

EDITION:
September 2026

The Goebel Gazette

Enrich • Engage • Explore



Goebel

Adult Community Center

 805-381-2744

 1385 East Janss Road
Thousand Oaks, CA 91362

 gacc@crpd.org

 crpd.org/gacc

HOURS OF OPERATION

Monday - Thursday:
8:30am- 9:00pm

Please Note:
-Holiday Hours-
GACC will be **CLOSED** on
Monday, September 7th
in observance of Labor Day

Friday:
8:30am-5:00pm

Saturday:
12noon-4:00pm

Sunday:
Closed



GOEBEL ADULT CENTER'S ANNUAL Save the Date! **VETERANS DAY** *Breakfast* & **USO Show** **WEDNESDAY, NOVEMBER 11, 2026**

VETERANS, JOIN US FOR A COMPLIMENTARY BREAKFAST AS WE CELEBRATE AND HONOR YOUR EXTRAORDINARY SERVICE!

Beginning October 7th tickets are available to Veterans and their guest (2-ticket limit per person). Pick up tickets, in-person only, at the Goebel Adult Center front desk.

GET YOUR TICKET EARLY, SPACE IS LIMITED! DUE TO LIMITED TICKETS, THOSE WHO ARE NOT A VETERAN ARE INVITED TO PICK UP ANY REMAINING TICKETS BEGINNING MONDAY, NOVEMBER 9TH



Save the Date!

Goebel Adult Center's Annual
HOLIDAY CRAFT BAZAAR
Saturday, November 21, 2026
10:00am-3:00pm

**Interested in participating as a vendor?
Applications will be available beginning October 1st**



•SEMINARS
•WORKSHOPS
•PRESENTATIONS

Seating is limited; unless otherwise noted, the following are free to attend and require a reservation.
3 easy ways to reserve your seat!

1. Call 805-381-2744
2. Email gacc@crpd.org
3. Visit the GACC front desk

NEW MATURE DATING CONNECTION

Mondays • 12:30-2:00pm (no meeting 9/7)

A new support group for men & women ages 65+ who wish to navigate the often challenging world of dating.

This group provides a safe space to share experiences and learn from one another, fostering personal growth and a deeper understanding of the dating landscape.

While registration is not required, we kindly ask that you contact one of the moderators before attending.

Facilitators: Barbara Silberberg, LMFT, 818-427-1228 and Lois Wax, Certified Life Coach, 818-422-2858

NEW HEALTH NEWS DISCUSSION GROUP

Wednesday, 9/9 • 9:00-10:30am

A monthly discussion group focused on **Health News** and its relevance to older adults. The topic for this month will explore **"Coffee and Health"**. Participate in an engaging and informative conversation. **Group Leader: Dr. Ben Capper**

This is an ongoing discussion group, and will meet on the 2nd Wed. of each month. Drop-in only, reservations are not required.

LOVE ON A LEASH • THERAPY DOGS

Tuesday, 9/1 • 12noon

Therapy dogs and their handlers visit the Goebel Adult Center on the **first Tuesdays of each month** to provide comfort and happiness to everyone. Stop by to say hi!

Did you know that a therapy pet's primary function is to brighten someone's day? Love on a Leash® is committed to bringing happiness and healing to more people nationwide by increasing public awareness of pet-provided therapy.

BLOOD PRESSURE READINGS

Wednesday, 9/2 • 9:30-11:30am

Fridays, 9/4, 9/18, & 9/25 • 9:00-10:30am

Thuc & Ben, CSVP Volunteers and trained healthcare professionals, provide **complimentary** blood pressure checks at the Goebel Adult Center.

Drop-in only; reservations not required.

TECH HELP WITH JACOB

**Fridays, 9/4, 9/11, 9/18, & 9/25
by appointment only**

By appointment only, Jacob, GACC Volunteer, offers **free** 30-minute basic technology assistance for adults ages 50+. **6 appointments available between 12noon-3:00pm each day.** Don't forget to bring your phone/tablet, and specific questions!

To reserve a 30-minute appt., call 805-381-2744, email gacc@crpd.org, or visit the GACC front desk.

HAIRCUTS BY RODNEY

**PLEASE NOTE: only one date
for haircuts this month**

Monday, 9/21

Rodney offers *complimentary* haircuts to older adults on a first-come, first-served basis. Doors open at 8:30am, limited number of haircuts will be given each day. **HAIRCUT ONLY, NO BLOW DRY OR STYLING.** *To ensure fairness for everyone, each person is limited to **one haircut per month***

\$5 COMPUTER HELP APPOINTMENTS

Thursday, 9/10 • \$5 • by appointment only

Boost your tech confidence by scheduling a 30-min, appointment with Collin, GACC Senior Recreation Leader. **Bring your device and come prepared with specific questions.** (5 appointment slots available between 12noon-3:00pm) **\$5 for a 30-minute appointment.** Payment must be made at the time of reservation. **To register for an appointment, visit the GACC front desk or call 805-381-2744**

HEART & KIDNEY HEALTH SCREENING

Thursday, 9/10 • 10:00am-5:00pm

Sign up for a free blood test with Care Access, at the Goebel Adult Center. This test can give you critical insights into your risk of heart attack, heart disease, diabetes, kidney disease, and more. It's especially helpful if you have a family history of health problems.

Open to those ages 18+, must bring a government-issued photo ID card, and provide your email address the day of. Appointments encouraged, walk-ins accepted.

For more information about Care Access or to sign up for an appointment visit, careaccess.com/health-screening

TEENS HELP WITH TECH

Saturdays, 9/12 & 9/26 • 2:00-4:00pm

Westlake High School students provide **basic tech support** at the Goebel Adult Center on the 2nd & 4th Saturdays of each month. **Don't forget to bring your questions and device!** **First-come, first-served; reservations are not required.**

TAKE ME OUT TO THE BALLGAME DODGER GAME DAY WATCH PARTY!

Monday, 9/14 • 3:40pm



Join us at the Goebel Adult Center for all-you-can-eat Dodger dogs, hamburgers, nachos, popcorn, and peanuts. It's a perfect chance for both longtime fans and newcomers to enjoy the excitement of baseball. Game will be shown in the Goebel Cafe.

Tickets: On sale now! \$15 per person Purchase **in-person only** at the GACC front desk. **PLEASE NOTE:**

*4-ticket purchase limit per person *all tickets are non-refundable & nontransferable to other GACC events

•SEMINARS
•WORKSHOPS
•PRESENTATIONS

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3 easy ways to reserve your seat!

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3. Visit the **GACC front desk**

MEET ME AT THE MOVIES

Wednesday, 9/16 • 4:00pm

Title: Project Hail Mary • 2026 • Sci-fi/Adventure • Rating: PG-13 • Duration: 2 hours, 36 minutes

Starring: Ryan Gosling, Sandra Hüller, James Ortiz

Synopsis: A science teacher wakes up alone on a spaceship. As his memory returns, he uncovers a mission to stop a mysterious substance killing Earth's sun, and realizes that an unexpected friendship may be the key.

Seating is limited; reservations are required.

To reserve a seat, call 805-381-2744, email gacc@crpd.org, or visit the GACC front desk.

HOST A SUCCESSFUL "GAME NIGHT" OR "GET TOGETHER"

Thursday, 9/24 • 11:00am

It has been clinically proven that laughter, social interaction, and mental engagement are essential for a joyful and healthy mind. While finding activities that offer these benefits can be challenging, you can easily organize events that accomplish this with a bit of effort and a willingness to connect with friends—or even make new ones.

This presentation will equip you with the tools (fun, easy games) and strategies for hosting a successful Game Night or Get Together.

Presented by: Annette Broersma, M.S. Seating is limited; Reservations are required.

To reserve a seat, call 805-381-2744, email gacc@crpd.org, or visit the GACC front desk.

NAVIGATING FAMILY ESTRANGEMENT DISCUSSION GROUP

Friday • 9/25 • 1:00-2:00pm

A safe and supportive discussion group for individuals experiencing family estrangement; primarily parents who are alienated from a child, grandchild, or close relative. Connect with others who understand the struggle, share experiences, and explore pathways toward healing and re-connection.

Group Leader: Annette Broersma, M.S.

This support group will meet on the last Friday of each month. Drop-in only; reservations are not required.

DROP-IN SCRABBLE, AGES 18+

Mondays • 2:00-4:00pm (no meeting 9/7)

New Players Wanted! Free, drop-in Scrabble; Open to those ages 18+ Fun & friendly competition!

Drop-in only; reservations are not required.

GET THAT JOB!

Thursday, 10/15 • 10:00am-12noon

Are you an older adult who wants to find a job and you're not sure how or where to start? The Workforce Committee of the Ventura County Area Agency on Aging's Advisory Council will offer advice and assistance during this presentation. If you bring your laptop or tablet, hands-on assistance for job searching and completing online applications will be provided as time allows. Refreshments provided.

Seating is limited; reservations are required.

To reserve a seat, call 805-381-2744, email gacc@crpd.org, or visit the Goebel Adult Center front desk.

VHS TO DVD CONVERSION SERVICES

Services to resume in October- Date TBD

CSVP TAX ASSISTANCE & COUNSELING SERVICES

By appointment only, the **Conejo Senior Volunteer Program (CSVP)**, is providing **free** Tax Assistance & Counseling Services at the **Conejo Creek South Community Building, 1350 E. Janss Rd.,** on the **first Wednesdays of each month, until October, 2026.** CSVP will prepare and file income tax returns for years 2022-2025, prepare amended returns, and lend assistance with questions arising from letters and notices from the IRS or Franchise Tax Board, as well as other general tax related issues. **Appointments are required.**

For more information or to make an appointment, call or visit the CSVP office, 805-381-2742.

Goebel Adult Community Center's

BINGO!

Join us!

Tuesdays • Fridays • Saturdays

Day-Time Bingo Games:

Doors Open: 11:45am

Paper Sales End: 12:30pm

Games Start: 12:45pm

Day-Time Bingo - Important Info:

Cash Only • Open to Adults Ages 18+
Minimum Buy-in (one "4-on" paper): \$3
Payout of "4-ons" & "6-ons"= up to \$250
Additional Special Games= \$2 each
Payout of "Special Games"= up to \$500
All Day-Time Bingo Games= 85/15 Split

FRIDAY NIGHT BINGO

Friday, October 16, 2026

Saturday, December 12, 2026

**Special
Saturday Night
Holiday Bingo!**

Friday Night Bingo Games:

Paper Sales Start: 4:30pm

Sales Stop Promptly: 6:00pm

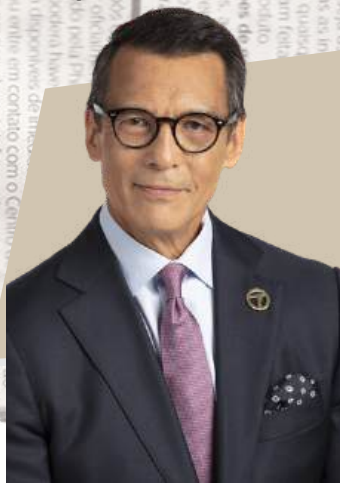
Games Start: 6:15pm

Friday Night Bingo - Important Info:

Cash Only • Open to Adults Ages 18+ • Papers Only
Minimum Buy-in (one set of all papers)= \$21
"4-on" Buy-in= \$5 "6-on" Buy-in= \$10
Payout of "4-ons" & "6-ons"= up to \$250
Additional Special Games= \$2 each
Double Action, Big Bucks Payout= up to \$500
All Night Bingo Games= 80/20 Split



The Goebel Senior Center Commission proudly presents an Entertainment "LIVE" Event!



Global Journalism

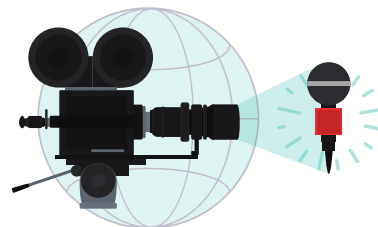
A PUBLIC LECTURE WITH:



David Ono

Sunday, November 15, 2026

3:00pm Doors open at 2:30pm



David Ono is the co-anchor for ABC7 Eyewitness News at 4:00pm and 6:00pm, and was recently named Anchor of the Year in the U.S. by Broadcast and Cable.

David joined ABC7 in 1996 and during that time has witnessed history worldwide, covering Hurricane Katrina, Haiti's earthquake, and Japan's tsunami.

Ono has been invited to the White House by President Barack Obama three times: Twice for exclusive one-on-one interviews, and once to make a speech about inclusion in America. David has produced multiple award-winning documentaries, two of which have made their way to the Smithsonian Institution.

David has won 12 Edward R. Murrow awards, 31 Emmys, 2 RTDNA National Unity Awards, 6 AAJA National Journalism Awards, and was honored with the Distinguished Journalist Award by the Society of Professional Journalists. He has also received both the journalist of the year as well as the lifetime achievement award by the LA Press Club.



Tickets:
\$10 per person



Tickets on sale, in-person only, beginning Wednesday, September 16

Phone sales begin Wednesday, September 23

****All tickets are nonrefundable and nontransferable to other GACC events or shows***

****Tickets purchased over the phone can be picked up at the Goebel Adult Center front desk or at "will-call" on the day of the show***



Goebel Adult Community Center
1385 East Janss Rd., Thousand Oaks, 91362
805-381-2744





THE GOEBEL SENIOR CENTER COMMISSION PROUDLY PRESENTS
AN ENTERTAINMENT "LIVE" EVENT



BOOGIE WONDERLAND

A Tribute to Earth Wind & Fire



Sunday, September 20, 2026
3:00pm (doors open at 2:30)

Earth Wind & Fire was by far one of the most influential bands in music history, with a repertoire that spans across genres and bridges the gap between generations.

SOLD OUT

\$10
per person

Tickets on sale now!

Purchase in-person or by phone

***All tickets are nonrefundable and nontransferable to other GACC events or shows**

***Tickets purchased over the phone can be picked up at the Goebel Adult Center front desk or at "will-call" on the day of the show**



**SAVE
the DATE**

GOEBEL ADULT CENTER'S ANNUAL

BRATS & BEER

OKTOBERFEST



**FRIDAY, OCTOBER 9, 2026
5:00-7:00PM**

TICKETS:

\$20 PER PERSON

**ON SALE BEGINNING
TUESDAY, SEPTEMBER 8**



**SAVE
the DATE**

H A L L O W E E N

BREAKFAST

**FRIDAY, OCTOBER 30, 2026
9:00AM**

TICKETS: \$20



ON SALE BEGINNING FRIDAY, SEPTEMBER 25



PRODUCED BY
LAURA CONWAY

HOSTED BY
CSVP
CONEJO SENIOR
VOLUNTEER
PROGRAM



**PURCHASE TICKETS
& DONATE TODAY!**

WWW.CHARITYKARAOKE.ORG



SUNDAY
OCTOBER 11, 2026



**THE CANYON
AGOURA HILLS**

28912 ROADSIDE DR,
AGOURA HILLS, CA 91301



**DOORS OPEN 4:45PM
SHOW 6:00PM**

**CONTESTANTS PERFORM WITH A LIVE BAND
TO WIN MONEY FOR CHARITIES**

Thank you to our 2026 Prize Sponsors



Stay Connected



WWW.CHARITYKARAOKE.ORG



@charitykaraoke

THE GOEBEL SENIOR CENTER COMMISSION PROUDLY PRESENTS AN ENTERTAINMENT "LIVE" EVENT:



THE SEDALIA RAGTIME ORCHESTRA

Thousand Oaks' Own Masters of the Ragtime Era!

The Sedalia Ragtime Orchestra performs music from the ragtime era, covering the period from 1897, with the publication of "Mississippi Rag," to 1917, when jazz began to dominate. While primarily focusing on original arrangements from a century ago, they occasionally include contemporary pieces like music from the 1998 Broadway show "Ragtime." Based in Thousand Oaks, California, their name honors Sedalia, Missouri, where Scott Joplin, "The King of Ragtime," began his career. Their repertoire features rags, marches, waltzes, vaudeville songs, novelties, spirituals, and dance numbers from that time.



Sunday, October 18, 2026 • 3:00pm

Doors open 2:30pm



Tickets on sale now!

PLEASE NOTE:

****All tickets are nonrefundable & nontransferable to other GACC shows/events***

****Tickets purchased over the phone can be picked up at the Goebel Adult Center front desk or at "will-call" on the day of the show.***

Session: **Fall 2026**

Fall 2026 Session Dates:
August 31-October 19, 2026
(no classes Monday, 9/7)

Conejo Recreation & Park District

REGISTER NOW

For class descriptions/to register for a class:

-Stop by the GACC Front Desk

-Call 805-381-2744 or 805-381-2735

-Visit crpd.org/register



HEALTH & FITNESS CLASSES

CHAIR-BASED STRENGTH & BALANCE, Age 50+

Instructor: Cathya Haas

Beginning/ Level 1 (no class 9/7)

CLASS FULL Mon, 8/31-10/19, 12:30-1:20pm, \$80/7 wks

CLASS FULL Fri, 9/4-10/23, 1:30-2:20pm, \$91/8 wks

Advanced/ Level 2 (no class 9/7)

Prerequisite: Level 1 Chair-Based Strength & Balance

Bring a pair of 2-3lb. hand weights

CLASS FULL Mon, 8/31-10/19, 11:30am-12:20pm, \$80/7 wks

CLASS FULL Fri, 9/4-10/23, 12:30-1:20pm, \$91/8 wks

SWORD FITNESS, Age 18+

Instructor: Body Brain Train *(no class 9/7 & 10/12)*

0842.4261 Mon, 8/31-10/19, 11:30am-12:15pm, \$85/7wks

FITDRUMMING, Age 18+

Instructor: Body Brain Train *(no class 9/7 & 10/12)*

0843.4261 Mon, 8/31-10/26, 1:00-1:45pm, \$85/7wks

DANCE IT OUT, Age 18+

Instructor: Janet Snyder, Dance Ten *(no class 9/7)*

0826.4261 Mon, 8/31-10/19, 2:30-3:10pm, \$79/7wks

CAPOEIRA, Age 18+

Instructor: Instructor Grande *(no class 9/22 & 9/24)*

0831.4261 Tues & Thurs, 9/1-10/22, 6:10-7:10pm, \$188/7wks

GENTLE YOGA, Age 50+

Instructor: Cici Bo

0832.4261 Wed, 9/9-10/21, 9:00-9:45am, \$91/7wks

STRETCH, TONE & BALANCE, Age 18+

Instructor: Kathy Bailey

0835.4261 Wed, 9/2-10/21, 1:15-2:10pm, \$75/8wks

CHAIR YOGA, Age 50+

Instructor: Allison Wilhelm *(no class 10/8)*

0870.4261 Thurs, 9/3-10/22, 10:00-10:45am, \$87/7wks

RELAX INTO BETTER SLEEP, Age 18+

Instructor: Jim Belsley

0830.4261 Fri, 9/4-10/2, 3:00-4:00pm, \$63/5wks

TAI-CHI, Age 50+

Instructor: Jean Stoutenborough

Introduction

0838.4261 Tues, 9/1-10/20, 8:30-9:30am, \$67/8 wks

*Beginning/ Intermediate**

Prerequisite: Introduction to Tai Chi or basic knowledge of Tai Chi*

0839.4261 Thurs, 9/3-10/22, 8:30-9:30am, \$67/8 wks

WALK THE CONEJO, Age 50+

Instructor: Barrie Silberberg *(no class 9/29)*

0845.4261 Tues, 9/1-10/13, 4:30-6:00pm, \$85/6wks

SCENIC HIKING CLASS, Age 50+

Instructor: Barrie Silberberg *(no class 9/30)*

(must be able to hike 2-3 miles with hills)

0844.4261 Wed, 9/2-10/14, 5:15-6:45pm, \$85/6wks

DANCE CLASSES

BALLROOM DANCE, Age 18+

Instructor: Janet Snyder, Dance Ten

Beginning/Level 1 (no class 9/7)

Foxtrot, Salsa, and Rumba

0824.4261 Mon, 8/31-10/19, 3:30-4:30pm, \$79/7wks

Intermediate/ Level 2 (no class 9/7)

Two to three dance styles chosen the first night of class

0825.4261 Mon, 8/31-10/19, 4:45-5:45pm, \$79/7wks

TAP DANCE, Age 18+

Instructor: Debbie Munz

Bring tap shoes, water bottle, and wear comfortable clothes

Advanced Tap

Prerequisite: Tap 1 or prior tap experience

0829.4261 Mon, 9/14-10/26, 5:00-6:00pm, \$73/7wks

Beginning Tap

0827.4261 Mon, 9/14-10/26, 6:00-7:00pm, \$73/7wks

0827.4262 Thurs, 9/3-10/22, 2:10-3:10pm, \$83/8wks

Tap 1

Prerequisite: Beginning Tap or prior tap experience

0828.4261 Mon, 9/14-10/26, 7:00-8:00pm, \$73/7wks

LINE DANCING, Age 18+

Instructor: Kathy Bailey

Wear smooth soled shoes and lightweight clothing.

No experience or partner needed

Beginning

0820.4261 Wed, 9/2-10/21, 2:15-3:10pm, \$75/8wks

WEST COAST SWING, Age 18+

Instructor: Kathy Bailey

Wear smooth soled shoes and lightweight clothing. No

experience necessary. Partner recommended but not required

0821.4261 Wed, 9/2-10/21, 3:15-4:10pm, \$75/8wks

BELLY DANCE, Age 18+

Instructor: Lisa Rauschenberger

Level 1- Beginning

0822.4261 Wed, 9/2-10/21, 4:30-5:15pm, \$99/8wks

Level 2

0823.4261 Wed, 9/2-10/21, 5:30-6:30pm, \$99/8wks

JAZZ DANCE, Age 18+

Instructor: Debbie Munz

Beginning

0866.4261 Thurs, 9/3-10/22, 3:15-4:15pm, \$83/8wks

DANCE WITH DEL, Age 18+

Instructor: Del Herrera

0867.4261 Thurs, 9/3-10/22, 4:30-5:30pm, \$83/8wks

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ARTS CLASSES

PAINTING at STUDIO 316, Age 18+

Instructor: Bob Noonan, *Studio 316*

Location: Studio 316, 2697 Lavery Ct., Unit #6, Newbury Park
Watercolor Basics Part 1 (no class 9/7)

0800.4261 Mon, 8/31-9/21, 10:00-11:30am, \$72/3wks
Watercolor Basics Part 2

0801.4261 Mon, 9/28-10/19, 10:00-11:30am, \$95/4wks

Paint Night! Theme: Flying Birds, Age 21+

0803.4261 Sat, 9/19, 5:00-7:30pm, \$45/1 day



PHOTOGRAPHY, Age 18+

Instructor: Richard Smith

Digital Photography (no class 9/7)

0807.4261 Mon, 8/31-10/19, 3:00-4:00pm, \$90/7wks

Street Photography & Tour in Downtown L.A.

0808.4261 Thurs, 9/10, 8:45am-3:00pm, \$80/1 day

ART OF DIFFERENT MEDIA, Age 18+

Instructor: Jonaki Das Hazra (no class 9/7)

\$10 cash materials fee due to instructor at first class

0818.4261 Mon, 8/31-9/21, 10:00-11:00am, \$90/3wks

0818.4262 Mon, 8/31-9/21, 11:15am-12:15pm, \$90/3wks

0818.4263 Mon, 9/28-10/19, 10:00-11:00am, \$120/4wks

0818.4264 Mon, 9/28-10/19, 11:15am-12:15pm, \$120/4wks

JEWELRY MAKING, Age 18+

Instructor: Priscilla Mendez

\$25 cash materials fee due to instructor at first class

0817.4261 Wed, 9/2-9/23, 10:00-11:00am, \$130/4wks

FLUID ACRYLIC PAINTING, Age 18+

Instructor: Carol Roullard

Location: Carol Roullard Art Studio-1329 East T.O. Blvd., #210

\$30 cash materials fee due to instructor at first class

Ring Fluid Acrylic Pours

0814.4261 Wed, 9/16, 9:30-11:30am, \$33/1 day

0814.4262 Wed, 9/16, 6:30-8:30pm, \$33/1 day

0814.4263 Thurs, 9/17, 9:30-11:30am, \$33/1 day

0814.4264 Thurs, 9/17, 6:30-8:30pm, \$33/1 day

Cells & Clouds Fluid Acrylic Pours

0814.4265 Wed, 9/30, 9:30-11:30am, \$33/1 day

0814.4266 Wed, 9/30, 6:30-8:30pm, \$33/1 day

0814.4267 Thurs, 10/1, 9:30-11:30am, \$33/1 day

0814.4268 Thurs, 10/1, 6:30-8:30pm, \$33/1 day

CRUSHED GLASS SUNCATCHER CLASS, Age 18+

Instructor: Sheryll Kidder

\$20 cash materials fee due to instructor at first class

Pumpkin/Sunflower

CANCELLED 1 Sat, 9/19, 1:00-4:00pm, \$70/1 day

CANCELLED 2 Sat, 9/26, 1:00-4:00pm, \$70/1 day

CANCELLED 3 Sat, 10/10, 1:00-4:00pm, \$70/1 day

CANCELLED 4 Sat, 10/17, 1:00-4:00pm, \$70/1 day

CANCELLED 5 Sat, 10/24, 1:00-4:00pm, \$70/1 day

CANCELLED 6 Sat, 10/31, 1:00-4:00pm, \$70/1 day

CANCELLED 7 Sat, 11/7, 1:00-4:00pm, \$70/1 day

SPECIALTY CLASSES

SOUND HEALING MEDITATION, Age 18+

Instructor: Cici Bo

Location: Harmony Family Yoga Studio, 804 East T.O. Blvd.

0833.4261 Mon, 9/14-10/26, 12noon-12:45pm, \$105/7wks

MAH-JONGG, Age 18+

Instructor: Lorraine Urist

Beginning/Level 1

CLASS FULL Mon, 9/28-10/19, 9:00am-12noon, \$100/4wks

Advanced/Level 2

Prerequisite: Beginning/Level 1

0858.4261 Fri, 9/18-10/9, 9:00am-12noon, \$100/4wks

MEDITATION W/ SOUND THERAPY, Age 18+

Instructor: Ann Vannoy (no class 9/7)

0850.4261 Mon, 8/31-10/19, 10:00-11:00am, \$73/7wks

REIKI CLUB, Age 18+

Prerequisite: Reiki Level One, Two, or Master

Instructor: Ann Vannoy (no class 9/7)

0851.4261 Mon, 8/31-10/19, 11:15am-12:15pm, \$73/7wks

WOMEN'S DRUM CIRCLE FOR WELLNESS, Age 18+

Instructor: Ann Vannoy

0809.4261 Tues, 9/1-10/20, 10:00-11:00am, \$83/8wks

INVESTIGATION OF ANTIQUE JEWELRY, Age 18+

Instructor: Birdi Weckbaugh

Students must bring a 10x jewelers loupe

0812.4261 Thurs, 9/3-10/1, 9:30-10:30am, \$85/5wks

FILM CLASS, Age 18+

Instructor: Joe Longo

Fall in Love w/ Fall

0863.4261 Thurs, 9/3-10/8, 2:30-5:00pm, \$63/6wks

FRENCH, Age 18+

Instructor: Daniele Blanc

Beginning- Level 1

0862.4261 Thurs, 9/3-10/8, 5:00-6:00pm, \$83/6wks

ACTING WORKSHOP, Age 18+

Instructor: Tony Torrisi

CLASS FULL Thurs, 9/3-10/8, 6:30-8:30pm, \$145/6wks

Music Classes

HARMONICA, Age 18+

Instructor: Dr. Ben Griffes

Beginning

0804.4261 Tues, 9/1-10/20, 7:30-8:30pm, \$88/8wks

UKULELE, Age 18+

Instructor: David Steinhart

Introduction

0805.4261 Wed, 9/2-10/7, 5:00-6:00pm, \$70/6wks

Level 2

0806.4261 Thurs, 9/3-10/8, 5:00-6:00pm, \$70/6wks

Goebel Adult Community Center
Volunteer Instructed Classes • Ages 50+
Fall 2026 Session: **August 10 - October 16, 2026**
(no classes 9/7)

REGISTER NOW

Register NOW for Fall 2026 session!

To register for a Volunteer Instructed Class, visit the Goebel Adult Center Front Desk
or call 805-381-2744

TAP DANCE

Instructor: Bianca Jansen
Mondays, 10:00-11:00am
September 14 - October 12
\$5/5 weeks

MEANING OF OPERA*

Instructor: Steve Kohn
Mondays, 3:30–5:00pm
August 17 - October 5
(no class 9/7 & 9/21)
\$10/6 weeks
**This class is taught virtually through Zoom;
Email must be provided at registration to
receive Zoom link.*

TAI CHI

 Instructor: Elaine Pawelczyk
Tuesdays & Thursdays, 9:45-10:45am
August 11 - October 15
\$10/10 weeks

KNITTERS & CROCHETERS

Facilitator: Yvonne Avis
Tuesdays & Thursdays, 12noon-3:00pm
August 11 - October 15 • \$20/10 weeks
*Bring your own project to work on in a
social environment.*

MAH-JONGG

 Instructor: Abbey C
Tuesdays, 6:00–8:00pm
August 11 - October 13 • \$10/10 weeks
*All levels welcome PLEASE NOTE: Bringing
your own set and card are highly suggested
as there are only a limited amount of
sets/cards to be borrowed from the GACC.*

SPANISH • Conversation

Instructor: Fernando Nocedal
Wednesdays, 9:00-11:00am
August 12 - October 14
\$10/10 weeks

AERONAUTICAL EDUCATION

Instructor: Ralph Meyer
Wednesdays, 12:15-2:15pm
August 12 - October 14
\$10/10 weeks

ITALIAN • Intermediate

Instructor: Lillian Trevisan
Thursdays, 10:00am-12noon
August 13 - October 15
\$10/10 weeks

OPEN STUDIO TIME FOR ARTISTS

Facilitator: Kathleen Gates
Thursdays, 3:00-5:30pm
August 13 - October 15
\$10/10 weeks
*Bring your own supplies; all mediums
welcome with the exception of oil.*

SHAKESPEARE FOR EVERYONE

Instructor: Helen Bartelstone
Fridays, 1:00-2:30pm
August 14 - October 16
\$10/10 weeks

Conejo Senior Volunteer Program

Volunteers Make a Lasting Difference



The Conejo Senior Volunteer Program (CSVP) provides opportunities for adults ages 55+ to use their life experiences and skills to meet local community needs. Get involved today! For more information visit the CSVP office, call 805-381-2742, or email jspivack@crpd.org

The following CSVP Volunteer Workshops meet weekly at the Goebel Adult Center:

FULL

BUSY BEES WORKSHOP

Mondays, 9:30am-12noon

Sew, knit, or crochet for children, service members, older adults & CSVP programming.

TEDDY BEARS WORKSHOP

Mondays, 1:30-3:00pm

Make stuffed bears for local children.

CRAFTERS WORKSHOP

Wednesdays, 9:00-11:30am

Sew, knit, or crochet for children, service members, older adults & CSVP programming.

NIFTY LADIES WORKSHOP

Wednesdays, 12:30-3:00pm

Sew special projects for patients, children, service members, and older adults.

CSVP Volunteer Workshops gratefully accept donations of *unused* material: Yarn, Stuffing, Batting, Elastic, and Cotton/Flannel/Fleece fabric. **Visit the CSVP Office for more information on Volunteer Workshops.**

PLEASE NOTE: Handmade items are donated to nonprofit agencies; workshop groups cannot make/alter items for personal use.

SENIOR NUTRITION LUNCH PROGRAM (SNP)

- Lunch is served **Monday-Friday, 11:30am-1:00pm** in the Goebel Cafe
- For the weekly menu, call 805-381-2742 or visit www.crpdp.org/SNP-menu

The Senior Nutrition Lunch Program (SNP) is for older adults 60+ years of age.

Daily meal includes 4oz of protein, vegetables, fruit, yogurt (3x/week), and shelf stable milk.

Please Note:

- Suggested contribution for daily meal is \$4
- NO eligible individual (those 60 years of age or older) shall be denied participation due to failure or inability to contribute.



CSVP BOUTIQUE

Open Monday - Friday, 9:00am-4:00pm

Located inside the Goebel Adult Community Center

For more information call, **805-381-2742**

-Cash or Check only-

Discover unique, handmade treasures!

Beautiful baby blankets & apparel, cozy lap blankets, stylish aprons, and truly so much more! Be sure to browse our extensive selection of greeting cards, available for **only \$0.50**

The CSVP Boutique is always accepting donations of **brand new items, small antique items, and all types of new or used jewelry.**



DISCUSSION GROUPS

CRPD offers classrooms for discussion groups but does not organize forums or endorse shared opinions. For issues or concerns, contact the GACC Supervisor or Coordinator.

WOMEN'S DISCUSSION GROUP, Ages 50+

Mondays, 10:00am–12noon, w/ Karen Perotta
(no meeting on 9/7)

WOMEN IN TRANSITION, Ages 50+

Tuesdays, 10:00–11:30am, w/ Eve Loeb

MEN'S DISCUSSION GROUPS, Ages 50+

Tuesdays, 10:00am–12noon w/ Lloyd Minton
Thursdays, 10:00am–12noon w/ Harvey Youngman

LITERATURE LOVERS DISCUSSION, Ages 50+

Tuesdays • 1:30–2:30pm
w/ Kathleen • 805-807-2523

BOOK DISCUSSION GROUP, Ages 50+

2nd Tuesdays, 9/8 • 7:00–8:45pm
w/ Cheryl • 805-368-4542

GENEALOGY DISCUSSION GROUP, Ages 18+

Wednesdays • 2:00–4:00pm, w/ Georgine Herd

SENIOR SINGLES SOCIAL GROUP, Ages 50+

Wednesdays • 7:00–8:30pm
w/ Marie • 732-407-1816

STAMP CLUB, Ages 18+

2nd & 4th Thursdays, 9/10 & 9/24 • 4:00–5:30pm
w/ Marc • 818-903-0369

LOVE OF AGING, Ages 50+

Thursdays, 10:00–11:30am • w/ Grant

HISTORY BOOK DISCUSSION GROUP, Ages 50+

2nd Thursdays, 9/10 • 7:00–8:45pm
w/ Jack • 805-341-7585

GRUPO SOCIAL LATINO MAYOR, Ages 50+

Viernes • 9:00am–12noon

NAVIGATING FAMILY SEPARATION, Ages 50+

Last Fridays of each month, 9/25 • 1:00–2:00pm
w/ Annette Broersma

CONEJO VALLEY WRITERS

3rd Saturdays, 9/19 • 12noon–2:30pm
Email calverle@usc.edu

COMMUNITY PROGRAMS

BATTERY RECYCLING • A battery recycling bin is located outside the main entrance doors of the Goebel Adult Center for a safe & legal way to dispose of batteries.

EYEGLASS RECYCLING: RECYCLE FOR SIGHT • Make a meaningful impact by donating old prescription eyeglasses, readers, and sunglasses. An eyeglass recycling box is located on the front counter at the Goebel Adult Center front desk. Glasses only—no cases, please.

AMERICA SUPPORTING AMERICANS (ASA) • ASA collects/donates items for military care packages. A donation collection box is located near the Goebel Adult Center front desk. Visit asa-gcvc.org for more info.

FUNDRAISING WITH RALPHS • Each time you shop at Ralphs Grocery Store, and use your Ralphs Rewards Card/phone number, a small percentage of your purchase can be donated to the Goebel Adult Center! Use the GSCC NPO #DE917 For info/assistance, call 800-443-4438.

1385 East Janss Road • Thousand Oaks, 91362 • 805-381-2744 • gacc@crpd.org • crpd.org/gacc

SUPPORT GROUPS

CRPD offers classrooms for support groups but does not organize or endorse shared opinions. For issues or concerns, contact the GACC Supervisor or Coordinator.

LGBTQ+ CAREGIVER SUPPORT GROUP

1st & 3rd Mondays, 9/21, 1:00–2:30pm
(no meeting on 9/7)

Facilitator: Brenda Birdwell, 805-699-8907

HOSPICE OF THE CONEJO GRIEF SUPPORT

Widow/Widower Support Groups

No walk-ins; please call **805-495-2145** prior to attending to be placed in the appropriate support group.

Tuesdays, 11:00am–12noon: Newly Bereaved

Tuesdays, 12:15–1:15pm: Moving Forward

Tuesdays, 2:30–3:30pm: Newly Bereaved

DEMENTIA GRIEF SUPPORT GROUP

1st & 3rd Wednesdays, 9/2 & 9/16 • 1:00–2:30pm

A compassionate space for those who are supporting or caring for a family member with dementia.

Facilitator: Ventura County Ombudsman, 805-656-1986

DIABETES CLASS

4th Wednesdays, 9/23 • 1:30–3:00pm

For individuals managing Type 2 diabetes/pre-diabetes.

Facilitator: Linda Hampson, RN, MSN, Livingston Memorial

MULTIPLE SCLEROSIS SUPPORT GROUP

2nd Thursdays, 9/10 • 1:00–3:00pm

Whether you live with MS, are a caregiver, family member, or friend of someone with MS; gain support & confidence in your ability to cope.

Facilitator: Darlene, 360-701-0989

LOW VISION SUPPORT GROUP

Fridays • 10:00am–12noon

For those with low vision or blindness; coping strategies, tech resources, and community connection. Friends and family are welcome to join.

For more information call, 805-380-6206

ALZHEIMER'S SUPPORT GROUP

1st & 3rd Fridays, 9/4 & 9/18 • 9:30–11:00am

For family and/or caregivers of those living with Alzheimer's disease.

Facilitator: Alzheimer's Association • 805-261-2189

POST POLIO SYNDROME SUPPORT GROUP

1st Saturdays, 9/5 • 12:30–2:00pm

SOCIAL SERVICES & RESOURCES

988 SUICIDE & CRISIS LIFELINE

If you are having thoughts of suicide, **call or text 988** to reach the 988 Suicide and Crisis Lifeline.

Whether you're facing mental health struggles, emotional distress, alcohol/drug use concerns, or need someone to talk to, caring counselors are here for you. *You are not alone.*

2-1-1 VENTURA COUNTY

Call 2-1-1 or text your ZIP code to 898-211

The 211 Ventura County team is ready to help you via phone and text, 24 hours a day, 7 days a week. Assistance with housing, health care, food, utilities, and many other local social services.

SENIOR CONCERNS • SENIOR ADVOCATES

805-497-0189 • www.seniorconcerns.org

401 Hodencamp Road, Thousand Oaks

For more info/to schedule an appointment with a Senior Advocate, call or email egu@seniorconcerns.org. Older adults and family caregivers are often faced with complicated and confusing issues, resulting in questions. Senior Concerns is here to help. Senior Advocates provide guidance w/ housing, legal/health-related issues, in-home care, facility placement, government benefits, and more.

GREY LAW, LEGAL HELP w/ Sharon Yoon

1st & 3rd Wednesdays • 9/2 & 9/16

(by appointment only)

For more info/to schedule an appointment, call/email

Grey Law, 805-658-2266, greylawvc@gmail.com

Appointment Location: Goebel Adult Center

Grey Law is a nonprofit organization, providing **free** legal help to older adults in Ventura County who otherwise have limited access. Offering assistance w/ public benefits, long-term care planning, wills/living trusts & powers of attorney.

HEALTH INSURANCE COUNSELING (HICAP)

2nd & 4th Wednesdays • 9/9 & 9/23

(by appointment only) For more info or to schedule an appointment, call 805-477-7300 or email

HICAP@venturacounty.gov

TRANSPORTATION • DIAL-A-RIDE (DAR)

For more info/to schedule a ride, call 805-375-5467

The City of Thousand Oaks operates a local Dial-A-Ride program for adults **ages 65+**. DAR is \$4.00 each way and exact change is required. Trip tickets are available for purchase at the Goebel Adult Center front desk.

SENIOR SUPPORT LINE (SSL)

If you or someone you know feels isolated, anxious, or depressed, call 800-235-9980 today.

Compassionate, confidential emotional support for adults ages 60+. Trained personnel provide encouragement and connection through resources & referrals.

ADULT PROTECTIVE SERVICES (APS)

To report abuse/neglect please call 805-654-3200

VETERANS CRISIS LINE

24/7 confidential support text 838-255/call 988, press 1

DROP-IN ACTIVITIES

For more drop-in activities, stop by the GACC front desk or visit crpd.org/gacc for a Drop-in Schedule!

DROP-IN SPORTS

BASKETBALL, Ages 50+ (no meeting 9/7)

Mondays, Wednesdays, Fridays • 8:30-11:00am

Location: Teen Center, next door to GACC

BADMINTON, Ages 50+

Tuesdays & Thursdays • 8:30-11:00am

Location: Teen Center, next door to GACC

CORN HOLE, Ages 18+

Tuesdays • 4:00-6:00pm • Location: GACC Main Hall

BILLIARDS, Ages 18+

4 tables, all open play • Location: GACC

HORSESHOES, Ages 18+

Team Play: Tuesdays & Thursdays • 9:00-11:00am

Open Play: during regular business hours

Location: Horseshoe Pits at GACC

Thousand Oaks Senior SOFTBALL, Ages 50+

Tuesdays & Fridays, 8:30-11:00am

Location: Wildflower Playfields, 635 Avenida de los Arboles

TABLE TENNIS, Ages 18+

Tuesdays • 4:30-6:00pm & Thursdays • 4:30-8:00pm

4 tables, all open play. Location: GACC Main Hall

TENNIS, Ages 50+

Mondays, Wednesdays, Fridays • 7:30-10:30am

Location: Wildflower Playfields, Courts 1, 2, & 3

Tuesdays, Wednesdays, Fridays • 7:00-10:30am

Location: Borchard Community Center, Courts 2 & 3

Wednesdays, 8:00-10:00am • Women's Games

Location: Thousand Oaks Community Center

Thursdays, 9:00-11:00am • Women's Games

Location: Triunfo Park

Wii BOWLING, Ages 50+

Mondays & Wednesdays • 1:00-3:00pm

(no meeting 9/7)

Enjoy bowling without needing to rent the shoes!

Location: GACC Social Lobby

DROP-IN • BRIDGE DUPLICATE PARTNERSHIP

Thursdays • 12:30-4:00pm

Location:
GACC Main Hall

Fridays • 9:00am-12noon

Location:
Silver & Valley Lupin Rooms

\$1 per player, per game (cash only)

Seating is limited. First come, first served

COMPUTER LAB • Ages 50+

The GACC Computer Lab is provided for brief research activities like browsing the internet, checking emails, and typing documents. **Users should limit their time, as it's not for all-day use.** Complimentary B/W printing is available (6 pages max per person per day), and free Wi-Fi (ConejorPD_Guest, **no password needed**) is provided.

Computer Lab Hours:

Mondays-Thursdays: 8:45am-8:30pm

***Fridays: 8:45am-4:30pm**

Saturdays: 12:15-3:30pm

***Closed for maintenance Fridays, 12noon-2:30pm**

(call for availability)

Hours and availability may change without notice at any time

NO-COST • DROP-IN • DANCE & MUSIC PROGRAMS

SOCIAL BALLROOM DANCING, Ages 18+

Wednesdays • 10:00-11:30am • w/ Dennis

Join us for social ballroom dancing. Everyone is welcome, regardless of experience level! No partner needed; enjoy lively recorded music. Location: GACC Main Hall

LINE DANCE PRACTICE, Ages 18+

Wednesdays • 11:30am-1:00pm • w/ Cathy Ewbank

Everyone is welcome, regardless of experience level! No partner needed. Location: GACC Main Hall

UKULELE STRUMMERS & SINGERS, Ages 18+

Wednesdays • 2:30-4:15pm • w/ Bob & friends

Bring your ukulele to strum along and sing together! Location: Wild Lilac

CONEJO VALLEY SENIOR ORCHESTRA

Thursdays • 11:30am-2:00pm

Rehearsing music from the Big Band Era, 40's - 60's. Audience welcome to listen/watch! Location: GACC Main Hall (*Front Half*)

Get your dancing shoes on!

Saturday Night Ballroom Dance

*Please note: bands, themes, lessons, and instructors are subject to change at any time without notice.

*Ballroom Dance's are held on the **first & third Saturdays** of each month, at the Goebel Adult Center. Join us!*

Saturday, September 5, 2026 • Michael Falcone

Saturday, September 19, 2026 • Wyatt Haupt

Saturday, October 3, 2026 • Pier 101

Saturday, October 17, 2026 • Rhythm Brothers

6:00pm • Doors Open

6:30-7:20pm • Complimentary Lesson
(included with admission)

**7:30-10:00pm • Live Band &
Ballroom Dance Begin**

ADMISSION:

\$12 per person at the door
-Cash or Check only-
Check payable to: **CRPD**
(Conejo Recreation & Park District)



Interested in Ballroom Dance Sponsorship Opportunities?

Call or Email Mark Williams • 805-381-2744 • mwilliams@crpd.org

DAY-TRIPS

Important Day-Trip Information!

Please read prior to registering for a day-trip

- Day-Trips are open to **adults ages 50+**
- Registration for day-trips is on the **2nd Friday** of each month
- Register **in-person only**, at GACC front desk.
- GSCC Sponsored Day-Trips: 2-registration limit per person
- Walking Scale: (see above) Review prior to registration; this will help you determine if a trip is within your ability range
- Payment: Visa, MasterCard, Cash, or Check (**made payable to G.S.C.C.**) are acceptable forms of payment
- \$1 Insurance (Accident/Medical): \$1 per person, per year; non-refundable, required for all patrons on all day-trips
- Bus Boarding: Not permitted until a GACC staff member and the day-trip escort/chaperone are present
- Dates, locations, itineraries, and times are all subject to change at any time without notice

DAY-TRIP WALKING SCALE

All trips involve walking and stairs, including getting on/off the bus. This walking scale will help you determine if a particular trip is within your ability range.

- 1 MODERATE:** Some walking, possibly a few stairs.
- 2 STRENUOUS:** A significant amount of walking involved. Stairs included with occasional stopping and/or sitting.
- 3 VERY STRENUOUS:** Majority of the trip is walking. Multiple sets of stairs, including up and down hills.

NEW

Registration for this day-trip will open on Friday, September 11th at 9:00am

WALKING SCALE:

2

A WORLD OF FLAVOR

Tuesday, November 3, 2026 • 8:30am-6:00pm

\$130 per person • Partially Sponsored by GSCC

Pack your **appetite** and **sense of adventure**! With **Curt Tucker** as your guide, set off on a delicious journey around the world. Without ever leaving Los Angeles, this fun-filled-progressive **tasting tour** takes you beyond the familiar to discover **authentic flavors**, **fascinating traditions**, and **hidden culinary gems** from several remarkable cultures.

NEW

Registration for this day-trip will open on Friday, September 11th at 9:00am

WALKING SCALE:

3

MYSTERY TOUR

Tuesday, November 17, 2026 • 8:30am-6:00pm

\$142 per person • Partially Sponsored by GSCC

Every now and then, it's refreshing to embrace the unexpected! There's a certain thrill in not knowing where you're headed or what you'll encounter along the way. Sit back and relax, as this journey may take you East, West, North, or South... **Clues will start to unfold as you embark on the first adventure.** Your only hint is that **Curt Tucker** will be your guide! **Lunch included.**

REGISTER NOW

PATRIOTS & PLANES

A TRIBUTE TO SERVICE, SACRIFICE & AMERICAN INGENUITY

Thursday, October 8, 2026 • 8:00am-6:30pm

\$100 per person • Partially Sponsored by GSCC

Join **Curt Tucker** for a memorable day celebrating America's heroes and history. The first stop is **Riverside National Cemetery**, where over 300,000 veterans are honored. Visit inspiring memorials like the **Medal of Honor Memorial**, **POW/MIA Memorial**, and **Fallen Soldier Veterans Memorial**. Next, enjoy **lunch (included)** at **Portillo's**, an iconic Chicago eatery. The final destination is the **March Field Air Museum**, one of the nation's **premier aviation museums** and a **historic World War II training base**. Explore legendary aircraft through fascinating exhibits and docent-led stories. **A day of patriotism, remembrance and aviation adventure await you!**

WALKING SCALE:

2

REGISTER NOW

RETRO L.A. NEON LIGHTS & CLASSIC BITES

Friday, October 23, 2026 • 9:30am-5:30pm

\$125 per person • Partially Sponsored by GSCC

Join **Curt Tucker** as he shares stories, history, and hidden gems along the way. From **legendary hot dogs** and **over-the-top donuts** to dazzling **neon signs** and **old-fashioned soda fountains**, this one-day adventure celebrates the city's retro charm at every turn. Savor a famous hot dog at **Pink's (vegetarian option available)**, indulge in a sweet treat from **Voodoo Doughnut**, and explore the fascinating history of L.A.'s glowing past at the **Neon Museum**. Browse the shelves of the beloved **Galco's Soda Pop Stop**, home to hundreds of unique and vintage soft drinks, before ending the day with a classic root beer float at **Fair Oaks Pharmacy and Soda Fountain**. Take a step back in time on this fun-filled journey through the iconic sights, flavors, and nostalgia of Los Angeles!

WALKING SCALE:

2

National & International Trips

For more detailed information, see individual trip brochures available at the Goebel Adult Center.
Contact Mark Williams, Recreation Specialist, mwilliams@crpd.org regarding
National & International Trips.

San Antonio Holiday • December 1, 2026

\$3,300/per person, double occupancy

\$4,050/per person, single occupancy

New York City Christmas • December 7, 2026

\$3,999/per person, double occupancy

\$4,899/per person, single occupancy

Victoria & Vancouver Christmas • December 8, 2026

\$4,799/per person, double occupancy

\$5,999/per person, single occupancy

Hearst Castle at Christmas Time • December 13, 2026

\$799/per person, double occupancy

\$999/per person, single occupancy

Ecuador & Galapagos Islands Cruise • February, 2027

(depending on cabin choice) \$8,599-\$9,499/per person, double occupancy

(depending on cabin choice) \$10,974-\$12,274/per person, single occupancy

Great Trains & Grand Canyon • February, 2027

\$4,049/per person, double occupancy

\$4,999/per person, single occupancy

French Riviera Explorer • March, 2027

\$4,999/per person, double occupancy

\$5,849/per person, single occupancy

Morocco • March, 2027

\$7,175/per person, double occupancy

\$8,625/per person, single occupancy

Goebel Senior Center Commission

Goebel Senior Center Commission Tax ID #: 95-3474700

The Goebel Senior Center Commission (GSCC) operates as a non-profit 501(c)(3) community service organization. Goebel Senior Center Commissioners volunteer their time and unique skills, participate in committees, and assist in planning, organizing, marketing, and executing recreation programs for older adults in the Conejo Valley. The GSCC acquires and allocates funds to enhance the Goebel Adult Community Center. Regular commission meetings are open to the public and take place at the GACC on the fourth Wednesday of each month at 1:00pm.



Pictured (left to right): Sandy Barry, Karen Ise, Dorothy Hatfield, Amelia Ammons, Mickey Toyen, Mindy Rosiejka, Lisa Thorsen, Cynthia Bengtson, Maxine Cleary, Mary Martinich, Nancy Healey, Chris Maccarone
Not pictured: Vicki Dunbar, Carol Partington, Patricia Schiano

COUNCIL ON AGING MEETING



Thursday, September 3, 2026
1:00 PM



Topic: City Communications
Speaker: Andrea Delgadillo-Velazquez
Communications Analyst, City of Thousand Oaks



City Hall Board Room
2100 Thousand Oaks Blvd



Virtual: toaks.co/coazoom
Call in: 213 338 8477

Meeting ID: 819 3434 3057
Meeting Passcode: 056672

Learn more at toaks.gov/olderadults
or call (805) 381-7362

JOIN
US



Resource Directory for Older Adults

Directorio de Recursos
para Personas Mayores



Scan QR Code to view
the digital version

Escanee el código QR
para ver la versión digital

The Goebel Gazette



KINDLY DELIVER TO:



BINGO & BAGELS AT MCCREA RANCH



Saturday, November 7, 2026

10:00am-12:30pm • \$20 per person

Open to those ages 18+

**A FUN MORNING OF BAGELS & BINGO
AT MCCREA RANCH TO
CELEBRATE THE BIRTHDAY'S OF
JOEL & FRANCES DEE MCCREA!**

Instructor: CRPD Staff, T.O. Community Center

**To register or for more information call
T.O. Community Center, 805-381-2793**

Class Code: 4154.5261



ASSISTED LIVING | MEMORY CARE

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SunriseWestlakeVillage.com.

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SENIOR LIVING
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