

Enrich. Engage. Explore.

CRPD

RECREATION

FALL 2025 PROGRAM GUIDE



PRIORITY
REGISTRATION BEGINS

AUG 18

SESSION RUNS

SEPT-OCT



Conejo

Recreation & Park District

BOARD OF DIRECTORS

Doug NicklesChair
Nellie CusworthVice-Chair
Chuck HufferDirector
Marissa BussDirector
Ashley OrozcoDirector

The Board of Directors generally meets at 6:00pm two Thursdays per month at the Hillcrest Center, 403 West Hillcrest Drive, Thousand Oaks. Check www.crpd.org for specific dates.

STAFF

Jim FriedlGeneral Manager

RECREATION & COMMUNITY SERVICES DIVISION • recreation@crpd.org

Rochelle Callis • Director, Recreation & Community Services
Melissa Ruwhiu • Recreation & Community Services Manager
Tim Duerr • Recreation & Community Services Manager

PARKS & PLANNING DIVISION • parks@crpd.org

Andrew Mooney • Director, Parks & Planning
Patrick Belavic • Park Superintendent

MANAGEMENT SERVICES DIVISION

Melissa Smith • Director, Management Services

FACILITY RESERVATIONS • reservations@crpd.org

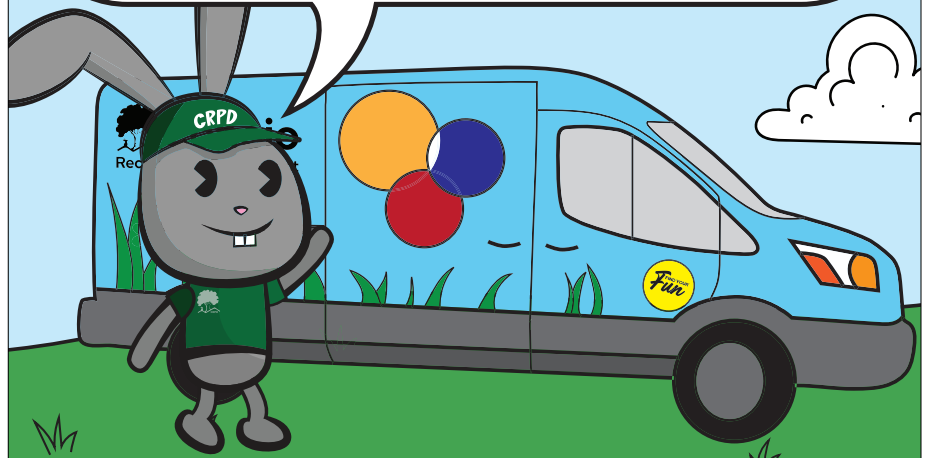
Kat DeNova • Reservations Coordinator • 805-381-1213

MARKETING & COMMUNICATIONS • info@crpd.org

Charleen Morla-Garcia
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Administrative Office - 805-495-6471
info@crpd.org • www.crpd.org

HAVE YOU BEEN TO ANY OF OUR
RECVAN EVENTS?



**JOIN US FOR FREE
PRIZES, ACTIVITIES, & MORE AT OUR
RECVAN POP-UP EVENTS**

FIND INFO AT CRPD.ORG/RECVAN

KIDS Drawing Contest!

Calling all young artists! Show us how YOU find your fun with CRPD!

Whether it's splashing at the pool, exploring the trails, scoring goals, or creating cool crafts—if it's FUN and it's CRPD, we want to see it in your art!

Who Can Enter:

All kids ages 5–12 who live or go to school in the Conejo Valley.

Art Requirements:

- Must be 8.5" wide x 11" high (standard vertical paper)
- Use any medium: crayons, markers, colored pencils, paint
- Artwork should reflect the theme: **Find Your Fun with CRPD**
- Make it colorful, playful, and full of energy!
- No words or large lettering—let the picture speak for itself!

Awesome Prizes:

- Featured artwork in our Fall/Winter Catalog
- A bundle of CRPD Swag
- Your very own Parker the Plushie
- A \$100 Voucher good for any CRPD class or program!

Deadline to Submit:

- All entries must be received by **August 29, 2025**.

How to Submit:

- Be sure to include: Artist's Name, Age, Parent/Guardian Name, Phone Number & Email
- Drop off your masterpiece at any CRPD community center OR email a high-resolution scan/photo to info@crpd.org

♥ **Let your imagination run wild and show us how YOU find your fun with CRPD!**

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ON THE COVER:

Aquatics -Pumpkin Patch & Splash (2024)

WHAT'S NEW



DRAWING CONTEST! - Put your art skills to the test and get your work featured in the next program guide! (Page 2)



HAUNTED TRAIL - Our annual Halloween celebration is sure to cast a spell on you! (Page 11)



OPEN SKATE - Our skate park is under construction, but the fun keeps on rolling! (Page 14)

Big Adventures for Little Learners!

**LEARN
PLAY
GROW**

with Conejo Recreation & Park District!

CRPD is pleased to offer a variety of
Preschool (Age 3-5)
and Prekindergarten (Age 4-6)
options and locations to meet your child's needs.

ENROLL TODAY! www.crpdc.org/preschool

Center Locations



Financial Aid Available!

Applications can be found online or at your local community center! Apply today!

crpd.org/financialaid



Look for this icon next to our class listing to see what languages the instructor speaks! For additional classes visit: www.crpd.org/reg

Portugese

Capoeira - Page 9

Spanish

English Conversation - Page 22

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French

Water Aerobic Workout (Deep Water) - Page 32

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French, Spanish

Water Aerobic Workout (Shallow Water) - Page 32

BORCHARD COMMUNITY CENTER

190 Reino Rd., Newbury Park 91320
805-381-2791 • boc@crpd.org
www.crpd.org/boc

Center Hours:
Monday-Friday 8:00am-10:00pm
Saturday 8:00am-5:00pm
Sunday 12noon-5:00pm

Recreation Supervisor: Kurt Gunning
Recreation Coordinator: Michael Braff

CONEJO COMMUNITY CENTER/ OUTDOOR UNIT

1175 Hendrix Ave., Thousand Oaks 91360
805-495-2163 • ccc@crpd.org
www.crpd.org/cc

Center Hours:
Monday-Friday 8:00am-7:00pm
Saturday 8:00am-5:00pm
Sunday 12noon-5:00pm

Recreation Supervisor: Tim Smith
Recreation Coordinator: Brian Naginey

DOS VIENTOS COMMUNITY CENTER

4801 Borchard Rd., Newbury Park 91320
805-375-1003 • dvc@crpd.org
www.crpd.org/dvc

Center Hours:
Monday-Friday 8:00am-10:00pm
Saturday 8:00am-5:00pm
Sunday 12noon-5:00pm

Recreation Supervisor: Rick Tanaka
Recreation Coordinator: Renee Bell

THOUSAND OAKS COMMUNITY CENTER

2525 N. Moorpark Rd., Thousand Oaks 91360
805-381-2793 • toc@crpd.org
www.crpd.org/toc

Center Hours:
Monday-Friday 8:00am-10:00pm
Saturday-Sunday 8:00am-5:00pm

Recreation Supervisor: America Nava
Recreation Coordinator: Michelle Tanaka

OLD MEADOWS COMMUNITY CENTER THERAPEUTIC RECREATION UNIT

1600 Marview Dr., Thousand Oaks 91362
805-381-2739 • omc@crpd.org
www.crpd.org/tr

Center Hours:
Monday-Friday 9:00am-1:00pm

Recreation Supervisor: Devon Herbert
Recreation Coordinator: Corrin Rakowski

GOEBEL ADULT COMMUNITY CENTER

1385 E. Janss Rd., Thousand Oaks, 91362
805-381-2744 • gacc@crpd.org
www.crpd.org/gacc

Center Hours:
Monday-Thursday 8:30am-9:00pm
Friday 8:30am-5:00pm
Saturday 12noon-4:00pm

Recreation Supervisor: Patty Hamm
Recreation Coordinator: Mike McAdam

HILLCREST CENTER FOR THE ARTS

403 W. Hillcrest Dr., Thousand Oaks 91360
805-381-2747 • cultural@crpd.org
www.hillcrestarts.com

Center Hours:
Monday-Friday 9:00am-5:00pm
The center is open most evening and weekends when activities are scheduled

Recreation Supervisor: Brianne Anderson
Recreation Coordinator: Megan McDonough

AQUATICS / COMMUNITY POOL AT CLU

100 Overton Court, Thousand Oaks 91360
805-241-0894 • aquatics@crpd.org
Pool Condition (RAIN) Info: 805-381-1237
www.crpd.org/aquatics

Center Hours:
Monday-Friday 9:00am-5:00pm

Recreation Supervisor: Dee Pearson
Recreation Coordinator: Xavier Volgenau

CRPD SPORTS OFFICE LEAGUES & CLASSES

403 W. Hillcrest Dr., Thousand Oaks 91360
805-495-4674 • sports@crpd.org
Field Condition/Rain Line: 805-381-1236
www.crpd.org/fields

Center Hours:
Monday-Friday: 9:00am-5:00pm

Recreation Supervisor: Kara Newman-Ferdolage
Recreation Coordinator: Andy Morales

THOUSAND OAKS TEEN CENTER

1375 E. Janss Rd., Thousand Oaks 91362
805-494-5156
teencenterprograms@crpd.org
www.thousandoaksteencenter.com

Center Hours:
Monday-Thursday 2:00pm-9:00pm
Friday 2:00pm-10:00pm
Sat 11:00am-10:00pm | Sun 1:00-5:00pm

Recreation Supervisor: Sarah Daub
Recreation Coordinator: Jay Dodwell

BORCHARD SKATEPARK EXPANSION & RENOVATION PROJECT

ELEVATING YOUR RIDE



**The Borchard Skatepark
project is closer to becoming a reality!**



In April 2025, the Conejo Recreation & Park District Board of Directors approved the Skatepark Project, which included funding and a construction contract. The project features an expanded all-wheel facility for skateboards, bikes, scooters, roller skates/blades, and wheelchairs, catering to a variety of users across all age groups. Construction is pending for late 2025 once final construction permits are secured.

For more information, visit:

www.crpdpd.org/planning





Early Childhood

PRESCHOOL & PREKINDERGARTEN

FOR PRESCHOOL/PREK PROGRAMS A \$50 non-refundable registration fee is due at registration (Included in listed price) to reserve a spot, with the balance due in three payments prior to the program beginning. Payment plans available.

Preschool/Prekindergarten children must be at least three years old by 9/1/25; Children must be potty trained (no Pull-Ups). Contact the center for more information.

BORCHARD FALL 2025 PRESCHOOL/PREKINDERGARTEN, Age 3-5 Go to www.crpd.org/preschool for program details. Children must be three before 9/1/25. Instructors: Miss Tia & Miss Jessie. No class 9/1, 9/23, 10/2, 11/11, 11/24-11/28. Instructor: Miss Tia & Miss Jessie.

| | | | | | |
|-----------|---------------------|--------|------------|---------|---------------------------|
| 5020.2251 | M/W/F 9:00am-12noon | \$1500 | 8/25-12/19 | 47 days | Borchard Community Center |
| 5021.2251 | T/Th 9:00am-12noon | \$955 | 8/26-12/18 | 29 days | Borchard Community Center |

BORCHARD FALL 2025 PRESCHOOL LUNCH BUNCH, Age 3-5 Must be enrolled in morning preschool/prekindergarten that day. Go to www.crpd.org/preschool for program details. Children must be three before 9/1/25. Instructors: Miss Tia & Miss Jessie Instructor: Miss Tia.

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|-----------|---------------------|-------|------------|---------|---------------------------|
| 5022.2251 | M/W/F 12noon-1:00pm | \$470 | 8/25-12/19 | 47 days | Borchard Community Center |
| 5023.2251 | T/Th 12noon-1:00pm | \$290 | 8/26-12/18 | 29 days | Borchard Community Center |

CONEJO COMMUNITY CENTER FALL 2025 PRESCHOOL, Age 3-5 Go to www.crpd.org/preschool for program details. Children must be three before 9/1/25. No class 9/1, 9/23, 10/2, 11/11, 11/24-11/28. Instructor: Miss Tara & Miss Jeni.

| | | | | | |
|-----------|---------------------|--------|------------|---------|-------------------------|
| 6415.2251 | M/W/F 9:00am-12noon | \$1500 | 8/25-12/19 | 47 days | Conejo Community Center |
| 6416.2251 | T/Th 9:00am-12noon | \$955 | 8/26-12/18 | 29 days | Conejo Community Center |

CONEJO COMMUNITY CENTER FALL 2025 PREKINDERGARTEN, Age 4-6 Go to www.crpd.org/preschool for program details. Children must be three before 9/1/25. No class 9/1, 9/23, 10/2, 11/11, 11/24-11/28. Instructors: Miss Laurie.

| | | | | | |
|-----------|---------------------|--------|------------|---------|-------------------------|
| 6417.2251 | M/W/F 9:00am-12noon | \$1500 | 8/25-12/19 | 47 days | Conejo Community Center |
| 6418.2251 | T/Th 9:00am-12noon | \$955 | 8/26-12/18 | 29 days | Conejo Community Center |

DOS VIENTOS FALL 2025 PRESCHOOL/PREKINDERGARTEN, Age 3-5 An enriching environment of creativity, imagination, arts and crafts, stories, movement, singing, and outdoor adventures. Instructor: Pat Davis.

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|-----------|----------------------|--------|------------|---------|------------------------------|
| 8000.2251 | M/W/F 8:30am-12:30pm | \$2010 | 8/20-12/19 | 48 days | Dos Vientos Community Center |
| 8000.2252 | T/Th 8:30am-12:30pm | \$1285 | 8/21-12/18 | 30 days | Dos Vientos Community Center |

MY FIRST PRESCHOOL, Age 2.5-4 Learn to stand in line, raise hand for help, and be a good friend. Must be potty-trained. Instructor: CRPD Staff.

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|-----------|----------------|-------|------------|-------|--------------------------------|
| 7010.4251 | M 9:00-11:00am | \$140 | 9/8-10/20 | 7 wks | Thousand Oaks Community Center |
| 7010.4252 | W 9:00-11:00am | \$140 | 9/10-10/22 | 7 wks | Thousand Oaks Community Center |

JUST TEACHER & ME W/ MISS SUZANNE, Age 2.5-4 Introduction to preschool without parents. Games, story time, group play, crafts. Bring a snack. Potty trained not required. Instructor: Miss Suzanne.

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|-----------|---------------------|--------|-----------|---------|---------------------------|
| 5041.4251 | M/W/F 9:00am-1:00pm | \$1055 | 9/3-10/31 | 26 days | Borchard Community Center |
| 5041.4252 | T/Th 9:00am-1:00pm | \$650 | 9/2-10/30 | 16 days | Borchard Community Center |

MY TIME W/ MISS STEPHANIE, Age 2.5-3.5 Get ready for preschool! Learn colors, shapes and cooperative play through crafts, games, and more. Bring a healthy snack. Instructor: Miss Stephanie.

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|-----------|-------------------|-------|------------|-------|---------------------------|
| 5042.4251 | M 10:00am-12noon | \$145 | 9/8-10/20 | 7 wks | Borchard Community Center |
| 5042.4252 | T 10:00am-12noon | \$145 | 9/9-10/21 | 7 wks | Borchard Community Center |
| 5042.4553 | W 10:00am-12noon | \$145 | 9/10-10/22 | 7 wks | Borchard Community Center |
| 5042.4254 | Th 10:00am-12noon | \$145 | 9/11-10/23 | 7 wks | Borchard Community Center |

GROWNUP & ME

ABC'S WITH YOU AND ME, Age 2-3.5 Fun introduction to numbers, letters, and colors through stories, crafts, and activities. No class 9/1. Instructor: Rebecca Woolley. \$10 lab fee due at registration.

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|-----------|---------------|------|------------|-------|------------------------------|
| 8104.4251 | M 9:00-9:45am | \$67 | 8/25-10/20 | 7 wks | Dos Vientos Community Center |
|-----------|---------------|------|------------|-------|------------------------------|

ALPHABET SOUP, Age 2-4 Crafts, circle time, music, and group activities all related to the letter of the day. More details online. Instructor: CRPD Staff.

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|-----------|----------------|------|-----------|-------|-------------------------|
| 6001.4251 | Tu 9:00-9:45am | \$88 | 9/9-10/21 | 7 wks | Conejo Community Center |
|-----------|----------------|------|-----------|-------|-------------------------|

NEW! INTRODUCTION TO PRESCHOOL, Age 18mo-3yr Help prepare your child for preschool by becoming familiar with rules, daily routines in a fun, etc. Instructor: CRPD Staff.

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|-----------|-----------------|-------|------------|-------|-------------------------|
| 6003.4251 | F 10:00-11:30am | \$133 | 9/12-10/24 | 7 wks | Conejo Community Center |
|-----------|-----------------|-------|------------|-------|-------------------------|

PLAY AND GROW W/ME WITH MISS CORINNE, Age 12mo-3yr Socialize and help your child get ready for a drop off class, circle time, songs, crafts bring a healthy snack. Instructor: Miss Corinne.

| | | | | | |
|-----------|----------------|-------|-----------|-------|---------------------------|
| 5000.4251 | M 9:00-10:30am | \$121 | 9/8-10/20 | 7 wks | Borchard Community Center |
| 5000.4252 | T 9:00-10:30am | \$121 | 9/9-10/21 | 7 wks | Borchard Community Center |

TODDLERS AT PLAY, Age 7mo-2yr Spend time with your toddler singing, making crafts, and participating in circle time. No class 9/1. Instructor: Rebecca Woolley. \$10 lab fee due at registration.

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|-----------|-----------------|------|------------|-------|------------------------------|
| 8103.4251 | M 10:00-10:45pm | \$67 | 8/25-10/20 | 7 wks | Dos Vientos Community Center |
|-----------|-----------------|------|------------|-------|------------------------------|

NEW! TODDLER SENSE, Age 2-5 Have fun & explore our 5 senses through hands on activities & crafts. We will also experiment with messy art & sensory. Instructor: CRPD Staff.

5075.4251 M 10:30-11:30am \$77 9/8-10/20 7 wks Borchard Community Center

NEW! AUTUMN STORIES & ART W/ME, Age 2-5 Enjoy an autumn themed story each week with arts/crafts, music, and more! Instructor: CRPD Staff.

5076.4251 T 10:30-11:30am \$77 9/9-10/21 7 wks Borchard Community Center

PARENT & ME: MAGIC MEETS SCIENCE, Ages 2-5 Spark wonder with your child in this magical science class. Mix "potions", explore bubbles, magic wand magnets, chemical reactions, and more!

5079.4251 F 10:00-11:00am \$77 9/12-10/24 7 wks Borchard Community Center

SLIME TIME TOGETHER, Age 2-5 Join us for a fun, hands-on slime class where you'll explore different types of slime, spark imagination, and take home slimy projects & masterpieces.

5077.4251 W 10:00-11:00am \$77 9/10-10/22 7 wks Borchard Community Center

PARENT & ME INDOOR CAMPING ADVENTURES, Age 2-5 Join us for indoor camping fun! Discover & explore forest fun with animal friends, crafts, songs, games, pretend campfires, nature, and more!

5078.4251 Th 10:00-11:00am \$77 9/11-10/23 7 wks Borchard Community Center

ALL SORTS OF SPORTS

BABIES IN MOTION, Age 1-2 (must be walking) Songs, toys, large play equipment, parachute activities, and more! Instructor: CRPD Staff.

7001.4251 T 11:30am-12:15pm \$71 9/9-10/21 7 wks Thousand Oaks Community Center

7001.4252 T 5:00-5:45pm \$71 9/9-10/21 7 wks Thousand Oaks Community Center

HOP, SKIP, AND JUMP, Age 2-4 Does your child need to burn off energy? This active class gets kids running, passing, throwing, and skipping and jumping. Instructor: CRPD Staff.

7300.4251 Th 10:30-11:15am \$71 9/11-10/23 7 wks Thousand Oaks Community Center

STRETCH, WIGGLE, & ROLL, Age 2-3 Develop coordination, motor skills. Includes chute, beam, mini trampoline, and music. Walkers only. Instructor: CRPD Staff.

5004.4251 F 10:00-10:45am \$71 9/12-10/24 7 wks Borchard Community Center

COOKING

COOKING UP A STORY, Age 2-4 Hands-on class with circle time, games, crafts, and cooking projects based on a story. Instructor: CRPD Staff.

7006.4251 Th 10:15-11:00am \$77 9/11-10/23 7 wks Thousand Oaks Community Center

KID'S COOKING CLUB, Age 2-5 Learn cooking basics and kitchen safety while preparing healthy snacks and meals. Learn, Cook, Eat! Instructor: Brittany Doubleday. \$50 lab fee due at first class.

5001.4251 T 10:30-11:30am \$100 9/9-10/21 7 wks Borchard Community Center

NEW! FOODIE TALES, Age 1-3 This unique class combines the fun of storytelling with the excitement of hands-on culinary exploration. Instructor: CRPD Staff.

6210.4251 M 10:30-11:15am \$88 9/8-10/20 7 wks Conejo Community Center

DANCE

NEW! GROOVE & MOVE, Age 1-3 This class is designed for little movers to dance, play and get the wiggles out. Parent participation required. Instructor: CRPD Staff.

6232.4251 Th 11:15am-12noon \$88 9/11-10/23 7 wks Conejo Community Center

MUSIC

FAMILY MUSIC TOGETHER, Age 18mo-5yr Enjoy fun bonding with your child through music/movement, singing, dancing, rhythm recognition, and LOTS of instrument play. Instructor: Kristina Spiliotis.

6060.4251 M 10:00-10:30am \$73 9/8-10/20 7 wks Conejo Community Center

KINDERMUSIK, Instructor: Teacher Carmen. \$30 lab fee due at registration.

Age 3-14mo, Give your little one extra confidence by exploring new movements, objects, and words, while learning basic music concepts.

8315.4251 Sa 9:30-10:15am \$159 9/13-10/27 7 wks Dos Vientos Community Center

Age 2-3, Older toddlers thrive in music classes that spark creativity & boost brain power through singing, dancing & instrument play!

8316.4251 Sa 10:30-11:15am \$159 9/13-10/27 7 wks Dos Vientos Community Center

Age 3-4 Sound recognition starts in the womb! Foundations classes explore new sounds, objects & movement for early development.

8317.4251 Sa 11:30am-12:15pm \$159 9/13-10/27 7 wks Dos Vientos Community Center

KINDERMUSIK® FOUNDATIONS, Age 3-14mo A sensory-rich yet caring and gentle environment where infants can explore music. \$30 lab fee due at registration.

Instructor: Jadzia.

4670.4251 W 11:30am-12:15pm \$159 9/10-10/22 7 wks Old Meadows Center

Instructor: Teacher Katie.

5010.4251 F 11:30am-12:15pm \$159 9/12-10/24 7 wks Borchard Community Center

KINDERMUSIK® LEVEL 1, Age 12-24mo KINDERMUSIK® LEVEL 1 Level 1 classes allow young toddlers to explore new movements, objects, and words through musical play. \$30 lab fee due at registration.

Instructor: Jadzia.

4671.4251 W 10:30-11:15am \$159 9/10-10/22 7 wks Old Meadows Center

Instructor: Teacher Katie.

5011.4251 F 9:30-10:15am \$159 9/12-10/24 7 wks Borchard Community Center

KINDERMUSIK® LEVEL 2, Age 2-4 Level 2 classes are about exploring creativity and enhancing development through singing and moving! Instructor: Jadzia. \$30 lab fee due at registration.

4672.4251 W 9:30-10:15am \$159 9/10-10/22 7 wks Old Meadows Center

KINDERMUSIK® MIXED-AGES, Age 0-4 Allows children and their caregivers to gather together for a fun-filled learning experience. Instructor: Teacher Katie. \$30 lab fee due at first class.

5013.4251 F 10:30-11:15am \$159 9/12-10/24 7 wks Borchard Community Center

BABY'N' ME, Age 3-15mo Songs, games, finger plays, movement, exercise, and so much more. More details online! Instructor: CRPD Staff.

6000.4251 M 5:30-6:15pm \$77 9/8-10/20 7 wks Conejo Community Center

OUTDOOR ADVENTURES

NEW! PLAY "N" LEARN IN NATURE, Age 2-5 This parent and me class is designed to explore nature through creative activities, games and art. Instructor: CRPD Staff.

6235.4251 W 10:30-11:15am \$88 9/10-10/22 7 wks Conejo Community Center

PARENT & ME TINKERGARTEN: NATURE, PLAY, & LEARN, Age 18mo-6 Let's Tinker! Outdoor class with mud & sticks as tools. Mixed ages, siblings welcome. Instructor: Goat Kidz. \$20 lab fee due at registration.

5092.4251 Th 10:00-11:00am \$129 9/11-10/23 7 wks Borchard Community Center

SOCCER

BRIT WEST SOCCER: TINY PROS, Age 2-3.5 Parents participate in their child's first steps in physical fitness. Kicking and shooting is taught through playful games. Instructor: Brit West Soccer.

8160.4251 Sa 9:00-9:35am \$203 9/6-10/25 8 wks Dos Vientos Community Center

8160.4252 Su 9:00-9:35am \$203 9/7-10/26 8 wks Dos Vientos Community Center

TOT SOCCER/T-BALL, Age 3-6 A fun, non-competitive, parent and me introduction to soccer and t-ball. Instructor: Goat Kidz.

5083.4251 Sa 9:00-9:45am \$98 9/13-10/25 7 wks Borchard Community Center

5083.4252 Sa 10:00-10:45am \$98 9/13-10/25 7 wks Borchard Community Center

VISUAL ARTS

NEW! DOODLEBUGS, Age 1-3 Parents and children will have so much fun participating in various crafts, games, songs, and so much more! Instructor: CRPD Staff.

6230.4251 Tu 11:15am-12noon \$88 9/9-10/21 7 wks Conejo Community Center

PARENT & ME ART CLASS W/ MISS DEBBIE, Age 2-5 Parent & child will create various art projects experimenting with paints, markers, clay, pastels and more! Instructor: Miss Debbie. No class 10/2. \$10 lab fee due at first class.

5006.4251 Th 10:00-10:45am \$90 9/11-10/23 6 wks Borchard Community Center

YOGA

YOGA FOR YOUNGSTERS, Age 18mo-5yr Children become aware of their physical, mental, and emotional selves through imaginative yoga moves and calming breathwork. Instructor: Kristina Spiliotis.

6060.4252 M 10:45-11:15am \$73 9/8-10/20 7 wks Conejo Community Center

EARLY CHILDHOOD Sport & The Arts

OUTDOOR

HIKING

FAMILY NATURE WALK, Age 3-6 Learn about the plants and animals of our area on this family friends hike! Instructor: CRPD Staff. Information: 805-495-2163.

4213.4255 Sa 8:00-9:30am \$15 9/27 1 day Oak Creek Canyon Loop Trail

SPORTS

ALL SORTS OF SPORTS

ALL SORTS OF SPORTS, Age 2.5-4 Different sport each week Instructor: CRPD Staff.

7302.4251 T 11:15am-12noon \$71 9/9-10/21 7 wks Thousand Oaks Community Center

BEGINNING GYMNASTICS, Age 4-5 Discover discipline and self-confidence through a competition-style technique. Instructor: KristiLisa Kleiner, US Gymnastics Certified.

5071.4251 F 1:00-1:45pm \$73 9/12-10/24 7 wks Borchard Community Center

PRESCHOOL GYMNASTICS, Age 3-4 Skills taught include front rolls, back rolls, handstands, varied steps on a floor beam, and using the bars and springboard. Instructor: Monarch Gymnastics.

8171.4251 T 9:30-10:00am \$111 8/26-10/21 9 wks Dos Vientos Community Center

TOT 1 GYMNASTICS, Age 4-5 Skills taught include front rolls, back rolls, handstands, varied steps on a floor beam, and using the bars and springboard. Instructor: Monarch Gymnastics.

8172.4251 T 10:05-10:35am \$111 8/26-10/21 9 wks Dos Vientos Community Center

8172.4252 Th 2:00-2:30pm \$111 8/28-10/23 9 wks Dos Vientos Community Center

TUMBLE TIME, Age 3-4 Acquire coordination, motor skills, and balance via exciting activities and music. Instructor: CRPD Staff.

5070.4251 F 11:15am-12noon \$71 9/12-10/24 7 wks Borchard Community Center

BASKETBALL

BABY BALLERS: YOUTH EVOLUTION BASKETBALL, Age 2-4 No class 10/2. Instructor: Youth Evolution Activities. Information: 805-495-4674.

2913.4251 Th 6:00-6:30pm \$105 9/11-10/16 5 wks Rancho Conejo Playfield

BITTY BASKET-BALLERS, Age 4-6 Intro to basketball with fun games & drills! Parents welcome. Keeps little ballers active & engaged! Instructor: Goat Kidz.

5082.4251 F 3:00-3:45pm \$98 9/12-10/24 7 wks Borchard Community Center

5082.4252 Sa 9:00-9:45am \$98 9/13-10/25 7 wks Borchard Community Center

8321.4251 Su 2:00-2:45pm \$98 9/14-10/26 7 wks Dos Vientos Community Center

SELF DEFENSE

BEGINNER'S PREKARATE, Age 4-5 Builds awareness, confidence, self-control with fitness, stretching, games. Respect taught. No class 9/24, 10/1. Instructor: Gil Goldberg.

7250.4251 M/W 4:00-4:30pm \$109 9/3-10/22 7 wks Thousand Oaks Community Center

LIL DRAGONS PREKARATE, Age 4-5 Build self confidence, get active, and learn self discipline and respect for others. A great first class for preschoolers. Instructor: Ninja Niki Karate & Training.

NEW STUDENTS
8151.4251 W 2:30-3:00pm \$112 9/3-10/22 8 wks Dos Vientos Community Center

RETURNING STUDENTS
8151.4252 W 3:00-3:30pm \$112 9/3-10/22 8 wks Dos Vientos Community Center
6503.4251 M 3:30-4:00pm \$101 9/8-10/20 7 wks Conejo Community Center
6503.4252 T/Th 2:10-2:40pm \$199 9/2-10/23 8 wks Conejo Community Center

LITTLE TIGERS PRE-KARATE, Age 4-5 Preparation for a formal karate class. Fun games that teach teamwork and development of strength & coordination. Instructor: Shotokan Karate, Mike Szydlowski.

5100.4251 T/Th 3:30-4:00pm \$150 9/2-10/30 9 wks Borchard Community Center

SOCCER

BABY KICKERS: YOUTH EVOLUTION SOCCER, Age 2-4 Instructor: Youth Evolution Activities. Information: 805-495-4674.

2914.4251 Sa 9:00-9:30am \$105 9/13-10/11 5 wks Oakbrook Neighborhood Park

BRIT WEST SOCCER

TINY PROS, Age 3.5-5 Age-appropriate soccer curriculum, focusing on kicking and shooting the ball, is taught through fun and playful games. Instructor: Brit West Soccer.

8161.4251 Sa 9:40-10:25am \$203 9/6-10/25 8 wks Dos Vientos Community Center

GAME DAY, Age 4-5 Our qualified coaches lead athletes through situational learning during game play in a class designed to just play soccer. Instructor: Brit West Soccer.

8164.4252 Su 9:40-10:25am \$203 9/7-10/26 8 wks Dos Vientos Community Center

SUPER SOCCER STARS - PARENT & ME, Age 1-2 Super Soccer Stars teaches soccer skills in a fun, non-competitive and educational environment! Instructor: Super Soccer Stars.

6422.4251 F 9:00-9:40am \$189 9/12-10/24 7 wks Conejo Community Center

6422.4254 F 9:00-9:40am \$189 9/13-10/25 7 wks Conejo Community Center

6900.4251 Su 9:00-9:40am \$189 9/7-10/19 7 wks Triunfo Park

6900.4253 Su 10:00-10:40am \$189 9/7-10/19 7 wks Triunfo Park

SUPER SOCCER STARS, Super Soccer Stars teaches the fundamentals of soccer in a fun, non-competitive, educational environment. Instructor: Super Soccer Stars. Information: 805-375-1003.

Age 2-3

8561.4251 Sa 9:00-9:40am \$203 9/6-10/25 6 wks Berniece Bennett Park

Age 3-5

8561.4252 Sa 9:45-10:30am \$203 9/6-10/25 6 wks Berniece Bennett Park

THE ARTS

DANCE

INTRODUCTION TO DANCE FOR GIRLS & BOYS, Age 3-4.5 Basic steps, stretch, barre, and tap. Tap shoes not required. Performance last class 10/25. Instructor: Bianca Jansen.

5061.4251 Sa 9:30-10:15am \$51 9/27-10/25 5 wks Borchard Community Center

THEATER & FILM

TINY TOT ACTING, Age 4-6 Explore the world of acting through fun theater games, creative movement, and imaginative play. Instructor: Off the Beaten Track Productions.

3514.4251 W 3:15-4:15pm \$195 9/10-10/15 6 wks Hillcrest Center for the Arts





Youth & More

GROWNUP & ME SELF DEFENSE

NEW! PARENT/CHILD KARATE, Age 5+ Spend time with your child learning a traditional martial art. Increase fitness, concentration, and more. Instructor: Shotokan Karate, Mike Szydowski.
5111.4251 Sa 9:00-10:00am \$162 9/6-10/25 8 wks Borchard Community Center

HEALTH & FITNESS FITNESS

CAPOEIRA, Age 5-12 Join us for games, movements, and community. Try capoeira for the 1st time or continue exploring this martial art and dance. No class 9/29, 10/13. Instructor: Conejo Valley Capoeira. \$10 lab fee due at first class.
4673.4251 M/W 5:10-6:10pm \$132 9/8-10/15 5 wks Old Meadows Center

Languages: Portuguese

OTHER COOKING

RECIPE FOR FUN, Age 5-11 New recipe each week. Instructor: CRPD Staff.

AFTER SCHOOL SNACKS

7400.4251 T 3:30-4:30pm \$33 9/16-9/30 3 wks Thousand Oaks Community Center

SPOOKY SNACK

7401.4252 T 3:30-4:30pm \$33 10/7-10/21 3 wks Thousand Oaks Community Center

FLAVORS OF FALL, Age 5-9 Hands-on cooking adventure exploring the best bites of the season! Chop, mix, and taste your way through fun fall recipes! Instructor: CRPD Staff.

8200.4251 M 3:30-4:30pm \$89 8/25-10/20 8 wks Dos Vientos Community Center

PERSONAL INTEREST

CRITTER CREATORS, Age 5-8 Let's sculpt and explore SoCal critters! Kids use natural materials to craft animals and habitats. Badge included!

7320.4251 W 3:30-4:30pm \$75 9/10-10/1 4 wks Thousand Oaks Community Center

TABLE GAMES

BEGINNING/ INTERMEDIATE CHESS, Age 7-12 Learn this classic game in a fun social way!

Develops skills like planning, memory and spatial thinking. Instructor: Nick Garcia.

7450.4251 W 5:00-6:00pm \$121 9/10-10/22 7 wks Thousand Oaks Community Center

OUTDOOR ARCHERY

BEGINNING ARCHERY, Age 8-13 Have fun learning the basics of this awesome sport! No experience necessary, equipment will be provided. Instructor: CRPD Staff.

4122.4252 Tu 4:30-5:30pm \$77 9/9-10/21 7 wks Conejo Community Center

INTERMEDIATE ARCHERY, Age 8-13 Enhance those archery skills through fun and games! Some experience required, equipment will be provided. Instructor: CRPD Staff.

4122.4253 Th 3:30-4:30pm \$77 9/11-10/23 7 wks Conejo Community Center

ADVANCED ARCHERY, Age 8-13 Become an archery master by hitting smaller targets from longer distances. Instructor: CRPD Staff.

4122.4254 Th 4:45-5:45am \$77 9/11-10/23 7 wks Conejo Community Center

PARENT & ME ARCHERY, Age 5-8 Have fun learning the basics of this awesome sport during this parent & me class. Equipment is provided. Instructor: CRPD Staff.

4122.4251 Tu 3:15-4:15pm \$155 9/9-10/21 7 wks Conejo Community Center

ARCHERY, Age 8-10 Learn basic archery skills. Equipment provided; safety emphasized. Instructor: CRPD Staff.

8281.4251 W 3:30-4:30pm \$89 8/27-10/22 8 wks Dos Vientos Community Center

Age 11-13

8282.4251 W 4:30-5:30pm \$89 8/27-10/22 8 wks Dos Vientos Community Center

EQUESTRIAN

INTRO TO HORSEBACK RIDING I, Age 7-14 Get your horse from its corral, help groom and saddle, learn how to mount and dismount, and ride. No experience necessary. Instructor: Ride On.

Information: 805-375-1003.

8851.4251 Sa 1:30-2:30pm \$200 9/6-9/20 3 wks Rancho Potrero

8851.4252 Sa 1:30-2:30pm \$200 10/4-10/18 3 wks Rancho Potrero

INTRO TO HORSEBACK RIDING II, Age 7-14 After Intro to Horseback Riding I, learn trotting, steering, more advanced ground management: lunging and horse bathing. Instructor: Ride On.

Information: 805-375-1003.

8853.4251 Sa 3:00-4:00pm \$200 9/6-9/20 3 wks Rancho Potrero

8853.4252 Sa 3:00-4:00pm \$200 10/4-10/18 3 wks Rancho Potrero

HIKING

CHUMASH HIKE, Age 5-10 Join us for an educational hike through Chumash lands and learn some of our region's amazing history Instructor: CRPD Staff. Information: 805-495-2163.

4213.4254 Sa 8:00-10:00am \$22 9/20 1 day See Description for Location

SUNDAY HIKING CLUB, Age 6-12 Calling all new hikers! Each week we will hike a new trail. First Week: Los Robles Trail Instructor: CRPD Staff. Information: 805-495-2163.

4214.4251 Su 9:00-11:00am \$75 9/14-10/12 5 wks See Description for Location

TARANTULA HIKE, Age 8-12 Hit the trail to search for tarantulas! Learn fun facts and explore their natural habitat. Held at 287 W Gainsborough Instructor: CRPD Staff. Information: 805-495-2163.

4213.4251 F 6:00-7:30pm \$15 10/3 1 day See Description for Location



SCHOOL BREAK SOCCER

LABOR DAY SOCCER CAMP, Age 5-10 Kick off the fun! A 1-day soccer camp packed with skills, drills, and games for young players of all levels. Instructor: Super Soccer Stars. Information: 805-375-1003.

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|-----------|---|---------------|-------|-----|-------|-----------------------|
| 8560.4251 | M | 9:00am-12noon | \$60 | 9/1 | 1 day | Berniece Bennett Park |
| 8560.4252 | M | 9:00am-3:00pm | \$100 | 9/1 | 1 day | Berniece Bennett Park |

SPECIAL EVENTS PARENTS NIGHT OUT

NERF & POKEMON NIGHT, Age 6-11 Instructor: Ninja Niki Karate & Training

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|-----------|---|-------------|------|-------|-------|------------------------------|
| 6500.4251 | F | 5:00-8:00pm | \$50 | 9/5 | 1 day | Conejo Community Center |
| 8150.4251 | F | 5:00-8:00pm | \$50 | 10/10 | 1 day | Dos Vientos Community Center |

NERF & POKEMON NO SCHOOL DAY, Age 6-11 Instructor: Ninja Niki Karate & Training

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|-----------|---|----------------|------|------|-------|-------------------------|
| 6500.4252 | F | 10:00am-1:00pm | \$45 | 9/23 | 1 day | Conejo Community Center |
| 6500.4253 | F | 10:00am-1:00pm | \$45 | 10/2 | 1 day | Conejo Community Center |

FRIDAY FUN NIGHT, Age 6-14 Join the Dos Vientos Center for a gym full of games, crafts, friends, and fun! Dinner provided. Hope to see you there! Instructor: CRPD Staff.

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|-----------|---|-------------|------|------|-------|------------------------------|
| 8051.4251 | F | 5:30-8:30pm | \$33 | 9/5 | 1 day | Dos Vientos Community Center |
| 8051.4252 | F | 5:30-8:30pm | \$33 | 10/3 | 1 day | Dos Vientos Community Center |

SATURDAY NIGHT FUN, Age 5-11 Kids spend their night playing games, sports, crafts, and snacks all themed. Instructor: CRPD Staff.

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|--------------------------|----|-------------|------|-------|-------|--------------------------------|
| POKEMON NITE | | | | | | |
| 7410.4251 | Sa | 5:30-8:30pm | \$30 | 9/20 | 1 day | Thousand Oaks Community Center |
| SPOOKTACULAR NITE | | | | | | |
| 7410.4252 | Sa | 5:30-8:30pm | \$30 | 10/25 | 1 day | Thousand Oaks Community Center |
| GLOW NITE | | | | | | |
| 7410.4253 | Sa | 5:30-8:30pm | \$30 | 11/22 | 1 day | Thousand Oaks Community Center |

SPORTS ALL SORTS OF SPORTS

BASIC PARKOUR, Age 5-12 Learn the basics of parkour, including coordination skills such as jumping, balance, & body control. No class 9/1. Instructor: Jacob Flame, Tang Soo Do Karate.

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|-----------|---|-------------|-------|------------|-------|------------------------------|
| 8185.4251 | M | 4:00-4:45pm | \$115 | 8/25-10/20 | 6 wks | Dos Vientos Community Center |
|-----------|---|-------------|-------|------------|-------|------------------------------|

HANDSTANDS & CARTWHEELS, Age 6-12 Develop strength, balance, and confidence with rolls, handstands, backbends, cartwheels, and overall conditioning. Instructor: Monarch Gymnastics.

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|-----------|----|-------------|-------|------------|-------|------------------------------|
| 8175.4251 | Th | 3:45-4:15pm | \$111 | 8/28-10/23 | 9 wks | Dos Vientos Community Center |
|-----------|----|-------------|-------|------------|-------|------------------------------|

BEGINNING GYMNASTICS, Age 6-8 Skills taught include front rolls, back rolls, handstands, varied steps on a floor beam, and using the bars and springboard. Instructor: Monarch Gymnastics.

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|-----------|----|-------------|-------|------------|-------|------------------------------|
| 8174.4251 | Th | 3:10-3:40pm | \$111 | 8/28-10/23 | 9 wks | Dos Vientos Community Center |
|-----------|----|-------------|-------|------------|-------|------------------------------|

BEGINNING GYMNASTICS, Age 6-9 Discover discipline and self-confidence through a competition-style technique. Instructor: KristiLisa Kleiner, US Gymnastics Certified.

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|-----------|---|-------------|------|------------|-------|---------------------------|
| 5072.4251 | F | 2:00-2:45pm | \$73 | 9/12-10/24 | 7 wks | Borchard Community Center |
|-----------|---|-------------|------|------------|-------|---------------------------|

BEGINNING GYMNASTICS /TUMBLING, Age 6-12 Skills taught include front rolls, back rolls, handstands, varied steps on a floor beam, and using the bars and springboard. Instructor: Monarch Gymnastics.

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|-----------|---|---------------|-------|------------|-------|------------------------------|
| 8170.4251 | T | 10:40-11:10am | \$111 | 8/26-10/21 | 9 wks | Dos Vientos Community Center |
|-----------|---|---------------|-------|------------|-------|------------------------------|

INTERMEDIATE GYMNASTICS, Age 6-12 Prerequisite: Beginning or basic gymnastics or instructor approval. Instructor: KristiLisa Kleiner, US Gymnastics Certified.

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|-----------|---|-------------|-------|------------|-------|---------------------------|
| 5073.4251 | F | 3:00-4:30pm | \$108 | 9/12-10/24 | 7 wks | Borchard Community Center |
|-----------|---|-------------|-------|------------|-------|---------------------------|

ADVANCED GYMNASTICS, Age 8-14 Prerequisite: Intermediate gymnastics or instructor approval. Instructor: KristiLisa Kleiner, US Gymnastics Certified.

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|-----------|---|-------------|-------|------------|-------|---------------------------|
| 5074.4251 | F | 4:45-6:45pm | \$143 | 9/12-10/24 | 7 wks | Borchard Community Center |
|-----------|---|-------------|-------|------------|-------|---------------------------|

BOXING KIDZ, Age 6-12 Beginner cardio, stance, footwork, punches. Mitt/pad only, no sparring. \$20 glove fee or BYO gloves. Instructor: Goat Kidz. \$20 lab fee due at first class.

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|-----------|----|-------------|------|------------|-------|---------------------------|
| 5084.4251 | Th | 4:30-5:15pm | \$98 | 9/11-10/23 | 7 wks | Borchard Community Center |
|-----------|----|-------------|------|------------|-------|---------------------------|

SKYHAWKS: 1ST DOWN TOTS - FLAG FOOTBALL, Age 3.5-5 Instructor: Skyhawks Sports.

Information: 805-495-4674.

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|-----------|---|-------------|------|------------|-------|--------------|
| 2754.4251 | W | 3:30-4:15pm | \$99 | 9/10-10/1 | 4 wks | Triunfo Park |
| 2754.4252 | W | 3:30-4:15pm | \$99 | 10/8-10/29 | 4 wks | Triunfo Park |

SKYHAWKS: BASEBALL TOTS, Instructor: Skyhawks Sports. Information: 805-495-4674.

Age 3.5-5

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|-----------|---|-------------|------|----------|-------|--------------|
| 2750.4251 | M | 3:30-4:15pm | \$99 | 9/8-9/29 | 4 wks | Triunfo Park |
|-----------|---|-------------|------|----------|-------|--------------|

Age 6-12

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|-----------|----|-------------|------|------------|-------|--------------|
| 2750.4252 | Th | 3:30-4:15pm | \$99 | 10/16-11/6 | 4 wks | Triunfo Park |
|-----------|----|-------------|------|------------|-------|--------------|

SKYHAWKS: BASEBALL, Instructor: Skyhawks Sports. Information: 805-495-4674.

Age 3.5-5

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|-----------|----|-------------|-------|------------|-------|--------------|
| 2751.4252 | Th | 4:30-5:30pm | \$109 | 10/16-11/6 | 4 wks | Triunfo Park |
|-----------|----|-------------|-------|------------|-------|--------------|

Age 6-12

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|-----------|---|-------------|-------|----------|-------|--------------|
| 2751.4251 | M | 4:30-5:30pm | \$109 | 9/8-9/29 | 4 wks | Triunfo Park |
|-----------|---|-------------|-------|----------|-------|--------------|

TGA FLAG FOOTBALL, Age 5-13 Instructor: TGA Conejo Valley. Information: 805-495-4674.

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|-----------|----|-------------|-------|------------|-------|----------------------------|
| 2737.4251 | Th | 4:15-5:15pm | \$129 | 9/11-10/23 | 6 wks | Oakbrook Neighborhood Park |
|-----------|----|-------------|-------|------------|-------|----------------------------|

GO LONG FLAG FOOTBALL, Age 6-12 Learn routines, cheers, motions, and jumps that promote teamwork, fitness, and FUN, with a performance at the final session! No class 10/2.

Instructor: Overtime Athletics.

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|-----------|----|-------------|-------|------------|-------|------------------------------|
| 8181.4251 | Th | 3:30-4:30pm | \$159 | 8/28-10/23 | 8 wks | Dos Vientos Community Center |
|-----------|----|-------------|-------|------------|-------|------------------------------|

SKYHAWKS: FLAG FOOTBALL, Age 6-12 Instructor: Skyhawks Sports. Information: 805-495-4674.

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|-----------|---|-------------|-------|------------|-------|--------------|
| 2755.4251 | W | 4:30-5:30pm | \$109 | 9/10-10/1 | 4 wks | Triunfo Park |
| 2755.4252 | W | 4:30-5:30pm | \$109 | 10/8-10/29 | 4 wks | Triunfo Park |

SKYHAWKS: GIRLS FLAG FOOTBALL, Age 6-12 Instructor: Skyhawks. Information: 805-495-4674.

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|-----------|---|-------------|-------|------------|-------|--------------|
| 2757.4251 | W | 4:30-5:30pm | \$109 | 9/10-10/1 | 4 wks | Triunfo Park |
| 2757.4252 | W | 4:30-5:30pm | \$109 | 10/8-10/29 | 4 wks | Triunfo Park |

SKYHAWKS: MULTI-SPORT (BASEBALL, BASKETBALL), Instructor: Skyhawks Sports. Information: 805-495-4674.

Age 3.5-5

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|-----------|----|---------------|------|------------|-------|--------------|
| 2763.4251 | Sa | 10:30-11:30am | \$99 | 9/13-10/4 | 4 wks | Triunfo Park |
| 2763.4252 | Sa | 10:30-11:30am | \$99 | 10/11-11/1 | 4 wks | Triunfo Park |

Age 6-12

| | | | | | | |
|-----------|----|--------------|-------|------------|-------|--------------|
| 2762.4251 | Sa | 9:30-10:15am | \$109 | 9/13-10/4 | 4 wks | Triunfo Park |
| 2762.4252 | Sa | 9:30-10:15am | \$109 | 10/11-11/1 | 4 wks | Triunfo Park |

SKYHAWKS: MULTI-SPORTS (SOCCER, FIELD HOCKEY,) No class 10/2, 11/11. Instructor: Skyhawks Sports. Information: 805-495-4674.

Age 3.5-5

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|-----------|----|-------------|------|------------|-------|--------------|
| 2759.4251 | Th | 4:30-5:30pm | \$99 | 9/11-10/9 | 4 wks | Triunfo Park |
| 2758.4252 | T | 3:30-4:15pm | \$99 | 10/14-11/4 | 4 wks | Triunfo Park |

Age 6-12

| | | | | | | |
|-----------|----|-------------|-------|------------|-------|--------------|
| 2758.4251 | Th | 3:30-4:15pm | \$109 | 9/11-10/9 | 4 wks | Triunfo Park |
| 2759.4252 | T | 4:30-5:30pm | \$109 | 10/14-11/4 | 4 wks | Triunfo Park |

TGA CHEERLEADING, Age 5-13 Instructor: TGA Conejo Valley. Information: 805-495-4674.

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|-----------|----|-------------|-------|------------|-------|----------------------------|
| 2736.4251 | Th | 4:15-5:15pm | \$129 | 9/11-10/23 | 6 wks | Oakbrook Neighborhood Park |
|-----------|----|-------------|-------|------------|-------|----------------------------|

TGA LACROSSE, Age 5-13 Instructor: TGA Conejo Valley. Information: 805-495-4674.
2738.4251 T 4:15-5:15pm \$129 9/9-10/21 6 wks Oakbrook Neighborhood Park

TOT 2 GYMNASTICS, Age 5-6 Skills taught include front rolls, back rolls, handstands, varied steps on a floor beam, and using the bars and springboard. Instructor: Monarch Gymnastics.
8173.4251 T 11:15-11:45am \$111 8/26-10/21 9 wks Dos Vientos Community Center
8173.4252 Th 2:35-3:05pm \$111 8/28-10/23 9 wks Dos Vientos Community Center

BADMINTON

BADMINTON: YOUTH BEGINNING, Age 8-15 Badminton racket required. Court shoes recommended. Instructor: Thousand Oaks Badminton Organization. Information: 805-495-4674.
2604.4251 Sa 1:00-2:00pm \$70 9/13-10/25 7 wks Sycamore Elementary School Gym

BASKETBALL

360 SPORTS: 3 VS 3 HOOPS SKILLS, Age 5-7 Instructor: 360 Sports. Information: 805-495-4674.
2745.4251 T 4:15-5:15pm \$149 9/9-10/28 7 wks Borhard Community Center
2745.4252 T 5:15-6:15pm \$149 9/9-10/28 7 wks Borhard Community Center

360 SPORTS: BUILD A SHOOTER, Instructor: 360 Sports. Information: 805-495-4674.

Age 8-11
2746.4251 W 4:15-5:15pm \$149 9/10-10/22 7 wks Borhard Community Center
Age 11-14
2746.4252 W 5:15-6:15pm \$149 9/10-10/22 7 wks Borhard Community Center

360 SPORTS: LITTLE SHOOTERS, Age 5-7 Instructor: 360 Sports. Information: 805-495-4674.
2747.4251 M 4:15-5:15pm \$149 9/8-10/20 7 wks Borhard Community Center

360 SPORTS: OPEN RUNS, Instructor: 360 Sports. Information: 805-495-4674.

Age 8-11
2748.4251 M 5:15-6:15pm \$149 9/8-10/20 7 wks Borhard Community Center
Age 11-14
2748.4252 W 6:15-7:15pm \$149 9/10-10/22 7 wks Borhard Community Center

BASKETBALL: Beginner basketball: triple threat, ball handling, passing, lay-ups, shooting, and defense basics. Instructor: Goat Kidz. \$20 lab fee due at registration.

LEVEL 1, Age 6-12
5080.4251 F 4:00-4:45pm \$98 9/12-10/24 7 wks Borhard Community Center
8192.4251 Su 1:00-1:45pm \$101 9/14-10/26 7 wks Dos Vientos Community Center

LEVEL 1, Age 8-12
5080.4252 Sa 10:00-10:45am \$98 9/13-10/25 7 wks Borhard Community Center

LEVEL 2, Age 8-12
8193.4251 Su 3:00-3:45pm \$101 9/14-10/26 7 wks Dos Vientos Community Center
5081.4252 Sa 11:00-11:45am \$98 9/13-10/25 7 wks Borhard Community Center

LEVEL 2, Age 6-12
5081.4251 F 5:00-5:45pm \$98 9/12-10/24 7 wks Borhard Community Center

YOUTH EVOLUTION BASKETBALL, No class 10/2. Instructor: Youth Evolution Activities. Information: 805-495-4674.

LEVEL 1, Age 4-5
2913.4252 Th 3:45-4:15pm \$105 9/11-10/16 5 wks Rancho Conejo Playfield

LEVEL 2, Age 5-7
2913.4253 Th 4:20-5:05pm \$105 9/11-10/16 5 wks Rancho Conejo Playfield

LEVEL 3, Age 7-11
2913.4254 Th 5:05-5:50pm \$105 9/11-10/16 5 wks Rancho Conejo Playfield

RAW BASKETBALL TRAINING, Knowledge is power. Learn fundamental skills, gain speed, strength & basketball techniques with former UCLA point guard. Instructor: RAW Basketball Training.

Age 6-8
7331.4251 W 4:30-5:15pm \$133 9/10-10/22 7 wks Thousand Oaks Community Center

Age 9-13
7332.4251 W 5:15-6:00pm \$133 9/10-10/22 7 wks Thousand Oaks Community Center

SKYHAWKS: BASKETBALL HOOPSTERTOTS, Age 3.5-5 No class 9/23. Instructor: Skyhawks Sports. Information: 805-495-4674.

2752.4251 T 3:30-4:15pm \$99 9/9-10/7 4 wks Triunfo Park
2752.4252 M 3:30-4:15pm \$99 10/6-10/27 4 wks Triunfo Park

HAUNTED TRAIL TICKETS

OCTOBER 18 AGE 2+

Everyone age 2 and over, including adults, must have a ticket. Limited tickets are available for each trail time. Once a time slot is sold out, no more presale tickets will be available. There will be a standby line with limited spots for those purchasing tickets on the event night.

NOTE: Arrive at the Trail entrance 10 minutes prior to ticketed time. Allow time to park and reach gate. Tickets are non-refundable. Children under 12 must be accompanied by a ticketed adult.

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|-----------|--------|-----|-----------|--------|-----|
| 7900.4251 | 7:10pm | \$5 | 7901.4253 | 8:05pm | \$5 |
| 7900.4252 | 7:15pm | \$5 | 7901.4254 | 8:10pm | \$5 |
| 7900.4253 | 7:20pm | \$5 | 7901.4255 | 8:15pm | \$5 |
| 7900.4254 | 7:25pm | \$5 | 7901.4256 | 8:20pm | \$5 |
| 7900.4255 | 7:30pm | \$5 | 7901.4257 | 8:25pm | \$5 |
| 7900.4256 | 7:35pm | \$5 | 7901.4258 | 8:30pm | \$5 |
| 7900.4257 | 7:40pm | \$5 | 7901.4259 | 8:35pm | \$5 |
| 7900.4258 | 7:45pm | \$5 | 7902.4251 | 8:40pm | \$5 |
| 7900.4259 | 7:50pm | \$5 | 7902.4252 | 8:45pm | \$5 |
| 7901.4251 | 7:55pm | \$5 | 7902.4253 | 8:50pm | \$5 |
| 7901.4252 | 8:00pm | \$5 | | | |

THOUSAND OAKS COMMUNITY CENTER 2525 N. Moorpark Rd., Thousand Oaks
Info: 805-381-2793 • crpd.org/haunt

SKYHAWKS: BASKETBALL, Age 6-12 No class 9/23. Instructor: Skyhawks Sports. Information: 805-495-4674.

2753.4251 T 4:30-5:30pm \$109 9/9-10/7 4 wks Triunfo Park
2753.4252 M 4:30-5:30pm \$109 10/6-10/27 4 wks Triunfo Park

GOLF

GOLF: YOUTH BEGINNING, Age 16+ Loaner clubs provided No class 9/23. Instructor: Evergreen Golf. Information: 805-495-4674.

2600.4251 T 1:30-2:30pm \$119 9/9-10/7 4 wks Los Robles Golf Course
2600.4253 T 1:30-2:30pm \$119 10/14-11/4 4 wks Los Robles Golf Course
2608.4252 Sa 12noon-1:00pm \$119 9/13-10/4 4 wks Los Robles Golf Course
2600.4254 Sa 12noon-1:00pm \$119 10/11-11/1 4 wks Los Robles Golf Course

SKYHAWKS: GOLF, No class 10/31. Instructor: Skyhawks Sports. Information: 805-495-4674.

Age 3.5-5
2761.4251 F 4:30-5:30pm \$99 9/12-10/3 4 wks Triunfo Park
2761.4252 F 4:30-5:30pm \$99 10/10-11/7 4 wks Triunfo Park

Age 6-12
2760.4252 F 3:30-4:15pm \$109 10/10-11/7 4 wks Triunfo Park
2760.4251 F 3:30-4:15pm \$109 9/12-10/3 4 wks Triunfo Park

TGA GOLF, Instructor: TGA Conejo Valley. Information: 805-495-4674.

Age 5-8
2740.4251 W 3:30-4:15pm \$129 9/10-10/15 6 wks Oakbrook Neighborhood Park
Age 9-13
2740.4252 W 4:15-5:15pm \$129 9/10-10/15 6 wks Oakbrook Neighborhood Park

PICKLEBALL

PICKLEBALL, Players will be introduced to the fundamentals of the game, court safety, and etiquette. Instructor: Overtime Athletics. No class 9/23.

Age 6-9
8180.4251 T 3:30-4:30pm \$159 8/26-10/21 8 wks Dos Vientos Community Center
Age 10-12
8180.4252 T 4:45-5:45pm \$159 8/26-10/21 8 wks Dos Vientos Community Center

SELF DEFENSE

KARATE, Traditional martial arts building confidence, self-control, self-defense, fitness, and awareness. No class 9/24, 10/1, 11/26, 11/29. Instructor: Gil Goldberg.

BEGINNER'S, Age 10-13

| | | | | | |
|-----------|-----------------|-------|-----------|--------|--------------------------------|
| 7251.4251 | M/W 4:30-5:30pm | \$151 | 9/3-10/29 | 8 wks | Thousand Oaks Community Center |
| 7252.4251 | M/W 5:30-6:30pm | \$259 | 9/3-12/10 | 13 wks | Thousand Oaks Community Center |

ADVANCED BEGINNER'S YELLOW & ORANGE, Age 6-13

| | | | | | |
|-----------|-----------------|-------|-----------|--------|--------------------------------|
| 7253.4251 | M/W 5:30-6:30pm | \$259 | 9/3-12/10 | 13 wks | Thousand Oaks Community Center |
|-----------|-----------------|-------|-----------|--------|--------------------------------|

ADVANCED KARATE GREEN BELT & HIGHER, Age 6-13

| | | | | | |
|-----------|-----------------|-------|-----------|--------|-------------------------------------|
| 7254.4251 | M/W 6:30-7:30pm | \$387 | 9/3-12/10 | 13 wks | Thousand Oaks Community Center & Sa |
|-----------|-----------------|-------|-----------|--------|-------------------------------------|

ADVANCED BLUE BELT AND ABOVE, Age 5-9 Learn the art of Tang Soo Do. Emphasis on character development, self defense, stranger danger, and bully prevention methods. Instructor: Ninja Niki Karate & Training.

| | | | | | |
|-----------|------------------|-------|-----------|-------|-------------------------|
| 6187.4251 | T/Th 4:15-5:00pm | \$227 | 9/2-10/23 | 8 wks | Conejo Community Center |
|-----------|------------------|-------|-----------|-------|-------------------------|

JUJITSU SELF DEFENSE, Age 7-13 Teaches practical and effective techniques to defend yourself and others from a wide variety of assaults Instructor: Dan Howard, 10th Degree Black Belt.

| | | | | | |
|-----------|----------------|-------|------------|--------|---------------------------|
| 5108.4251 | Th 7:00-8:00pm | \$135 | 8/28-10/30 | 10 wks | Borchard Community Center |
|-----------|----------------|-------|------------|--------|---------------------------|

KARATE, Shotokan Karate is a traditional Japanese martial art emphasizing self-defense, self-control, and respect for others Instructor: Shotokan Karate, Mike Szydowski.

WHITE BELT BEGINNERS, Age 6-17

| | | | | | |
|-----------|------------------|-------|-----------|-------|---------------------------|
| 5101.4251 | T/Th 4:00-5:00pm | \$180 | 9/2-10/30 | 9 wks | Borchard Community Center |
| 5101.4252 | M/W 4:00-5:00pm | \$170 | 9/3-10/29 | 9 wks | Borchard Community Center |

YELLOW/ORANGE BELTS, Age 6-17

| | | | | | |
|-----------|-----------------------|-------|-----------|-------|---------------------------|
| 5102.4251 | T/Th 4:00-5:00pm | \$180 | 9/2-10/30 | 9 wks | Borchard Community Center |
| 5102.4253 | T/Th 4:00-5:00pm & Sa | \$259 | 9/2-10/30 | 9 wks | Borchard Community Center |

| | | | | | |
|-----------|----------------------|-------|-----------|-------|---------------------------|
| 5102.4252 | M/W 4:00-5:00pm | \$170 | 9/3-10/29 | 9 wks | Borchard Community Center |
| 5102.4254 | M/W 4:00-5:00pm & Sa | \$249 | 9/3-10/29 | 9 wks | Borchard Community Center |

GREEN/BLUE/JUNIOR PURPLE BELTS, Age 6-17

| | | | | | |
|-----------|-----------------------|-------|-----------|-------|---------------------------|
| 5103.4251 | T/Th 5:00-6:00pm | \$180 | 9/2-10/30 | 9 wks | Borchard Community Center |
| 5103.4253 | T/Th 5:00-6:00pm & Sa | \$259 | 9/2-10/30 | 9 wks | Borchard Community Center |

| | | | | | |
|-----------|----------------------|-------|-----------|-------|---------------------------|
| 5103.4252 | M/W 5:00-6:00pm | \$170 | 9/3-10/29 | 9 wks | Borchard Community Center |
| 5103.4254 | M/W 5:00-6:00pm & Sa | \$249 | 9/3-10/29 | 9 wks | Borchard Community Center |

PURPLE/BROWN/BLACK BELTS, Age 8-17

| | | | | | |
|-----------|-----------------------|-------|-----------|-------|---------------------------|
| 5104.4251 | T/Th 6:00-7:00pm | \$180 | 9/2-10/30 | 9 wks | Borchard Community Center |
| 5104.4253 | T/Th 6:00-7:00pm & Sa | \$259 | 9/2-10/30 | 9 wks | Borchard Community Center |

| | | | | | |
|-----------|----------------------|-------|-----------|-------|---------------------------|
| 5104.4252 | M/W 6:00-7:00pm | \$170 | 9/3-10/29 | 9 wks | Borchard Community Center |
| 5104.4254 | M/W 6:00-7:00pm & Sa | \$249 | 9/3-10/29 | 9 wks | Borchard Community Center |

NEW! KID NINJA FIT!, Age 5-9 Come workout on a Ninja obstacle course, build your strength, endurance, and coordination. More information online. Instructor: Ninja Niki Karate & Training.

| | | | | | |
|-----------|---------------|-------|-----------|-------|-------------------------|
| 6188.4251 | M 2:35-3:20pm | \$101 | 9/8-10/20 | 7 wks | Conejo Community Center |
|-----------|---------------|-------|-----------|-------|-------------------------|

KARATE, Age 5-9 Emphasis on character development, self defense, stranger danger, and bully prevention methods. Instructor: Ninja Niki Karate & Training

WHITE BELT

| | | | | | |
|-----------|---------------|-------|-----------|-------|------------------------------|
| 8152.4251 | W 3:40-4:25pm | \$131 | 9/3-10/22 | 8 wks | Dos Vientos Community Center |
|-----------|---------------|-------|-----------|-------|------------------------------|

BEGINNING WHITE/YELLOW BELT

| | | | | | |
|-----------|------------------|-------|-----------|-------|------------------------------|
| 6504.4251 | M 4:00-4:45pm | \$115 | 9/8-10/20 | 7 wks | Conejo Community Center |
| 6504.4252 | T/Th 2:45-3:30pm | \$227 | 9/2-10/23 | 8 wks | Conejo Community Center |
| 8153.4251 | W 4:30-5:15pm | \$131 | 9/3-10/22 | 8 wks | Dos Vientos Community Center |

INTERMEDIATE PURPLE/ORANGE BELT

| | | | | | |
|-----------|------------------|-------|-----------|-------|-------------------------|
| 6505.4251 | T/Th 3:30-4:15pm | \$227 | 9/9-10/23 | 7 wks | Conejo Community Center |
|-----------|------------------|-------|-----------|-------|-------------------------|

SKATE

BORCHARD SKATE, Age 4-12 Instructor: CRPD Staff.

LEVEL 1, For those who have never stood on a skateboard or are getting more comfortable.

| | | | | | |
|-----------|-----------------|-------|------------|-------|---------------------------|
| 5150.4251 | Sa 9:00-10:00am | \$105 | 9/13-10/25 | 7 wks | Borchard Community Center |
|-----------|-----------------|-------|------------|-------|---------------------------|

LEVEL 2, For those who feel confident riding on their skateboard and riding up and down ramps.

| | | | | | |
|-----------|------------------|-------|------------|-------|---------------------------|
| 5150.4252 | Sa 10:00-11:00am | \$105 | 9/13-10/25 | 7 wks | Borchard Community Center |
|-----------|------------------|-------|------------|-------|---------------------------|

LEVEL 3, For those who know the basics of and are ready to learn more advanced tricks.

| | | | | | |
|-----------|-------------------|-------|------------|-------|---------------------------|
| 5150.4253 | Sa 11:00am-12noon | \$105 | 9/13-10/25 | 7 wks | Borchard Community Center |
|-----------|-------------------|-------|------------|-------|---------------------------|

HOMESCHOOL SKATE, Age 4-12 Instructor: CRPD Staff.

LEVEL 1, Work on board control, stance, balance, pushing, turning, and basics of riding ramps.

| | | | | | |
|-----------|------------------|-------|------------|-------|---------------------------|
| 5151.4251 | Th 10:00-11:00am | \$105 | 9/11-10/23 | 7 wks | Borchard Community Center |
|-----------|------------------|-------|------------|-------|---------------------------|

LEVEL 2, For those confident riding up and down ramps. Work on more advanced tricks.

| | | | | | |
|-----------|-------------------|-------|------------|-------|---------------------------|
| 5151.4252 | Th 11:00am-12noon | \$105 | 9/11-10/23 | 7 wks | Borchard Community Center |
|-----------|-------------------|-------|------------|-------|---------------------------|

SKATEBOARD PUMPTRACK WORKSHOP AT SAPWI, Age 7-13 Refine skateboarding skills and learn how to pump and maintain momentum on Pump Track. Instructor: CRPD Staff. Information: 805-381-2791.

| | | | | | |
|-----------|---------------|------|------|-------|-------------------------|
| 5153.4251 | M 4:00-5:30pm | \$25 | 9/15 | 1 day | Sapwi Trails/Pump Track |
|-----------|---------------|------|------|-------|-------------------------|

SOCCER

YOUTH EVOLUTION SOCCER, Instructor: Youth Evolution Activities. Information: 805-495-4674.

LEVEL 1, Age 4-5

| | | | | | |
|-----------|-----------------|-------|------------|-------|----------------------------|
| 2914.4252 | Sa 9:40-10:15am | \$105 | 9/13-10/11 | 5 wks | Oakbrook Neighborhood Park |
|-----------|-----------------|-------|------------|-------|----------------------------|

LEVEL 2, Age 5-7

| | | | | | |
|-----------|------------------|-------|------------|-------|----------------------------|
| 2914.4253 | Sa 10:15-11:00am | \$105 | 9/13-10/11 | 5 wks | Oakbrook Neighborhood Park |
|-----------|------------------|-------|------------|-------|----------------------------|

LEVEL 3, Age 7-11

| | | | | | |
|-----------|------------------|-------|------------|-------|----------------------------|
| 2914.4254 | Sa 11:00-11:45am | \$105 | 9/13-10/11 | 5 wks | Oakbrook Neighborhood Park |
|-----------|------------------|-------|------------|-------|----------------------------|

SUPER SOCCER STARS, Super Soccer Stars teaches soccer skills in a fun, non-competitive and educational environment! Instructor: Super Soccer Stars.

Age 2-3

| | | | | | |
|-----------|----------------|-------|------------|-------|-------------------------|
| 6422.4252 | F 9:50-10:30am | \$189 | 9/12-10/24 | 7 wks | Conejo Community Center |
|-----------|----------------|-------|------------|-------|-------------------------|

| | | | | | |
|-----------|-----------------|-------|------------|-------|-------------------------|
| 6423.4251 | Sa 9:50-10:30am | \$189 | 9/13-10/25 | 7 wks | Conejo Community Center |
|-----------|-----------------|-------|------------|-------|-------------------------|

| | | | | | |
|-----------|-----------------|-------|-----------|-------|--------------|
| 6900.4252 | Su 9:50-10:30am | \$189 | 9/7-10/19 | 7 wks | Triunfo Park |
|-----------|-----------------|-------|-----------|-------|--------------|

Age 3-4

| | | | | | |
|-----------|-----------------|-------|------------|-------|-------------------------|
| 6422.4253 | F 10:35-11:20am | \$189 | 9/12-10/24 | 7 wks | Conejo Community Center |
|-----------|-----------------|-------|------------|-------|-------------------------|

| | | | | | |
|-----------|------------------|-------|------------|-------|-------------------------|
| 6423.4252 | Sa 10:35-11:20am | \$189 | 9/13-10/25 | 7 wks | Conejo Community Center |
|-----------|------------------|-------|------------|-------|-------------------------|

| | | | | | |
|-----------|------------------|-------|-----------|-------|--------------|
| 6900.4254 | Su 10:50-11:35am | \$189 | 9/7-10/19 | 7 wks | Triunfo Park |
|-----------|------------------|-------|-----------|-------|--------------|

Age 4-5

| | | | | | |
|-----------|--------------------|-------|------------|-------|-------------------------|
| 6423.4253 | Sa 11:25am-12:15pm | \$189 | 9/13-10/25 | 7 wks | Conejo Community Center |
|-----------|--------------------|-------|------------|-------|-------------------------|

| | | | | | |
|-----------|--------------------|-------|-----------|-------|--------------|
| 6900.4255 | Su 11:40am-12:30pm | \$189 | 9/7-10/19 | 7 wks | Triunfo Park |
|-----------|--------------------|-------|-----------|-------|--------------|

Age 5-7

| | | | | | |
|-----------|-----------------|-------|------------|-------|-------------------------|
| 6423.4254 | Sa 12:20-1:20pm | \$189 | 9/13-10/25 | 7 wks | Conejo Community Center |
|-----------|-----------------|-------|------------|-------|-------------------------|

Age 5-10

| | | | | | |
|-----------|------------------|-------|-----------|-------|-----------------------|
| 8561.4253 | Sa 10:35-11:35am | \$203 | 9/6-10/25 | 6 wks | Berniece Bennett Park |
|-----------|------------------|-------|-----------|-------|-----------------------|

BRIT WEST SOCCER: CLUB PROS, Age 5-7 Athletes will develop dribbling, passing, turning and shooting, and basic rules and terms, through small group practices. Instructor: Brit West Soccer.

Age 5-7

| | | | | | |
|-----------|------------------|-------|-----------|-------|------------------------------|
| 8162.4251 | Sa 10:30-11:15am | \$203 | 9/6-10/25 | 8 wks | Dos Vientos Community Center |
|-----------|------------------|-------|-----------|-------|------------------------------|

Age 7-12

| | | | | | |
|-----------|-------------------|-------|-----------|-------|------------------------------|
| 8163.4251 | Sa 11:15am-12noon | \$203 | 9/6-10/25 | 8 wks | Dos Vientos Community Center |
|-----------|-------------------|-------|-----------|-------|------------------------------|

BRIT WEST SOCCER'S GAME DAY, Our qualified coaches lead athletes through situational learning during game play in a class designed to just play soccer. Instructor: Brit West Soccer.

| | | | | | |
|-----------|------------------|-------|-----------|-------|------------------------------|
| 8165.4252 | Su 10:30-11:15am | \$203 | 9/7-10/26 | 8 wks | Dos Vientos Community Center |
|-----------|------------------|-------|-----------|-------|------------------------------|

Age 7-12

| | | | | | |
|-----------|-------------------|-------|-----------|-------|------------------------------|
| 8166.4252 | Su 11:15am-12noon | \$203 | 9/7-10/26 | 8 wks | Dos Vientos Community Center |
|-----------|-------------------|-------|-----------|-------|------------------------------|





TENNIS

HOMESCHOOL TENNIS, Age 8-12 Participants are required to bring their own racquet. No class 10/2. Instructor: Total Tennis Academy. Information: 805-495-4674.

YOUTH BEGINNING

0637.4251 Th 10:30-11:30am \$140 9/11-10/30 7 wks Thousand Oaks Community Center

YOUTH INTERMEDIATE

0638.4251 Th 11:30am-12:30pm \$140 9/11-10/30 7 wks Thousand Oaks Community Center

YOUTH ADVANCED

0639.4251 Th 11:30am-12:30pm \$140 9/11-10/30 7 wks Thousand Oaks Community Center

QUICKSTART TENNIS, Age 5-7 Participants are required to bring their own racquet. Instructor: Total Tennis Academy. Information: 805-495-4674. No class 9/23, 10/2.

| | | | | | | |
|-----------|----|----------------|-------|------------|-------|--------------------------------|
| 0601.4251 | W | 4:00-5:00pm | \$120 | 9/10-10/22 | 7 wks | Dos Vientos Community Center |
| 0604.4251 | W | 4:00-5:00pm | \$120 | 9/10-10/22 | 7 wks | Triunfo Park |
| 0605.4251 | Th | 4:00-5:00pm | \$120 | 9/11-10/30 | 7 wks | Borchard Community Center |
| 0643.4251 | Th | 4:00-5:00pm | \$120 | 9/11-10/30 | 7 wks | Thousand Oaks Community Center |
| 0603.4251 | Sa | 11:00am-12noon | \$120 | 9/13-10/25 | 7 wks | Thousand Oaks Community Center |
| 0600.4251 | M | 4:00-5:00pm | \$120 | 9/8-10/20 | 7 wks | Dos Vientos Community Center |
| 0602.4251 | T | 4:00-5:00pm | \$120 | 9/9-10/28 | 7 wks | Thousand Oaks Community Center |

RISING STARS TENNIS ACADEMY, Intro to tennis fundamentals, instilling a love of game on/off the court. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674. Teaching Pro: Mila Horak.

ACADEMY I, Age 7-9

0042.4251 W 4:00-5:00pm \$140 9/10-10/22 6 wks North Ranch Play Field

ACADEMY II, Age 9-14

0043.4251 W 5:00-6:00pm \$140 9/10-10/22 6 wks North Ranch Play Field

RISING STARS TENNIS ADVANCED, Age 9-14 Improved strokes and court coverage in singles/doubles with tactics. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674.

Teaching Pro: Lucile Bosche.

0041.4253 Sa 1:00-2:00pm \$120 9/13-10/25 7 wks Triunfo Park

Teaching Pro: Megan Kevorken.

0041.4254 M 5:00-6:00pm \$120 9/8-10/20 7 wks Triunfo Park

RISING STARS TENNIS INTERMEDIATE, Age 8-14 Improved stroke production reinforcing basic technique and much more. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674.

Teaching Pro: Megan Kevorken.

0041.4251 Th 5:00-6:00pm \$120 9/11-10/30 7 wks Triunfo Park

Teaching Pro: Lucile Bosche.

0041.4252 Sa 12noon-1:00pm \$120 9/13-10/25 7 wks Triunfo Park

RISING STARS TENNIS KIDS, Age 5-7 Intro to tennis Fun-damentals, instilling love for game on/off the court. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674.

Teaching Pro: Lucile Bosche.

0040.4251 Sa 11:00am-12noon \$120 9/13-10/25 7 wks Triunfo Park

Teaching Pro: Megan Kevorken.

0640.4252 F 5:00-6:00pm \$120 9/12-10/24 7 wks Triunfo Park

TENNIS YOUTH ADV BEG (+) GREEN BALL, Age 8-12 Slower bouncing ball specially designed class for adv beg and intermediate players ages 8-12. *Bring own racket (23-26") Instructor: Total Tennis Academy. Information: 805-495-4674.

0650.4251 F 5:00-6:00pm \$140 9/12-10/24 7 wks Borchard Community Center

TENNIS YOUTH BEGINNING ORANGE BALL, Age 6-11 A slower bouncing ball and specially designed class for beginners. *Bring own junior racket (23-25") Instructor: Total Tennis Academy. Information: 805-495-4674.

0649.4251 F 4:00-5:00pm \$140 9/12-10/24 7 wks Borchard Community Center

TENNIS: PLAY N LEARN BEGINNING, Age 18+ Participants are required to bring their own racquet. No class 10/2. Instructor: Total Tennis Academy. Information: 805-495-4674.

0660.4251 Th 9:00-10:30am \$170 9/11-10/30 7 wks Thousand Oaks Community Center

TGA TENNIS, Instructor: TGA Conejo Valley. Information: 805-495-4674.

BEGINNERS, Age 5-7

0670.4251 Sa 9:00-10:00am \$129 9/13-10/18 6 wks

0670.4253 Sa 11:00am-12noon \$129 9/13-10/18 6 wks

ADVANCED BEGINNERS, Age 8-12

0670.4254 Sa 12noon-1:00pm \$129 9/13-10/18 6 wks

INTERMEDIATE, Age 8-12

0670.4255 Sa 1:00-2:00pm \$129 9/13-10/18 6 wks

ADVANCED TENNIS, Age 5-7

0670.4252 Sa 10:00-11:00am \$129 9/13-10/18 6 wks

YOUTH BEGINNING TENNIS, Age 8-12 Participants are required to bring their own racquet. Instructor: Total Tennis Academy. Information: 805-495-4674. No class 9/23.

0607.4251 W 5:00-6:00pm \$120 9/10-10/22 7 wks Dos Vientos Community Center

0609.4251 W 5:00-6:00pm \$120 9/10-10/22 7 wks Triunfo Park

0608.4251 Sa 10:00-11:00am \$120 9/13-10/25 7 wks Thousand Oaks Community Center

0606.4251 M 5:00-6:00pm \$120 9/8-10/20 7 wks Dos Vientos Community Center

0614.4251 T 5:00-6:00pm \$120 9/9-10/28 7 wks Thousand Oaks Community Center

YOUTH ADVANCED BEGINNING TENNIS, Age 8-12 Participants are required to bring their own racquet. Instructor: Total Tennis Academy. Information: 805-495-4674. No class 9/23.

ADVANCED BEGINNING I

0610.4251 W 6:00-7:00pm \$120 9/10-10/22 7 wks Dos Vientos Community Center

0611.4251 W 6:00-7:00pm \$120 9/10-10/22 7 wks Triunfo Park

ADVANCED BEGINNING II

0647.4251 W 7:00-8:00pm \$120 9/10-10/22 7 wks Dos Vientos Community Center

0654.4251 T 5:00-6:00pm \$120 9/9-10/28 7 wks Triunfo Park

ADVANCED BEGINNING III

0613.4251 M 6:00-7:00pm \$120 9/8-10/20 7 wks Dos Vientos Community Center

VOLLEYBALL

BEACH VOLLEYBALL AFTER SCHOOL CLINIC, Age 7-13 Instructor: BeachVolleyballCamps.com. Information: 805-495-4674.

2756.4251 T 4:00-5:30pm \$250 9/9-10/21 6 wks Dos Vientos Community Center

TGA VOLLEYBALL, Age 5-13 Instructor: TGA Conejo Valley. Information: 805-495-4674.

2734.4251 M 4:15-5:15pm \$129 9/8-10/13 6 wks Oakbrook Neighborhood Park

STEM NATURAL SCIENCE

WEIRD SCIENCE, Age 5-9 Features inspiring weekly science challenges to spark creativity and problem-solving; uses fun, engaging themes Instructor: CRPD Staff.

8203.4251 F 3:30-4:30pm \$89 9/5-10/24 8 wks Dos Vientos Community Center

THE ARTS CRAFTS

BEGINNING SEWING, Beginning sewing class, learn how to sew or add to your sewing skills. First project is a drawstring bag! Instructor: Sara Sinclair, Pins and Needles. \$20 lab fee due at first class.

Age 7-9

7403.4251 W 3:15-4:10pm \$67 9/10-10/1 4 wks Thousand Oaks Community Center

8311.4251 T 3:30-4:25pm \$67 9/9-9/30 4 wks Dos Vientos Community Center

Age 7-10

7403.4253 Th 3:15-4:10pm \$67 9/11-10/2 4 wks Thousand Oaks Community Center

Age 9-12

7403.4252 W 4:15-5:10pm \$67 9/10-10/1 4 wks Thousand Oaks Community Center

8312.4251 T 4:30-5:25pm \$67 9/9-9/30 4 wks Dos Vientos Community Center

The Arts & More



COME RIDE RAMPS AT BORCHARD WHILE OUR SKATEPARK IS UNDER CONSTRUCTION. AGES 4+ HELMET. ELBOW AND KNEE PADS REQUIRED (SOME ARE AVAILABLE FOR USE).

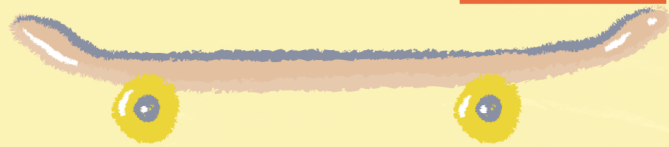
**STARTING
SEPTEMBER 9TH**

**TUESDAYS
+
THURSDAYS**

5:00-7:00PM

**FREE | CLASS ID #5155.4251
PRE-REGISTRATION REQUIRED**

LOCATION: BORCHARD SKATEPARK CRPD.ORG/REG



ADVANCE BEGINNING SEWING, Age 8-12 Advanced beginning sewing class, add to your sewing skills. Instructor: Sara Sinclair, Pins and Needles. \$20 lab fee due at first class.
7404.4251 W 5:15-6:10pm \$67 9/10-10/1 4 wks Thousand Oaks Community Center

SLIME TIME, Age 5-11 New unique and creative slimes you can each week. Instructor: CRPD Staff.
7327.4251 M 3:30-4:30pm \$77 9/8-10/20 7 wks Thousand Oaks Community Center

PARENT & ME WOODWORKING, Age 5+ Bond with your child over of woodworking and create an exciting project each week. Price is per child. Instructor: Woodworker's Retreat. Information: 805-381-2791.
5026.4251 W 11:00am-12noon \$265 9/10-9/24 3 wks Woodworker's Retreat

DANCE

PRE-BALLET, Age 5-8 Foot positions and steps, stretching, and lyrical movement. Attire: leotard, tights, ballet shoes. Instructor: Jennifer Kelly.
3560.4251 F 4:00-4:45pm \$63 9/5-10/10 6 wks Hillcrest Center for the Arts

CLASSICAL BALLET, Age 7-14 A great introduction to ballet! Attire: leotard, tights, and ballet shoes. Instructor: Jennifer Kelly.
3561.4251 F 4:45-5:30pm \$63 9/5-10/10 6 wks Hillcrest Center for the Arts

INTRODUCTION TO DANCE FOR GIRLS & BOYS, Age 4.5-6 Basic steps, stretch, barre, and tap. Tap shoes not required. Performance last class 10/25. Instructor: Bianca Jansen.
5061.4252 Sa 10:30-11:15am \$51 9/27-10/25 5 wks Borchard Community Center

TINY TOES, Age 4-6 Introduction to ballet, tap, and jazz through fun, imaginative activities. Instructor: Jessica Steinhart.
8368.4251 Sa 10:00-11:00am \$105 8/30-10/25 6 wks Dos Vientos Community Center

MUSIC

APPRENTICE CHOIR, Age 5-8 A fun introduction to vocal instruction and musicianship from Los Robles Children's Choir. No class 11/24. Instructor: Los Robles Children's Choir Inc. \$25 lab fee due at registration.
3600.4251 M 4:00-4:45pm \$170 9/29-12/8 10 wks Hillcrest Center for the Arts

THEATER & FILM

NEW! INTRO TO ACTING, Age 5-9 Introduce kids to the world of acting through scene exploration and theatre games. Build confidence and joy in acting. Instructor: Jadzia, Winterworks Productions.
4731.4251 W 3:00-3:55pm \$192 9/10-10/22 7 wks Old Meadows Center

NEW! MUSIC MAKERS, Age 7-10 Intro to music: learn rhythm, dynamics, note reading, and recorder. We'll build confidence as musicians. Instructor: Jadzia, Winterworks Productions (Jadzia). \$20 lab fee due at registration.
4732.4251 Th 3:45-4:40pm \$192 9/11-10/23 7 wks Old Meadows Center

FILM MAKING: BEHIND THE CAMERA, Age 7-13 Learn behind the camera skills from directing, editing, and how to film a great story. Instructor: Off the Beaten Track Productions. \$15 lab fee due at registration.
3513.4251 T 4:15-5:15pm \$195 9/9-10/14 6 wks Hillcrest Center for the Arts

MUSICAL THEATER ARTS SHOWCASE, Age 6-14 Discover singing, acting, and dancing. No experience required-just passion for performance and fun! Instructor: Off Broadway Kids.
8246.4251 Sa 10:00-11:00am \$111 8/30-10/25 6 wks Dos Vientos Community Center
8246.4252 F 4:00-5:00pm \$111 8/29-10/24 6 wks Westlake Village Community Room

CONFIDENCE, COMEDY AND IMPROV, Age 7-13 Be empowered to come out of your shell using imagination, building characters and humorous skits. Instructor: Off the Beaten Track Productions.
3511.4251 M 4:15-5:15pm \$195 9/8-10/13 6 wks Hillcrest Center for the Arts

MUSICAL THEATRE, Age 7-13 Join us in this energetic Musical Theater class and learn how to be a triple threat! Instructor: Off the Beaten Track Productions. \$10 lab fee due at registration.
3512.4251 M 5:15-6:30pm \$225 9/8-10/13 6 wks Hillcrest Center for the Arts

NEW! DO YOU WANT TO BE AN ACTOR?, Age 7-13 Advanced acting skills and audition techniques for commercials and film. Instructor: Off the Beaten Track Productions. \$10 lab fee due at registration.
3516.4251 W 4:15-5:15pm \$195 9/10-10/15 6 wks Hillcrest Center for the Arts

NEW! IMPROV, Age 8-13 Learn improv through games and scene creation. Build confidence, and help with socializing, imagination and self-knowledge. Instructor: Jadzia, Winterworks Productions.
4730.4251 Th 4:45-5:40pm \$192 9/11-10/23 7 wks Old Meadows Center

NEW! INTRO TO ACTING, Age 10-14 Jump into acting through theatre games, scene exploration, and exercises. Build confidence, and experiment with acting. Instructor: Jadzia, Winterworks Productions.
4731.4252 W 4:00-4:55pm \$192 9/10-10/22 7 wks Old Meadows Center

VISUAL ARTS

ACRYLIC PAINTING ON CANVAS, Age 18+ Explore color mixing, brush techniques, and composition while creating their own masterpieces. Instructor: Jonaki Das Hazra. \$25 lab fee due at registration.

8820.3251 T 9:00-10:00am \$101 9/9-10/21 7 wks Dos Vientos Community Center

ANIME & MANGA, Age 7-13 Learn to draw your favorite Japanese style art: cute manga inspired characters, accessories, and costumes. Instructor: Young Rembrandts. \$10 lab fee due at registration.

8370.4251 W 5:45-6:45pm \$129 8/27-10/22 7 wks Dos Vientos Community Center

BEGINNER ART: PENCIL, PASTEL, WATERCOLOR & COLLAGE, Age 7-16 Explore pencil, pastel, watercolor & collage! Learn shading, color, composition for amazing beginner art. \$10 lab fee due at registration. Instructor: Jonaki Das Hazra.

5194.4251 Th 4:00-5:00pm \$145 9/11-10/23 7 wks Borchard Community Center

DRAW POKEMON CHARACTERS, Age 6-13 Learn to draw popular Pokemon characters using our step-by-step method. Instructor: Young Rembrandts. \$10 lab fee due at registration.

8371.4251 Th 5:45-6:45pm \$129 8/28-10/23 7 wks Dos Vientos Community Center

OIL PASTEL & WATERCOLOR FUN, Age 7-16 Creative exploration with oil pastels & watercolors! Learn techniques, color, shading, and composition for unique art. \$10 lab fee due at registration. Instructor: Jonaki Das Hazra.

5193.4251 T 3:30-4:30pm \$145 9/9-10/21 7 wks Borchard Community Center

WATERCOLOR TECHNIQUES FUN, Age 18+ Dive into the magic of watercolor! Discover playful techniques for washes, blending, and texture. Instructor: Jonaki Das Hazra. \$25 lab fee due at registration.

8821.3251 T 10:15-11:15am \$101 9/9-10/21 7 wks Dos Vientos Community Center

VIRTUAL CLASS COMPUTER SCIENCE

BEGINNER ROBLOX GAME CODING (1-3), Age 9-14 Does your kid love Roblox? With this coding class, your child will be able to create their own games for Roblox in no time. No class 11/27. Instructor: Create & Learn. Information: 805-381-2739.

4702.4251 Th 2:30-3:45pm \$278 9/18-12/11 12 wks Virtual Class

MINECRAFT MODDING QUEST (1-3), Age 8-11 Does your child enjoy Minecraft? Minecraft: Education Edition to teach kids coding and other STEM skills. Instructor: Create & Learn. Information: 805-381-2739.

4617.4251 T 2:30-3:25pm \$223 9/9-11/25 12 wks Virtual Class

4617.4252 M 5:30-6:25pm \$223 9/18-12/1 12 wks Virtual Class

SCRATCH NINJA (1-3), In this fun and creative class, we introduce students to the wonderful world of coding using Scratch. Instructor: Create & Learn. Information: 805-381-2739.

Age 7-11

4632.4251 T 5:30-6:25pm \$223 9/9-11/25 12 wks Virtual Class

Age 8-11

4632.4252 W 2:30-3:25pm \$223 9/10-11/26 12 wks Virtual Class

4632.4253 F 4:00-4:55pm \$223 9/19-12/12 12 wks Virtual Class

4632.4254 Sa 11:00-11:55am \$223 9/20-12/6 12 wks Virtual Class

ENGINEERING & ROBOTICS

JUNIOR ROBOTICS (1-2), Age 7-9 This Vex robotics virtual world class teaches students how coding is used in robotics through fun, hands-on projects. Instructor: Create & Learn. Information: 805-381-2739.

4633.4251 Sa 9:30-10:25am \$158 9/20-11/8 5 wks Virtual Class

HOMESCHOOL

KIDFIT, Age 6-12 Fun fitness & movement class that engages kids & keeps them moving! Instructor: Train Goat Gainz. Information: 805-381-2793.

7614.4251 M 9:00-9:50am \$93 9/8-10/20 7 wks Hillcrest Center - District Office

LIFE-SIZE FORT BUILDERS CLASS, Age 6-12 A love of architecture often begins with building forts! Each week, we'll design creative structures to lounge in, under, and around. Instructor: CReATE STUDIO. Information: 805-381-2793.

7612.4251 M 9:00-9:50am \$115 9/8-10/20 7 wks Hillcrest Center - District Office

COUNTDOWN, Age 5-12 Each class will feature a series of challenges to be completed in one minute. It's simple, straightforward, and fun! Instructor: Overtime Athletics. Information: 805-381-2793.

7616.4251 M 10:00-10:50am \$160 9/8-10/20 7 wks Hillcrest Center - District Office

GEMSTONE CREATIONS: JEWELRY MAKING, Age 6-12 Learn to make gemstone jewelry using real semi-precious stones! Information: 805-381-2793.

7611.4251 M 10:00-10:50am \$165 9/8-10/20 7 wks Hillcrest Center - District Office

AROUND THE WORLD, Age 6-12 Learn about new cultures, examine ancient ruins, discover new art in famous museums, try unique snacks, and much more. Instructor: CRPD Staff. Information: 805-381-2793.

7618.4251 M 11:10am-12noon \$77 9/8-10/20 7 wks Hillcrest Center - District Office

ART MASTERS WITH MISS DEBBIE, Age 6-12 Learn about a master artist using various mediums weekly & students will take home their interpretation of the artist's work. Instructor: Miss Debbie. Information: 805-381-2793.

7625.4251 M 11:10am-12noon \$168 9/8-10/20 7 wks Hillcrest Center - District Office

ZUMBA, Age 6-12 Do you have access to what's been put in the brochure in the past? Instructor: Bella Gormley. Information: 805-381-2793.

7627.4251 M 12:10-1:00pm \$112 9/8-10/20 7 wks Hillcrest Center - District Office

GAME DESIGN & CODING, Age 6-12 Instead of burning out on puzzles, students design many games each class—blending creativity and fun while mastering coding. Information: 805-381-2793.

7613.4251 M 12:10-1:00pm \$175 9/8-10/20 7 wks Hillcrest Center - District Office

MCCREA RANCH

HARVEST Festival

SATURDAY, OCTOBER, 4TH

Come and enjoy arts & crafts, games and lots of family fun while enjoying the beautiful McCrea Ranch! Pre-registration required.

4150.4251 • 10:00-11:30am
4150.4252 • 12:00-1:30pm

\$15 PER CHILD
Ages 3+

FOR MORE INFORMATION CALL 805-381-2793
OR VISIT CRPD.ORG/REG



Teens

HEALTH & FITNESS

BOXING CLUB, Age 12-17 Instructor: Goat Kidz. \$20 lab fee due at registration.
 9409.4251 F 4:00-5:00pm \$160 9/12-10/24 7 wks Thousand Oaks Teen Center

NERF & DODGEBALL, Age 11-16
 9401.4251 F 4:00-5:00pm \$77 9/12-10/24 7 wks Thousand Oaks Teen Center

MOUNTAIN BIKING, Age 12-17
 9414.4251 W 4:30-6:00pm \$126 9/10-10/22 7 wks Thousand Oaks Teen Center

HOMESCHOOL

NEW! CALIFORNIA HISTORY, Age 10-12 Learn from the days of early indigenous people to modern times. No class 11/26. Instructor: Jenny Elias. \$10 lab fee due at first class.
 9080.4251 W 9:45-10:55am \$250 9/3-12/10 14 wks Thousand Oaks Teen Center

NEW! CELEBRATING WRITTEN WORD: CREATIVE WRITING, Age 10-14 Explore the power of language through poetry, short stories, and other creative writing pieces. No class 11/26. Instructor: Leilani Weigand. \$10 lab fee due at first class.
 9063.4251 W 1:30-2:30pm \$210 9/3-12/10 14 wks Thousand Oaks Teen Center

NEW! DRAWING & ACRYLICS, Age 10-15 Composition, line quality, shape, form, proportions, perspective, and shading using different media. No class 11/26. Instructor: Jenn DeVine. \$50 lab fee due at first class.
 9082.4251 W 11:00-11:55am \$250 9/3-12/10 14 wks Thousand Oaks Teen Center

NEW! ENGLISH 9, Age 13-15 Using readings, students will engage with texts that will prompt real reflection and discussions. No class 9/23. Instructor: Leilani Weigand.
 9067.4251 T 9:30-10:30am \$240 8/26-10/7 6 wks Thousand Oaks Teen Center

NEW! MULTI MEDIA, Age 12-17 Learn how to tap the imagination and turn ideas into an artistic body of work for print, game, or film. No class 11/26. Instructor: Jenn DeVine. \$40 lab fee due at first class.
 9081.4251 W 12noon-12:55pm \$250 9/3-12/10 14 wks Thousand Oaks Teen Center

NEW! THE WRITE STUFF, Age 11-14 Grammar, crafting sentences, paragraphs, and essay writing in this class that is essential for middle school writers. No class 9/23. Instructor: Leilani Weigand.
 9068.4251 T 12noon-1:30pm \$162 8/26-10/7 6 wks Thousand Oaks Teen Center

PICKLEBALL, Age 11-17 No class 11/26. Instructor: Kathrin Nolan.
 9054.4251 W 12noon-1:00pm \$210 9/3-12/10 14 wks Thousand Oaks Teen Center

U.S HISTORY & ELA (CM-HS), Age 14-17 No class 9/1. Instructor: Jenny Elias. \$15 lab fee due at first class.
 9069.4251 M 9:30am-1:00pm \$210 8/18-10/6 7 wks Thousand Oaks Teen Center

U.S. HISTORY, Age 13-17 No class 11/26. Instructor: Jenny Elias. \$10 lab fee due at first class.
 9069.4252 W 11:00-11:55am \$250 9/3-12/10 14 wks Thousand Oaks Teen Center

NEW! DIGITAL PHOTOGRAPHY, Age 12-17 Bring Smartphone, tablet, or DSLR/Camera. No class 10/17. Instructor: Jenn DeVine. \$40 lab fee due at first class.
 9078.4251 F 11:00am-12:00pm \$125 9/12-11/7 8 wks Thousand Oaks Teen Center

OTHER COOKING

FABULOUS FOODIES

MEXICAN

9356.4252 Su 2:30-4:30pm \$30 9/14 1 day Thousand Oaks Teen Center

SIMPLE BREAKFAST IDEAS (CVUSD No School Day)
 9356.4255 T 9:30-11:30am \$30 9/23 1 day Thousand Oaks Teen Center

DESSERT EXTRAVAGANZA (CVUSD No School Day)
 9356.4256 Th 1:00-4:00pm \$40 10/2 1 day Thousand Oaks Teen Center

HEALTHY EATING
 9356.4254 Su 2:30-4:30pm \$30 10/26 1 day Thousand Oaks Teen Center

JAPANESE
 9356.4253 Su 2:30-4:30pm \$30 10/5 1 day Thousand Oaks Teen Center

FOOD AROUND THE WORLD
 9356.4251 F 4:30-6:00pm \$177 9/12-10/24 7 wks Thousand Oaks Teen Center

PERSONAL INTEREST

SUPER SMASH BROS WEEKLY TOURNAMENT, Age 12-17

9468.4251 M 4:00-5:00pm \$84 9/8-10/20 7 wks Thousand Oaks Teen Center

BLAST! (BABYSITTING LESSONS AND SAFETY TRAINING), Age 12-17

Instructor: First On Scene Training, LLC.
 8350.4251 Sa 12:30-4:30pm \$85 9/13 1 day Dos Vientos Community Center
 9205.4251 Sa 12noon-4:00pm \$85 9/20 1 day Thousand Oaks Teen Center

CPR/AED TRAINING AND CERTIFICATION, Age 12-17

Instructor: First On Scene Training, LLC.
 8351.4251 Sa 12:30-2:30pm \$85 10/11 1 day Dos Vientos Community Center
 9206.4251 Sa 10:00am-12noon \$85 10/18 1 day Thousand Oaks Teen Center

DIY BIKE MAINTENANCE, Age 12-17

9202.4251 W 7:00-8:30pm \$20 10/1 1 eve Thousand Oaks Teen Center

ELITE DRIVER'S EDUCATION, Age 15-18

Instructor: Mike Burgett, Elite Driving Academy.
 9001.4251 Sa 11:00am-4:00pm \$105 9/20-10/18 5 wks Thousand Oaks Teen Center

FIRST AID CERTIFICATION, Age 12-17

Instructor: First On Scene Training, LLC.
 8352.4251 Sa 2:45-4:45pm \$84 10/11 1 day Dos Vientos Community Center
 9207.4251 Sa 12:15-2:15pm \$85 10/18 1 day Thousand Oaks Teen Center

NEW! ADULTHOOD... LOADING!, Age 15-18

The Winds of Life program help you understand your purpose while learning basic life skills to prepare for adulthood. Instructor: Tom Hartke.
 9201.4251 T 7:00-8:00pm \$67 10/7-10/28 4 wks Thousand Oaks Teen Center

TABLE GAMES

CHESS: BEG/INT, Age 12-17

Instructor: Nick Garcia.
 9271.4251 M 5:00-6:00pm \$121 9/8-10/20 7 wks Thousand Oaks Teen Center

NEW! DUNGEON AND DRAGONS, Age 12-17

Learn about how to play in a campaign, create characters, and use your imagination to the fullest.
 9272.4251 Sa 2:00-4:00pm \$157 9/13-10/25 7 wks Thousand Oaks Teen Center

SPORTS BASKETBALL

BASKETBALL SKILLS, Age 12-17 Instructor: Matt Hauser.
9405.4251 M 4:00-5:00pm \$115 9/8-10/20 7 wks Thousand Oaks Teen Center

PICKLEBALL

PICKLEBALL, Age 12-17 Instructor: Kathrin Nolan.

BEGINNING
9430.4251 M 4:00-5:00pm \$105 9/8-10/20 7 wks Thousand Oaks Teen Center

INTERMEDIATE
9430.4252 M 5:00-6:00pm \$105 9/8-10/20 7 wks Thousand Oaks Teen Center

SELF DEFENSE

FENCING CLUB, Age 12-17 No class 9/23. Instructor: Jeff Ervin.

9400.4251 T 5:15-6:45pm \$116 9/9-10/28 7 wks Thousand Oaks Teen Center

SELF-DEFENSE WORKSHOP, Age 12-17 Instructor: N.P. Martial Arts Center.

9510.4251 Sa 12noon-1:00pm \$20 9/20 1 day Thousand Oaks Teen Center

BEGINNING FOIL FENCING, Age 13+ Learn the Olympic sport of Foil Fencing. No experience required. All necessary equipment is furnished. Instructor: Jeff Ervin.

6657.4251 Sa 10:00-10:45am \$100 9/13-10/25 7 wks Conejo Community Center

FENCING CLUB, Age 13+ Open fencing in foil, epee and saber. Must have completed our beginning & intermediate classes or have prior experience. Instructor: Jeff Ervin.

6657.4253 Sa 11:30am-4:00pm \$75 9/13-10/25 7 wks Conejo Community Center

INTERMEDIATE SABER FENCING, Age 13+ Continue learning the Olympic sport of Saber Fencing. Must have completed Beginning Saber class. All equipment is furnished. Instructor: Jeff Ervin.

6657.4252 Sa 10:45-11:30am \$100 9/13-10/25 7 wks Conejo Community Center

SKATE

TNC SKATEBOARDING, Age 12-17 No class 10/2.

BEGINNING
9415.4251 Th 4:15-5:15pm \$105 9/11-10/30 7 wks Thousand Oaks Teen Center

INTERMEDIATE
9415.4252 Th 5:15-6:15pm \$105 9/11-10/30 7 wks Thousand Oaks Teen Center

TENNIS

TEEN BEGINNING TENNIS, Age 13-17 Participants are required to bring their own racquet. No class 10/2. Instructor: Total Tennis Academy. Information: 805-495-4674.

0615.4251 Th 5:00-6:00pm \$120 9/11-10/30 7 wks Thousand Oaks Community Center

TEEN ADVANCED BEGINNING TENNIS, Age 13-17 Participants are required to bring their own racquet. No class 10/2. Instructor: Total Tennis Academy. Information: 805-495-4674.

0616.4251 Th 5:00-6:00pm \$120 9/11-10/30 7 wks Borchard Community Center

VOLLEYBALL

VOLLEYBALL, Age 12-17 No class 9/23. Instructor: LAVA.

9419.4251 T 4:00-5:00pm \$112 9/9-10/28 7 wks Thousand Oaks Teen Center

STEM COMPUTER SCIENCE

NEW! GAME DEVELOPMENT WORKSHOP, Age 13-17 Bring a lunch; taught in 90 min segments with breaks during the day. Instructor: Aiden Wright.

PLATFORMERS
9455.4251 Sa 10:00am-5:00pm \$130 9/20 1 day Thousand Oaks Teen Center

DUNGEON CRAWLERS
9455.4252 Sa 10:00am-5:00pm \$130 9/27 1 day Thousand Oaks Teen Center

INFINITE RUNNERS
9455.4253 Sa 10:00am-5:00pm \$130 10/4 1 day Thousand Oaks Teen Center

PUZZLES
9455.4254 Sa 10:00am-5:00pm \$130 10/11 1 day Thousand Oaks Teen Center

NEW! TECH TAKEOVER: LEARN IT, TAKE IT HOME, MASTER IT, Age 12-17 Disassemble/ reassemble and take home a refurbished computer learning about what's inside.

9466.4251 Th 4:00-6:00pm \$40 10/22 1 day Thousand Oaks Teen Center



Come & Hang With Us!
Thousand Oaks Teen Center



The Teen Center is the ultimate hangout spot where that's totally FREE for all teens 7th-12th grade!

Our state of the art center includes:

- Indoor gymnasium • Soundproof music room • Huge game room with billiard tables, ping pong, air hockey, and foosball • 4K TV gaming stations (Xbox/PS5) • Computer lab with lightning-fast internet • Commercial kitchen • Classrooms • Comfy lobby to chill and catch your favorite sports on our 65" TV • Lighted Sports Court, stage area, BBQ zone, and even a Skate Plaza - talk about epic!

But wait, there's more! You can sign up for all sorts of cool stuff like recreational classes, workshops, camps, cooking classes, sports leagues, and awesome excursions. Don't miss out on our special events like middle school dances and high school concerts.

Oh, and did we mention you can join middle school sports leagues with teams formed right at your school? How cool is that?

So what are you waiting for? Grab your friends and head on over to the Fabulous Teen Center.

Follow us on Instagram and Facebook for all the latest scoop, or visit thousandoaksteencenter.com

FREE MATH TUTORING

Get extra help at the Teen Center with Middle School level math like Algebra and Geometry.

Wednesdays, 4:00-5:30pm

Call 805-494-5156 to sign up each week.

VOLLEYBALL CLINIC

Ages 11-14

Designed for athletes looking for a challenge and opportunity to improve and refine skills.

#9010.4241 SA 10:30AM-12NOON 9/28-11/2 \$98

Instructor: **LAVA** No Class 10/19

REGISTER TODAY!
thousandoaksteencenter.com/programs



THE ARTS

CRAFTS

JEWELRY MAKING, Age 12-17 No class 10/2.

9266.4251 Th 5:00-6:00pm \$96 9/11-10/30 7 wks Thousand Oaks Teen Center

KNITTING, Age 11-16 Instructor: Aiqi Huang. \$20 lab fee due at first class.

9277.4251 W 4:30-6:00pm \$112 9/10-10/22 7 wks Thousand Oaks Teen Center

SEWING- INTERMEDIATE, Age 12-16 Improve your sewing skills in this intermediate class.

Instructor: Sara Sinclair, Pins and Needles. \$20 lab fee due at registration.

8310.4251 T 5:30-6:25pm \$67 9/9-9/30 4 wks Dos Vientos Community Center

DANCE

NEW! BALLROOM DANCING, Age 12-17 Waltz, Polka, American Tango & Foxtrot. So much

fun with friends! Learn the steps and musical differences Instructor: Stephanie Lynn.

9076.4251 W 2:30-3:30pm \$80 9/3-10/8 6 wks Thousand Oaks Teen Center

NEW! EAST COAST SWING, Age 12-17 Dance to hoppin Big Band Music! Including Charleston &

Lindy Hop to old and newer music. Instructor: Stephanie Lynn.

9073.4251 W 2:30-3:30pm \$80 10/15-11/19 6 wks Thousand Oaks Teen Center

MUSIC

GUITAR, Age 12-17 No class 9/23. Instructor: Evan Joffred.

BEG/INT

9153.4251 T 4:00-5:00pm \$132 9/9-10/28 7 wks Thousand Oaks Teen Center

INT/ADV

9153.4252 T 5:00-6:00pm \$132 9/9-10/28 7 wks Thousand Oaks Teen Center

NEW! MUSIC MASTERY FOR THE SINGER, Age 12-17 Lead a band! Create chord chart, rehearse/

cue musicians & command the stage! Includes 2 classes with live musicians/band. Instructor:

Michael Teoli. \$50 lab fee due at first class.

9151.4251 M 7:00-8:30pm \$250 9/8-10/20 7 wks Thousand Oaks Teen Center

NEW! VOCAL PERFORMANCE TECHNIQUES, Age 12-17 Vocal technique, vocal health, and

performance methods for soloists. Mock recording session too!

9279.4251 M 5:00-6:30pm \$158 9/8-10/20 7 wks Thousand Oaks Teen Center

THEATER & FILM

NEW! INTRO TO ACTING, Age 15-18 New to acting, or want to brush up on some basics? Dive in

with scene exploration, theatre games, and exercises. Instructor: Jadzia, Winterworks Productions.

9162.4251 W 8:00-8:55pm \$192 9/10-10/22 7 wks Thousand Oaks Teen Center

NEW! SHOW CHOIR 2, Age 14-18 Learn to sing and perform songs, harmonies, and melodies

while dancing, in this fun and safe, educational environment. Instructor: Jadzia, Winterworks

Productions.

9161.4252 W 7:00-7:55pm \$160 9/10-10/22 7 wks Thousand Oaks Teen Center

BEGINNING/INTERMEDIATE ACTING & IMPROV, Age 10-17 This class is a prerequisite for the

class "Acting in a Production" (#3505.4251). Instructor: Gold Coast Performing Arts Association.

3501.4251 Su 9:00-10:00am \$69 9/7-10/12 6 wks Hillcrest Center for the Arts

ADVANCED ACTING IN A PRODUCTION, Age 10-17 Returning students or those who have taken

Beginning Acting #3501.4251. No class 11/23. Instructor: Gold Coast Performing Arts Association.

\$25 lab fee due at registration.

3505.4251 Su 10:00-2:00pm \$325 9/7-12/7 13 wks Hillcrest Center for the Arts

STAND UP COMEDY, Age 12-17 Instructor: James Creviston.

9263.4251 W 6:00-7:30pm \$106 9/10-10/22 7 wks Thousand Oaks Teen Center

NEW! YAE TEAM-UP AUDITION WORKSHOP, Age 10-18 A workshop for performers with or

without disabilities in preparation for YAE'S SEUSSICAL. Instructor: Shaunae Boucher.

3520.4251 Sa 2:00-4:00pm \$20 9/13 1 day Hillcrest Center for the Arts

NEW! SHOW CHOIR 1, Age 10-13 Learn to sing and perform musical theatre and popular songs

while dancing in a fun and safe educational environment. Instructor: Jadzia, Winterworks Productions.

9161.4251 W 6:00-6:55pm \$160 9/10-10/22 7 wks Thousand Oaks Teen Center

VISUAL ARTS

ANIME-STYLE DRAWING, Age 12-17 Instructor: Art Trek. \$20 lab fee due at registration.

9262.4251 M 4:30-6:30pm \$133 9/8-10/20 7 wks Thousand Oaks Teen Center

DIGITAL PHOTOGRAPHY, Age 11-16 Build confidence in taking pictures, editing and presenting.

Instructor: Jenn DeVine. \$40 lab fee due at registration.

3626.4251 Th 5:30-6:30pm \$88 9/25-10/30 6 wks Hillcrest Center for the Arts

SCULPTURE/CERAMICS, Age 12-17 Instructor: Art Trek. \$50 lab fee due at registration.

9255.4251 Th 4:30-6:30pm \$133 9/11-10/30 7 wks Thousand Oaks Teen Center

VIRTUAL CLASS

COMPUTER SCIENCE

PYTHON FOR AI (1-3), Age 10-17 Are you interested in giving your child a head start in the world

of coding? Look no further than the Python for AI class. Instructor: Create & Learn. Information:

805-381-2739.

4630.4251 T 4:00-5:10pm \$278 9/16-12/2 12 wks Virtual Class

4630.4252 Sa 11:00am-12:10pm \$278 9/20-12/6 12 wks Virtual Class

YOUTH OUTREACH



This community social service program, co-sponsored by the Conejo Recreation and Park District and Conejo Valley Unified School District, supports hard-to-reach youth through life skills education, job training, recreation, and referrals. Contact the Thousand Oaks Teen Center at 805-494-5156.

Emily Carson - ecarson@crpd.org

Dan Nalbandian - dnalbandian@crpd.org

Cristal Rodriguez - crodriguez@crpd.org

Luis Sanchez - lsanchez@crpd.org

Thousand Oaks Teen Center Presents

BACKYARD
BLOCK
PARTY

SATURDAY, OCTOBER 4
7:00-9:00PM

6TH-8TH GRADE
ONLY

STUDENT ID REQUIRED



•DJ
•FOOD
•GAMES
•CONTESTS
•INFLATABLES
•AND FUN!

\$10
DOOR

Now Playing at the Hillcrest Center for the Arts

HILLCREST PLAYERS



I.H.O.W.
The Interdimensional House of Waffles

☆☆☆☆

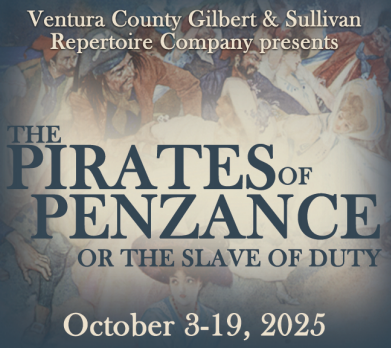
October 11 & 18

Young Artists Ensemble

Little Women:
Meg, Jo, Beth and Amy

NOVEMBER 7-23, 2025

Ventura County Gilbert & Sullivan Repertoire Company presents



THE PIRATES OF PENZANCE
OR THE SLAVE OF DUTY

October 3-19, 2025

Arts Council of the Conejo Valley

POINT. LINE. SPACE

AUGUST 22 - OCTOBER 20, 2025

CONEJOARTS.ORG

STAND-UP COMEDY

ON THE HILL

THE SECOND SATURDAY OF EVERY MONTH AT THE HILLCREST CENTER FOR THE ARTS

Young Artists Ensemble

2025/2026 FAMILY THEATRE SEASON

Little Women:
Meg, Jo, Beth and Amy

AUDITIONS AUG 23 & 24, 2025

NOVEMBER 7-23, 2025



SEUSSICAL
The Musical

AUDITIONS DEC 6 & 7, 2025

FEBRUARY 6-22, 2026

ROGERS & HAMMERSTEIN'S

CINDERELLA
ORIGINAL VERSION



AUDITIONS MARCH 7 & 8, 2026

MAY 1-17, 2026

GET ALL THREE SHOWS FOR UP TO 30% OFF!

HILLCRESTARTS.COM
805-381-1246

Titles and dates subject to change





Adults Health & Fitness

HEALTH & FITNESS FITNESS

CAPOEIRA, Age 18+ Capoeira increases flexibility, strength, and confidence. Classes are tailored to fit different body types and skill levels. No class 9/25. Instructor: Conejo Valley Capoeira.
0831.4251 T/Th 6:10-7:10pm \$168 9/9-10/23 7 wks Goebel Adult Community Center

BALANCE STRENGTH AND BODY CONDITIONING, Age 18+ Strength training is beneficial for bone health. This class will focus on strength, balance and conditioning. Instructor: Ondrea DeVincentis.
6605.4251 M/W/F 8:30-9:30am \$252 9/8-10/24 7 wks Conejo Community Center

NEW! BOLLYX - THE BOLLYWOOD WORKOUT, Age 16+ Bollywood inspired dancing that increases your cardiovascular endurance, tones & sculpts your body. Join us for onstage performances! Instructor: Zini Joshi.
5139.4251 Th 6:00-7:00pm \$73 9/11-10/23 7 wks Borchard Community Center

CARDIO POP, Age 18+ Get your groove on! Dance to pop, 80s, disco & more. Moderate impact, fun, sweaty, and adjustable! No class 10/14. Instructor: Del Herrera.
5186.4251 T 9:00-10:00am \$63 9/9-10/21 6 wks Borchard Community Center

FULL BODY WORKOUT, Age 16+ Strengthen and tone your body with a full body outdoor workout. Instructor: Monique Stone.
8808.4251 Sa 9:00-10:00am \$83 9/6-10/25 8 wks Dos Vientos Community Center
8808.4252 Su 9:00-10:00am \$83 9/7-10/26 8 wks Dos Vientos Community Center

NEW! ADULT CARDIO KICK!, Age 16+ Build stamina, improve coordination, and burn calories. Relieve stress punching & kicking bags and pads. Instructor: Ninja Niki Karate & Training.
6506.4251 M 5:00-6:45pm \$140 9/8-10/20 7 wks Conejo Community Center

OUTDOOR CORE, STRENGTH & STRETCH, Age 18+ Enabling ability through balance, flexibility and strength. Go at your own pace, weights provided. Bring mat and water. Instructor: Elaine Lawrence.
8842.4251 T 10:15-11:15am \$102 8/26-10/21 9 wks Dos Vientos Community Center
8843.4251 Th 10:15-11:15am \$102 8/28-10/23 9 wks Dos Vientos Community Center

PILATES, Age 18+ Improve core strength, flexibility, posture, healthy joint articulation, and breath awareness. Instructor: Jenny Klossner.
3962.4251 Th 9:00-9:55am \$99 9/4-10/23 8 wks Hillcrest Center for the Arts

STRETCH, TONE & BALANCE, Age 18+ Non-impact class combines elements of Yoga, Pilates and standing poses. Bring a yoga mat & block, pair of 1-3 lb hand weights. No class 10/8 (Borchard). Instructor: Kathy Bailey.
0835.4251 W 1:15-2:10pm \$66 9/10-10/22 7 wks Goebel Adult Community Center
5137.4251 W 7:50-8:45pm \$48 9/17-10/22 5 wks Borchard Community Center

ZUMBA GOLD, Age 18+ Zumba Gold is a fun, low intensity workout dance class featuring music from around the world. Instructor: Loan Rabinowitz.
3961.4251 F 11:15am-12:15pm \$91 9/5-10/24 8 wks Hillcrest Center for the Arts

FITKIZOMBA FITNESS, Age 15+ Fitkizomba is a unique Kizomba dance class focusing on mind, body, and soul. Slow-paced, engaging, non-impact dance promotes body awareness, muscle isolation, and self-connection. No class 10/6, 10/13. Instructor: Liliana Means
5145.4251 M 6:30-7:30pm \$63 9/8-10/27 6 wks Borchard Community Center

HEALTH & NUTRITION

NEW! FENG SHUI YOUR MIND, BODY & ENVIRONMENT, Age 18+ Explore how to align your mindset, health, and surroundings for more joy, flow, and abundance. Instructor: Patt Sendejas.

0840.4251 Sa 1:00-4:00pm \$33 9/27 1 day Goebel Adult Community Center
0840.4252 Sa 1:00-4:00pm \$33 10/11 1 day Goebel Adult Community Center
0840.4253 Sa 1:00-4:00pm \$33 10/25 1 day Goebel Adult Community Center

PLANT-BASED COOKING, YOUR DELICIOUS HEALTH PLAN, Age 18+ Cook plant based dishes from various countries. Each class features a practical demonstration of different dishes. Instructor: Ritchie Brill. \$35 lab fee due at registration.
8800.4251 Th 6:30-7:30pm \$100 8/28-10/2 6 wks Dos Vientos Community Center

MEDITATION

NEW! REIKI WORKSHOP, Age 18+ Increase your Reiki flow, develop your skills and sensitivity. Prerequisite: Reiki One, Reiki Two, or Reiki Master level. Instructor: Ann Vannoy.
0851.4251 M 11:15am-12:15pm \$73 9/8-10/20 7 wks Goebel Adult Community Center

NEW! GROUP REIKI ENERGY & SOUNDBATH MEDITATION, Age 18+ Group Reiki & Sound Bath to relax, release stress & find peace. No experience needed. Instructor: Ashley DeGennaro.
5148.4251 M 7:00-8:00pm \$70 9/8-10/13 6 wks Borchard Community Center

NEW! RELAX INTO BETTER SLEEP, Age 18+ Release stress, decompress, and get a better night's sleep with gentle, movements from Tai Chi & yoga. No class 10/3. Instructor: Jim Belsley.
0830.4251 F 3:00-4:00pm \$68 9/12-10/17 5 wks Goebel Adult Community Center

MEDITATION WITH SOUND THERAPY, Age 18+ Instructor: Ann Vannoy.
0850.4251 M 10:00-11:00am \$73 9/8-10/20 7 wks Goebel Adult Community Center

SOUND HEALING MEDITATION, Age 18+ Instructor: Cici Bo. Information: 805-381-2744.
0833.4251 M 12noon-12:45pm \$90 9/8-10/13 6 wks Harmony Family Yoga Studio

TAI CHI

BEGINNING TAI CHI, Age 18+
Instructor: Jim Belsley.

Learn basic Tai Chi from the Yang 24 short form to develop balance, and strength. No class 10/1.
6700.4251 W 6:00-7:00pm \$53 9/10-10/15 5 wks Conejo Community Center
Instructor: Elaine Pawelczyk.

For first-time Tai Chi students. Learn the basic elements: the tai chi walk and shifting of weight.
3901.4251 W 9:00-10:00am \$59 9/10-10/22 7 wks Hillcrest Center for the Arts

TAI CHI BEGINNER, Age 18+ Meditative movement to improve balance, strength and concentration while learning the 24 Yang style and Qigong for beginners instructor: Mabel Chow.
5140.4251 T 7:10-8:10pm \$75 9/9-10/28 8 wks Borchard Community Center
5140.4252 T 5:00-6:00pm \$75 9/9-10/28 8 wks Borchard Community Center

T'AI CHI BEGINNER, Age 18+ Students with little to no experience of Yang Style will learn Qigong and 24 Form Yang Style Tai Chi. Instructor: Nora Li. Information: 805-375-1003.
 8507.4251 F 11:15am-12:15pm \$83 8/29-10/24 8 wks Westlake Village Community Room

CONTINUING BEGINNING TAI CHI, Age 18+ For students who have taken at least one semester of Tai Chi prior. Instructor: Robert Van.
 3902.4251 W 10:15-11:15am \$59 9/10-10/22 7 wks Hillcrest Center for the Arts

CONTINUING TAI CHI, Age 18+ Continue to practice the learned forms. Instructor: Mabel Chow.
 5142.4251 Th 6:00-7:00pm \$75 9/11-10/30 8 wks Borchard Community Center

LESS STRESS & MORE ENERGY, Age 18+ Learn gentle, flowing exercises from Tai Chi and Qigong with an emphasis on good health. No class 9/30. Instructor: Jim Belsley.
 3915.4251 T 9:30-10:30am \$63 9/2-10/14 6 wks Hillcrest Center for the Arts

T'AI CHI ADVANCED BEGINNER, Age 18+ Students with some experience of Yang Style will learn Qigong and 24 Form Yang Style Tai Chi. Instructor: Nora Li. Information: 805-375-1003.
 8506.4251 F 10:00-11:00am \$83 8/29-10/24 8 wks Westlake Village Community Room

TAI CHI II, Age 18+ For those who have learned the basics of 24 Yang Style but wish to continue to perfect their form. Instructor: Stella Matsuda.
 3903.4251 M 9:00-10:00am \$52 9/8-10/20 7 wks Hillcrest Center for the Arts

INTERMEDIATE TAI CHI, Age 18+ Practice Long Form. Begins with Qigong exercises for breathing and good health. Instructor: Stella Matsuda.
 3904.4251 M 9:45-11:00am \$59 9/8-10/20 7 wks Hillcrest Center for the Arts

TAI CHI INTERMEDIATE, Age 18+ Continue to practice different forms, qigong, fan and sword while learning new form. Instructor: Mabel Chow.
 5141.4251 T 6:00-7:10pm \$83 9/9-10/28 8 wks Borchard Community Center

TAI CHI: QIGONG AND TAI CHI 24 SUPPLEMENTAL, Age 18+ Learn a qigong mix while destressing and relaxing. Must know basics of the 24 form to sign up. Instructor: Elaine Pawelczyk.
 3905.4251 F 9:00-10:00am \$59 9/12-10/24 7 wks Hillcrest Center for the Arts

YOGA

BALANCE AND STRETCH - VIRTUAL, Age 18+ Designed for all levels, this class improves flexibility, balance, and posture while easing tension through gentle stretches. Instructor: Fumiko Hamada, RYT500. Information: 805-381-2739.
 4505.4251 M 4:00-4:50pm \$60 9/8-10/6 5 wks Virtual Class

CHAIR YOGA, Age 18+
 Instructor: Anyez Klevecz.
 Improve flexibility, mobility, strength, reduce joint strain, and decrease stress. No class 9/1.
 3937.4251 M 12:45-1:45pm \$91 8/25-10/20 8 wks Hillcrest Center for the Arts
 Instructor: Ondrea DeVincentis.

A gentle practice using a chair for support, improving flexibility, strength, and relaxation. No class 10/7.
 6605.4253 T/Th 9:45-10:45am \$156 9/9-10/23 7 wks Conejo Community Center

GENTLE FLOW AND STRETCH, Age 18+ In this class we'll flow at a slower pace, connect with the breath, and stretch the body No class 9/1. Instructor: Anyez Klevecz.
 3936.4251 M 11:30am-12:30pm \$91 8/25-10/20 8 wks Hillcrest Center for the Arts

GENTLE YOGA, Age 18+
 Instructor: Jenny Klossner.
 Develop a strong and flexible spine, feel ease in your joints, and be steady in your balance.
 3940.4251 Th 10:15-11:10am \$99 9/4-10/23 8 wks Hillcrest Center for the Arts
 Instructor: Kate Kennedy, RYT 500.

All levels welcome; bring mat, strap, blanket, and blocks if available
 8356.4251 W 10:00-11:00am \$99 9/3-10/22 8 wks Dos Vientos Community Center
 Instructor: Bodysattva.

Location: Bodysattva Center 1414 E Thousand Oaks Blvd. Suite 211 Information: 805-495-4674.
 2654.4251 Sa 10:30-11:45am \$115 9/13-10/25 7 wks See Description for Location

GENTLE YOGA, Age 18+ Gentle yoga is easier and less intense class and seeks to provide therapeutic modifications to common yoga poses. No class 10/7. Instructor: Ondrea DeVincentis.
 6605.4252 T/Th 8:30-9:30am \$156 9/9-10/23 7 wks Conejo Community Center



HATHA YOGA LEVEL 1/2, Age 18+ Build strength, flexibility and endurance. Bring a mat, strap and blocks suggested. Instructor: Michelle Bechard.

3930.4251 M 5:45-7:00pm \$123 9/8-10/27 8 wks Hillcrest Center for the Arts
 3930.4252 Th 5:45-7:00pm \$123 9/11-10/30 8 wks Hillcrest Center for the Arts

HATHA YOGA LEVEL 1/2 DROP-IN (1 CLASS ONLY),

3930.4253 M/Th 5:45-7:00pm \$22 9/8-10/30 1 class Hillcrest Center for the Arts

NEW! SPICY POWER YOGA, Age 18+ Funky yoga class w/ elements of Pilates to build strong mind-body connections. Class held outdoors. Instructor: Liv Ang.

5149.4251 M/W 9:00-10:00am \$144 9/8-10/22 7 wks Borchard Community Center

SLOW FLOW & DEEP STRETCH, Age 18+ Location: Bodysattva Center. 1414 E Thousand Oaks Blvd. Suite 211 Instructor: Bodysattva. Information: 805-495-4674.

2611.4251 M 10:30-11:45am \$115 9/8-10/20 7 wks See Description for Location
 2611.4253 F 10:00-11:15am \$115 9/12-10/24 7 wks See Description for Location

OTHER COOKING

BUTTER CHICKEN AND MANGO LASSI! INDIAN COOKING, Age 6+ Master luscious Butter Chicken and creamy Mango Lassi! Learn authentic Indian flavors for a delightful homemade feast. Instructor: Farhana Sahibzada. \$20 lab fee due at registration.

5128.4251 W 4:30-6:30pm \$68 9/17 1 day Borchard Community Center

GOURMET INDIAN! VEGE MEATBALLS WITH VEGE BIRYANI, Age 6+ Master Class on Indian Veggie Meatballs and Vegetable Biryani! Proven techniques for a delicious plant-based Indian meal! Instructor: Farhana Sahibzada. \$20 lab fee due at registration.

5128.4252 W 4:30-6:30pm \$68 10/22 1 day Borchard Community Center

DOG TRAINING

AKC RALLY, Age 16+ You and your dog navigate through courses that asks for specific obedience skills. No class 9/23. Instructor: Monica Nolan.

7527.4251 T 10:00-11:00am \$120 9/9-10/21 6 wks Thousand Oaks Community Center

AKC TRICK DOG, Age 16+ Teach your dog tricks from simple (spin, crawl, bow, tunnel) to more advanced can be tested for AKC titles. Instructor: Michele Goyette.

7526.4251 Sa 11:00am-12noon \$140 9/13-10/25 7 wks Thousand Oaks Community Center

BEYOND BASIC OBEDIENCE, Age 16+ Intermediate and advanced obedience exercises No class 9/23. Instructor: Monica Nolan.

7528.4251 T 4:00-5:00pm \$120 9/9-10/21 6 wks Thousand Oaks Community Center

CANINE GOOD CITIZEN, Age 16+ Practice requirements needed to pass the AKC Canine Good Citizenship test. No class 9/23. Instructor: Monica Nolan.

7529.4251 T 5:00-6:00pm \$120 9/9-10/21 6 wks Thousand Oaks Community Center

Other & Outdoor

CANINE PARKOUR, Age 18+ Dogs learn to jump, climb, balance, go under, in, between and around different obstacles in their everyday world. No class 9/25. Instructor: Monica Nolan.
5135.4251 Th 10:30-11:30am \$120 9/11-10/23 6 wks Borchard Community Center

DOG TRAINING, Age 16+ BE UNDERSTOOD! Teach sit, stay, come, walking, leave it, drop it. Stop nipping & mouthing, jumping on people, and chewing. Instructor: Russ Avison, Canine Logic. \$3 lab fee due at registration.

PUPPY BASICS (Dogs 16wk-14mo)
5130.4251 Su 10:00-11:00am \$129 10/5-11/2 5 wks Borchard Community Center

BEGINNER BASICS (Dogs 1+ yrs)
5131.4251 Su 11:15am-12:15pm \$129 10/5-11/2 5 wks Borchard Community Center

DOGOLGY BEGINNER FOUNDATIONS, Age 18+ Develop obedience skills and impulse control through real-world scenarios. Instructor: Dogology Socal. Information: 805-375-1003.
8551.4251 Sa 8:00-9:00am \$45 9/6 1 day Berniece Bennett Park
8551.4252 Sa 8:00-9:00am \$45 10/4 1 day Berniece Bennett Park

DOGOLGY ADVANCED FOUNDATIONS, Age 18+ Enhance your dogs social skills and address reactivity in a controlled environment. Instructor: Dogology Socal. Information: 805-375-1003.
8552.4251 Sa 8:00-9:00am \$45 9/13 1 day Berniece Bennett Park
8552.4252 Sa 8:00-9:00am \$45 9/20 1 day Berniece Bennett Park
8552.4253 Sa 8:00-9:00am \$45 10/11 1 day Berniece Bennett Park
8552.4254 Sa 8:00-9:00am \$45 10/18 1 day Berniece Bennett Park

DOGOLGY FULFILLMENT, Age 18+ Instructor: Dogology Socal. Information: 805-375-1003.
8550.4251 Sa 8:00-9:00am \$45 8/30 1 day Berniece Bennett Park

PUPPY BASICS, Age 16+ Fulfillment class taps into your dog's natural drives using tug, play & flirt pole to build satisfaction and a deeper bond. Instructor: Russ Avison, Canine Logic.
6771.4251 Sa 10:15-11:15am \$3 10/4-11/1 6 wks Conejo Community Center
6771.4252 W 5:30-6:30pm \$129 10/8-11/5 6 wks Conejo Community Center

LANGUAGES

ENGLISH CONVERSATION CLASS, Age 18+ Improve your English through conversation, vocabulary, grammar, reading, and listening. Instructor: Anna Colilles-Fuentes.
5192.4251 T 7:10-8:10pm \$98 9/2-10/14 7 wks Borchard Community Center
0861.4251 W 7:20-8:20pm \$98 9/3-10/15 7 wks Goebel Adult Community Center

🗨️ Languages: Spanish

SPANISH, Age 18+ Instructor: Anna Colilles-Fuentes.
BEGINNING

Master words and phrases, read and write simple texts, and engage in basic conversations.
5190.4251 T 5:00-6:00pm \$98 9/2-10/14 7 wks Borchard Community Center
0859.4251 W 5:00-6:00pm \$98 9/3-10/15 7 wks Goebel Adult Community Center

INTERMEDIATE

Boost your Spanish confidence! Grasp key ideas in everyday situations at work, school, and leisure.
5191.4251 T 6:05-7:05pm \$98 9/2-10/14 7 wks Borchard Community Center
0860.4251 W 6:10-7:10pm \$98 9/3-10/15 7 wks Goebel Adult Community Center

🗨️ Languages: Spanish

PERSONAL INTEREST

HOW TO FINISH YOUR BOOK! Age 18+ Discuss characterization, plotting, pacing, point of view, tone, genre, and more. Instructor: Mia Walshaw.
3800.4251 M 2:00-3:00pm \$99 9/8-10/13 6 wks Hillcrest Center for the Arts

CREATIVE WRITING 1-DAY WORKSHOP, Age 15+ Encouragement and structure to spark your creative writing. Instructor: Mia Walshaw.
3801.4251 M 1:00-2:00pm \$50 9/8 1 day Hillcrest Center for the Arts

SELF-PUBLISHING HELP 1-DAY WORKSHOP, Age 15+ Walk through the process of how your book goes from computer screen to online book retailers. Instructor: Mia Walshaw.
3802.4251 M 1:00-2:00pm \$50 9/15 1 day Hillcrest Center for the Arts

SOCIAL MEDIA MARKETING FOR AUTHORS 1-DAY WORKSHOP, Age 15+ Discuss marketing, blog tours, cover reveals, and the best ways to generate buzz for your book. Instructor: Mia Walshaw.
3803.4251 M 1:00-2:00pm \$50 9/22 1 day Hillcrest Center for the Arts

BOOK MARKETING Q&A 1-DAY WORKSHOP, Age 15+ Learn tips and strategies that won't break the bank. Instructor: Mia Walshaw.
3804.4251 M 1:00-2:00pm \$50 9/29 1 day Hillcrest Center for the Arts



JAZZERCISE, Age 18+ 60 minute group class combining cardio, strength, and stretch moves for a total body workout. Includes moves from Hip-Hop, yoga, Pilates, jazz dance, kickboxing and resistance training. All are welcome! For information or to register call the hosting center. Register on site 10-15 prior to class.

| | | | | | | |
|---|-------|--------------|-----------------|-----------|---------|-----|
| * | M/W/F | 9:00-10:00am | Jazzercise | Elizabeth | Ongoing | BOC |
| * | M/W | 9:00-10:00am | Cardio/Strength | Aubrey | Ongoing | TOC |
| * | W | 5:00-5:45pm | Sculpt HIIT | Lexie | Ongoing | CCC |
| * | Th/F | 9:00-10:00am | Cardio/Strength | Jamie | Ongoing | TOC |
| * | T/Th | 5:15pm | CardioSculpt | Lisa | Ongoing | CCC |
| * | Sa | 8:30am | CardioSculpt | Alt Ins | Ongoing | CCC |

WRITING WORKSHOP BUNDLE, Age 18+ Bundle all 4 writing workshops and save \$50!
Instructor: Margery Walshaw-Evtopia.

3809.4251 M 1:00-2:00pm \$150 9/8-9/29 4 wks Hillcrest Center for the Arts

NEW! INTRODUCTION TO ENNEAGRAM, Age 18+ Instructor: Ann Patricio.
0868.4251 T 4:00-5:30pm \$100 9/9-10/21 6 wks Goebel Adult Community Center

IPHONE/IPAD WORKSHOP, Age 18+ Instructor: Tracie Karasik.
0864.4251 T 10:00-11:30am \$25 9/16 1 day Goebel Adult Community Center

TABLE GAMES

MAH-JONGG FOR BEGINNERS, Age 18+ Learn to play Mah-Jongg. Includes reading the card, matching your hand to the card, and strategic moves during the game. No class 9/27. Instructor: Lorraine Urist.

5147.4251 Sa 10:00am-12noon \$95 9/13-10/25 6 wks Borchard Community Center
0857.4251 M 10:00am-12noon \$95 9/15-10/20 6 wks Goebel Adult Community Center

INTERMEDIATE/ADVANCED MAH-JONGG, Age 18+ Instructor: Lorraine Urist. Prerequisite: Mah-Jongg for Beginners.

0858.4251 F 10:00am-12noon \$95 9/19-10/24 6 wks Goebel Adult Community Center

INTRODUCTION TO CANASTA, Age 18+ Instructor: Lorraine Urist.
0856.4251 Th 10:00am-12noon \$95 9/18-10/23 6 wks Goebel Adult Community Center

OUTDOOR GARDENING

SUCCULENT ARRANGEMENTS, Age 5+ Succulents are low maintenance and beautiful pieces of living art. Learn more about them and make your own arrangement. \$6 lab fee due at registration.

5197.4251 Sa 11:00am-12noon \$12 10/11 1 day Borchard Community Center
5197.4252 Sa 11:00am-12noon \$12 10/18 1 day Borchard Community Center

HIKING

NEW! HIKE WITH THE DOCTOR, Age 18+ Information: 805-381-2744.

AGE WELL BY BEING RESILIENT

Meet at Rancho Sierra Vista/Satwiwa Trail. Instructor: Dr. Ben Griffes.

0855.4251 Sa 7:45-9:15am \$5 9/20 1 day See Description for Location

3 WAYS TO COMBAT INFLAMMATION

Meet at Chumash Cultural Center on Lang Ranch Parkway. Instructor: Dr. Ben Griffes.

0855.4252 Sa 7:45-9:15am \$5 10/11 1 day See Description for Location

EXPLORE WILDWOOD HIKE, Age 12+ Join our more strenuous hike and explore parts of Wildwood Regional Park you haven't seen before Instructor: CRPD Staff. Information: 805-495-2163.
4213.4256 Sa 7:30-11:30am \$22 10/11 1 day Wildwood Regional Park

HARVEST MOON HIKE, Age 12+ Come see the stunning Wildwood Regional Park by the full moonlight. Meet at main trailhead Instructor: CRPD Staff. Information: 805-495-2163.
4213.4252 Tu 7:30-9:30pm \$22 10/7 1 day Wildwood Regional Park

NEW MOON HIKE, Age 12+ Join us for a great night of hiking, and stargazing on one of the darkest nights of the year! Instructor: CRPD Staff. Information: 805-495-2163.
4213.4253 Tu 7:00-9:00pm \$22 10/21 1 day Rancho Potrero

SPORTS ALL SORTS OF SPORTS

ADULT CORNHOLE LEAGUE, Age 18+ Instructor: Cornhole Good!. Information: 805-495-4674.

MEN'S COED
2645.4252 Sa 4:00-6:00pm \$80 9/13-11/1 8 wks Oakbrook Neighborhood Park
2645.4251 Sa 4:00-6:00pm \$80 9/13-11/1 8 wks Oakbrook Neighborhood Park

ADULT SOCIAL DODGEBALL LEAGUE, Age 18+ Join our Adult Dodgeball League for fun, competitive action! Meet new friends, stay active, and enjoy the thrill of the game! Instructor: CRPD Staff. Information: 805-495-4674.

2652.2251 Su 4:00-6:00pm \$80 9/7-10/19 7 wks Dos Vientos Community Center

FULL BODY WORKOUT, Age 18+ Information: 805-495-4674.

2646.4251 Th 11:00am-12noon \$115 9/11-10/16 6wks Oakbrook Neighborhood Park

ARCHERY

ARCHERY WORKSHOP, Age 18+ Aim, release, and hit your mark! A 1-day archery workshop for adults to learn skills, focus, and have fun on the range. Instructor: CRPD Staff.

8283.3251 Sa 9:00-11:00am \$25 9/20 1 day Dos Vientos Community Center

BADMINTON

BADMINTON: ADULT BEGINNING/INTERMEDIATE, Age 16+ Badminton racket required. Court shoes recommended. Instructor: Thousand Oaks Badminton Organization. Information: 805-495-4674.

2605.4251 Sa 2:00-3:00pm \$70 9/13-10/25 7 wks Sycamore Elementary School Gym

GOLF

GOLF: ADULT BEGINNING, Age 16+ Instructor: Evergreen Golf. Information: 805-495-4674.

2608.4251 T 1:30-2:30pm \$119 9/9-10/7 4 wks Los Robles Golf Course
2608.4253 T 1:30-2:30pm \$119 10/14-11/4 4 wks Los Robles Golf Course
2608.4252 Sa 10:00-11:00am \$119 9/13-10/4 4 wks Los Robles Golf Course
2600.4252 Sa 10:00-11:00am \$119 10/11-11/1 4 wks Los Robles Golf Course

PICKLEBALL

PICKLEBALL, Age 16+ Loaner paddle and balls provided. Information: 805-495-4674.

BEGINNING

Instructor: Allan Linderman.

2615.4251 M 9:00-10:00am \$105 9/8-10/20 7 wks Thousand Oaks Teen Center
2615.4253 M 5:00-6:00pm \$105 9/8-10/20 7 wks Rancho Conejo Playfield

Instructor: Mark Radocay.

2615.4256 T 11:00am-12noon \$105 9/9-10/28 7 wks Rancho Conejo Playfield
2615.4257 T 6:00-7:00pm \$105 9/9-10/28 7 wks Rancho Conejo Playfield

ADVANCED BEGINNING

Instructor: Allan Linderman.

2616.4251 M 6:00-7:00pm \$105 9/8-10/20 7 wks Rancho Conejo Playfield
2615.4252 M 10:00-11:00am \$105 9/8-10/20 7 wks Thousand Oaks Teen Center

Instructor: Mark Radocay.

2616.4252 T 10:00-11:00am \$105 9/9-10/28 7 wks Rancho Conejo Playfield
2616.4255 T 5:00-6:00pm \$105 9/9-10/28 7 wks Rancho Conejo Playfield

Instructor: Colette Berney.

2616.4253 W 9:00-10:00am \$105 9/10-10/22 7 wks Del Prado Playfield
2616.4254 F 11:00am-12noon \$105 9/12-10/24 7 wks Del Prado Playfield

INTERMEDIATE

Instructor: Colette Berney.

2614.4251 W 10:00-11:00am \$105 9/10-10/22 7 wks Del Prado Playfield

Instructor: Allan Linderman.

2617.4251 M 7:00-8:00pm \$105 9/8-10/20 7 wks Rancho Conejo Playfield

Instructor: Mark Radocay. No class 9/23.

2617.4252 T 9:00-10:00am \$105 9/9-10/28 7 wks Rancho Conejo Playfield

ADVANCED

2618.4251 T 8:00-9:00am \$105 9/9-10/28 7 wks Rancho Conejo Playfield

2618.4252 T 7:00-8:00pm \$105 9/9-10/28 7 wks Rancho Conejo Playfield

GAME ON! PICKLEBALL CLINIC, Age 16+ Instructor: Mark Radocay. Information: 805-495-4674.

2610.4251 Su 1:00-4:00pm \$120 9/21 1 day Rancho Conejo Playfield

2610.4252 Su 1:00-4:00pm \$120 10/19 1 day Rancho Conejo Playfield

INTRO TO RALLY PICKLEBALL, Age 16+ Instructor: Colette Berney. Information: 805-495-4674.

2613.4252 F 12noon-1:00pm \$105 9/12-10/24 7 wks Del Prado Playfield

RALLY PICKLEBALL, Age 16+ Instructor: Colette Berney. Information: 805-495-4674.

2613.4251 W 11:00am-12:30pm \$123 9/10-10/22 7 wks Del Prado Playfield

PICKLEBALL: RALLY SCORING, Age 16+ Learn the fundamentals and strategies of this fun sport with engaging lessons. Instructor: Gloria Warner. No class 9/1.

8832.4251 M 2:30-3:30pm \$119 8/25-10/20 8 wks Dos Vientos Community Center

MODERN PICKLEBALL, Age 16+ Loaner paddle and balls provided. Instructor: Colette Berney. Information: 805-495-4674.

2612.4251 F 1:00-2:00pm \$105 9/12-10/24 7 wks Del Prado Playfield

PICKLEBALL: BUILD YOUR SKILLS, Age 18+ Instructor: Gloria Warner. Information: 805-495-4674. No class 10/2.

2627.4251 Th 2:00-3:00pm \$120 9/11-10/30 7 wks Del Prado Playfield

PICKLEBALL: GUIDED PLAY, Age 16+ Discover pickleball's joy and camaraderie through engaging lessons in a safe, enjoyable environment. Instructor: Gloria Warner. No class 9/1, 10/2.

8833.4251 M 3:45-4:45pm \$119 8/25-10/20 8 wks Dos Vientos Community Center

2653.4252 Th 3:00-4:00pm \$120 9/11-10/30 7 wks Del Prado Playfield

PICKLEBALL- WALL DRILLS, Age 16+ This class is an introduction to pickleball wall drills designed to increase skill development. Meet in Racquetball Ct. 2 No class 9/12, 9/15. Instructor: Mark Radocay.

7540.4251 M 10:00-11:00am \$120 9/8-10/20 6 wks Thousand Oaks Community Center

7540.4252 M 11:00am-12noon \$120 9/8-10/20 6 wks Thousand Oaks Community Center

7540.4253 F 11:00am-12noon \$120 9/19-10/24 6 wks Thousand Oaks Community Center

7540.4254 F 12noon-1:00pm \$120 9/19-10/24 6 wks Thousand Oaks Community Center




CONJEO CREEK EQUESTRIAN PARK ETI CORRAL 37

ONLY PUBLIC HORSE PARK IN THOUSAND OAKS

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- GYMKHANAS
- RANCH SHOWS
- DRESSAGE
- WORKING EQUITATION
- HUNTER & JUMPER

UP-COMING EVENTS:

- GYMKHANA JULY 19TH
- GYMKHANA AUGUST 16TH
- RANCH SHOW SEPTEMBER 7TH
- GYMKHANA SEPTEMBER 20TH
- AND MORE

FEATURING:
1 Lit Arena, 1 Dressage Arena, 4 Round pens, Turn outs & Trails

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Come meet horses at our events!



PICKLEBALL: MIXED DOUBLES LEAGUE, Age 18+ Instructor: Mark Radocay. Information: 805-495-4674.

| | | | | | | |
|-------------------------|----|-------------|-------|------------|-------|------------------------------|
| BEGINNING | | | | | | |
| 2629.4251 | W | 6:00-9:00pm | \$160 | 9/10-10/29 | 8 wks | Rancho Conejo Playfield |
| INTERMEDIATE | | | | | | |
| 2629.4252 | W | 6:00-9:00pm | \$160 | 9/10-10/29 | 8 wks | Rancho Conejo Playfield |
| ADVANCED | | | | | | |
| 2629.4253 | W | 6:00-9:00pm | \$160 | 9/10-10/29 | 8 wks | Rancho Conejo Playfield |
| INDOOR BEGINNING | | | | | | |
| 2606.4251 | Th | 6:00-9:00pm | \$160 | 9/11-10/30 | 8 wks | Dos Vientos Community Center |

PICKLEBALL, Age 16+ Discover pickleball's joy and camaraderie through engaging lessons in a safe, enjoyable environment. Instructor: Gloria Warner.

| | | | | | | |
|---------------------|---|---------------|-------|------------|-------|------------------------------|
| BEGINNING | | | | | | |
| 8830.4251 | F | 10:30-11:30am | \$134 | 8/29-10/24 | 9 wks | Dos Vientos Community Center |
| INTERMEDIATE | | | | | | |
| 8831.4251 | F | 8:30-9:30am | \$134 | 8/29-10/24 | 9 wks | Dos Vientos Community Center |
| 8831.4252 | F | 9:30-10:30am | \$134 | 8/29-10/24 | 9 wks | Dos Vientos Community Center |

PICKLEBALL: LEAGUE WITH INSTRUCTION, Age 16+ LEAGUE WITH INSTRUCTION FOR 2.25-2.5 LEVEL PLAYERS Instructor: Allan Linderman. Information: 805-495-4674.

| | | | | | | |
|-----------|---|--------------|-------|------------|-------|---------------------------|
| 2630.4251 | T | 9:00-11:00am | \$120 | 9/9-9/30 | 4 wks | Thousand Oaks Teen Center |
| 2630.4252 | T | 9:00-11:00am | \$120 | 10/7-10/28 | 4 wks | Thousand Oaks Teen Center |

SELF DEFENSE

ADULT BEGINNERS KARATE, Age 13+ Come work out with us & learn a traditional martial art. Develop endurance, flexibility, and self-defense skills. Instructor: Shotokan Karate, Mike Szydowski.

| | | | | | | |
|-----------|-----|-------------|-------|-----------|-------|---------------------------|
| 5106.4251 | M/W | 7:00-8:00pm | \$170 | 9/3-10/29 | 9 wks | Borchard Community Center |
|-----------|-----|-------------|-------|-----------|-------|---------------------------|

ADULT KARATE ALL LEVELS, Age 14+ Traditional martial arts building confidence, self-control, self-defense, fitness, and awareness. No class 9/24, 10/1, 11/26, 11/29. Instructor: Gil Goldberg.

| | | | | | | |
|-----------|----------|-------------|-------|-----------|--------|--------------------------------|
| 7255.4251 | M/W & Sa | 7:30-8:30pm | \$387 | 9/3-12/10 | 13 wks | Thousand Oaks Community Center |
|-----------|----------|-------------|-------|-----------|--------|--------------------------------|

ADULT KARATE YELLOW-BLACK BELTS, Age 13+ Shotokan Karate is a traditional Japanese martial art emphasizing self-defense, self-control, and respect for others. Instructor: Shotokan Karate, Mike Szydowski.

| | | | | | | |
|-----------|------|-------------|-------|-----------|-------|---------------------------|
| 5107.4251 | T/Th | 7:00-8:00pm | \$180 | 9/2-10/30 | 9 wks | Borchard Community Center |
|-----------|------|-------------|-------|-----------|-------|---------------------------|

JUJITSU SELF DEFENSE, Age 14+ Teaches practical and effective techniques to defend yourself and others from a wide variety of assaults. Instructor: Dan Howard, 10th Degree Black Belt.

| | | | | | | |
|-----------|----|-------------|-------|------------|--------|---------------------------|
| 5109.4251 | Th | 8:00-9:30pm | \$201 | 8/28-10/30 | 10 wks | Borchard Community Center |
|-----------|----|-------------|-------|------------|--------|---------------------------|

QUICK & DIRTY SELF DEFENSE WORKSHOP, Age 8+ Kids and adults learn easy to remember, effective techniques against a variety of attacks. Instructor: Dan Howard, 10th Degree Black Belt.

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|-----------|----|----------------|------|-------|-------|---------------------------|
| 5110.4251 | Sa | 11:00am-3:00pm | \$56 | 10/25 | 1 day | Borchard Community Center |
|-----------|----|----------------|------|-------|-------|---------------------------|

SKATE

ADULT SKATE WORKSHOP, Age 18+ Learn to skateboard, work on preexisting skills, build confidence, and have fun. Instructor: CRPD Staff.

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|-----------|---|-------------|------|-------|-------|---------------------------|
| 5154.4251 | M | 5:00-6:30pm | \$25 | 10/20 | 1 day | Borchard Community Center |
|-----------|---|-------------|------|-------|-------|---------------------------|

TENNIS

ADULT BEGINNING TENNIS, Age 18+ Participants are required to bring their own racquet. Instructor: Total Tennis Academy. Information: 805-495-4674. No class 10/2.

| | | | | | | |
|-----------|----|-------------|-------|------------|-------|--------------------------------|
| 0621.4251 | W | 7:00-8:00pm | \$120 | 9/10-10/22 | 7 wks | Triunfo Park |
| 0618.4251 | Th | 6:00-7:00pm | \$120 | 9/11-10/30 | 7 wks | Borchard Community Center |
| 0620.4251 | Th | 6:00-7:00pm | \$120 | 9/11-10/30 | 7 wks | Thousand Oaks Community Center |
| 0627.4251 | Sa | 8:00-9:00am | \$120 | 9/13-10/25 | 7 wks | Thousand Oaks Community Center |

ADULT BEGINNING TENNIS, Age 18+ Learn to play like a pro from the beginning. Teaching Pro: Lucile Bosche Instructor: Rising Stars Tennis Academy. Information: 805-495-4674.

| | | | | | | |
|-----------|----|---------------|-------|------------|-------|--------------|
| 0668.4251 | Sa | 10:00-11:00am | \$120 | 9/13-10/25 | 7 wks | Triunfo Park |
|-----------|----|---------------|-------|------------|-------|--------------|

ADULT ADVANCED BEGINNING TENNIS, Age 18+ Participants are required to bring their own racquet. No class 9/23, 10/2. Instructor: Total Tennis Academy. Information: 805-495-4674.

| | | | | | | |
|-------------------------------|----|--------------|-------|------------|-------|--------------------------------|
| ADVANCED BEGINNING I | | | | | | |
| 0623.4251 | T | 7:00-8:00pm | \$120 | 9/9-10/28 | 7 wks | Thousand Oaks Community Center |
| ADVANCED BEGINNING II | | | | | | |
| 0626.4251 | Th | 7:00-8:00pm | \$120 | 9/11-10/30 | 7 wks | Borchard Community Center |
| 0648.4251 | Th | 7:00-8:00pm | \$120 | 9/11-10/30 | 7 wks | Thousand Oaks Community Center |
| 0624.4251 | M | 7:00-8:00pm | \$120 | 9/8-10/20 | 7 wks | Dos Vientos Community Center |
| ADVANCED BEGINNING III | | | | | | |
| 0628.4251 | Sa | 9:00-10:00am | \$120 | 9/13-10/25 | 7 wks | Thousand Oaks Community Center |
| 0646.4251 | T | 6:00-7:00pm | \$120 | 9/9-10/28 | 7 wks | Thousand Oaks Community Center |

ADULT INTERMEDIATE TENNIS, Age 18+ Game-based play and drills to increase fundamental skills & doubles strategy. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674. Teaching Pro: Lucile Bosche.

| | | | | | | |
|-----------|----|--------------|-------|------------|-------|--------------|
| 0658.4251 | Sa | 9:00-10:00am | \$120 | 9/13-10/25 | 7 wks | Triunfo Park |
|-----------|----|--------------|-------|------------|-------|--------------|

ADULT INTERMEDIATE TENNIS, Age 18+ Instructor: Garry Coleman. Information: 805-495-4674.

| | | | | | | |
|-----------|---|-------------|-------|------------|-------|----------------------|
| 0617.4251 | M | 5:00-6:00pm | \$120 | 9/8-10/20 | 7 wks | Wildflower Playfield |
| 0630.4251 | M | 6:00-7:00pm | \$120 | 9/8-10/20 | 7 wks | Wildflower Playfield |
| 0617.4252 | W | 5:00-6:00pm | \$120 | 9/10-10/22 | 7 wks | Wildflower Playfield |
| 0631.4251 | W | 6:00-7:00pm | \$120 | 9/10-10/22 | 7 wks | Wildflower Playfield |

ADULT ADVANCED TENNIS, Age 18+ Instructor: Garry Coleman. Information: 805-495-4674.

| | | | | | | |
|-----------|---|-------------|-------|------------|-------|----------------------|
| 0633.4251 | W | 7:00-8:00pm | \$120 | 9/10-10/22 | 7 wks | Wildflower Playfield |
| 0632.4251 | M | 7:00-8:00pm | \$120 | 9/8-10/20 | 7 wks | Wildflower Playfield |

ADULT LIVE BALL TENNIS, Age 18+ The fast-paced game of doubles with frequent rotations. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674.

Teaching Pro: Megan Kevorken.

| | | | | | | |
|-----------|----|-------------|-------|------------|-------|--------------|
| 0644.4252 | Th | 6:00-7:00pm | \$120 | 9/11-10/30 | 7 wks | Triunfo Park |
| 0644.4253 | F | 6:00-7:00pm | \$120 | 9/12-10/24 | 7 wks | Triunfo Park |
| 0644.4254 | M | 6:00-7:00pm | \$120 | 9/8-10/20 | 7 wks | Triunfo Park |

Teaching Pro: Lucile Bosche

| | | | | | | |
|-----------|----|-------------|-------|------------|-------|--------------|
| 0645.4252 | Sa | 8:00-9:00am | \$120 | 9/13-10/25 | 7 wks | Triunfo Park |
|-----------|----|-------------|-------|------------|-------|--------------|

ADULT LIVE BALL TENNIS II, Age 18+ Fast-paced game with emphasis on doubles strategy. Instructor: Rising Stars Tennis Academy. Information: 805-495-4674.

Teaching Pro: Megan Kevorken.

| | | | | | | |
|-----------|----|-------------|-------|------------|-------|--------------|
| 0645.4251 | Th | 7:00-8:00pm | \$120 | 9/11-10/30 | 7 wks | Triunfo Park |
| 0645.4253 | F | 7:00-8:00pm | \$120 | 9/12-10/24 | 7 wks | Triunfo Park |
| 0645.4254 | M | 7:00-8:00pm | \$120 | 9/8-10/20 | 7 wks | Triunfo Park |

TENNIS: FAST ACTION, Age 18+ Participants are required to bring their own racquet. No class 9/23. Instructor: Total Tennis Academy. Information: 805-495-4674.

| | | | | | | |
|-----------|---|-------------|-------|-----------|-------|--------------|
| 0691.4251 | T | 7:00-8:00pm | \$106 | 9/9-10/28 | 7 wks | Triunfo Park |
|-----------|---|-------------|-------|-----------|-------|--------------|

TENNIS: PLAY N LEARN, Age 18+ Participants are required to bring their own racquet. Instructor: Total Tennis Academy. Information: 805-495-4674. No class 9/23.

| | | | | | | |
|---------------------|---|--------------|-------|------------|-------|--------------------------------|
| BEGINNING | | | | | | |
| 0662.4251 | W | 9:00-10:30am | \$170 | 9/10-10/22 | 7 wks | Triunfo Park |
| INTERMEDIATE | | | | | | |
| 0661.4251 | T | 9:00-10:30am | \$170 | 9/9-10/28 | 7 wks | Thousand Oaks Community Center |

TENNIS: QUICK FIX, Age 18+ Participants are required to bring their own racquet. No class 9/23. Instructor: Total Tennis Academy. Information: 805-495-4674.

| | | | | | | |
|-----------|---|-------------|-------|-----------|-------|--------------|
| 0690.4251 | T | 6:00-7:00pm | \$106 | 9/9-10/28 | 7 wks | Triunfo Park |
|-----------|---|-------------|-------|-----------|-------|--------------|

EVENING WOMEN'S DOUBLES, Age 18+ Instructor: Garry Coleman. Information: 805-495-4674.

TUESDAY
0682.4251 T 6:00-10:00pm \$75 9/9-11/4 8 wks Wildflower Playfield

THURSDAY
0685.4251 Th 6:00-10:00pm \$75 9/11-11/6 8 wks Wildflower Playfield

EVENING MEN'S DOUBLES, Age 18+ Instructor: Garry Coleman. Information: 805-495-4674.

MONDAY
0681.4251 M 6:00-10:00pm \$75 9/8-10/20 8 wks Wildflower Playfield

WEDNESDAY
0683.4251 W 6:00-10:00pm \$75 9/10-10/29 8 wks Wildflower Playfield

BORCHARD ADULT MIXED DOUBLES LEAGUE, Age 18+ Instructor: Dave Assorson. Information: 805-495-4674.

0680.4251 M/T/W 6:00-10:00pm \$75 9/8-10/29 8 wks Borchard Community Center

THE ARTS

CRAFTS

ADULT BEGINNING SEWING, Age 16+ Learn to sew and/or improve your sewing skills!

Instructor: Sara Sinclair, Pins and Needles. \$20 lab fee due at first class.

7513.4251 W 6:15-8:10pm \$99 9/10-10/1 4 wks Thousand Oaks Community Center

7513.4252 Th 4:15-6:10pm \$99 9/11-10/2 4 wks Thousand Oaks Community Center

7514.4251 Th 6:15-8:10pm \$99 9/11-10/2 4 wks Thousand Oaks Community Center

ADULT WOODWORKING, Ages 16+ Learn woodworking basics like tools, usage, types of wood, and techniques. Information: 805-381-2791. Instructor: Woodworker's Retreat

5027.4251 F 5:00-8:00pm \$325 9/12-9/26 3 wks Woodworker's Retreat

BEGINNING CROCHET, Ages 13+ Learn the basics of crochet. You'll learn foundation chain, single crochet stitch and possibly more variation of stitches. Instructor: Corinne Johnson

5123.4251 Sa 10:00am-12noon \$50 9/6 1 day Borchard Community Center

DANCE

BELLY DANCE, Age 16+ Wake up your inner goddess! Learn moves and refine your style in our fun, flirty, fabulous class! Instructor: Kali Sundari.

BEGINNING
7502.4251 T 6:15-7:15pm \$87 9/9-10/21 7 wks Thousand Oaks Community Center

INTERMEDIATE
7503.4251 T 7:30-8:30pm \$87 9/9-10/21 7 wks Thousand Oaks Community Center

NEW! BEGINNING BELLY DANCE, Age 18+ Learn moves, and isolations. Wear yoga-like attire and bring a water bottle. Instructor: Lisa Rauschenberger.

0829.4251 W 4:30-5:15pm \$87 9/10-10/22 7 wks Goebel Adult Community Center

BELLY DANCE, Age 18+ Instructor: Lisa Rauschenberger.

0821.4251 W 5:30-6:30pm \$87 9/10-10/22 7 wks Goebel Adult Community Center

BELLY DANCING, Age 16+ Wake up your inner goddess! Learn moves and refine your style in our fun, flirty, fabulous class! No class 9/1. Instructor: Kali Sundari.

BEGINNING
8816.4251 M 6:15-7:15pm \$102 8/25-10/20 8 wks Dos Vientos Community Center

INTERMEDIATE
8817.4251 M 7:15-8:15pm \$102 8/25-10/20 8 wks Dos Vientos Community Center

BALLET SLIM & TRIM, Age 18+ Instructor: Ann Monahan.

0828.4251 T 2:00-3:00pm \$72 9/9-10/21 7 wks Goebel Adult Community Center

BALLET, Age 18+ Work on technique, alignment, coordination, balance, grace & poise. Intro to ballet positions and exercise at the barre and in the center.

Instructor: Debbie Munz.

3895.4251 T 11:15am-12:30pm \$75 9/2-10/21 8 wks Hillcrest Center for the Arts

3895.4252 T 12:30-1:45pm \$75 9/2-10/21 8 wks Hillcrest Center for the Arts

Instructor: Jennifer Kelly.

3855.4251 F 5:30-6:30pm \$63 9/5-10/10 6 wks Hillcrest Center for the Arts

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Learn about the history of the craft, the tinker, and try your hand at tin crafting!
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Hispanic Heritage Fiesta
Join us for a festive day featuring vibrant culture, live music, and family-friendly activities
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BEGINNING BALLET BARRE, Age 18+ Basic ballet barre; learn about alignment, positions, names/technique of steps with arms. Instructor: Stella Matsuda.

3893.4251 F 9:30-10:15am \$43 9/5-10/24 8 wks Hillcrest Center for the Arts

BALLET BARRE I, Age 18+ Continue learning about alignment, positions, names/technique of steps with arms Instructor: Stella Matsuda.

3894.4251 F 10:20-11:05am \$43 9/5-10/24 8 wks Hillcrest Center for the Arts

BEGINNING CLOGGING, Age 13+ Beginning Level, first time students only. No partners/memorization needed. Taps available for purchase Instructor: Evy and Kay. Information: 805-381-2793.

7960.4251 Th 6:30-7:15pm \$111 9/4-11/20 12 wks Old Meadows Center

CHA CHA WORKSHOP, Age 18+ Come learn the sassy, sexy & quick Cha Cha! Please call or text Janet at 818-634-5881 with any dance-related questions. Instructor: Janet Snyder, Dance Ten.

7510.4251 Sa 3:30-5:00pm \$25 10/18 1 day Thousand Oaks Community Center

CLOGGING, Age 13+ Taps available for purchase. Must know basics or have taken beginning clogging. Instructor: Evy and Kay. Information: 805-381-2793.

7961.4251 Th 7:15-9:30pm \$12 9/4-9/25 1 wk Old Meadows Center

7962.4251 Th 7:15-9:30pm \$21 9/4-9/25 2 wks Old Meadows Center

7963.4251 Th 7:15-9:30pm \$30 9/4-9/25 3 wks Old Meadows Center

7964.4251 Th 7:15-9:30pm \$39 9/4-9/25 4 wks Old Meadows Center

7961.4252 Th 7:15-9:30pm \$12 10/2-10/30 1 wk Old Meadows Center

7962.4252 Th 7:15-9:30pm \$21 10/2-10/30 2 wks Old Meadows Center

7963.4252 Th 7:15-9:30pm \$30 10/2-10/30 3 wks Old Meadows Center

7964.4252 Th 7:15-9:30pm \$39 10/2-10/30 4 wks Old Meadows Center

7965.4252 Th 7:15-9:30pm \$48 10/2-10/30 5 wks Old Meadows Center

AMERICAN TANGO, Age 20+ Partners only, please register and pay for both dancers. Instructor: Sandi Patterson.

3863.4251 F 9:00-9:55pm \$48 9/5-10/24 8 wks Hillcrest Center for the Arts

BALLROOM DANCING, Age 18+ Learn Foxtrot, Waltz & Tango. Call/text Janet at 818-634-5881 with any dance related questions. Instructor: Janet Snyder, Dance Ten.

0823.4251 M 3:30-4:30pm \$69 9/15-10/20 6 wks Goebel Adult Community Center

5120.4251 W 6:30-7:30pm \$69 9/17-10/22 6 wks Borchard Community Center

NEW! INTERMEDIATE BALLROOM DANCE, Age 18+ Take your dancing to the next level.

Learn advanced moves in styles chosen the first night of class. Instructor: Janet Snyder, Dance Ten.

0867.4251 M 4:45-5:45pm \$69 9/15-10/20 6 wks Goebel Adult Community Center

BALLROOM: FOX-TROT AND WALTZ, Age 16+ Partners only, please register and pay for both dancers. Instructor: Sandi Patterson.

BEGINNING
3861.4251 F 7:00-7:55pm \$48 9/5-10/24 8 wks Hillcrest Center for the Arts

INTERMEDIATE
3860.4251 F 6:00-6:55pm \$48 9/5-10/24 8 wks Hillcrest Center for the Arts

WALTZ WORKSHOP, Age 18+ Come learn the elegant Waltz! Please call or text Janet at 818-634-5881 with any dance-related questions. Instructor: Janet Snyder, Dance Ten.

7516.4251 Sa 3:30-5:00pm \$25 9/20 1 day Thousand Oaks Community Center

DANCE IT OUT! LATIN/BALLROOM EDITION, Age 18+ Instructor: Janet Snyder, Dance Ten. This is a fitness dance, you will not dance with a partner.
0824.4251 M 2:30-3:10pm \$69 9/15-10/20 6 wks Goebel Adult Community Center

SWING'S THE THING: EAST COAST, Age 16+ Partners only, please register and pay for both dancers. Instructor: Sandi Patterson.
3862.4251 F 8:00-8:55pm \$48 9/5-10/24 8 wks Hillcrest Center for the Arts

EAST COAST SWING, Age 18+ Learn the upbeat East Coast Swing. Call/text Janet at 818-634-5881 with any dance related questions. Instructor: Janet Snyder, Dance Ten.
5121.4251 W 7:30-8:30pm \$69 9/17-10/22 6 wks Borchart Community Center

KATHAK INDIAN DANCE - BEGINNER/INTERMEDIATE, Age 7+ Learn Kathak Indian classical dance, all welcome. Instructor Sona Lewis, seasoned artiste. No class 10/11.
7500.4251 Sa 12:30-1:30pm \$91 9/13-11/1 7 wks Thousand Oaks Community Center

LEARN THE HULA!, Age 18+ Learn the beautiful movements of the hula dance. We will practice graceful hands, beginning steps and song translations. Instructor: Lisa Rauschenberger.
BEGINNING
7501.4251 Th 5:00-6:00pm \$85 9/11-10/23 7 wks Thousand Oaks Community Center
ADVANCED
7505.4251 Th 6:15-7:15pm \$85 9/11-10/23 7 wks Thousand Oaks Community Center

LINE DANCE PARTY, Age 18+ The most fun you'll have with your boots on! Learn mixed level dances done to various genres of music. All levels welcome. Instructor: Kathy Bailey.
6601.4251 T 6:45-8:00pm \$73 9/9-10/21 7 wks Conejo Community Center

LINE DANCING, BEGINNING, Age 18+ Learn beginning level line dances done to a variety of music. Wear lightweight clothing and smooth soled shoes. Bring water. No class 10/8 (Borchart). Instructor: Kathy Bailey.
0820.4251 W 2:30-3:25pm \$66 9/10-10/22 7 wks Goebel Adult Community Center
5136.4251 W 6:45-7:40pm \$48 9/17-10/22 5 wks Borchart Community Center

MOVING FROM YOUR CENTER, Age 18+ Develop flexibility, strength, proper alignment, and mind-body coordination while dancing Instructor: Stella Matsuda.
3891.4251 W 11:30am-1:00pm \$67 9/3-10/22 8 wks Hillcrest Center for the Arts
3891.4252 F 11:30am-1:00pm \$67 9/5-10/24 8 wks Hillcrest Center for the Arts

SALSA & BACHATA LATIN DANCE AT BORCHARD, Age 18+ Learn some smooth moves in these popular Latin dances. Call/text Janet at 818-634-5881 with any dance related questions. Instructor: Janet Snyder, Dance Ten.
5122.4251 W 8:30-9:30pm \$69 9/17-10/22 6 wks Borchart Community Center

SALSA WORKSHOP, Age 18+ Come learn some fun moves in this sexy Latin dance! Please call/text Janet at 818-634-5881 with any dance-related questions. Instructor: Janet Snyder, Dance Ten.
7509.4251 Sa 3:30-5:00pm \$25 10/4 1 day Thousand Oaks Community Center

TAP DANCE, Age 18+ Instructor: Debbie Munz.
BEGINNING
0825.4251 M 6:00-7:00pm \$73 9/8-10/20 7 wks Goebel Adult Community Center
0825.4252 Th 2:10-3:10pm \$73 9/11-10/23 7 wks Goebel Adult Community Center
ADVANCED
0827.4251 M 5:00-6:00pm \$73 9/8-10/20 7 wks Goebel Adult Community Center

TAP 1, Age 18+ Instructor: Debbie Munz.
0826.4251 M 7:00-8:00pm \$73 9/8-10/20 7 wks Goebel Adult Community Center

TAP DANCING: CHAIR TAP, Age 18+ Designed for those with mobility limitations. Instructor: Debbie Munz.
0866.4251 Th 3:15-4:15pm \$73 9/11-10/23 7 wks Goebel Adult Community Center

MUSIC

NEW! INTERMEDIATE HARMONICA, Age 18+ Learn harder songs and advanced applications with the harp. Must have basic 7 harmonicas: A, B flat, C, D, E, F and G keys Instructor: Dr. Ben Griffes.
0804.4251 T 7:30-8:30pm \$66 9/9-10/21 7 wks Goebel Adult Community Center

BEGINNING GUITAR, Age 7+ Guitar for starters. You need a guitar. I will supply a workbook you have a Canvas with videos. Learn chord and two songs Instructor: Ted Labash. \$5 lab fee due at registration.
6222.4251 W 6:00-7:00pm \$150 9/10-10/22 7 wks Conejo Community Center

CREATIVE SONG AND LYRIC WRITING, Age 18+ Write Lyrics and songs to express yourself and reach listeners. Instructor: Robin Frederick.
3725.4251 F 1:30-3:00pm \$75 9/5-9/26 4 wks Hillcrest Center for the Arts

INTRODUCTION TO UKULELE, Age 18+ Instructor: David Steinhart. \$3 lab fee due at first class.
0805.4251 W 5:00-6:00pm \$66 9/10-10/15 6 wks Goebel Adult Community Center

UKULELE, LEVEL 2, Age 18+ Prerequisite: Introduction to Ukulele Instructor: David Steinhart. \$3 lab fee due at first class.
0806.4251 Th 5:00-6:00pm \$66 9/11-10/16 6 wks Goebel Adult Community Center



INFORMATION FOR HIKES

- ☼ Bring sun protection, bug spray, & water.
- ☼ Wear clothing appropriate for the weather.
- ☼ Sturdy closed-toed shoes are required (no sandals).
- ☼ Children under 16 years must be accompanied by an adult.
- ☼ No smoking.
- ☼ No pets except where specifically stated.
- ☼ Only the Oak Creek Canyon Loop / Whole Access Interpretive Trail is suitable for strollers and wheelchairs.

- 🚶 = Easy Hike, ok for young children and hiking strollers
- 🚶🚶 = Moderately Easy, ok for children, not stroller accessible
- 🚶🚶🚶 = Moderate Hike, long distances, some elevation changes
- 🚶🚶🚶🚶 = Strenuous Hike, longer distances and large elevation changes

OPEN SPACE APPRECIATION HIKES

Saturday, August 9, 8:00-11:00am 🚶🚶 SMMNRA – Ray Miller BBT Tr Up & Down Moderate 5.5-mile hike. Like last month, but more gentle: An initial, sustained 2.7-mile ascent (950 ft) results in downhill nirvana with spectacular ocean views. Consider a beach picnic at the end of the hike. Trailhead is in the La Jolla Campground parking lot (parking pass or fee of \$12 is required). There may be free parking on the PCH.

Saturday, September 13, 8:00-11:00am 🚶🚶 Los Robles - Los Padres, Los Robles, Oak Creek Trails Moderate 4.5-mile hike. We'll start on the Hidden Meadow Tr and explore some of its adjoining trails in the surrounding hills. Nice views, nice boulders along the way. Bring extra water. Trailhead is on Los Padres Dr, just off S. Moorpark Rd. Plenty of free street parking.

Saturday, October 11, 2025 from 8:00-11:00am 🚶🚶🚶 Los Robles – Triunfo Cyn, Whitehorse, Los Robles East Loop Moderately strenuous 4.5-mile hike. A lovely loop in the Los Robles Open Space, with great views in all directions. Trailhead is at the end of Tamarack St. Plenty of free parking in the Triunfo Community Park lot.

WOMEN'S DRUM CIRCLE FOR WELLNESS, Age 18+ Relieve stress, build your immune system, and feel AMAZING! No experience necessary. Equipment provided. Instructor: Ann Vannoy.
 8811.4251 Th 10:00-11:00am \$95 8/28-10/23 9 wks Dos Vientos Community Center
 0809.4251 T 10:00-11:00am \$73 9/9-10/21 7 wks Goebel Adult Community Center

THEATER & FILM

ADULT ACTING, Age 18+ Run by professional actors, get advice on getting managers and tips on getting auditions. Instructor: Off the Beaten Track Productions. \$10 lab fee due at registration.
 3702.4251 M 6:30-7:30pm \$195 9/8-10/13 6 wks Hillcrest Center for the Arts

NEW! INTRODUCTION TO FILM PHOTOGRAPHY AND DEVELOPMENT, Age 18+ This beginner course teaches the basics of black and white film photography and the development process. \$50 lab fee due at first class. Instructor: Madison Richeson.
 5132.4251 M 6:00-7:00pm \$60 9/8-10/20 7 wks Borchard Community Center

NEW! FILM CLASS: LAUGH YOUR WAY INTO FALL, Age 18+ Six comedies from Hollywood's Golden Age. Starring Gable, Grant, Hepburn, Russell, Monroe, and more. Instructor: Joe Longo.
 0863.4251 Th 2:30-5:00pm \$63 9/11-10/16 6 wks Goebel Adult Community Center

VISUAL ARTS

NEW! ART OF A DIFFERENT MEDIA, Age 18+ Learn shapes and shading to create a masterpiece. Class includes; pencil, watercolor, oil pastels, acrylic and more. Instructor: Jonaki Das Hazra. \$25 lab fee due at first class.
 0818.4251 M 10:00-11:00am \$100 9/8-10/20 7 wks Goebel Adult Community Center

NEW! ART OF A DIFFERENT MEDIA, Age 18+ Learn shapes and shading to create a masterpiece. Class includes; pencil, watercolor, oil pastels, acrylic and more. Instructor: Jonaki Das Hazra. \$25 lab fee due at first class.
 0818.4252 M 11:15am-12:15pm \$100 9/8-10/20 7 wks Goebel Adult Community Center

NEW! CREATIVE ART EXPERIENCES, Age 18+ Explore a variety of art materials and techniques to release artistic expression. \$10 lab fee due at first class. Instructor: Debra Sokolow.
 3754.4251 W 10:00am-12:00pm \$85 9/3-9/24 4 wks Hillcrest Center for the Arts
 3754.4252 W 10:00am-12:00pm \$85 10/1-10/22 4 wks Borchard Community Center

INTRODUCTION TO ANTIQUE JEWELRY, Age 18+ Learn to identify different styles of period jewelry from the 1800's through the 1950's. Bring a 10x jewelers loupe. Instructor: Birdi Weckbaugh.
 0812.4251 Th 9:30-10:30am \$85 9/11-10/9 5 wks Goebel Adult Community Center

NEW! INTRODUCTION TO FLUID ACRYLIC PAINTING, Age 18+ Learn Fluid Acrylic paints to create your own masterpieces. Instructor: Carol Roullard. Information: 805-381-2744. \$20 lab fee due at first class.
 0814.4251 W 9:30-11:30am \$30 9/17 1 day Carol Roullard Art Studio
 0814.4252 W 6:30-8:30pm \$30 9/17 1 day Carol Roullard Art Studio

NEW! JEWELRY MAKING CLASS, Age 18+ Learn the art of jewelry making using real gemstones. Make multiple pieces and receive a keepsake pouch for finished work. Instructor: Priscilla Mendez. \$25 lab fee due at first class.
 0817.4251 W 10:00-11:00am \$130 9/10-10/1 4 wks Goebel Adult Community Center

NEW! PAINT NIGHT @ STUDIO 316, Age 21+ Join us at Studio 316 where you'll be guided to complete your own charcoal & pastel work of art. Instructor: Bob Noonan, Studio 316. Information: 805-381-2744.
 0803.4251 Sa 5:00-7:30pm \$45 9/20 1 day Studio 316

WATERCOLOR BASICS PART 1, Age 18+ Focus on color wheel basics, watercolor fundamentals, washes, tricks and techniques. Instructor: Bob Noonan, Studio 316. Information: 805-381-2744.
 0800.4251 M 10:00-11:30am \$95 9/8-9/29 4 wks Studio 316

WATERCOLOR BASICS PART 2, Age 18+ Focuses on color, tone usage, and techniques. Student chooses subject matter with instructor's assistance. Instructor: Bob Noonan, Studio 316. Information: 805-381-2744.
 0801.4251 M 10:00-11:30am \$95 10/6-10/27 4 wks Studio 316

TONY TORRISI'S ACTING WORKSHOP, Age 18+ Instructor: Tony Torrisi.
 0810.4251 T 6:30-8:30pm \$145 9/9-10/21 7 wks Goebel Adult Community Center

ACTING 101, Age 18+ Instructor: Tony Torrisi.
 0811.4251 Th 6:30-8:30pm \$145 9/11-10/23 7 wks Goebel Adult Community Center

DIGITAL PHOTOGRAPHY, Age 18+ Must bring own camera. Class includes a lot of walking around the building and surrounding parks. Instructor: Rick Smith.
 0807.4251 M 3:30-4:30pm \$90 9/8-10/20 7 wks Goebel Adult Community Center

DIGITAL PHOTOGRAPHY, Age 17+ Build Confidence in taking pictures, editing and presenting. Instructor: Jenn DeVine. \$40 lab fee due at registration.
 3711.4251 Th 7:00-8:00pm \$88 9/25-10/30 6 wks Hillcrest Center for the Arts

EXPLORATIONS IN COLORED PENCIL, Age 18+ Set of 48 Prismacolor Premier pencils required. Instructor: Judith Crowe. \$10 lab fee due at first class.
 3755.4251 W 1:00-3:00pm \$126 9/3-10/8 6 wks Hillcrest Center for the Arts

OIL PASTEL & ACRYLIC: COLORS & TECHNIQUES, Age 18+ Explore the unique qualities of oil pastels and acrylic paints. Learn dynamic color application, blending \$10 lab fee due at registration. Instructor: Jonaki Das Hazra.
 5196.4251 W 10:15-11:15am \$145 9/10-10/22 7 wks Borchard Community Center

PENCIL & WATERCOLOR: SHAPES, SHADING, TECHNIQUES, Age 18+ Master pencil shading & watercolor. Learn shapes, effective shading, and diverse painting techniques. Create stunning art! \$10 lab fee due at registration. Instructor: Jonaki Das Hazra.
 5195.4251 W 9:00-10:00am \$145 9/10-10/22 7 wks Borchard Community Center

RESTORING: TRAUMA INFORMED WRITING, Age 18+ Instructor: Christina Berke, MFA M.Ed. \$10 lab fee due at registration.
 8375.4251 M 4:00-5:00pm \$93 9/8-10/13 6 wks Dos Vientos Community Center

STREET PHOTOGRAPHY & DOWNTOWN TOUR OF L.A., Age 18+ Requires \$23 roundtrip MetroLink train ticket (not included – half price for seniors) Meet at Moorpark train station. Instructor: Rick Smith.
 5138.4251 W 8:00-3:00pm \$80 9/10 1 day Moorpark Train Station
 0808.4251 Th 8:15-3:00pm \$80 10/2 1 day Moorpark Train Station

ZOOM ART TREK, Age 18+ This virtual class is open to all ages. We paint, use pastels and colored pencils, and thoroughly enjoy our days together! Instructor: Art Trek. Information: 805-375-1003. \$30 lab fee due at registration.
 8529.4251 T 1:30-3:00pm \$170 8/26-10/21 9 wks Virtual Class

CONEJO RECREATION & PARK DISTRICT invites you to....

Family Roller Skate Night

ALL AGES EVENT!

SAVE THE DATE!

FRIDAY, 9/26
6:30-9:30PM
 THOUSAND OAKS TEEN CENTER
 1375 E. JANS S RD., THOUSAND OAKS

OUTDOOR EVENT
 BRING YOUR OWN SKATES!
 FUN • GAMES • PRIZES •
 FOOD AVAILABLE FOR PURCHASE

\$10 Admission • #9901.5251
 Register at www.crp.org/reg



ADULT DODGEBALL LEAGUE

SUNDAYS
4:00-6:00PM
DOS VIENTOS CENTER GYM

LEAGUE RUNS
SEPTEMBER 7-
OCTOBER 9
\$80/PERSON

SIGN UP TODAY!
CRPD.ORG/REG
#2652.4251



SCAN HERE!

Sign up today!

ADULT CORNHOLE

If you love cornhole at parties and picnics, now you can put your skills to the test!
 Sign up as a two-person team, or an individual and we'll assist you in finding a team-mate.

Sundays 4:30-8:30pm • September 13-November 15
 Pepper Tree Playfield
 2 Players = Team • \$40/per person • Age 18+

Register at crpd.org/reg or call 805-495-4674 for more info

MONSTER SMASH PICKLEBALL TOURNAMENT

SATURDAY/SUNDAY
OCTOBER 25-26
 RANCHO CONEJO PLAYFIELD
 ALL DAY
 Reserve your spot at
venturacountypickleballclub.com

ABOUT OUR COACHES

TOTAL TENNIS ACADEMY (TTA) Highly trained certified coaches following a structured schedule. (Students develop proper techniques and competitive skills while enjoying this lifetime sport.)

TTA HEAD PROS

Michael Gennette-TTA Director, U.S. Olympic Committee and 2016 USTA Player Development Coach of the Year, USPTA Certified Elite Pro, past USPTA California President.

Garry Coleman-TTA Area Coordinator, USPTA Certified Pro 1, former ranked player with 20+ years of teaching experience. **For private lessons call 805-495-0111.**

RISING STARS TENNIS ACADEMY(RSTA)

Introduces children (and their families) to the solid Fundamentals of tennis.

RSTA HEAD PROS

Mila Horak, Director of RSTA, PTR, MTM, award-winning USPTA P1 Coach.

Lucile Bosche, USTA, MTM, Certified.

For private lessons call 805-495-2220.

TENNIS PROFESSIONALS/ PRIVATE LESSONS

Call the pros and set up a date today!

Improve your game with private and group lessons taught by CRPD Tennis Professionals.

David Assorson

805-208-4625

Borchard Community Park, Newbury Park

Mike Gennette

805-495-0111

Thousand Oaks, Newbury Park, and Triunfo

Garry Coleman

805-504-5660

Wildflower Playfield, Thousand Oaks

Mila Horak and Lucile Bosche

805-495-2220

North Ranch Playfield

IN CASE OF RAIN

Monday through Friday: All students should call the Rain Information Line 805-381-1236 after 2:00pm.

For Saturday and weekday morning classes: Instructors will contact students if class is canceled.



Seniors

HEALTH & FITNESS

FITNESS

NEW! GENTLE PILATES PLUS, Age 50+ Develop a beautifully sculpted, strong, balanced, and healthy body inside and out by the end of this class. Instructor: Ann Monahan.

0834.4251 T 3:15-4:15pm \$73 9/9-10/21 7 wks Goebel Adult Community Center

CHAIR BASED STRENGTH & BALANCE - LEVEL 1, Age 50+ Instructor: Cathya Haas.

0836.4251 M 12:30-1:20pm \$80 9/8-10/20 7 wks Goebel Adult Community Center

0836.4252 F 1:30-2:20pm \$80 9/12-10/24 7 wks Goebel Adult Community Center

ADVANCED CHAIR BASED STRENGTH & BALANCE, Age 50+ Instructor: Cathya Haas. Prerequisite:

Chair-Based Strength and Balance Level 1.

0837.4251 M 11:30am-12:20pm \$80 9/8-10/20 7 wks Goebel Adult Community Center

0837.4252 F 12:30-1:20pm \$80 9/12-10/24 7 wks Goebel Adult Community Center

SIT & FIT, Age 18+ Exercising to fun music strengthens your heart, relieves stress and joint pain! Great for limited mobility or balance issues. No class 10/17. Instructor: Del Herrera.

5187.4251 F 11:45am-12:45pm \$63 9/12-10/24 6 wks Borchard Community Center

TAI-CHI, Age 50+ Instructor: Jean Stoutenborough.

INTRODUCTION

0838.4251 T 8:30-9:30am \$59 9/9-10/21 7 wks Goebel Adult Community Center

BEGINNING/INTERMEDIATE

0839.4251 Th 8:30-9:30am \$59 9/11-10/23 7 wks Goebel Adult Community Center

YOGA

GENTLE YOGA, Age 50+ Instructor: Cici Bo.

0832.4251 W 9:00-9:45am \$98 9/10-10/22 7 wks Goebel Adult Community Center

CHAIR BASED YOGA & MOVEMENT, Age 50+ Beginning level class. Learn yoga in a safe, supportive and fun way. Build strength, flexibility and balance. Instructor: Tracy Judah.

8805.4252 Th 11:30am-12:30pm \$120 8/28-10/23 9 wks Dos Vientos Community Center

8805.4253 T/Th 11:30am-12:30pm \$201 8/26-10/23 9 wks Dos Vientos Community Center

CHAIR YOGA, Age 18+ Gentle yoga focuses on slow, thoughtful movements. No class 10/17.

Instructor: Ondrea DeVincentis. Information: 805-375-1003.

8509.4251 Th 11:30am-12:30pm \$98 8/28-10/23 7 wks Westlake Village Community Room

GENTLE YOGA BASICS, Age 50+ A gentler, slower practice to stretch, strengthen and balance.

For those who need to move more carefully or are new to yoga. Instructor: Lisa Wildermuth.

Information: 805-375-1003.

8501.4251 M 10:15-11:15am \$66 9/15-10/20 6 wks Westlake Village Community Room

8501.4252 W 10:15-11:15am \$66 9/17-10/22 6 wks Westlake Village Community Room

GENTLE YOGA, Age 18+ Gentle yoga focuses on slow, thoughtful movements. No class 10/17.

Instructor: Ondrea DeVincentis. Information: 805-375-1003.

8508.4251 Th 12:45-1:45pm \$98 8/28-10/23 7 wks Westlake Village Community Room

8508.4252 F 12:45-1:45pm \$112 8/29-10/24 8 wks Westlake Village Community Room

YOGA BASICS, Age 50+ Yoga experience is recommended. Instructor: Lisa Wildermuth. Information: 805-375-1003.

8500.4251 M 9:00-10:00am \$66 9/15-10/20 6 wks Westlake Village Community Room

8500.4252 W 9:00-10:00am \$66 9/17-10/22 6 wks Westlake Village Community Room

THE ARTS

DANCE

SILVER VIXEN BELLY DANCING, Age 18+ Wake your inner goddess! Learn moves and refine your style in our fun, fabulous, lower-intensity class! Instructor: Kali Sundari. Information: 805-375-1003.

8515.4251 T 3:00-4:00pm \$102 8/26-10/14 8 wks Westlake Village Community Room

Adult Services

| | |
|---------------------------------------|--------------|
| Conejo Senior Volunteer Program..... | 805-381-2742 |
| Senior Concerns Advocates..... | 805-495-6250 |
| HICAP (by appointment) | 805-477-7300 |
| Grey Law (by appointment) | 805-658-2266 |
| Senior Dial-A-Ride | 805-375-5467 |
| Tax Counseling (by appointment) | 805-381-2742 |

DROP-IN SENIOR SPORTS ACTIVITIES

BADMINTON, Age 50+
Tues/Thurs, 8:30-11:00am at Teen Center

BASKETBALL, Age 50+
Mon/Wed/Fri, 8:30-11:00am
at Alex Fiore Teen Center

HORSESHOES
Team Play on Tues/Thurs, 9:30am-12noon
at Goebel Center. Newcomers Welcome!
Open Play during regular business hours
other than days and hours above

SOFTBALL, Age 50+
Tues/Fri, 8:30-11:00am
Drop-in games at Wildflower Playfields

TABLE TENNIS, Age 18+
Tuesdays, 4:30-6:30pm
& Thursdays 4:30-8:00pm
at Goebel Center

Wii BOWLING, Age 50+
Mondays/Wednesdays, 1:00-3:00pm
at Goebel Adult Community Center

TENNIS, Age 50+
Mon/Wed/Fri, 7:30-10:30am
at Wildflower Playfield, Courts 1, 2, & 3

Tues/Thurs/Fri, 7:00-10:00am
at Borchard Center, Courts 2 & 3
Wednesdays, 8:00-10:00am
Women's games at Thousand Oaks Center
Thursdays, 9:00-11:00am
Women's games at Triunfo Park

**For Drop-In Senior program info
held at Goebel Center, call
805-381-2744**

Aquatics

REMINDER FOR PARENTS

If a class does not meet minimum enrollment (75% full), participants will be offered options to convert to semi-private or private instruction or switch to another time slot.

For children under five, we recommend at least two sessions of repeated lessons. Please notify the instructor of any special needs before the first class to enhance the learning experience.

Classes are taught by American Red Cross certified instructors. Due to high demand, make-ups are not offered unless specified or canceled by CRPD. Lessons are held rain or shine, and participants will be contacted if canceled due to weather.

AQUATICS/COMMUNITY POOL AT CLU

100 Overton Court, Thousand Oaks, CA 91360

Phone: 805-241-0894

E-mail: aquatics@crpd.org

POOL CONDITION (RAIN) INFORMATION: 805-381-1237

Office Hours: Monday-Friday 9:00am-5:00pm

GROUP LEVELS

Completion of a class does not guarantee advancement to the next level. Classes below are offered as a Semi-Private Instruction (2 participants to 1 instructor) or Group Instruction (4 or more participants).

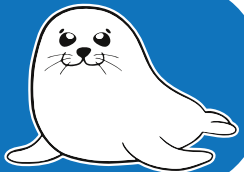
PARENT AND CHILD Age 6 mo-3 yrs

Introduces children to the aquatic environment through songs, toys, and games. Focuses on movements like floating, submerging, and changing positions. One parent or guardian must be in the water with each child. Offered as group instruction only.



TINY TOT SEALS Age 2.5-3.5 yrs

For children comfortable in shallow water, this class covers blowing bubbles, kicking, floating, and arm strokes. At least one session of Parent/Child is recommended but not required. Offered as semi-private instruction only.



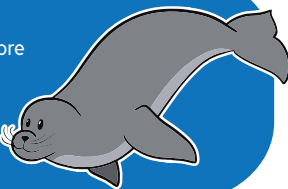
POLLIWOGS Age 2.5-3.5 yrs

Builds on skills from Tiny Tots swimming in deeper water, focusing on arm/leg movements, gliding, and underwater exploration. Must be able to hang onto the wall and follow directions. Offered as semi-private instruction only.



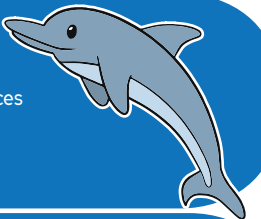
SEALS Age 4-7 yrs

Continues skill development from Polliwogs with more focus on floating and gliding. Introduces swimming without assistance. Must be able to submerge head underwater. Offered as group and semi-private instruction.



DOLPHINS Age 4-8 yrs

Refines swimming skills from Seals, focusing on freestyle, rhythmic breathing, and floating. Introduces elementary backstroke and survival swimming. Offered as group and semi-private instruction.



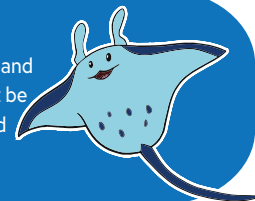
OTTERS Age 5-10 yrs

Refining skills from Dolphins focusing on freestyle endurance and coordination, and introduces backstroke, breaststroke, and treading water. Must swim 15 yards with rhythmic breathing and back float unassisted. Offered as group and semi-private instruction.



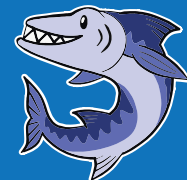
STINGRAYS Age 5-12 yrs

Continuation of Otters refining freestyle, backstroke, and introduces breaststroke arms and butterfly kick. Must be able to swim 25 yards of backstroke and freestyle, and 15 yards of breaststroke kick. Offered as group and semi-private instruction.



BARRACUDAS Age 6-12 yrs

Focuses on endurance and stroke development in breaststroke and butterfly. Must be able to swim 50 yards of freestyle, backstroke, and breaststroke. Offered as group and semi-private instruction.



SHARKS Age 10-14 yrs

For participants preparing for the swim team, focusing on stroke refinement and endurance. Must be able to swim 50 yards of all competitive strokes. Offered as semi-private instruction only.



PRIVATE INSTRUCTION Age 2.5+ yrs

One-on-one instruction tailored to the swimmer's ability. Can be converted into semi-private if abilities match. Limited availability.



CATCH-UP - LEVEL 1 Age 9-12 yrs

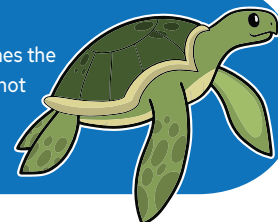
For beginners, this class builds water confidence, focusing on body positioning, arm/leg coordination, swimming short distances, side breathing, and elementary backstroke. Equivalent to the SEALS and DOLPHINS levels.

CATCH-UP - LEVEL 2 Age 11-14 yrs

For swimmers who complete Catch-Up Level 1, this class focuses on refining freestyle and backstroke, building endurance, and introducing breaststroke, butterfly kick, treading water, and stroke coordination. Equivalent to the OTTERS and STINGRAYS levels.

ADULT BEGINNER Age 18+ yrs

Designed for beginner swimmers, this class teaches the basics of floating, breathing, and kicking. Should not be taken by intermediate or advanced swimmers. Offered as semi-private instruction only.



Aquatics

Community Pool at CLU

Classes marked with an asterisk (*) indicate semi-private instruction.

| COMMUNITY POOL @ CLU | MONDAY/WEDNESDAY | | TUESDAY/THURSDAY | | SATURDAY | | SUNDAY | |
|----------------------------|------------------|---------|------------------|---------|-----------------|---------|-----------------|---------|
| SESSION 1 | Sep 8 - 24 | | Sep 9 - 25 | | Sep 6 - Oct 11 | | Sep 7 - Oct 12 | |
| SESSION 2 | Sep 29 - Oct 15 | | Sep 30 - Oct 16 | | Oct 18 - Nov 22 | | Oct 19 - Nov 23 | |
| SESSION 3 | Oct 20 - Nov 5 | | Oct 21 - Nov 6 | | x | | x | |
| SESSION 4 | Nov 10 - 24 (5) | | Nov 11 - 25 (5) | | x | | x | |
| | Time | Class # | Time | Class # | Time | Class # | Time | Class # |
| PARENT & CHILD | 11:00-11:25 AM | C408 | 11:00-11:25 AM | C508 | 10:00-10:25 AM | C723 | 9:30-9:55 AM | C817 |
| | 4:30-4:55 PM | C466 | 4:30-4:55 PM | C566 | 10:30-10:55 AM | C730 | 11:00-11:25 AM | C836 |
| TINY TOT SEALS | 10:30-10:55 AM | C406 | 10:30-10:55 AM | C506 | 9:00-9:25 AM | C711 | 9:00-9:25 AM | C811 |
| | 3:00-3:25 PM | C450 | 3:00-3:25 PM | C550 | 9:30-9:55 AM | C717 | 9:30-9:55 AM | C818 |
| | 4:00-4:25 PM | C460 | 4:00-4:25 PM | C560 | 10:00-10:25 AM | C724 | 10:00-10:25 AM | C824 |
| | 5:00-5:25 PM | C472 | 5:00-5:25 PM | C572 | 11:00-11:25 AM | C738 | 11:00-11:25 AM | C837 |
| POLLIWOGS | 10:00-10:25 AM | C404 | 10:00-10:25 AM | C504 | 9:00-9:25 AM | C712 | 9:00-9:25 AM | C812 |
| | 3:30-3:55 PM | C455 | 3:30-3:55 PM | C555 | 9:30-9:55 AM | C718 | 9:30-9:55 AM | C819 |
| | 4:30-4:55 PM | C467 | 4:30-4:55 PM | C567 | 10:30-10:55 AM | C731 | 10:30-10:55 AM | C830 |
| | 5:30-5:55 PM | C478 | 5:30-5:55 PM | C578 | 11:30-11:55 AM | C744 | 11:30-11:55 AM | C844 |
| SEALS | 9:30-9:55 AM | C402 | 9:30-9:55 AM | C502 | 9:00-9:25 AM | C713 | 9:00-9:25 AM | C813 |
| | 3:00-3:25 PM | C451 | 3:00-3:25 PM | C551 | 10:00-10:25 AM | C725 | 10:00-10:25 AM | C825 |
| | 4:00-4:25 PM | C461 | 4:00-4:25 PM | C561 | 11:00-11:25 AM | C739 | 11:00-11:25 AM | C838 |
| | 4:30-4:55 PM | C473 | 4:30-4:55 PM | C573 | | | | |
| DOLPHINS | 3:30-3:55 PM | C456 | 3:30-3:55 PM | C556 | 9:30-9:55 AM | C719 | 9:30-9:55 AM | C820 |
| | 4:30-4:55 PM | C468 | 4:30-4:55 PM | C568 | 10:30-10:55 AM | C732 | 10:30-10:55 AM | C831 |
| | 5:30-5:55 PM | C479 | 5:30-5:55 PM | C579 | 11:30-11:55 AM | C745 | 11:30-11:55 AM | C845 |
| OTTERS | 3:00-3:25 PM | C452 | 3:00-3:25 PM | C552 | 9:00-9:25 AM | C714 | 9:00-9:25 AM | C814 |
| | 4:00-4:25 PM | C462 | 4:00-4:25 PM | C562 | 10:00-10:25 AM | C726 | 10:00-10:25 AM | C826 |
| | 5:00-5:25 PM | C474 | 5:00-5:25 PM | C574 | 11:00-11:25 AM | C740 | 11:00-11:25 AM | C839 |
| STINGRAYS | 11:30-11:55 AM | C410 | 11:30-11:55 AM | C510 | 9:30-9:55 AM | C720 | 9:30-9:55 AM | C821 |
| | 3:30-3:55 PM | C457 | 3:30-3:55 PM | C557 | 10:30-10:55 AM | C733 | 10:30-10:55 AM | C832 |
| | 4:30-4:55 PM | C469 | 4:30-4:55 PM | C569 | 11:30-11:55 AM | C746 | 11:30-11:55 AM | C846 |
| BARRACUDAS | 3:00-3:25 PM | C453 | 3:00-3:25 PM | C553 | 9:00-9:25 AM | C715 | 9:00-9:25 AM | C815 |
| | 4:00-4:25 PM | C463 | 4:00-4:25 PM | C563 | 10:00-10:25 AM | C727 | 10:00-10:25 AM | C827 |
| | 5:00-5:25 PM | C475 | 5:00-5:25 PM | C575 | 11:00-11:25 AM | C741 | 11:00-11:25 AM | C840 |
| SHARKS | 3:30-3:55 PM | C458 | 3:30-3:55 PM | C558 | 10:30-10:55 AM | C734 | 10:30-10:55 AM | C833 |
| | 5:30-5:55 PM | C480 | 5:30-5:55 PM | C580 | 11:30-11:55 AM | C747 | 11:30-11:55 AM | C847 |
| ADULT BEGINNER | 9:00-9:25 AM | C400 | 9:00-9:25 AM | C500 | 9:30-9:55 AM | C721 | 9:30-9:55 AM | C822 |
| | 5:00-5:25 PM | C477 | 5:00-5:25 PM | C577 | 10:30-10:55 AM | C735 | 10:30-10:55 AM | C834 |
| CATCH-UP LVL 1 | 4:00-4:25 PM | C464 | 4:00-4:25 PM | C564 | 10:00-10:25 AM | C728 | 10:00-10:25 AM | C828 |
| | 5:00-5:25 PM | C476 | 5:00-5:25 PM | C576 | | | | |
| CATCH UP LVL 2 | 4:30-4:55 PM | C470 | 4:30-4:55 PM | C570 | 11:00-11:25 AM | C742 | 11:00-11:25 AM | C841 |
| | 5:30-5:55 PM | C481 | 5:30-5:55 PM | C581 | | | | |
| PRIVATE INSTRUCTION | 9:00-9:25 AM | C401 | 9:00-9:25 AM | C501 | 9:00-9:25 AM | C716 | 9:00-9:25 AM | C816 |
| | 9:30-9:55 AM | C403 | 9:30-9:55 AM | C503 | 9:30-9:55 AM | C722 | 9:30-9:55 AM | C823 |
| | 10:00-10:25 AM | C404 | 10:00-10:25 AM | C504 | 10:00-10:25 AM | C729 | 10:00-10:25 AM | C829 |
| | 10:00-10:25 AM | C405 | 10:00-10:25 AM | C505 | 10:30-10:55 AM | C736 | 10:30-10:55 AM | C835 |
| | 10:30-10:55 AM | C407 | 10:30-10:55 AM | C507 | 11:00-11:25 AM | C743 | 11:00-11:25 AM | C842 |
| | 11:00-11:25 AM | C409 | 11:00-11:25 AM | C509 | 11:30-11:55 AM | C749 | 11:30-11:55 AM | C849 |
| | 11:30-11:55 AM | C411 | 11:30-11:55 AM | C511 | 12:00-12:25 PM | C750 | 12:00-12:25 PM | C850 |
| | 3:00-3:25 PM | C454 | 3:00-3:25 PM | C554 | 12:30-12:55 PM | C751 | 12:30-12:55 PM | C851 |
| | 3:30-3:55 PM | C459 | 3:30-3:55 PM | C559 | 1:00-1:25 PM | C752 | 1:00-1:25 PM | C852 |
| | 4:00-4:25 PM | C465 | 4:00-4:25 PM | C565 | 1:30-1:55 PM | C753 | 1:30-1:55 PM | C853 |
| | 4:30-4:55 PM | C471 | 4:30-4:55 PM | C571 | | | | |
| | 5:30-5:55 PM | C482 | 5:30-5:55 PM | C582 | | | | |

Aquatics

CRPD SWIM TEAM, Age 8-16 Novice team focusing on speed, endurance, strokes, and conditioning. See website for full details. Instructor: CRPD Staff. No class 11/27.

| | | | | | |
|-----------|------|---------------|-------|-------------|--------|
| C800.4251 | Sa | 9:00-9:55am | \$90 | 9/6-10/11 | 6 wks |
| C800.4252 | Su | 10:00-10:55am | \$90 | 9/7-10/12 | 6 wks |
| C800.4253 | Sa | 9:00-9:55am | \$90 | 10/18-11/22 | 6 wks |
| C800.4254 | Su | 10:00-10:55am | \$90 | 10/19-11/23 | 6 wks |
| C800.4255 | M/W | 5:00-5:55pm | \$349 | 9/8-11/24 | 12 wks |
| C800.4256 | T/Th | 5:00-5:55pm | \$349 | 9/9-11/25 | 12 wks |

WATER AEROBIC WORKOUT - DEEP WATER, Age 16+ Exercise in 5' of water using resistance and a flotation belt. Low-impact, joint-friendly, and paced at your own level. Instructor: Elaine Lawrence.

| | | | | | |
|-----------|---|---------------|------|------------|-------|
| C802.4251 | M | 10:00-10:55am | \$71 | 9/8-9/29 | 5 wks |
| C802.4253 | M | 10:00-10:55am | \$57 | 10/6-10/27 | 4 wks |
| C802.4255 | M | 10:00-10:55am | \$57 | 11/3-11/24 | 4 wks |

🗣️ Languages: French

NOODLE AEROBIC WORKOUT - SHALLOW WATER, Age 16+ Use a pool noodle to improve core strength, flexibility, and balance with low-impact exercises from yoga, Pilates, and more. Instructor: Elaine Lawrence.

| | | | | | |
|-----------|---|---------------|------|------------|-------|
| C802.4252 | M | 11:00-11:55am | \$71 | 9/8-9/29 | 5 wks |
| C802.4254 | M | 11:00-11:55am | \$57 | 10/6-10/27 | 4 wks |
| C802.4256 | M | 11:00-11:55am | \$57 | 11/3-11/24 | 4 wks |

🗣️ Languages: French

HOMESCHOOL SWIM TEAM, Age 8-14 A novice swim team for homeschoolers focused workouts on endurance, strokes, and conditioning. Instructor: CRPD Staff.

| | | | | | |
|-----------|---|---------------|-------|-----------|--------|
| C803.4251 | M | 10:00-10:55am | \$165 | 9/8-11/17 | 11 wks |
|-----------|---|---------------|-------|-----------|--------|

WATER AEROBIC WORKOUT - SHALLOW WATER, Age 16+

Chest-deep water workout with mild aerobics for all skill levels. No swimming needed, at your own pace and comfort level. Instructor: Frederique Garderes. No class 11/26.

| | | | | | |
|-----------|---|---------------|------|------------|-------|
| C804.4251 | W | 10:00-10:55am | \$28 | 9/3-9/10 | 2 wks |
| C804.4252 | F | 10:00-10:55am | \$28 | 9/5-9/12 | 2 wks |
| C804.4253 | W | 10:00-10:55am | \$71 | 10/1-10/29 | 5 wks |
| C804.4254 | F | 10:00-10:55am | \$71 | 10/3-10/31 | 5 wks |
| C804.4255 | W | 10:00-10:55am | \$43 | 11/5-11/19 | 3 wks |
| C804.4256 | F | 10:00-10:55am | \$43 | 11/7-11/21 | 3 wks |

🗣️ Languages: French, Spanish

STROKE TECHNIQUE TRAINING AND WORKOUT, Age 14+ Improve stroke technique, endurance, and confidence at your own pace. See website for full details. Instructor: CRPD Staff. No class 11/26.

| | | | | | |
|-----------|-----|-------------|------|-------------|-------|
| C805.4251 | M/W | 9:00-9:55am | \$90 | 9/8-9/24 | 3 wks |
| C805.4252 | M/W | 9:00-9:55am | \$90 | 9/29-10/15 | 3 wks |
| C805.4253 | M/W | 9:00-9:55am | \$90 | 10/20-11/5 | 3 wks |
| C805.4254 | M/W | 9:00-9:55am | \$75 | 11/10-11/24 | 3 wks |

For class details, go to www.crpd.org/register



LAP & REC SWIM

HOURS & RESERVATIONS

- ✔ Visit www.crpd.org/aquatics.
- ✔ \$4.00 to walk-in welcome at the top of each hour.
- ✔ Rec Swim? \$4.00 per person applies to anyone entering the facility. See website for hours.

Scan for more info!



Personal Water Safety

American Red Cross class covering **Swimming** and **Lifesaving** Merit Badge requirements.



Class ID
3410



*See website for details

PUMPKIN PATCH & SPLASH

SATURDAY, OCTOBER 4, 3:00-6:00 PM



CLASS ID 3402

Registration required for anyone entering the facility!



LIFEGUARD TRAINING

2 day course

Become a Lifeguard! Includes CPR/AED/FA. Ages 15+.

CLASS # C806



LIFEGUARD REVIEW

1 day course

For Lifeguards with an expiring cert. Ages 16+.

CLASS # C807



CPR/FA/AED TRAINING

1 day course

Includes Adult and Pediatric CPR/AED/FA skills. Ages 15+.

CLASS # C808



WATER SAFETY INSTRUCTOR

4 day course

Recommend at least 1 year of lifeguard experience. Ages 16+.

CLASS # C809





Therapeutic Rec.

Our Therapeutic Recreation program is designed for individuals with disabilities, offering inclusive and supportive classes at Old Meadows Center unless otherwise noted. For more details, call 805-381-2739.

COMMUNITY OUTINGS

DODGERS GAME, Age 15+ \$25 Deposit. Instructor: CRPD Staff.
4559.4251 Sa 4:00-10:00pm \$115 8/30 1 eve

VENTURA RACEWAY, Age 15+ Instructor: CRPD Staff. Bring \$40 for admission and dinner.
4568.4251 Sa 5:00-9:30pm \$15 9/13 1 eve

BOWLING NIGHT, Age 15+ Instructor: CRPD Staff. Dinner included.

BOWLING NIGHT ONLY

4525.4251 F 5:45-7:45pm \$40 9/19 1 eve

BOWLING NIGHT WITH TRANSPORTATION

4526.4251 F 5:00-8:30pm \$45 9/19 1 eve

OMC DINNER AND GAME NIGHT, Age 15+ Instructor: CRPD Staff.

4564.4251 F 5:30-8:00pm \$30 9/26 1 eve

DINNER AND MOVIE, Age 15+ Instructor: CRPD Staff.

4540.4251 F TBD \$25 10/3 1 eve

BBQ AND SOCIAL, Age 15+ Instructor: CRPD Staff.

4528.4251 F 5:30-8:00pm \$30 10/10 1 eve

DRIVING RANGE, Age 15+ Instructor: CRPD Staff.

4532.4251 F 5:30-8:30pm \$20 10/17 1 eve

HALLOWEEN DINNER AND BAKING, Age 15+ Instructor: CRPD Staff.

4555.4251 F 5:30-8:30pm \$30 10/17 1 eve

HALLOWEEN DANCE, Age 15+ Instructor: CRPD Staff.

4566.4251 Sa 7:00-9:00pm \$10 10/25 1 day

COOKING

KITCHEN KAPERS, Age 14+ Instructor: CRPD Staff.

FINGER FOODS

4521.4251 T 5:30-8:00pm \$22 9/9 1 eve

4521.4252 T 5:30-8:00pm \$22 9/16 1 eve

MEDITERRANEAN

4522.4251 T 5:30-8:00pm \$22 9/23 1 eve

4522.4252 T 5:30-8:00pm \$22 9/30 1 eve

BREAKFAST FOR DINNER

4523.4251 T 5:30-8:00pm \$22 10/7 1 eve

4523.4252 T 5:30-8:00pm \$22 10/14 1 eve

FITNESS

NEW! SPORTS SKILLS AND CONDITIONING, Age 14+ \$25 Deposit. Instructor: CRPD Staff. Location: Borchard Community Center.

4736.4251 Th 5:30-7:00pm \$104 9/11-10/23 7 wks

LET'S DANCE, Age 15+ \$25 Deposit. Instructor: Mary Abraham.

4583.4251 W 5:15-6:15pm \$73 9/10-10/22 7 wks

THERAPEUTIC SWIM TEAM, Age 8+ \$25 Deposit. Instructor: CRPD Staff. Location: Cal Lutheran University Pool.

4510.4251 W 2:00-2:25pm \$51 9/10-10/22 7 wks

4510.4252 W 2:30-2:55pm \$51 9/10-10/22 7 wks

4510.4253 W 3:00-3:25pm \$51 9/10-10/22 7 wks

4510.4254 W 3:30-3:55pm \$51 9/10-10/22 7 wks

THERAPEUTIC TENNIS TEAM, Age 8+ \$25 Deposit. No class 11/11. Instructor: CRPD Staff. Location: Triunfo Park.

4508.4251 T 4:30-5:30pm \$99 9/9-11/18 10 wks

4508.4252 T 5:30-6:30pm \$99 9/9-11/18 10 wks

TOTAL BODY WORKOUT, Age 14+ \$25 Deposit. Instructor: CRPD Staff.

4515.4251 Sa 9:00-10:30am \$69 9/13-10/25 7 wks

TROPHY BOWLING, Age 14+ \$25 Deposit. Instructor: CRPD Staff.

4516.4251 Sa 12noon-1:45pm \$139 9/13-10/25 7 wks

TROPHY BOWLING WITH TRANSPORTATION

4517.4251 Sa 10:45am-2:30pm \$278 9/13-10/25 7 wks

SPECIAL EVENTS

NEW! ADAPTIVE SKATEBOARDING, Skate along with our recreational therapy and skate staff. A great way to de-stress, build confidence, and have fun. Instructor: CRPD Staff. Information: 805-381-2739.

Age 6-13

5125.4251 T 4:30-5:30pm \$20 9/30 1 day

Age 14-22

5152.4252 T 4:30-5:30pm \$20 10/7 1 day

NEW! YAE TEAM-UP AUDITION WORKSHOP, Age 10-18 A workshop for performers with or without disabilities in preparation for YAE'S SEUSSICAL. Instructor: Shauna Boucher. Location: Hillcrest Center for the Arts. Information: 805-381-2739.

3520.4251 Sa 2:00-4:00pm \$20 9/13 1 day

WEEKLY PROGRAMS

FRIENDS OF OMC, \$25 Deposit. Instructor: CRPD Staff.

Age 18+

4518.4251 M 1:30-5:30pm \$200 9/8-10/20 7 wks

4518.4252 M 3:00-5:30pm \$125 9/8-10/20 7 wks

Age 13-22 No class 10/2.

4518.4253 Th 2:00-5:30pm \$192 8/28-10/23 8 wks

4518.4254 Th 3:00-5:30pm \$143 8/28-10/23 8 wks

EARLY RELEASE, Age 13-22

4518.4255 Th 12:30-2:00pm Date: TBD

ART INSTRUCTION, Age 14+ \$25 Deposit. Instructor: Bob Noonan, Studio 316.

4520.4251 M 4:00-5:30pm \$105 9/8-10/13 6 wks

4520.4252 M 6:30-8:00pm \$105 9/8-10/13 6 wks

ADULT SOCIAL AND FRIENDS, Age 18+ \$25 Deposit. Instructor: CRPD Staff.

4677.4251 T 9:00am-2:00pm \$350 9/9-10/21 7 wks

4677.4252 W 9:00am-2:00pm \$350 9/10-10/22 7 wks

NO SCHOOL CAMP DAY, Age 13-22 Instructor: CRPD Staff.

4563.4251 Th 9:00am-2:00pm \$50 10/2 1 day

DID YOU KNOW?

KNOW?

All CRPD programs are vendedored with Tri Counties Regional Center.



Tri-Counties Regional Center

SPECIAL NEEDS RECREATION & RESOURCE *Directory*



Community-based recreation-related programs providing services expressly designed for individuals with disabilities may ask to be added to this list by calling 805-381-2739 or email dherbert@crpd.org

Organization/Region..... Phone Email/Website

| | |
|--|---|
| Actors for Autism (Westlake, Camarillo) | www.actorsforautism.org |
| Allwayz on Stage..... | 818-612-2001 www.allwayz onstage.com |
| AYSO VIP Soccer..... | Thousand Oaks..... vip@aysos9.org |
| Camarillo..... | 805-482-4005 |
| Simi Valley | vip@aysosimi.org |
| California Condors Ice Hockey (Simi) | 805-520-7465..... www.calspecialhockey.com |
| Challenger Little League Baseball | 805-405-8510..... Tom.Jankowski@StarRouteLLC.com |
| Best Day Foundation | 713-569-3125 www.bestdayfoundation.org |
| Big Fun Gymnastics | 310-837-7849..... info@bigfungymnastics.com/www.bigfungymnastics.com |
| Brandon's Buddies | 818-222-8118..... brandonsbuddies@pacbell.net |
| Buddy Break (Nathaniel's Hope) | www.NathanielsHope.org |
| The Friendship Circle | 818-865-2233..... www.friendshipcircleca.org |
| Golden Heart Ranch (Agoura Hills)..... | 310-798-9933..... barbara@goldenheartranch.org www.goldenheartranch.org |
| Horn's VIPs | 805-418-0461..... www.hornsvips.org |
| Ignite | 805-235-9450..... www.ignitefutures.org |
| Kara Miller Adaptive Swim..... | 818-223-7637..... karamillerkin@gmail.com |
| Maagalim Community Circles..... | 818-253-9618..... www.maagalimcircles.org/classesandevents |
| National Arts and Disability Ctr | 310-825-5054..... www.semel.ucla.edu/nadc |
| New Directions Travel | 805-967-2841..... www.newdirectionstravel.org |
| Next Chapter Book Club | 805-449-2660 ext. 7318 |
| Oak Park Rec & Park-Special Needs Prog. | 818-865-9304..... www.rsrpd.org |
| Oxnard Special Populations..... | 805-385-8020..... osp@oxnard.org |
| Pleasant Valley RPD Adaptive Rec Programs..... | 805-482-1996..... www.pvrpd.org |
| Rainbow Connection | 805-485-9643..... rainbow@tricoties.org |
| Rancho Simi RPD- Alternative Recreation..... | 805-584-4400..... www.rsrpd.org |
| Ride-ON Therapeutic Horsemanship..... | 805-375-9078..... Sara@rideon.org/www.rideon.org |
| Snapaquatics snapaquatics@gmail.com / www.snapaquatics.org | |
| Special Olympics, Ventura County | 805-650-7717..... www.sosc.org |
| Surfer's Healing..... | 877-966-SURF www.surfershealing.org |
| Train4Autism (Newbury Park) BrianThompson@Train4Autism.org | |
| U.S. Adaptive Recreation Center | 909-584-0269..... mail@usarc.org/www.usarc.org |
| ZOOZ Fitness..... | 818-646-6914..... www.zoozfitness.com |

AMERICAN DISABILITY ACT (ADA) COMPLIANCE: MISSION STATEMENT

Conejo Recreation and Park District (CRPD) strives to enrich quality of life through the provision of quality recreation programs. We welcome people with disabilities in all recreation opportunities provided by CRPD, both through specialized options (Therapeutic Recreation) and inclusion alternatives.

Please contact Devon Herbert at 805-381-2739 or Inclusion@crpd.org for further information on program choices, for help with making a selection, or to request a program modification. In order to evaluate and seek to reasonably accommodate your individual needs, we ask that you let us know of any requested modifications at the time of your registration.

ADA GRIEVANCE PROCEDURE

CRPD has developed an internal grievance procedure for prompt and equitable resolution of complaints alleging any action prohibited by the United States Department of Justice regulations implementing Title II of the Americans with Disabilities Act (ADA).

Complaints should be addressed in writing to ADA Compliance Officer, Conejo Recreation and Park District, 403 W. Hillcrest Drive, Thousand Oaks, CA 91360 or by email at ADAcompliance@crpd.org

- A complaint should contain the name and address of the person filing it, and briefly describe the alleged violation of the regulations.
- Complaint should be filed within 30 days of the alleged violation.
- CRPD will conduct an investigation and notify the complainant of its findings within 30 days from receiving the written complaint.

Use of this grievance procedure is not a prerequisite to the pursuit of other remedies. CRPD strives to have all participants enjoy their experience in our programs and works to handle all concerns in a timely and fair manner.

AREA ATHLETIC ORGANIZATIONS

| ORGANIZATION | PHONE | WEBSITE | SPORT |
|-----------------------------------|--------------|---|--------------------------|
| Amateur Baseball Dev. Group | | www.ABDG.org | Baseball/Youth |
| AYSO #4 Agoura/Westlake | 818-707-8557 | www.aysoregion4.com | Soccer/Youth |
| AYSO #9 Thousand Oaks | | www.ayso9.org | Soccer/Youth |
| AYSO #42 Newbury Park | | www.aysoregion42.org | Soccer/Youth |
| Borchard Mixed Doubles | 805-498-8235 | | Tennis/Adult |
| Conejo Valley Bulldogs | | www.bulldogsfieldhockey.com | Field Hockey/Youth/Adult |
| Conejo Fencers | 805-495-2163 | www.conejofencers.com | Fencing/12+ |
| Conejo Simi Swim Club | 805-624-0559 | www.csaswim.com | Aquatics |
| Conejo Soccer Club 76 | 805-427-5852 | www.tc-soccer.com | Soccer/Adult |
| Conejo Valley Cyclists | | www.cvcbike.org | Cycling/Mtn. Biking |
| Conejo Valley Little League | | www.cvll.net | Baseball/Boys |
| Conejo Valley Multisport Masters | 818-469-9972 | www.conejovalleymultisportmasters.com | Swim Mstrs/Triathlons |
| Conejo Valley Youth Tennis League | 805-495-0111 | www.totaltennisacademy.org | Tennis |
| Conejo Youth Basketball | | www.cyba.org | Basketball/Youth |
| Conejo Youth Flag Football Assoc | | www.cyffa.com | Flag Football/Youth |
| DMS11 | 818-371-0446 | www.dms11.com | Soccer |
| FC United | 805-390-1242 | www.fcacademy.com | Soccer |
| Field Hockey Federation | | www.socalfieldhockey.com | Field Hockey/All Ages |
| LAFC So Cal Soccer | 818-321-3229 | www.realsocal.org | Soccer/Youth |
| Oaks FC | | https://www.oaksfc.org/ | Soccer/Youth |
| Newbury Park Basketball Assoc. | | www.npbasketball.org | Basketball/Youth |
| Newbury Park Boys Pony Baseball | | www.nppb.org | Baseball/Boys |
| Newbury Park Elite | 805-204-7525 | leagues.bluesombrero.com/newburyparkelite | Soccer |
| Newbury Park Girls Softball | | www.newburyparkgirlssoftball.org | Softball/Girls |
| Newbury Park Prowlers Lacrosse | | www.nplax.com | Lacrosse/HS |
| Newbury Park Soccer Club | | www.newburyparksoccerclub.com | Soccer/Youth |
| Newbury Park Steelers Football | | www.newburyparksteelers.com | Football-Contact |
| Old Kranks Bicycle Club | 805-573-1154 | www.oldkranks.net | Biking/Seniors 50+ |
| Orca Youth Rugby | 818-377-4993 | www.orcayouthrugby.org | Rugby/Youth |
| Pacific Coast Predators Softball | 818-601-6419 | predatorssoftball@aol.com | Softball/Youth |
| Soccer Shots of Ventura County | | www.soccershots.com | Soccer |
| South Coast Aquatics | 805-660-2082 | www.southcoastaquatics.com | Youth Swim/Mstrs/Diving |
| Thousand Oaks Badminton Club | | www.tobadminton.org | Badminton |
| Thousand Oaks Flyers Track Club | | www.toflyers.org | Track/Youth |
| Thousand Oaks Girls Softball | | www.togsa.org | Softball/Girls |
| Thousand Oaks Little League | | www.tolittleleague.com | Baseball/Boys |
| Thousand Oaks Senior Softball | 805-381-2744 | gacc@crpd.org | Softball/Seniors 50+ |
| Thousand Oaks Soccer League | 805-368-7150 | martin.coronado97@yahoo.com | Soccer |
| Thousand Oaks Titans | | www.totitans.com | Football-Contact |
| United States Youth Volleyball | 888-988-7985 | www.usyvl.org | Volleyball/Youth |
| Westlake/Agoura Girls Softball | | www.wags411.org | Softball/Girls |
| Westlake Baseball Assoc. | | www.westlakebaseball.org | Baseball/Boys |
| Wildflower Adult Tennis | 805-493-5854 | | Tennis/Adults |
| Ventura County Rugby Club | | www.venturacountyrugbyclub.com | Rugby |
| Ventura County Pickleball Club | | www.venturacountypickleballclub.com | Pickleball |

ACTIVITY REFUND POLICY

Transfers and Refunds cannot be done online and can be made by calling the center or our registration line at 805-381-2735. Refunds are returned to the customer in the same manner that the original registration was paid.

A. CANCELATIONS BY THE PARTICIPANT:

- General Programs:** A full refund, including any lab fees, will be granted if the District is notified at least two business days (Monday-Friday) prior to the start of the program activity. If you cancel within two business days of the class starting, you will be charged for the first class and all lab fees will be retained.
 - A refund will be granted on a pro-rata basis if the District is notified prior to the second meeting of the activity.
- REFUNDS WILL NOT BE GRANTED AFTER THE SECOND MEETING OF THE PROGRAM.**
 - Refunds for **medical reasons** will be granted on a pro-rata basis subject to written certification of such reasons by a physician.
- Sports Leagues and Tournament Teams** – Refund (less cancellation fee) will be granted prior to the final confirmation of team schedule. No refund after the final schedule is posted.
- Aquatics or Teen Center Excursions** – A \$5 cancellation fee per person, per activity will be assessed for each class/program or excursion. **The Aquatics Refund Policy** (www.crpdp.org/aquaticsrefunds) has additional refund considerations.
- Day Camps** – Refunds (less non-refundable registration fee) will be granted if two weeks notice is given prior to each weekly session. If less than two weeks, no refund is granted.
- Preschool and Pre-Kindergarten:** A refund (less non-refundable registration fee) will be granted if District is notified at least two business days (Monday-Friday) prior to the start of program date.
 - A refund will be granted on a prorated basis (less non-refundable registration fee) if the District is notified within two weeks after the program has started.
 - No refunds will be granted after two weeks of the program start date.
- Afterschool Program Refunds & Cancellation by the Participant:**
 - A full refund will be granted if we are notified 2 business days prior to class.
 - Refunds or transfers will not be granted the day of class or once a class has begun.
 - Students may NOT “try out” a class.
 - Refunds for medical reasons will be granted on a pro-rate basis; written verification by a physician is required.

B. CANCELATIONS BY THE DISTRICT:

- A full refund will be made in the event an activity is canceled by the District prior to the starting date.
- A partial refund will be made on a pro-rata basis if the activity is canceled prior to the conclusion of the program.

INCLUSION PROCESS

The Conejo Recreation & Park District inclusion services can be utilized by all individuals with disabilities. To request an accommodation due to a disability, please check the box during the online registration process, on the registration form, or email inclusion@crpd.org



CRPD FAX/Mail-In Registration Form

① Select activity/ies. ② Complete Registration Form below and **SIGN WAIVER!**

③ Mail or FAX form with your check or credit/debit card number:

* CRPD Registration, 403 W. Hillcrest Dr., Thousand Oaks, CA 91360 * FAX: 805-777-7391

Adult Name First _____ Last _____

Address _____ City _____ State _____ Zip _____

Phone Numbers Day _____ Evening _____ Cell _____

Email Address _____ Check here for address or name change:

| ACTIVITY NUMBER / TITLE | | | Participant's Full Name | Birthdate | Sex M/F | 1st Choice Fee |
|-------------------------|------------|------------|-------------------------|-----------|------------|-------------------|
| 1st Choice | 2nd Choice | 3rd Choice | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| TOTAL → | | | | | | |

Method of Payment: MasterCard Visa Visa/MC Check/Debit Card AmEx Discover Check/Money Order (payable to CRPD)

Cardholder's Name (please print) _____ Signature _____

Charge to Card # _____ Exp. Date (mm/yy) _____

ONE FAMILY PER REGISTRATION • Date of birth MUST be included for YOUTH participants • **DO NOT MAIL CASH.**

Write one check for total amount; returned checks subject to \$25 fee. NOTE: CRPD does not check the background of program participants.

AGREEMENT, WAIVER, AND RELEASE

In consideration for being permitted by the Conejo Recreation & Park District ("CRPD"), City of Thousand Oaks ("CTO"), Conejo Open Space Conservation Agency ("COSCA"), Conejo Valley Unified School District ("CVUSD"), and City of Westlake Village ("WLV") to participate in the above activities, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activities. This release is intended to discharge in advance the CRPD, CTO, COSCA, CVUSD, and WLV (collectively "entities") (including their officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activities, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this waiver, release, and assumption of risk is to be binding on my heirs, administrators, executors, and assigns, and that I shall indemnify and to hold the above persons or entities (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or is connected in any way with my participation in said activities. Additionally, I fully understand that my participation in the above-referenced activities exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

VIRTUAL CLASS RELEASE: I hereby warrant and agree, that the conditions of my environment are safe, free from obstructions, and are suitable for participation in the above-referenced activity. I further understand and agree that any material downloaded, viewed or otherwise obtained through my participation in said activity is done at my own risk and the District is not responsible for any loss, alteration, corruption or other damage to my personal property, including computers, networks and other property used as part of my participation.

PHOTOGRAPHIC RELEASE: I understand that photographs may be taken during these activities and hereby grant the District permission to use any such photo(s) for advertising or in promotional materials.

PARENTAL/GUARDIAN CONSENT (to be completed/signed by parent/guardian if participant is under 18 years of age): I hereby consent that those listed above participate in the above activities, and I hereby execute the above Agreement, Waiver, and Release on his/her/their behalf. I state that said minors are physically able to participate in said activities. I hereby agree to indemnify and hold the persons and entities mentioned above (including their officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or is connected in any way with said minor/s' participation in said activity.

I UNDERSTAND THAT IMPORTANT INFORMATION is available regarding 1) concussions that may occur during physical activities, and 2) information regarding the use of opioids, and acknowledge receipt of the information via www.crpd.org/concussion & www.crpd.org/opioid.

CONSENT FOR EMERGENCY MEDICAL TREATMENT: As the participant or the parent, legal guardian, or appointed conservator of the participant of this program, I hereby give consent to CRPD to obtain all medical or dental care for myself or my dependent as prescribed by a duly licensed medical professional. This care may be given for whatever conditions are necessary to preserve the life, limb, and well-being of myself or my dependent.

I UNDERSTAND THAT CRPD HAS A CODE OF CONDUCT (www.crpd.org/conduct) and agree to abide by its conditions.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE ORGANIZATIONS AND I SIGN IT OF MY FREE WILL.

Signature _____

Name (Printed) _____

Date _____

I am requesting information regarding the Inclusion Process.

Please make sure a CRPD staff person is on-site before leaving children at a scheduled activity.

REGISTRATION DATES

District Residents:

Priority Registration for FALL 2025 classes opens **Monday, August 18 at 9:00am.**

Out-Of-District Residents:

Out-of-District Registration opens **Monday, August 25 at 9:00am.**

District Residents: Residents of Thousand Oaks, Newbury Park, and the Ventura County portion of Westlake Village.

3

EASY WAYS TO REGISTER

1. **REGISTER ONLINE AT WWW.CRPD.ORG/REG with your Visa, MC, AmEx, Disc or Visa/MC debit card**
2. **BY FAX AT 805-777-7391 with your Visa, MC, AmEx, Disc or Visa/MC debit card**
3. **REGISTER BY MAIL with your check/credit card; Registration Services, 403 W. Hillcrest Dr., Thousand Oaks, CA 91360**

QUESTIONS

Registration Help/Internet Issues: 805-381-2735

**Class Content & Ages/Instructor Info/etc:
Call the center presenting the class directly**

Phone numbers are listed at the top of the catalog page where the class is shown

WAITLIST

Waitlists are established for activities that reach maximum enrollment. We encourage waitlist registration when classes are full – staff will contact those on waitlists to form additional classes or fill cancelations. Also, waitlists let us know that additional classes of this type are desired!

OUR PARTNERS

We are proud to work with the following organizations - providing facilities and programs for your education and enjoyment.

Arts Council of the Conejo Valley

403 W. Hillcrest Drive
Thousand Oaks, CA 91360
805-381-2747
www.conejoarts.org

Chumash Indian Museum

3290 Lang Ranch Parkway
Thousand Oaks, CA 91362
805-492-8076
www.chumashmuseum.org

Conejo Off-Leash Areas Friends (COLA)

P.O. Box 19045
Newbury Park, CA 91319
www.conejooffleash.org

Conejo Valley Botanic Garden

400 W. Gainsborough Road
Thousand Oaks, CA 91360
805-494-7630
www.conejogarden.org

Equestrian Trails, Inc. Corral #37

1112 Waverly Heights Drive
Thousand Oaks, CA 91360
www.eti37.org

Las Flores Community Garden

1300 Avenida de Las Flores
Thousand Oaks, CA 91360
805-358-2835
www.lasfloresgarden.com

Rancho Potrero Community Equestrian Center

4790 Lynn Road
Thousand Oaks, CA 91320
www.ranchopotrero.org

Ride-On Therapeutic Horsemanship

401 Ronel Court
Thousand Oaks, CA 91360
805-375-9078
www.rideon.org

Stagecoach Inn Museum

51 South Ventu Park Road
Newbury Park, CA 91320
805-498-9441
www.stagecoachinnmuseum.com

CRPD PARKS & OPEN SPACE

Find Your Fun!



**Enrich. Engage.
EXPLORE.**

- | | | |
|---|------------------------------------|-----------------------------------|
| 1. Dos Vientos Community Park | 27. Spring Meadow Park | 46. Estella Park |
| 2. Dos Vientos Neighborhood Park | 28. Thousand Oaks Community Park | 47. Beyer Park |
| 3. Sycamore Neighborhood Park | 29. Thousand Oaks High School Pool | 48. El Parque de la Paz |
| 4. Del Prado Playfield | 30. Glenwood Park | 49. Russell Park |
| 5. Cypress Park | 31. Paige Lane Neighborhood Park | 50. Triunfo Park |
| 6. Hickory Park | 32. Conejo Creek South Park | 51. Evenstar Park |
| 7. Pepper Tree Playfield | 33. Waverly Park | 52. Southshore Hills Park |
| 8. Newbury Park High School Pool | 34. Conejo Creek West Park | 53. Sapwi Trails Community Park |
| 9. Borchard Community Park | 35. Dog Park | 54. Lang Ranch Neighborhood Park |
| 10. Kimber Park | 36. Conejo Creek North Park | 55. North Ranch Neighborhood Park |
| 11. Banyan Park | 37. Goebel Adult Community Center | 56. North Ranch Playfield |
| 12. Wendy Park | 38. Thousand Oaks Teen Center | |
| 13. Newbury Gateway Park | 39. Fiore Playfield | |
| 14. Rancho Conejo Playfield | 40. Northwood Park | |
| 15. Stagecoach Inn Museum | 41. McCrea Ranch | |
| 16. Stagecoach Inn Park | 42. Cañada Park | |
| 17. Walnut Grove Equestrian Center | 43. Sunset Hills Park | |
| 18. Walnut Grove Park | 44. Oakbrook Neighborhood Park | |
| 19. Lynn Oaks Park | 45. Old Meadows Park | |
| 20. Wildflower Playfield | | |
| 21. Wildwood Neighborhood Park | | |
| 22. Suburbia Park | | |
| 23. Conejo Community Park | | |
| 24. Conejo Valley Botanic Garden & Kid's Adventure Garden | | |
| 25. Hillcrest Center | | |
| 26. Community Pool at CLU | | |

LEGEND

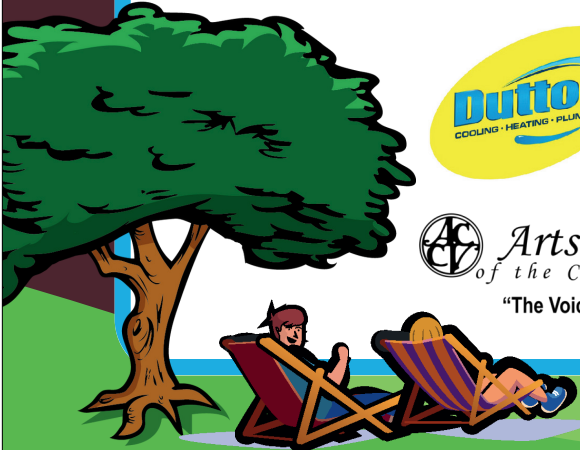
- PARKS
- OPEN SPACE

The Conejo Recreation & Park District is an independent California Special District providing parks, recreation, and open space for the people of Thousand Oaks and unincorporated Ventura County since 1962.

THANK YOU TO OUR SPONSORS!

SUMMER CONCERTS

in the Park



Thank you to our ...

4th of July Sponsors



Rosemary Allison

CalRE #0054518 COLDWELL BANKER REALTY



You made the sparks fly!

Conejo Recreation & Park District
 Hillcrest Center
 403 West Hillcrest Dr.
 Thousand Oaks, CA 91360
 www.crpdp.org



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HAUNTED TRAIL & COSTUME CONTEST

SATURDAY, OCTOBER 18



Costume Contest 6:00-9:00pm

Reptile Show Immediately After Costume Contest

Trick or Treat Street: 6:00-8:30pm

First Trail Departure: 7:00pm

THOUSAND OAKS COMMUNITY CENTER

2525 N. Moorpark Rd., Thousand Oaks
 Info: 805-381-2793 • crpd.org/haunt

SOUTHERN CALIFORNIA'S

ULTIMATE HAUNTED HOUSE!

REIGN OF TERROR

HAUNTED HOUSE

MASSIVE 32,000 SQ FT LOCATION | **11 THEME ATTRACTIONS** | **NEWEST ATTRACTION: UN-HOLLOWED GROUND & FOREST OF FEAR**

SAME LOCATION IN A NEW BUILDING NEXT DOOR

BUY TICKETS NOW!
 Tickets start at \$42

| SEPTEMBER 2025 | | | | | | |
|----------------|-----|-----|-----|-----|-----|-----|
| SUN | MON | TUE | WED | THU | FRI | SAT |
| | | | | | 26 | 27 |
| OCTOBER 2025 | | | | | | |
| SUN | MON | TUE | WED | THU | FRI | SAT |
| | | | | | 3 | 4 |
| 12 | | | | 10 | 11 | |
| 19 | | | | 17 | 18 | |
| 26 | | | 23 | 24 | 25 | |
| | | | 30 | 31 | 1 | |
| NOVEMBER 2025 | | | | | | |
| SUN | MON | TUE | WED | THU | FRI | SAT |
| 2 | | | | | | |

7-11 PM | 7-10 PM

JANSS MARKETPLACE www.rothauntedhouse.com

Proceeds Benefit: Conejo Recreation & Park District