



GOEBEL ADULT COMMUNITY CENTER

DROP-IN GROUP SCHEDULE

SEE MONTHLY NEWSLETTER FOR MORE
INFORMATION AND LOCATIONS

Goebel Adult Community Center
1385 E. Janss Road, Thousand Oaks, CA 91362
For more information call: (805) 381-2744
or visit www.crpdc.org/goebeladult

MONDAY

8:30 am
Basketball @ Teen Center
9:00 am
Advanced Mah-Jongg
Billiards
Cribbage
CSVP Busy Bees Workshop
9:30 am
Horseshoes
10:00 am
Partnership Bridge
11:30 am
Lunch-Senior Nutrition Program
12:00 pm
Canasta (2nd & 4th Mondays)
12:15 pm
Humdinger Singers
1:30 pm
CSVP Teddy Bears Workshop
6:00 pm
Intergenerational Chess Club

TUESDAY

8:00 am
Badminton @ Teen Center
8:30 am
Softball @ Wildflower Playfield
Billiards
9:00 am
Blood Pressure Checks
Intermediate Bridge
Pinochle
9:30 am
Horseshoes
10:00 am
Men's Discussion Group
Partnership Bridge
11:00 am
Widows/Widowers Support
11:30 am
Lunch-Senior Nutrition Program
12:15 pm
Widows/Widowers Support
12:30 pm
Widow/Widowers Support
Intermediate/Advanced Bridge
1:00 pm
Bingo
Veterans Services (2nd Tuesdays)
1:30 pm
Women's Discussion Group
2:30 pm
Widows/Widowers Support
4:30 pm
Table Tennis
7:00 pm
Book Discussion Group (2nd Tuesdays)

WEDNESDAY

8:30 am
Basketball @ Teen Center
Billiards
9:00 am
Rummy Tile & Cribbage
CSVP Crafters Workshop
10:00 am
Social Dancing
10:15 am
Literature Discussion Group
11:00 am
Canasta
11:30 am
Lunch-Senior Nutrition Program
Line Dance Practice
1:00 pm
CSVP Nifty Ladies Workshop
Wii Bowling League
1:00 pm
MS Support Group
(3rd Wednesdays)
1:30 pm
Diabetes Support Group (4th Wednesdays)
2:00 pm
Men's Discussion Group
Genealogy
2:30 pm
Ukulele Strummers & Singers
6:30 pm
Prostate Cancer Group
(1st Wednesdays)
7:00 pm
Conejo Senior Singles Group

THURSDAY

8:00 am
Badminton @ Teen Center
8:30 am
Billiards
9:00 am
Advanced Mah-Jongg
Writing Group
Scrabble
9:30 am
Horseshoes
11:30 am
Lunch-Senior Nutrition Program
12:30 pm
Intermediate Bridge
Dominos
CV Senior Dance Orchestra
2:00 pm
Men's Discussion Group
3:15 pm
Jewish Discussion Group
4:00 pm
Poker
4:30 pm
Table Tennis
6:30 pm
Stamp Club (1st & 3rd Thursdays)
7:00 pm
History Book Discussion (2nd Thursdays)

FRIDAY

8:30 am
Basketball @ Teen Center
Billiards
Softball @ Wildflower Playfield
9:00 am
Forever Young Singers
9:30 am
Alzheimer Support Group (1st & 3rd Fridays)
10:00 am
Low Vision Evaluations (2nd Fridays)
Low Vision Support Group
11:30 am
Lunch-Senior Nutrition Program
1:00 pm
Bingo
5:00 pm
Friday Night Bingo
(once a month-see Newsletter for date)

SATURDAY

12:00 pm
CV Writer's Group (2nd Saturdays)
12:15 pm
Arthritis Support Group
(2nd Saturdays)
12:30 pm
Post Polio Syndrome Support (1st Saturdays)
1:00 pm
Bingo
6:30 pm
T.O. Dance Club Dance
(1st & 3rd Saturdays)
7:30 pm
Buckles & Bows (4th Saturdays)
(see newsletter for special events)