Winter Aquatic Classes

Registration begins Monday, December 7, 9:00am

CLU	MON/WED	TUE/THU	SATURDAY	SUNDAY
Session 1 **Session 2**	Feb 17 - Mar 3 (5) Mar 8 - Mar 24	Feb 16 - Mar 4 Mar 9 - Mar 25	Feb 20 - Mar 20 (5) x	Feb 21 - Mar 21 (5) x
Parent and Child			10:00-10:25 AM **C723** 11:00-11:25 AM **C737**	10:00-10:25 AM **C823** 11:00-11:25 AM **C837**
Tiny Tot Seals	3:00-3:25 PM ***C450** 4:00-4:25 PM ***C460**	3:00-3:25 PM ***C550** 4:00-4:25 PM ***C560**	9:00-9:25 AM ***C711** 9:30-9:55 AM ***C717** 10:00-10:25 AM ***C724** 11:00-11:25 AM ***C738**	9:00-9:25 AM ***C811** 9:30-9:55 AM ***C817** 10:00-10:25 AM ***C824** 11:00-11:25 AM ***C838**
Polliwogs	3:30-3:55 PM ***C455** 4:30-4:55 PM ***C465** 5:30-5:55 PM ***C475**	3:30-3:55 PM ***C555** 4:30-4:55 PM ***C565** 5:30-5:55 PM ***C575**	9:00-9:25 AM ***C712** 9:30-9:55 AM ***C718** 10:30-10:55 AM ***C731** 11:30-11:55 AM ***C744**	9:00-9:25 AM ***C812** 9:30-9:55 AM ***C818** 10:30-10:55 AM ***C831** 11:30-11:55 AM ***C844**
Seals	3:00-3:25 PM ***C451** 4:00-4:25 PM **C461** 5:00-5:25 PM **C470**	3:00-3:25 PM ***C551** 4:00-4:25 PM **C561** 5:00-5:25 PM **C570**	9:00-9:25 AM **C713** 10:00-10:25 AM **C725** 11:00-11:25 AM **C739**	9:00-9:25 AM **C813** 10:00-10:25 AM **C825** 11:00-11:25 AM **C839**
Dolphins	3:30-3:55 PM **C456** 4:30-4:55 PM **C466** 5:30-5:55 PM **C476**	3:30-3:55 PM **C556** 4:30-4:55 PM **C566** 5:30-5:55 PM **C576**	9:30-9:55 AM **C719** 10:30-10:55 AM **C732** 11:30-11:55 AM **C745**	9:30-9:55 AM **C819** 10:30-10:55 AM **C832** 11:30-11:55 AM **C845**
Otters	3:00-3:25 PM ***C452** 4:00-4:25 PM **C462** 5:00-5:25 PM **C471**	3:00-3:25 PM ***C552** 4:00-4:25 PM **C562** 5:00-5:25 PM **C571**	9:00-9:25 AM ***C714** 10:00-10:25 AM **C726** 11:00-11:25 AM **C740**	9:00-9:25 AM ***C814** 10:00-10:25 AM **C826** 11:00-11:25 AM **C840**
Stingrays	3:30-3:55 PM ***C457** 4:30-4:55 PM **C467**	3:30-3:55 PM ***C557** 4:30-4:55 PM **C567**	9:30-9:55 AM ***C720** 10:30-10:55 AM **C733** 11:30-11:55 AM **C746**	9:30-9:55 AM ***C820** 10:30-10:55 AM **C833** 11:30-11:55 AM **C846**
Barracudas	3:00-3:25 PM ***C453** 4:00-4:25 PM **C463** 5:00-5:25 PM ***C472**	3:00-3:25 PM ***C553** 4:00-4:25 PM **C563** 5:00-5:25 PM ***C572**	9:00-9:25 AM ***C715** 10:00-10:25 AM **C727** 11:00-11:25 AM **C741**	9:00-9:25 AM ***C815** 10:00-10:25 AM **C827** 11:00-11:25 AM **C841**
Sharks	3:30-3:55 PM ***C458** 5:30-5:55 PM ***C477**	3:30-3:55 PM ***C558** 5:30-5:55 PM ***C577**	10:30-10:55 AM ***C734** 11:30-11:55 AM ***C747**	10:30-10:55 AM ***C834** 11:30-11:55 AM ***C847**
Adult Beginner	5:30-5:55 PM ***C478**	5:30-5:55 PM ***C578**	11:30-11:55 AM ***C748**	11:30-11:55 AM ***C848**
Catch-Up Level 1	4:30-4:55 PM ***C468**	4:30-4:55 PM ***C568**	9:30-9:55 AM ***C721** 10:30-10:55 AM **C735**	9:30-9:55 AM ***C821** 10:30-10:55 AM **C835**
Catch-Up Level 2	5:00-5:25 PM ***C473**	5:00-5:25 PM ***C573**	10:00-10:25 AM **C728** 11:00-11:25 AM ***C742**	10:00-10:25 AM **C828** 11:00-11:25 AM ***C842**

***(Asterisk)** Semi-Private Instruction, 2 participants to 1 instructor, for one or more sessions.

Community Pool at CLU, 100 Overton Court, Thousand Oaks, 91360 | 805-241-0894 | aquatics@crpd.org | www.crpd.org/reg

CLU	MON/WED	TUE/THU	SATURDAY	SUNDAY
Private Instruction	9:00-9:25 AM **C401** 9:30-9:55 AM **C403** 10:00-10:25 AM **C405** 10:30-10:55 AM **C407** 11:00-11:25 AM **C409** 11:30-11:55 AM **C411** 3:00-3:25 PM **C454** 3:30-3:55 PM **C459** 4:00-4:25 PM **C464** 4:30-4:55 PM **C469** 5:00-5:25 PM **C474** 5:30-5:55 PM **C479**	3:00-3:25 PM **C554** 3:30-3:55 PM **C559** 4:00-4:25 PM **C564** 4:30-4:55 PM **C569** 5:00-5:25 PM **C574** 5:30-5:55 PM **C579**	9:00-9:25 AM **C716** 9:30-9:55 AM **C722** 10:00-10:25 AM **C729** 10:30-10:55 AM **C736** 11:00-11:25 AM **C743** 11:30-11:55 AM **C749**	9:00-9:25 AM **C816** 9:30-9:55 AM **C822** 10:00-10:25 AM **C829** 10:30-10:55 AM **C836** 11:00-11:25 AM **C843** 11:30-11:55 AM **C849**

PRICES

Group (6)	**$68**
Semi-Private (6)	**$104**
Private (6)	**$180**

CRPD SWIM TEAM, 8-16

Must be able to swim 25 yards of all 4 competitive strokes comfortably.

C800	Sa	9:00-9:55am	2/20-3/20	$80
C800	Su	10:00-10:55am	2/21-3/21	$80
C800	M/W	5:00-5:55pm	2/17-3/24	$184
C800	T/Th	5:00-5:55pm	2/16-3/25	$184

SHALLOW WATER FITNESS, 18+

Boost core, strength, flexibility, and balance with low-impact excersises in 3'-4' of water.

C802	M	10:00-10:55am	3/1-3/29	$72

DEEP WATER FITNESS, 18+

Low impact & joint friendly water excersise in 5' depth with resistance and flotation belt.

C802	M	11:00-11:55am	3/1-3/29	$72

HOMESCHOOL SWIM CLUB, 8-14

Must be able to swim 25 yards of freestyle, backstroke, and breaststroke.

C803	M	10:00-10:55am	2/22-3/29	$93

WATER AEROBICS - SHALLOW WATER, 18+

Chest-deep water aerobics for all levels. No swimming required. Move at your own pace.

C804	W	10:00-10:55am	3/3-3/31	$72
C804	F	10:00-10:55am	3/5-3/26	$57

STROKE TECHNIQUE & WORKOUT, 14+

Receive swim workouts and technique instruction each day while swimming at your own pace.

C805	M/W	9:00-9:55am	2/17-3/3	$75
C805	M/W	9:00-9:55am	3/8-3/24	$90





Cancellations made within two business days (Monday–Friday) of the first class will be charged for the first session. Cancellations made after the first class will be charged for the second session. No refunds will be issued once the second class has taken place. **All cancellations are subject to a $5.00 fee.**

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