
U.S. Adaptive Recreation Center	909-584-0269	mail@usarc.org/www.usarc.org

# AMERICAN DISABILITY ACT (ADA) COMPLIANCE: MISSION STATEMENT

Conejo Recreation and Park District (CRPD) strives to enrich quality of life through the provision of quality recreation programs. We welcome people with disabilities in all recreation opportunities provided by CRPD, both through specialized options (Therapeutic Recreation) and inclusion alternatives.

Please contact Devon Herbert at 805-495-6471 or Inclusion@crpd.org for further information on program choices, for help with making a selection, or to request a program modification. In order to evaluate and seek to reasonably accommodate your individual needs, we ask that you let us know of any requested modifications at the time of your registration.

### **ADA GRIEVANCE PROCEDURE**

CRPD has developed an internal grievance procedure for prompt and equitable resolution of complaints alleging any action prohibited by the United States Department of Justice regulations implementing Title II of the Americans with Disabilities Act (ADA).

Complaints should be addressed in writing to ADA Compliance Officer, Conejo Recreation and Park District, 403 W. Hillcrest Drive, Thousand Oaks, CA 91360 or by email at ADAcompliance@crpd.org

- A complaint should contain the name and address of the person filing it, and briefly describe the alleged violation of the regulations.
- Complaint should be filed within 30 days of the alleged violation.
- CRPD will conduct an investigation and notify the complainant of its findings within 30 days from receiving the written complaint.

Use of this grievance procedure is not a prerequisite to the pursuit of other remedies. CRPD strives to have all participants enjoy their experience in our programs and works to handle all concerns in a timely and fair manner.

# Conejo Community Center & Park Assessment Project

The Conejo Community Center, located at 1175 Hendrix Avenue, was built by volunteers in 1965, and, as it has aged, additional maintenance costs are incurred due to deterioration and inefficiencies. In addition, the needs and desires of the community have changed significantly over the past half-century.

CRPD's vision is to enhance this unique facility for the benefit of the community while retaining the "spirit" of Conejo Community Center and Park. After several months of public input, CRPD staff developed principals that will guide the future planning efforts.

On June 18, 2020, the CRPD Board of Directors approved a contract with Andrew Goodwin Designs for environmental, landscape architectural, and architectural design services for Conejo Community Center and Park improvements.



A Sense of Place is the most significantly cherished component of the current property. The Center and Park complex is an extension of the residents' homes and an integral part of the neighborhood.

**The Topography and Natural Features** will be preserved and remain intact, while further highlighting the natural value provided to the site. The development will be minimized to alter existing conditions, though major built features will complement the property to balance the developed site and natural terrain.

**The Renovated Center Building** will be expanded while keeping its character and scale that complements the neighborhood. The building will be brought up to today's construction standards and will be given improvements.

**Programming** abilities will be expanded with the additional interior and exterior spaces for current and future opportunities. Enhancements will be made for year-round programs and events.

We value your input! Email Andrew Mooney at amooney@crpd.org to provide your feedback and join our mailing list. You may also visit our website at www.crpd.org/cccproject for announcements, updates, and FAQs.

# **AREA ATHLETIC ORGANIZATIONS**

### **ACTIVITY REFUND POLICY**

Transfers and Refunds cannot be done online. Refunds are returned to the customer in the same manner that the original registration was paid. For example, if you paid via credit card then the refund will be credited directly to your card; if you paid cash, your refund will be returned by mail within 2-4 weeks of request. NO REFUNDS WILL BE GRANTED AFTER TWO WEEKS OF THE PROGRAM START DATE. This policy applies to all District-sponsored activities and special instruction classes.

### **A. CANCELLATIONS BY THE PARTICIPANT:**

- A full refund will be granted if the District is notified at least two business days (Monday-Friday) prior to the start of the program activity. If you cancel within two business days of the class starting, you will be charged for the first class.
- 2. A refund will be granted on a pro-rata basis if the District is notified prior to the date of the second meeting of the activity.
- 3. REFUNDS WILL NOT BE GRANTED AFTER THE SECOND MEETING.
- 4. Refunds for medical reasons will be granted on a pro-rata basis subject to written certification of such reasons by a physician.
- 5. Sports Leagues and Tournament Teams Refund (less cancellation fee) will be granted prior to the final confirmation of team schedule. No refund after the final schedule is posted.
- 6. Aquatics or Teen Center Excursions A \$5 cancellation fee per person, per activity will be assessed for each class/program or excursion. The Aquatics Refund Policy (www.crpd.org/aquaticsrefunds) has additional refund considerations.
- 7. **Day Camps** Refunds (less non-refundable registration fee) will be granted if two weeks' notice is given prior to each weekly session. If less than two weeks, no refund is granted.
- 8. **Preschool and Pre-Kindergarten:** A refund (less non-refundable registration fee) will be granted if District is notified at least two business days (Monday-Friday) prior to the start of program date. A refund will be granted on a prorated basis (less non-refundable registration fee) if the District is notified within two weeks after the program has started. No refunds will be granted after two weeks of the program start date.

### B. CANCELLATIONS BY THE DISTRICT:

- 1. A full refund will be made in the event an activity is cancelled by the District prior to the starting date.
- 2. A partial refund will be made on a pro-rata basis if the activity is cancelled prior to the conclusion of the program.

### **INCLUSION PROCESS**

The Conejo Recreation and Park District Inclusion Program can be utilized by children with special needs and/or challenging behaviors. To find out more, please check the box during the online registration process, on the registration form, or email inclusion@crpd.org.

ORGANIZATION	PHONE	WEBSITE	SPORT
Amateur Baseball Dev. Group		www.ABDG.org	. Baseball/Youth
AYSO #4 Agoura/Westlake	818-707-8557	www.aysoregion4.com	Soccer/Youth
AYSO #9 Thousand Oaks		www.ayso9.org	. Soccer/Youth
AYSO #42 Newbury Park		www.aysoregion42.org	. Soccer/Youth
Borchard Mixed Doubles	805-498-8235		Tennis/Adult
Conejo Valley Bulldogs		www.bulldogsfieldhockey.com	. Field Hockey/Youth/Adult
Conejo Fencers	805-495-2163	www.conejofencers.com	. Fencing/12+
Conejo Simi Swim Club	805-624-0559	www.csaswim.com	. Aquatics
Conejo Soccer Club 76	805-427-5852	www.tc-soccer.com	. Soccer/Adult
Conejo Valley Cyclists		www.cvcbike.org	. Cycling/Mtn. Biking
Conejo Valley Little League		www.cvll.net	. Baseball/Boys
Conejo Valley Multisport Master	818-469-9972	www.conejovalleymultisportmasters.com	. Swim Mstrs/Triathlons
Conejo Valley Youth Tennis League.	805-495-0111	www.totaltennisacademy.org	. Tennis
Conejo Youth Basketball		www.cyba.org	. Basketball/Youth
Conejo Youth Flag Football Assoc		www.cyffa.com	. Flag Football/Youth
Field Hockey Federation		www.socalfieldhockey.com	. Field Hockey/All Ages
LA Galaxy Conejo Valley		www.lagalaxyconejovalley.com	Soccer/Youth
Newbury Park Basketball Assoc		www.npbasketball.org	. Basketball/Youth
Newbury Park Boys Pony Baseball .		www.nppb.org	. Baseball/Boys
Newbury Park Girls Softball		www.newburyparkgirlssoftball.org	Softball/Girls
Newbury Park Prowlers Lacrosse		www.nplax.com	Lacrosse/HS
Newbury Park Soccer Club		www.newburyparksoccerclub.com	Soccer/Youth
Newbury Park Steelers Football		www.newburyparksteelers.com	. Football-Contact
Old Kranks Bicycle Club	805-573-1154	www.oldkranks.com	Biking/Seniors 50+
Orca Youth Rugby	818-377-4993	www.orcayouthrugby.org	Rugby/Youth
Pacific Coast Predators Softball	818-601-6419	predatorsoftball@aol.com	Softball/Youth
Real So Cal Soccer	818-321-3229	www.realsocal.org	. Soccer/Youth
Silverfin Lacrosse		www.silverfinlacrosse.com	Lacrosse/Youth/HS
Southern California Lacrosse	805-279-5315	www.scla-online.com	Lacrosse/Youth/HS
So Cal Pumas	805-368-5435	www.socalpumas.com	Softball/Girls
South Coast Aquatics	805-660-2082	www.southcoastaquatics.com	. Youth Swim/Mstrs/Diving
South Coast Water Polo	805-660-2082	www.southcoastaquatics.com	. Water Polo
Thousand Oaks Badminton Club		www.tobadminton.org	. Badminton
Thousand Oaks Flyers Track Club		www.toflyers.org	Track/Youth
Thousand Oaks Girls Softball		www.togsa.org	Softball/Girls
Thousand Oaks Lacrosse		www.tolacrosse.com	Lacrosse/HS
Thousand Oaks Little League		www.tolittleleague.com	. Baseball/Boys
Thousand Oaks Senior Softball	805-381-2744	gacc@crpd.org	Softball/Seniors 50+
Thousand Oaks Titans		www.totitans.com	. Football-Contact
United States Youth Volleyball	888-988-7985	www.usyvl.org	Volleyball/Youth
Westlake/Agoura Girls Softball		www.wags411.org	Softball/Girls
Westlake Baseball Assoc		www.westlakebaseball.org	Baseball/Boys
Wildflower Adult Tennis	805-493-5854		Tennis/Adults
Ventura County Rugby Club		www.venturacountyrugbyclub.com	Rugby



# **RECREATION PROGRAM ACTIVITY LOCATIONS**

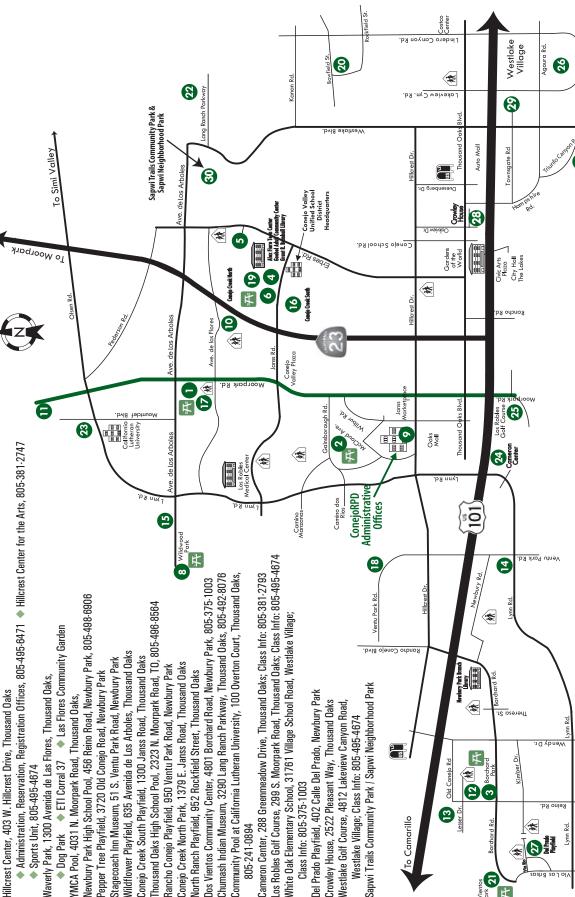
- Thousand Oaks Community Center, 2525 N. Moorpark Road, Thousand Oaks, 805-381-2793
- Conejo Community Center / Conejo Valley Botanic Gardens, 1175 Hendrix Avenue, Thousand Oaks, 805-495-2163
  - Borchard Community Center, 190 Reino Road, 805-381-2791
- Goebel Adult Community Center, 1385 E. Janss Road, Thousand Oaks, 805-381-2744
  - Old Meadows Center, 1600 Marview Drive, Thousand Oaks, 805-381-2739
- Alex Fiore Thousand Oaks Teen Center, 1375 E. Janss Road, Thousand Oaks, 805-494-5156

  - Friunfo Park, 980 Aranmoor Avenue, Westlake Village
    - Wildwood Regional Park, 650 W. Avenida de Los Arboles, Thousand Oaks Hillcrest Center, 403 W. Hillcrest Drive, Thousand Oaks
- Administration, Reservation, Registration Offices, 805-495-6471 🔷 Hillcrest Center for the Arts, 805-381-2747
  - Sports Unit, 805-495-4674
- ₽.
- Waverly Park, 1300 Avenida de Las Flores, Thousand Oaks,
- YMCA Pool, 4031 N. Moorpark Road, Thousand Oaks,
- Stagecoach Inn Museum, 51 S. Ventu Park Road, Newbury Park
- Thousand Oaks High School Pool, 2323 N. Moorpark Road, TO, 805-496-8564
- - Conejo Creek North Park, 1379 E. Janss Road, Thousand Oaks Rancho Conejo Playfield, 950 Ventu Park Road, Newbury Park
- North Ranch Playfield, 952 Rockfield Street, Thousand Oaks
- Dos Vientos Community Center, 4801 Borchard Road, Newbury Park, 805-375-1003
- Community Pool at California Lutheran University, 100 Overton Court, Thousand Oaks, Chumash Indian Museum, 3290 Lang Ranch Parkway, Thousand Oaks, 805-492-8076 11. 12. 13. 14. 17. 19. 20. 22. 23.
  - 805-241-0894
- Los Robles Golf Course, 299 S. Moorpark Road, Thousand Oaks; Class Info: 805-495-4674 Cameron Center, 288 Greenmeadow Drive, Thousand Oaks; Class Info: 805-381-2793 24. 25.
- Del Prado Playfield, 402 Calle Del Prado, Newbury Park
- Crowley House, 2522 Pleasant Way, Thousand Oaks 27. 28. 29.
  - Westlake Golf Course, 4812 Lakeview Canyon Road, Westlake Village; Class Info: 805-495-4674
- Sapwi Trails Community Park / Sapwi Neighborhood Park 30





Conejo



# REGISTRATION DATES

### **District Residents:**

To keep our customers and staff as safe as possible, CRPD will be opening Fall 2020 classes for registration on a rolling basis (as staffing and health precautions are taken). **Notices will be posted on www.crpd.org and our social media (@ConejoRPD) on FRIDAY AFTERNOONS for classes opening for registration the following Monday.** 

### **Out-Of-District Residents:**

Out-of-District registration is not available due to COVID-19 and State/County Public Health Guidelines. Notices will be posted on CRPD's website and social media when Out-of-District Registration resumes.

# **3** EASY WAYS TO REGISTER

- REGISTER ONLINE AT WWW.CRPD.ORG/REG with your Visa, MC, AmEx, Disc or Visa/MC debit card
- 2. BY FAX AT 805-777-7391 with your Visa, MC, AmEx, Disc or Visa/MC debit card
- 3. REGISTER BY MAIL
  with your check/credit card; Registration Services,
  403 W. Hillcrest Dr., Thousand Oaks, CA 91360

# QUESTIONS

Registration Help/Internet Issues: 805-381-2735

Class Content & Ages/Instructor Info/etc:

Call the center presenting the class directly

Phone numbers are listed at the top of the catalog page where the class is shown

# **WAITLIST**

Waitlists are established for activities that reach maximum enrollment.
We encourage waitlist registration when classes are full — staff will contact those on waitlists to form additional classes or fill cancellations. Also, waitlists let us know that additional classes of this type are desired!

# **OUR PARTNERS**

We are proud to work with the following organizations - providing facilities and programs for your education and enjoyment.

### **Arts Council of the Conejo Valley**

403 W. Hillcrest Drive Thousand Oaks, CA 91360 805-381-2747 www.conejoarts.org

### **Chumash Indian Museum**

3290 Lang Ranch Parkway Thousand Oaks, CA 91362 805-492-8076 www.chumashmuseum.org

### Conejo Off-Leash Areas Friends (COLA)

P.O. Box 19045 Newbury Park, CA 91319 www.conejooffleash.org

### **Conejo Valley Botanic Garden**

400 W. Gainsborough Road Thousand Oaks, CA 91360 805-494-7630 www.conejogarden.org

### Equestrian Trails, Inc. Corral #37

1112 Waverly Heights Drive Thousand Oaks, CA 91360 www.eti37.org

### **Las Flores Community Garden**

1300 Avenida de Las Flores Thousand Oaks, CA 91360 805-358-2835 www.lasfloresgarden.com

### **Ride-On Therapeutic Horsemanship**

401 Ronel Court Thousand Oaks, CA 91360 805-375-9078 www.rideon.org

### **Stagecoach Inn Museum**

51 South Ventu Park Road Newbury Park, CA 91320 805-498-9441 www.stagecoachmuseum.org

**OUR MISSION** 

"To enrich the quality of life for our community by preserving and enhancing recreational opportunities, parks and open space."

### **CRPD FAX/Mail-In Registration Form**

2 Complete Registration Form below and SIGN WAIVER! Select activity/ies. **3** Mail or FAX form with your check or credit/debit card number:

\*CRPD Registration, 403 W. Hillcrest Dr., Thousand Oaks, CA 91360 \*FAX: 805-777-7391 Adult Name First City\_ Address State Cell Phone Numbers Day Check here for address or name change: Email Address **ACTIVITY NUMBER/TITLE** Participant's Full Name Birthdate 1st Choice Sex 1st Choice 3rd Choice 2nd Choice M/F Fee TOTAL — Visa Visa/MC Check/Debit Card MasterCard Discover Check/Money Order (payable to CRPD) AmEx Method of Payment: Cardholder's Name (please print) Signature Charge to Card # **ONE FAMILY PER REGISTRATION** • Date of birth MUST be included for YOUTH participants • **DO NOT MAIL CASH**. Write one check for total amount; returned checks subject to \$25 fee. NOTE: CRPD does not check the background of program participants. AGREEMENT, WAIVER, AND RELEASE In consideration for being permitted by the Conejo Recreation & Park District ("CRPD"), City of Thousand Oaks ("CTO"), Conejo Open

Space Conservation Agency ("COSCA"), Conejo Valley Unified School District ("CVUSD"), and City of Westlake Village ("WLV") to participate in the above activities, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activities. This release is intended to discharge in advance the CRPD, CTO, COSCA, CVUSD, and WLV (collectively "entities") (including their officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activities, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this waiver, release, and assumption of risk is to be binding on my heirs, administrators, executors, and assigns, and that I shall indemnify and to hold the above persons or entities (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or is connected in any way with my participation in said activities. Additionally, I fully understand that my participation in the above-referenced activities exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

VIRTUAL CLASS RELEASE: I hereby warrant and agree, that the conditions of my environment are safe, free from obstructions, and are suitable for participation in the above-referenced activity. I further understand and agree that any material downloaded, viewed or otherwise obtained through my participation in said activity is done at my own risk and the District is not responsible for any loss, alteration, corruption or other damage to my personal property, including computers, networks and other property used as part of my participation.

PHOTOGRAPHIC RELEASE: I understand that photographs may be taken during these activities and hereby grant the District permission to use any such photo(s) for advertising or in promotional materials.

PARENTAL/GUARDIAN CONSENT (to be completed/signed by parent/guardian if participant is under 18 years of age): I hereby consent that those listed above participate in the above activities, and I hereby execute the above Agreement, Waiver, and Release on his/ her/their behalf. I state that said minors are physically able to participate in said activities. I hereby agree to indemnify and hold the persons and entities mentioned above (including their officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or is connected in any way with said minor/s' participation in said activity.

I UNDERSTAND THAT IMPORTANT INFORMATION is available regarding 1) concussions that may occur during physical activities, and 2) information regarding the use of opioids, and acknowledge receipt of the information via www.crpd.org/concussion & www.crpd.org/opioid.

CONSENT FOR EMERGENCY MEDICAL TREATMENT: As the participant or the parent, legal guardian, or appointed conservator of the participant of this program, I hereby give consent to CRPD to obtain all medical or dental care for myself or my dependent as prescribed by a duly licensed medical professional. This care may be given for whatever conditions are necessary to preserve the life, limb, and well-being of myself or my dependent.

I UNDERSTAND THAT CRPD HAS A CODE OF CONDUCT (www.crpd.org/conduct) and agree to abide by its conditions.

	EFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTANI E OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE ORGANIZA	
Signature	Name (Printed)  I am requesting information regarding the Inclusion Process.	Date
	Please make sure a CRPD staff person is on-site before leaving children at a sch	neduled activity.



### **Conejo Recreation & Park District**

Hillcrest Center 403 West Hillcrest Dr. Thousand Oaks, CA 91360 www.crpd.org

# RESIDENTIAL **CUSTOMER**

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