



GOEBEL ADULT COMMUNITY CENTER

DROP-IN GROUP SCHEDULE

Goebel Adult Community Center
 1385 E. Janss Road, Thousand Oaks, CA 91362
 For more information call: (805) 381-2744
 or visit www.crpdpd.org/gacc

SEE MONTHLY NEWSLETTER FOR MORE INFORMATION AND LOCATIONS

Revised: 5/3/18

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p style="text-align: center;"><u>8:30 am</u> Basketball @ Teen Center</p> <p style="text-align: center;"><u>9:00 am</u> Advanced Mah-Jongg Billiards Cribbage CSVP Busy Bees Workshop</p> <p style="text-align: center;"><u>9:30 am</u> Horseshoes</p> <p style="text-align: center;"><u>10:00 am</u> Partnership Bridge</p> <p style="text-align: center;"><u>11:30 am</u> Lunch-Senior Nutrition Program</p> <p style="text-align: center;"><u>12:00 pm</u> Canasta (2nd & 4th Mondays)</p> <p style="text-align: center;"><u>12:15 pm</u> Humdinger Singers</p> <p style="text-align: center;"><u>1:30pm</u> CSVP Teddy Bears Workshop</p> <p style="text-align: center;"><u>6:00pm</u> Intergenerational Chess Club</p> <p style="text-align: center;"><u>7:00pm</u> Active Singles</p>	<p style="text-align: center;"><u>8:00 am</u> Badminton @ Teen Center</p> <p style="text-align: center;"><u>8:30 am</u> Softball @ Wildflower Playfield Billiards</p> <p style="text-align: center;"><u>9:00 am</u> Blood Pressure Checks Intermediate Bridge Pinochle</p> <p style="text-align: center;"><u>9:30 am</u> Horseshoes</p> <p style="text-align: center;"><u>10:00 am</u> Men's Discussion Group Partnership Bridge</p> <p style="text-align: center;"><u>11:00 am</u> Widows/Widowers Support</p> <p style="text-align: center;"><u>11:30 am</u> Lunch-Senior Nutrition Program</p> <p style="text-align: center;"><u>12:15 pm</u> Widows/Widowers Support</p> <p style="text-align: center;"><u>12:30 pm</u> Intermediate/Advanced Bridge</p> <p style="text-align: center;"><u>1:00 pm</u> Bingo Veterans Services (2nd Tuesdays) Wii Bowling League</p> <p style="text-align: center;"><u>1:30 pm</u> Women's Discussion Group</p> <p style="text-align: center;"><u>4:30 pm</u> Table Tennis</p> <p style="text-align: center;"><u>7:00 pm</u> Book Discussion Group (2nd Tuesdays)</p>	<p style="text-align: center;"><u>8:30 am</u> Basketball @ Teen Center Billiards</p> <p style="text-align: center;"><u>9:00 am</u> Rummy Tile & Cribbage CSVP Crafters Workshop</p> <p style="text-align: center;"><u>10:00am</u> Social Dancing</p> <p style="text-align: center;"><u>10:15 am</u> Literature Discussion Group</p> <p style="text-align: center;"><u>11:00 am</u> Canasta</p> <p style="text-align: center;"><u>11:30 am</u> Lunch-Senior Nutrition Program Line Dance Practice</p> <p style="text-align: center;"><u>1:00 pm</u> CSVP Nifty Ladies Workshop Wii Bowling League MS Support Group (3rd Wednesdays)</p> <p style="text-align: center;"><u>1:30 pm</u> Diabetes Support Group (4th Wednesdays)</p> <p style="text-align: center;"><u>2:00 pm</u> Men's Discussion Group Genealogy</p> <p style="text-align: center;"><u>2:30 pm</u> Ukulele Strummers & Singers</p> <p style="text-align: center;"><u>6:30 pm</u> Prostate Cancer Group (1st Wednesdays)</p> <p style="text-align: center;"><u>7:00 pm</u> Conejo Senior Singles Group</p>	<p style="text-align: center;"><u>8:00 am</u> Badminton @ Teen Center</p> <p style="text-align: center;"><u>8:30 am</u> Billiards</p> <p style="text-align: center;"><u>9:00 am</u> Advanced Mah-Jongg Scrabble</p> <p style="text-align: center;"><u>9:30 am</u> Horseshoes</p> <p style="text-align: center;"><u>11:30 am</u> Lunch-Senior Nutrition Program</p> <p style="text-align: center;"><u>12:00 pm</u> Intermediate Bridge</p> <p style="text-align: center;"><u>12:30 pm</u> Dominos CV Senior Dance Orchestra</p> <p style="text-align: center;"><u>2:00 pm</u> Wii Bowling League</p> <p style="text-align: center;"><u>2:15 pm</u> Men's Discussion Group</p> <p style="text-align: center;"><u>3:15 pm</u> Jewish Discussion Group</p> <p style="text-align: center;"><u>4:30 pm</u> Table Tennis</p> <p style="text-align: center;"><u>6:30pm</u> Stamp Club (1st & 3rd Thursdays)</p> <p style="text-align: center;"><u>7:00 pm</u> History Book Discussion (2nd Thursdays)</p>	<p style="text-align: center;"><u>8:30 am</u> Basketball @ Teen Center Billiards Softball @ Wildflower Playfield</p> <p style="text-align: center;"><u>9:00 am</u> Forever Young Singers</p> <p style="text-align: center;"><u>9:30 am</u> Alzheimer Support Group (1st & 3rd Fridays)</p> <p style="text-align: center;"><u>10:00 am</u> Low Vision Evaluations (2nd Fridays) Low Vision Support Group</p> <p style="text-align: center;"><u>11:30 am</u> Lunch-Senior Nutrition Program</p> <p style="text-align: center;"><u>1:00 pm</u> Bingo</p> <p style="text-align: center;"><u>5:00 pm</u> Friday Night Bingo (once a month-see Newsletter for date)</p> <p style="text-align: center;"><u>SATURDAY</u> <u>12:00 pm</u> CV Writer's Group (2nd Saturdays)</p> <p style="text-align: center;"><u>12:15 pm</u> Arthritis Support Group (2nd Saturdays)</p> <p style="text-align: center;"><u>12:30 pm</u> Post Polio Syndrome Support (1st Saturdays)</p> <p style="text-align: center;"><u>1:00 pm</u> Bingo</p> <p style="text-align: center;"><u>6:30 pm</u> T.O. Dance Club Dance (1st & 3rd Saturdays)</p> <p style="text-align: center;"><u>7:30 pm</u> Buckles & Bows (4th Saturdays)</p>

